

UPMC Susquehanna Skilled Nursing & Rehabilitation Center  
**Elder Symposium – September 20, 2019**

7:30 am	<b>Registration</b>
7:50 am	<b>Welcome</b> - Dilip Elangbam, MD
8:00 – 9:00 am	<b>Dementia</b> David Nace, MD
9:00- 10:00 am	<b>Medication Management of Behavioral &amp; Psychiatric Problems in Nursing Home Facilities</b> Thomas Lawrence, MD
10:00 – 11:00 pm	<b>Pain Management &amp; Practical Antibiotic Stewardship</b>  Daniel Haimowitz, MD
11:00 – 12:00 pm	<b>Ethics</b> Alexander Nesbitt, MD
12:00 – 1:00 pm	Lunch
1:00 –2:00 pm	<b>Frailty &amp; Sacropenia</b> Firas Saidi, MD
2:00-3:00 pm	<b>Injury Prevention in Long Term Care</b> Michael Smith, MD
3:00 – 4:00 pm	<b>Telemedicine</b> Steven Handler, MD
4:00pm	<b>Adjournment</b>

*Faculty Disclosure*

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:  
Steven Handler, MD - Curavi Health; Salary Support

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

*Disclaimer Statement*

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

# *Welcome to the Elder Care Symposium!*

*September 20, 2019*

*Genetti Hotel, Williamsport, PA*

## **Important Information Page**

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**Target Audience:** This course is designed for physicians and other healthcare professionals that provide care to older adults.

### **Program Overview**

As our population continues to age, hospitals, clinics, and long-term care facilities are caring for a large volume of elderly patients. The purpose of this conference is to provide an evidence-based approach to assist healthcare professionals provide exceptional care for elders while staying compliant with state and federal regulations.

### **Faculty Listing:**

**David Nace, MD, MPH** Chief Medical Officer, UPMC Senior Communities. Assistant Professor of Medicine, Division of Geriatric Medicine, University of Pittsburgh Medical School of Medicine.

**Thomas Lawrence, MD , CMD** Medical Director, Board of Directors, American Board of Post-Acute and Long-Term Care Medicine. Main Line Health Care, Newton Square, PA

**Daniel Haimowitz, MD, FACP, CMD** Multi- facility Medical Director. Board Certified Internist & Geriatrician

**Alexander Nesbitt, MD** Medical Director, Hospice and Palliative Care. UPMC Susquehanna Williamsport, PA

**Firas Saidi, MD , CMD** Medical Director, Lankenau Medical Center. Wynnewood, PA

**Michael Smith, DO** Associate Director of Acute Care and Trauma Surgery Department, UPMC Susquehanna

**Steven Handler, MD,Phd, CMD** Associate Professor of Geriatric Medicine. Director of Geriatric Telemedicine Programs. Chief Medical Informatics Officer

## Course Objectives:

- Early detection and intervention of with available resources for Dementia.
- Define the range of conditions which may result in behavior problems in long-term care facility residents including differentiating dementia/delirium/depression and describe best practices in the current medical literature for medication management of behavior problems in this setting.
- Describe opioid crisis issues specifically related to long-term care (LTC). Discuss use of gabapentinoids in pain management
- Develop strategies to promote appropriate pain management for LTC residents
- Promote a practical step-wise approach to antibiotic stewardship in LTC, especially for appropriate UTI
- Define syndrome of frailty and learn clinical and diagnostic features of frailty
- Describe evidence-based recommendations on fall prevention in the elderly population
- Discuss the opportunities to use telemedicine to enhance post-acute and long-term care.
- Identify technical and environmental considerations for high quality telemedicine in post-acute and long-term care.
- Develop a strategy for establishing telemedicine services in their practice or medical group.

## CME Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physicians-** The University of Pittsburgh School of Medicine designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nursing (CNE)-**The maximum number of hours awarded for this Continuing Nursing Education activity is 7.0 contact hours.

**Other health care professionals-** Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.