

NINTH CLINICIAN EDUCATOR SHOWCASE
March 25, 2021
UPMC Western Psychiatric Hospital, Pittsburgh, PA

11:00am-11:30am

LOG INTO ZOOM

11:30am-12:30pm

CONCURRENT POSTER SESSION AND ROUNDTABLE DISCUSSIONS

Roundtable # 1: Academic Promotion

Facilitators:

Gina Perez, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
Brooke Molina, PhD, Professor of Psychiatry, University of Pittsburgh School of Medicine

Roundtable # 2: Career Advice Corner

Facilitator:

Loren Roth, MD, Distinguished Professor Emeritus of Psychiatry, University of Pittsburgh School of Medicine

12:30pm-12:40pm

WELCOME AND SPECIAL RECOGNITIONS

David A. Lewis, MD

Distinguished Professor of Psychiatry and Neuroscience
Thomas Detre Professor of Academic Psychiatry and Chair, Department of Psychiatry
University of Pittsburgh School of Medicine
Medical Director and Director of Research, UPMC Western Psychiatric Hospital

12:40pm-1:20pm

SPEED DAT(A)ING SESSION

Cassandra Gibson, MD, PGY4 Resident, UPMC Western Psychiatric Hospital - Child and Adolescent Inpatient Unit Clinical Value Project

Brandon Hage, MD, PGY4 Resident, UPMC Western Psychiatric Hospital - Creating a Longitudinal OB Residency Curriculum in Mental Health

Lizzie Hovis, MD, PGY4 Resident, UPMC Western Psychiatric Hospital - Communicating Bias: The Use of Stigmatizing Language in the Electronic Medical Record

Nazeeha Micciche, MD, PGY5 Resident, UPMC Western Psychiatric Hospital - CPR: Championing Parent Resilience for Families with Congenital Heart Disease

1:20pm-2:00pm

PLENARY ADDRESS

The Making of a Clinician Educator: Center City Philly to Pittsburgh

Jeannette South-Paul, MD

Andrew W. Mathieson, UPMC Professor and Chair, Family Medicine, University of Pittsburgh School of Medicine

2:00pm-2:10pm

BREAK

2:10pm-2:25pm

PSYCH STORY CORPS

Kadiamada Chengappa, MD, Professor of Psychiatry, University of Pittsburgh School of Medicine & Chief, Comprehensive Recovery Services, UPMC Western Psychiatric Hospital

Jessica Gannon, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine & Medical Director, Comprehensive Recovery Services & Ambulatory eRecord, UPMC Western Psychiatric Hospital

2:25pm-2:35pm

Transition to Breakout Session I

2:35pm-3:25pm

BREAKOUT SESSIONS I

WPH Computer Room

BREAKOUT 1-A: Using CERNER to Enhance Clinical Care in the Behavioral Health Setting

Session Chair: Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP

Presenters and Discussants:

Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP, Chief Nursing Officer, Vice President of Operations and Patient Care Services, UPMC Western Psychiatric Hospital

Kurt Ackerman, MD, PhD, FACLP, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine & eRecord Medical Director, UPMC Western Psychiatric Hospital

Deborah Beer, DNP, RN-BC, CNE, Director, Clinical and Operational Informatics, UPMC Western Psychiatric Hospital

Sabrina Schiela, MS, BSN, RN, Informatics Nurse, UPMC Western Psychiatric Hospital

BREAKOUT 1-B: Difficult Discussions: Using the Broaching Technique to Navigate Racial, Ethnic, and Cultural Differences

Session Chair: Piper Carroll, MD

Presenters and Discussants:

Sarah Pedersen, PhD, Associate Professor of Psychiatry & Psychology, University of Pittsburgh School of Medicine

Darcy Moschenross, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Hader Mansour, MD, PhD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Elizabeth Hale, MD, Chief Resident, Non-Child and Adolescent Psychiatry Fellowships, Office of Residency Training, UPMC Western Psychiatric Hospital

Piper Carroll, MD, Chief Resident for Education, Chair of the Academic Administrator, Clinician-Educator Track, Office of Residency Training, UPMC Western Psychiatric Hospital

Neiladri Ghoshal, BSN, MS, Unit Director, Transition To Recovery, UPMC Western Psychiatric Hospital

Brian Thoma, PhD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Rameshwari Tumuluru, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

Irene Tung, PhD, Postdoctoral Scholar, University of Pittsburgh School of Medicine

BREAKOUT 1-C: Leadership Skills – A Practical Session for New Clinical Program Leaders

Session Chair: Noreen Fredrick, DNP, RN

Presenters and Discussants:

Martina Bison-Huckaby, MBA, SHRM-HBA, Manager, Physician Learning and Development, UPMC

