



UPMC Western Psychiatric Hospital
Comprehensive Recovery Services
Office of Educational Resources and Planning
UPMC Children's Hospital of Pittsburgh-Community Based Services
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

Children's Telephonic Psychiatric Consultation Service (TiPS)

4th Annual Pittsburgh Behavioral Health and Pediatric Primary Care Conference (MD60)



**Friday, April 3, 2020
8:00 AM to 4:45 PM**

Hilton Garden Inn Pittsburgh/Southpointe
1000 Corporate Drive
Canonsburg, PA 15317
(Free parking available)

**Course Director
Abigail Schlesinger, MD**

Behavioral Health and Pediatric Primary Care

Hilton Garden Inn Pittsburgh/Southpointe

1000 Corporate Drive

Canonsburg, PA 15317

April 3, 2020



Introduction

UPMC Children's Hospital of Pittsburgh's primary care network, Children's Community Pediatrics (CCP), has been selected by Pennsylvania state officials to take part in a new program to improve behavioral health treatment for children in the state.

TiPS is a program designed to increase the availability of peer-to-peer child psychiatry consultation teams to primary care clinicians (PCCs) who are prescribers of psychotropic medications for children insured by Pennsylvania's Medical Assistance programs, Children's Health Insurance Program (CHIP), and UPMC commercial insurance. The program aims to provide real time resources to clinicians who desire consultative advice for children with behavioral health concerns.

TiPS will be hosting our **fourth day long** educational conference in Pittsburgh. Topics differ from year to year. This conference is to help PCCs understand the TiPS program and how to use it. Learning goals are directly related to behavioral health intervention, the use of psychotropic medication, and other pediatric psychiatry related topics.

Who Should Attend

Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP) who practice in the northwestern, and northern southwestern PA counties. If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

There is no charge to attend this conference, however registration is required.

Learning Objectives

At the completion of the program, participants will be able to:

1. Discuss how to utilize Children's TiPS for psychiatric consultation
2. Identify five health care needs for gender diverse youth
3. Discuss the roles of an integrated care team in address health care needs of gender diverse youth
4. Identify risk factors for and risks of perinatal depression
5. Discuss current trends in adolescent substance use and the impact on brain development
6. Discuss the role of early childhood ACES in later childhood and adult mental health and behavioral issues.
7. Identify treatment of behavioral health conditions, such as anxiety, depression and attention-deficit hyperactivity disorder

Course Director

Abigail Schlesinger, MD

Medical Director, Children's TiPS
Medical Director Ambulatory Integrated Behavioral Health Services
Associate Chief, Ambulatory Child and Adolescent Psychiatry Service Line
UPMC Western Psychiatric Hospital
Chief, Behavioral Science Division UPMC Children's Hospital of Pittsburgh
Associate Professor University of Pittsburgh School of Medicine
Pittsburgh, PA

Keynote Speakers

Kristen Eckstrand, MD, PhD

Fellow, Child & Adolescent Psychiatry at UPMC
Post-Doctoral Fellow at the University of Pittsburgh
Pittsburgh, PA

Gina Sequeira, MS, MD

Fellow, Adolescent Medicine
Children's Hospital of Pittsburgh
Pittsburgh, PA

Meredith L. Spada, MD

Assistant Professor of Psychiatry
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Faculty

Nicole Brynes, DNP

Nurse Practitioner
UPMC Children's Hospital of Pittsburgh
Pittsburgh, PA

Stacey Engster, MD, MS

Medical Director, Pediatric PittNet
Attending Physician
UPMC Children's Hospital of Pittsburgh
Pittsburgh, PA

Olivia Hamrah, MD

PGY 3 Child Psychiatry Fellow
University of Pittsburgh Medical Center
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Anna Brown Jolliffe, DO

Behavioral Science Division
UPMC Children's Hospital of Pittsburgh
Pittsburgh, PA

Shannon Meyers (Mikita), RN

Outpatient Nurse Coordinator
Facilitator for SMART Choices Learning
Collaborative
Certified SBIRT Trainer
UPMC Children's Hospital of Pittsburgh
Pittsburgh, PA

Rebecca Miller, MD

Assistant Professor, Psychiatry
University of Pittsburgh School of Medicine
Pittsburgh, PA

