
6th Annual Pittsburgh Hand Therapy Course

Get a Grip on Complications

October 19, 2019

7:30am – 3:30pm

UPMC Biomedical Science Tower South Room 120

200 Lothrop Street

Pittsburgh, PA 15261



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Program Overview

This year's conference will focus on hand injuries/complications and how they can be avoided or overcome.

Target Audience

Conference will bring together surgeons, occupational therapists, physical therapists, physician assistants and students to share experiences and evidence for handling the complications and techniques used once complications have arisen.

Learning Objectives

- Participants will learn treatment techniques and rationale to most effectively treat patients with upper extremity dysfunction that may have not responded well to traditional treatment methods.
- Participants will develop an interdisciplinary understanding of upper extremity injuries by utilizing a team approach.
- Participants will summarize potential complications of hand injuries and identify principles to avoid complications when they arise.

CME Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Other health care professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate

to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Program Schedule

- 7:00 – 7:30 Breakfast and Registration
- 7:30- 7:50 Complications of Distal Radius Fractures
Dr. Andrea Lese
- 7:50- 8:10 Failed Flexor Tendon Surgery with imaging
Dr. John Fowler
- 8:10 – 8:30 Complications for Carpal Tunnel Surgery
Dr. Robert Goitz
- 8:30 – 8:50 When Elbow fractures don't cooperate
Dr. Thomas Hughes
- 8:50 – 9:10 Ulnar Nerve Complications
Dr. Robert Kaufmann
- 9:10- 9:30 Complications for Amputations: What's left?
Angelique Gallion/Brian Waryck
- 9:30 – 10:00 Case Presentations/Panel Discussion
Dr. Mark Baratz
- 10:00 – 10:15 BREAK**
- 10:15 – 10:35 Trigger Finger Conundrums
Terry Taylor
- 10:35 – 11:30 Challenging Case Presentations
Fellows
- 11:30 – 12:00 Panel Discussions
Fogg, Holsen, Martin
Dr. Mark Baratz
- 12:00 – 1:00 LUNCH**
- 1:00 – 1:15 Failed Nerve Repairs
Dr. John Taras
- 1:15 – 1:30 Failed Soft Tissue Coverage
Dr. Alexander Spiess
- 1:30 – 3:00 Hands on Stations
1. Kinesio taping for Edema:
Cook, Strahler, Wholey
 2. Kinesio taping for the Upper Extremity:
Loeffler, Spaid, Voegler
 3. Functional Training for Prosthetics
Driscoll, Phillips, Shoemaker
 4. Dupuytren's Management
Kish, Murray
Prosthetic Options Gallion, Kamelin, Oschwald, Waryck
 5. Orthoses Fabrication

Jacobs, Taylor, Van Hulton

3:00 – 3:30 Fingerbowl Q&A Session - **Dr. Mark Baratz**

3:30 Adjournment

Program Faculty

Physician Faculty:

Mark Baratz, MD - Chair

*Clinical Professor and Vice Chairman
Director Hand and Upper Extremity Surgery
Orthopedic Specialists - UPMC*

John Fowler, MD

*Assistant Professor of Orthopaedics
Hand and Upper Extremity University of
Pittsburgh Physicians*

Robert Goitz, MD

*Professor of Orthopaedics, Plastic Surgery, and
Bioengineering
Chief, Hand, Upper Extremity, and Microsurgery
University of Pittsburgh Physicians*

Thomas Hughes, MD

*Clinical Assistant Professor
Department of Orthopaedic Surgery University of
Pittsburgh School of Medicine*

Andrea Lese, MD

*Assistant Professor,
J.W. Ruby Memorial Hospital*

Robert Kaufmann, MD

*Associate Professor Department of Orthopedics,
University of Pittsburgh Physicians*

Alexander Spiess, MD

*Assistant Professor of Plastic Surgery
Department of Plastic Surgery University of
Pittsburgh Physicians*

John Taras, MD

*Professor of Orthopedic Surgery, Division of Hand
Surgery, West Virginia University*

UPMC Fellows:

Emily Abbott, DO
Travis Boyd, MD
Dann Laudermilch, MD
Hannah Lee, MD
Timothy Luchetti, MD

Dimitrios Papadopoulos, MD
Maharsh Patel, MD
Leigh Anne Tu, MD
Matthew Welsh, MD

Therapist Faculty:

Edward Cook, MOT, OTR/L
Megan Driscoll, MOT, OTR/L
Georgette Fogg, OTR/L, CHT
Suzanne Holsen, OTR/L, CHT
Bruce Jacobs, OTR/L
Anna Kamelin, OTR/L
Sara Kish, OTR/L
Jackie Loeffler, OTR/L, CHT
Alyssa Ligato, MOTR/L
Dennis A. Martin, OTR/L, CHT
Megan Murray, OTR/L, CHT
Lauren Oswald, MOTR/L
Alyssa Phillips, MOT, OTR/L
P. Gregory Savolskis, MOTR/L, CHT--**Co Chair**
Jodi Seftchick, MOT, OTR/L, CHT – **Chair**
Maria Shoemaker, OTR/L
Cindy Spaid, OTR/L
Ralph Strahler, MS, OTR/L, CHT, CLT-LANA
Terry Taylor, OTR/L, CHT
Randy Van Hulten, OTR/L
Jacqueline Voegler, OTR/L, CHT
Patrick Wholey, OTR/L, CHT

Additional Faculty:

Angelique Gallion
Brian Waryck, CP, LP

All individuals in a position to control the content of this education activity are required to discuss all relevant financial relationships with any proprietary entity producing, marketing, reselling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

Mark Baratz, MD

Grant/Research Support: Elsevier

Consultant: Elizur, Integra

CE Speakers Bureau: Integra

Alex Spiess, MD

Consultant: Axogen, Renerva

John Taras, MD

Other: Owner/President Union Surgical

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