Noreen Fredrick, DNP, RN, Vice President of Ambulatory and Community Behavioral Health Services, UPMC Western Psychiatric Hospital

Jessica Gannon, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine & Medical Director, Comprehensive Recovery Services & Ambulatory eRecord, UPMC Western Psychiatric Hospital

Gina Perez, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine & Associate Chief, UPMC Behavioral Health Network; Telepsychiatry

Jatinder Babbar, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine & Medical Director, Bellefield Clinic, UPMC Western Psychiatric Hospital

Jennifer Beckjord, PsyD, Senior Director, Clinical Services, UPMC Western Psychiatric Hospital

BREAKOUT 1-D: Teaching in the Time of COVID

Session Chair: Michael Travis, MD

Presenters and Discussants:

Michael Travis, MD, Associate Professor of Psychiatry, Senior Director of Postgraduate Physician Training, Department of Psychiatry, University of Pittsburgh School of Medicine
Sansea Jacobson, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine & Associate Program Director, Office of Residency Training, UPMC Western Psychiatric Hospital

Meredith Spada, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine & Associate Director, Residency Training and Co-Director, Academic-Administrator, Clinician-Educator Track, Office of Residency Training, UPMC Western Psychiatric Hospital

3:25pm-3:35pm

Break/Transition to Breakout Session II

3:35pm-4:25pm

BREAKOUTS - SESSION II

WPH Computer Room

BREAKOUT 2-A - EPIC for the Savvy User

Session Chair: Noreen Fredrick, DPN, RN

Presenters and Discussants:

Noreen Fredrick, DPN, RN, Vice President of Ambulatory and Community Behavioral Health Services, UPMC Western Psychiatric Hospital

Jessica Gannon, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine & Medical Director, Comprehensive Recovery Services & Ambulatory eRecord, UPMC Western Psychiatric Hospital

Jade Alessandro, BA, Improvement Specialist, UPMC Western Psychiatric Hospital

BREAKOUT 2-B: Difficult Discussions: Using the Broaching Technique to Navigate Racial, Ethnic, and Cultural Differences

Session Chair: Piper Carroll, MD

Presenters and Discussants:

Sarah Pedersen, PhD, Associate Professor of Psychiatry & Psychology, University of Pittsburgh School of Medicine

Meredith Spada, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Darcy Moschenross, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

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Neiladri Ghoshal, BSN, MS, Unit Director, Transition to Recovery, UPMC Western Psychiatric Hospital

BREAKOUT 2-C: There's No Recovery Without Risk: Balancing Paternalism and Patient Autonomy in Clinical Practice

Session Chair: Robin Valpey, MD

Presenters and Discussants:

Robert Arnold, MD, Distinguished Service Professor of Medicine, University of Pittsburgh School of Medicine & Chief, Section of Palliative Care and Medical Ethics; Director, Institute for Doctor-Patient Communication; Director of Clinical Training, Center for Bioethics & Health Law; Chief Medical Officer, Palliative and Supportive Care Institute of UPMC

Hader Mansour, MD, PhD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

James Tew, Jr., MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine & Associate Chief of Clinical Services, Inpatient Units and Medical Director, Quality and Clinical Pathways, UPMC Western Psychiatric Hospital

Robin Valpey, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

BREAKOUT 2-D: *The New Normal: COVID-Led Innovations*

Session Chair: Patrick Buckley, MD

Presenters and Discussants:

Patrick Buckley, MD, Vice Chair, Academic Administrator, Clinician-Educator (ACE) Track,
Office of Residency Training, UPMC Western Psychiatric Hospital

Julie Kmiec, DO, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Darcy Moschenross, MD, PhD, Assistant Professor of Psychiatry, University of Pittsburgh
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Jeffrey Magill, MS, CTR, Manager, Emergency Preparedness, UPMC Western Psychiatric Hospital

4:25pm

Adjourn

PROGRAM OVERVIEW

The Clinician Educator Showcase highlights the accomplishments of the faculty, physicians, and trainees in the Clinician-Educator career pathway and utilizes interactive plenary and breakout sessions to disseminate information on: strategies for career advancement for individuals in the Clinician-Educator pathway; clinical practice and quality improvements, and resources and tools for enhancing teaching methods.

TARGET AUDIENCE

Residents, clinician-educator track psychiatrists, researchers engaged or interested in clinical research (e.g. service delivery, etc.), clinicians in both inpatient and ambulatory care facilities, students and other members of the UPMC Western Psychiatric Hospital (WPH) community are invited to attend. Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Jeanie Knox Houtsinger at 412-246-6784.