Justin Schreiber, DO, MPH, FAAP

Assistant Professor of Psychiatry and Pediatrics
Children's Hospital of Pittsburgh
UPMC Western Psychiatric Hospital
University of Pittsburgh School of Medicine
Pittsburgh, PA

Kelley Victor, MD

Clinical Assistant Professor of Psychiatry
UPMC Children's Hospital of Pittsburgh
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Rachel Margaret Whelan, MD, PhD

Assistant Professor of Psychiatry
UPMC Children's Hospital of Pittsburgh (CHP) –
Behavioral Health and Wellness Clinic
UPMC CHP – NICU Developmental Follow-up Clinic
UPMC CHP – TiPS
UPMC Western Psychiatric Hospital – Center for
Children and Families
Pittsburgh, PA

Conference Committee Chair

Colleen D. Gianneski, LCSW

Program Director, Children's TiPS
Behavioral Health Therapist, Children's TiPS and
Child and Family Counseling Center
Children's Community Pediatrics Behavioral Health
Services
Wexford, PA

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.

Schedule

- 7:30 to 8:00 a.m. **Registration – Continental Breakfast**
- 8:00 to 8:15 a.m. **Welcome – Introduction to Program**
Abigail Schlesinger, MD
- 8:15 to 9:15 a.m. **Keynote – Integrated Affirmative Care for Gender Diverse Youth**
Kristen Eckstrand, MD, PhD; Gina Sequeira, MS, MD
- 9:15 to 10:15 a.m. **Keynote – Recognition and Management of Postpartum Depression in the Pediatric Office Visit**
Meredith Spada, MD
- 10:15 to 10:30 a.m. **Break**
- 10:30 to 11:30 a.m. **Breakout Session 1**
- A **Treatment of Depression in Primary Care**
Kelley Victor and Justin Schreiber
 - B **Infant Mental Health and the Intersection with Adverse Childhood Experiences (ACES)**
Rachel Whelan, MD, PhD
 - C **ADHD Medications: Beyond the Basics**
Rebecca Miller, MD, FAAP
 - D **Impact of Substance Use on Adolescent Brain Development**
Olivia Hamrah, MD
 - E **Somatic Symptom Disorders in Pediatrics**
Nicole Brynes, DNP; Anna Joliffe, MD
- 11:35 a.m. to 12:35 p.m. **Breakout Session 2**
- A **Treatment of Depression in Primary Care**
Kelley Victor and Justin Schreiber
 - B **Infant Mental Health and the Intersection with Adverse Childhood Experiences (ACES)**
Rachel Whelan, MD, PhD
 - C **ADHD Medications: Beyond the Basics**
Rebecca Miller, MD, FAAP
 - D **Impact of Substance Use on Adolescent Brain Development**
Olivia Hamrah, MD
 - E **The Evolution of Vaping Among Adolescents**
Stacey Engster, MD; Shannon Meyers, RN
- 12:35 to 1:20 p.m. **Lunch Buffet Served**

1:25 to 2:25 p.m.

Breakout 3

- A **Treatment of Depression in Primary Care**
Kelley Victor and Justin Schreiber
- B **Infant Mental Health and the Intersection with Adverse Childhood Experiences (ACES)**
Rachel Whelan, MD, PhD
- C **ADHD Medications: Beyond the Basics**
Rebecca Miller, MD, FAAP
- D **Somatic Symptom Disorders in Pediatrics**
Nicole Brynes, DNP; Anna Joliffe, MD
- E **The Evolution of Vaping Among Adolescents**
Stacey Engster, MD; Shannon Meyers, RN

2:25 to 2:40 p.m.

Break

2:40 to 3:40 p.m.

Breakout 4

- A **Treatment of Depression in Primary Care**
Kelley Victor and Justin Schreiber
- B **Infant Mental Health and the Intersection with Adverse Childhood Experiences (ACES)**
Rachel Whelan, MD, PhD
- C **Impact of Substance Use on Adolescent Brain Development**
Olivia Hamrah, MD
- D **Somatic Symptom Disorders in Pediatrics**
Nicole Brynes, DNP; Anna Joliffe, MD
- E **The Evolution of Vaping Among Adolescents**
Stacey Engster, MD; Shannon Meyers, RN

3:45 to 4:45 p.m.

