



**NASH Update**  
**November 10, 2020**  
**Virtual Program**

**Program Overview**

Emerging therapies for NASH/NAFLD, both pharmacologic and endoscopic  
Emerging nutritional and weight management research related to NASH/NAFLD  
Extra-hepatic manifestations associated with NASH, management options and screening options

**Learning Objectives**

At course completion, attendees should have an;  
Increase knowledge base regarding therapy for NASH/NAFLD related to medication and endoscopic treatments;  
Increase knowledge base regarding management for NASH/NAFLD related to nutritional and weight therapies;  
Increased knowledge base regarding options of extra-hepatic manifestations of NASH

**Who Should Attend**

This program is directed to hepatologists, gastroenterologists, primary care physicians and other health care providers involved in the management of patients with liver disease.

**Course Directors**

Cristina Strahotin, MD  
Allegheny Center for Digestive Health and Nutrition  
Allegheny Health Network  
Pittsburgh, PA

Karen Jerome-Zapadka, MD  
Medical Director  
Valley Gastroenterology Associates Center for Obesity Medicine  
Beaver, PA

**Faculty Listing**

Cristina Strahotin, MD  
Allegheny Center for Digestive Health and Nutrition  
Allegheny Health Network  
Pittsburgh, PA

Karen Jerome-Zapadka, MD  
Medical Director  
Valley Gastroenterology Associates Center for Obesity Medicine  
Beaver, PA

Joseph Lim, MD  
Professor of Medicine  
Director, Viral Hepatitis Program  
Yale School of Medicine

Tuesdae Stainbrook, DO, MPH  
Medical Director  
TruCare Internal Medicine  
Dubois, PA

Patrick McKiernan, MD  
Director, Pediatric Hepatology Program  
Children's Hospital of Pittsburgh  
Pittsburgh, PA

Andrew Demarco, MD, FACP  
Medical Director  
Connected Health  
Wexford, PA

Jennifer Pate, MD  
Baylor St. Luke's Medical Center - Psychiatry  
Houston, TX

Jill Harlan, PA-C  
Program Manager  
Community Liver Alliance  
Pittsburgh, PA

Suzanna Masartis  
Executive Director  
Community Liver Alliance  
Pittsburgh, PA

Kelly Martin, RN, MSN, CRNP  
Community Liver Alliance  
Pittsburgh, PA

### **Schedule**

6:00 PM

Welcome

Jill Harlan, PA-C

Program Manager

Community Liver Alliance

Suzanna Masartis

Executive Director

Community Liver Alliance

6:05 PM

How Did We Get Here... The Role of Nutrition in Fatty Liver Disease

Karen Jerome-Zapadka, MD

Medical Director

Valley Gastroenterology Associates Center for Obesity Medicine

Beaver, PA

6:20 PM

Your Patient Has a Fatty Liver...What now?

Karen Jerome-Zapadka, MD

Medical Director

Valley Gastroenterology Associates Center for Obesity Medicine

Beaver, PA

6:35 PM

Progression, Surveillance and Treatment NASH/ESLD

Cristina Strahotin, MD

Allegheny Health Network

Pittsburgh, PA

6:55 PM

Need for Bariatric Surgery in NASH Patients

Joseph Lim, MD

Professor of Medicine

Director, Viral Hepatitis Program

Yale School of Medicine

7:15 PM

COVID-19 and Liver Disease

Tuesdae Stainbrook, DO, MPH

Medical Director

TruCare Internal Medicine

Dubois, PA

7:35 PM

Pediatric NASH

Patrick McKiernan, MD

Director, Pediatric Hepatology Program

Children's Hospital of Pittsburgh

Pittsburgh, PA

7:55 PM

Discussion: Barriers for treatment of NASH

Andrew DeMarco, MD, FACP

Medical Director

Connected Health

Wexford, PA

8:15 PM

Managing Psychological Stressors of Liver Disease

Jennifer Pate, MD

Baylor St. Lukes Medical Center Psychiatry

Houston, TX

8:35 PM

Panel Discussion

Jill Harlan, PA-C

Program Manager

Community Liver Alliance

Kelly Martin, RN, MSN, CRNP

Community Liver Alliance

Pittsburgh, PA

9:00 PM

Adjourn

## **CME Accreditation and Designation Statement**

### **Continuing Education Credit**

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and Community Liver Alliance. The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 3.0 contact hours.

#### Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 3.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

#### Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

## **Faculty Disclosure**

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

#### The following relevant financial relationships were disclosed:

Tuesdae Stainbrook, DO, MPH – CE Speakers Bureau, AbbVie, Gilead

Tuesdae Stainbrook, DO, MPH - Grant/Research Support, Gilead

Jennifer Pate, MD - CE Speakers Bureau, Intercept

Joseph Lim, MD - Grant/Research Support, Allergan, Conatus, Genfit, Gilead, Intercept

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

## ***Disclaimer Statement***

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