LEARNING OBJECTIVES

At the conclusion of the program, participants should be able to:

1. Describe and implement strategies for creating an environment of diversity, equality and inclusivity through improved engagement and counteracting unconscious bias when interacting with individuals from different racial, ethnic and cultural backgrounds.
2. Demonstrate increased awareness of innovative approaches and tools to provide quality behavioral health clinical and educational programming as COVID-19 pandemic safety guidelines evolve.
3. Understand and apply electronic medical record tools to improve efficiency and workflow.

COURSE DIRECTOR

David A. Lewis, MD
*Distinguished Professor of Psychiatry and Neuroscience, Thomas Detre Professor of Academic Psychiatry, and Chair, Department of Psychiatry, University of Pittsburgh School of Medicine
Medical Director and Director of Research, UPMC Western Psychiatric Hospital
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PLANNING COMMITTEE

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Lori Zippay
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FACULTY AND SHOWCASE PARTICIPANTS

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Ryan Peterson, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA

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Rafael Tamargo, MD, PGY3 Resident, UPMC Western Psychiatric Hospital, Pittsburgh, PA
Camille Tastenhoye, MD, PGY3 Resident, UPMC Western Psychiatric Hospital, Pittsburgh, PA
James D. Tew, Jr., MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA
Brian Thoma, PhD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA
Michael J. Travis, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA
Rameshwari Tumuluru, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA
Robin Valpey, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA
Harriet R. Wortzman, MBA, EdD, Clinician Education & Academic Manager, Department of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA
Lori Zippay, Academic Administrator, Department of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA

POSTER SESSION PARTICIPANTS

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Lauren Andrews, MD

Considerations for Diversion of Pediatric Patients with Mental Health Crises

Patrick Buckley, MD

Integrating Payer and Provider Data to Identify Factors Associated with Outpatient Psychiatric Follow-Up After Inpatient Psychiatric Consults

Allison Collier, MD

Characterization of Psychiatric Consultations for Adolescents in the Adult Hospital Setting

Blake Gibson, MD

Placental Inflammation and its Association with Childhood Psychiatric Disease

Cassandra Gibson, MD

Are We There Yet?" Do Psychiatric Boarding Times At a Pediatric Hospital Justify Development of Targeted Clinical Programming?

Jacquelin Esque, MD & Amy Rasmussen, MD

First Episode Psychosis and the Role of the Consultation-Liaison Psychiatrist

Katherine Fu, MD

An Intensive Outpatient Program Designed for College Students is Effective in Lowering depression, Suicidal Ideation, and Anxiety Symptoms

Elizabeth Hale, MD

Palliative Care Psychiatry: Integrative Models for Integrated Care

Mark Nakhla, MD

Patients Experiencing Homelessness in the Inpatient Psychiatric Setting

Rafael Tamargo, MD

Changing Practices for Psychiatric Assessment and Post-Discharge Follow Up among Post-Cardiac Arrest Patients

Camille Tastenhoye, MD

Beyond Postpartum Depression: Managing Psychiatrically Complex Patients with Obstetric Needs Using an Integrated Interdisciplinary Approach

SPEED DAT(A)ING SESSION

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Creating a Longitudinal OB Residency Curriculum in Mental Health

Brandon Hage, MD

CPR: Championing Parent Resilience for Families with Congenital Heart Disease

Nazeeha Micciche, MD

Communicating Bias: The Use of Stigmatizing Language in the Electronic Medical Record

Elizabeth Hovis, MD

Child and Adolescent Inpatient Unit Clinical Value Project

Cassandra Gibson, MD

PLENARY SESSION

PLENARY SESSION

THE MAKING OF A CLINICIAN EDUCATOR: CENTER CITY PHILLY TO PITTSBURGH

PLENARY ADDRESS: ***Jeannette South-Paul, MD***
 Andrew W. Mathieson, UPMC Professor and Chair, Family Medicine
 University of Pittsburgh School of Medicine

BREAKOUTS

SESSION I

SESSION 1-A USING CERNER TO ENHANCE CLINICAL CARE IN THE BEHAVIORAL HEALTH SETTING

Session Chair: **Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP**

Session Leaders: **Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP, Kurt Ackerman, MD, PhD, FACLP, Deborah Beer, DNP, RN-BC, CNE, Sabrina Schiela, MS, BSN, RN**

This is an in-person session that will take place in the UPMC Western Psychiatric Hospital Computer Training Room with limited seating due to social distancing. It is designed to provide information about how to utilize CERNER tools more efficiently to support your workflow and enhance patient care. By the end of this session, participants will be able to:

- Improve efficiency and quality with CERNER documentation and ordering.
- Effectively locate information from other EMRs to aid in clinical decision making.
- Improve efficiency and quality in workflow via use of tools within Cerner.
- Access mobile CERNER tools and familiarize themselves with upcoming changes in CERNER documentation and build.