Breakout 5

- A **ADHD Medications: Beyond the Basics**
Rebecca Miller, MD, FAAP
- B **Impact of Substance Use on Adolescent Brain Development**
Olivia Hamrah, MD
- C **Somatic Symptom Disorders in Pediatrics**
Nicole Brynes, DNP; Anna Joliffe, MD
- D **The Evolution of Vaping Among Adolescents**
Stacey Engster, MD; Shannon Meyers, RN

4:45 p.m.

Adjournment

For additional information regarding the presenters and/or presentations, please contact Nancy Mundy at mundnl@upmc.edu.

Continuing Education Credit

Physicians

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists

UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 7.0 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

The Office of Educational Resources and Planning, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 7.0 continuing education credits.



Counselors

UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 7.0 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 7.0 hours of social work continuing education through UPMC Western Psychiatric Hospital's Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9085.

Other Healthcare Professionals

Nurses and other health care professionals are awarded .70 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 7.0 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.

We request that all participants complete the online survey. Everyone must sign out at the end of the program. CEU and CADC Certificates will be available once the program has ended. All other certificates will be sent via e-mail to participants once they've completed the online survey. Please keep your certificate in a safe place once you receive it. Replacement certificates cost \$30.

Registration Information

There are no fees to attend or to receive continuing education credits, however registration is required.

Please register online by March 20, 2020 online at

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=215800>. If unable to register online, please complete the registration form below and return it to:

OERP/WPH

Attn: Nancy Mundy

3811 O'Hara Street

Champion Commons Building, 3rd Floor

Pittsburgh, PA 15213

Fax: 412-204-9110

Telephone: 412-204-9090

E-MAIL: mundnl@upmc.edu

If registering online, please return to this link to complete your registration, and follow these directions: <https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=215800>:

1. Scroll down, and click on 'Register Now' (small box at bottom of page)
2. If 'Behavioral Health and Pediatric Primary Care' appears under 'Shopping Cart', click on '**Checkout**' (think of this as 'continue').
3. Register as a new registrant or sign in if you already have an account (username is your e-mail). You do not have to add insurance information.
4. When the conference name appears again, click on '**Checkout**' (again, think of this as 'continue')
5. **Continuing Education Credit** – Please use dropdown list for credential or choose **Not Applicable** (you must complete this). Click on 'continue'.
6. Complete Transaction and print your registration receipt.

Registration Includes:

- All registration and conference materials
- Continental Breakfast/Lunch/Refreshments
- Continuing Education Credits and Continuing Medical Credits



*We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at 412-204-9090.*

Please dress in layers. It's difficult to keep the room temperature adjusted to suit everyone's needs.

To register, please return to

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=215800>

Registration Form**Behavioral Health and Pediatric Primary Care Conference (MD60)****Friday, April 3, 2020**

Please type or print; photocopy for additional registrants.

Please register by March 20, 2020

Date of Birth: 00/00/0000										
First Name:					Last Name:					
Degree(s) to be noted on name badge (e.g. MD, PhD)										
Institutional Affiliation/Practice Name										
Address										
Address 2:										
City:					State:				Zip	
County:										
Day Telephone:										
E-Mail Address:										
Practice Name: _____ Did you attend a previous TiPS program? Yes ___ No ___ Breakout Session 1: 1A 1B 1C 1D 1E (Alternate ___) Breakout Session 2: 2A 2B 2C 2D 2E (Alternate ___) Breakout Session 3: 3A 3B 3C 3D 3E (Alternate ___) Breakout Session 4: 4A 4B 4C 4D 4E (Alternate ___) Breakout Session 5: 5A 5B 5C 5D (Alternate ___)										
For Continuing Education purposes, please check the continuing education or medical credits you need: <input type="checkbox"/> CADC/CCDP <input type="checkbox"/> NBCC Counselor <input type="checkbox"/> Nurse <input type="checkbox"/> Psychologist <input type="checkbox"/> Physician/MD <input type="checkbox"/> Social Worker (LSW/LCSW/LPC/LMFT) Clinician Type: <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> DNP <input type="checkbox"/> CRNP PA <input type="checkbox"/> PhD <input type="checkbox"/> Other										

OERP/WPH**Attn: Nancy Mundy****3811 O'Hara Street****Champion Commons Building, 3rd Floor****Pittsburgh, PA 15213****Fax: 412-204-9110****Telephone: 412-204-9090****E-MAIL: mundnl@upmc.edu**