SESSION 1-B **DIFFICULT DISCUSSIONS: USING THE BROACHING TECHNIQUE TO NAVIGATE RACIAL, ETHNIC, AND CULTURAL DIFFERENCES**

Session Chair: **Piper Carroll, MD**

Session Leaders: **Sarah Pedersen, PhD, Darcy Moschenross, MD, Hader Mansour, MD, PhD, Elizabeth Hale, MD, Piper Carroll, MD, Neiladri Ghoshal, BSN, MS, Brian Thoma, PhD, Rameshwari Tumuluru, MD, Irene Tung, PhD**

In this session speakers will present an overview of systematic racism and its impact on mental health care and then focus on the theme of broaching to mitigate the impact of cultural, racial, ethnic, and other differences between caregivers and their patients. Participants will then break into groups to practice the broaching technique, with a focus on a psychiatric setting. The session will conclude with a review of lessons learned.

SESSION 1-C LEADERSHIP SKILLS – A PRACTICAL SESSION FOR NEW CLINICAL PROGRAM LEADERS

Session Chair: **Noreen Fredrick, DNP, RN**

Session Leaders: **Martina Bison-Huckaby, MBA, SHRM-HBA, Noreen Fredrick, DNP, RN, Jessica Gannon, MD, Gina Perez, MD, Jatinder Babbar, MD, Jennifer Beckjord, PsyD**

This session will provide an overview of essential leadership skills for individuals in new management roles at WPH. The introductory talk will review strategic thinking; working with subordinates, peers, and supervisory personnel; and working in complex systems of care. The panel discussion will allow for interactive discussion, using current leaders' experiences, including successes and failures, as a springboard for further discussion.

SESSION 1-D TEACHING IN THE TIME OF COVID

***Session Chair:* Michael Travis, MD**

***Session Leaders:* Michael Travis, MD, Sansea Jacobson, MD, Meredith Spada, MD**

The current pandemic has necessitated a transition to remote teaching, which brings with it a unique set of challenges and opportunities. Drs. Travis, Jacobson, and Spada, will lead an interactive session on pros & cons, best practices, tips, and tricks for remote teaching. In this session, participants will learn from each other and from us how to optimize teaching experiences in a remote environment.

BREAKOUTS

SESSION II

SESSION 2-A **EPIC FOR THE SAVVY USER**

Session Chair: **Noreen Fredrick, DPN, RN**

Session Leaders: **Noreen Fredrick, DPN, RN, Jessica Gannon, MD, Jade Alessandro, BA**

This is an in-person session that will take place in the UPMC Western Psychiatric Hospital Computer Training Room with limited seating due to social distancing. Participants will learn strategies to quickly access patient history and conduct targeted chart searches. Presenters will also review building smart phrases to simplify documentation burden and introduce new tools, including smart lists, as well as practice integrating smart links into smart phrases.

SESSION 2-B **DIFFICULT DISCUSSIONS: USING THE BROACHING TECHNIQUE TO NAVIGATE RACIAL, ETHNIC, AND CULTURAL DIFFERENCES**

Session Chair: **Piper Carroll, MD**

Session Leaders: **Sarah Pedersen, PhD, Darcy Moschenross, MD, Elizabeth Hale, MD, Piper Carroll, MD, Neiladri Ghoshal, BSN, MS, Brian Thoma, PhD, Rameshwari Tumuluru, MD, Irene Tung, PhD**

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SESSION 2-C**THERE'S NO RECOVERY WITHOUT RISK: BALANCING PATERNALISM AND PATIENT AUTONOMY IN CLINICAL PRACTICE****Session Chair:****Robin Valpey, MD****Session Leaders:****Robert Arnold, MD, Robin Valpey, MD, James Tew, Jr., MD**

Ethical issues abound throughout our clinical practice, with not infrequent conflict between an individual patient's right to autonomy and medical providers' desire to do no harm and offer the most effective and appropriate treatment. These ethical issues were even more highlighted during the pandemic, when concerns about social justice and safety of others further complicated these ethically charged debates. This interactive and discussion-focused presentation will ask participants to consider ethical challenges of specific case examples in order to delve into the medicolegal and ethical aspects of mental health care.

SESSION 2-D **THE NEW NORMAL: COVID-LED INNOVATIONS**

Session Chair: **Patrick Buckley, MD**

Session Leaders: **Patrick Buckley, MD, Julie Kmiec, DO, Darcy Moschenross, MD, PhD, Jeffrey Magill, MS, CTR**

Presenters will lead an interactive session highlighting COVID-led innovations to care delivery and staff support programs. This session will invite the audience to consider opportunities to adapt their own practice to “the new normal” created by COVID.

Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 4.5 contact hours.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Disclaimer Statement

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Faculty Disclosure

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

Robert Arnold, MD – VitalTalk.org Board Member and Editor, Up-to-Date

David A. Lewis, MD – Grant/Research Support: Pfizer and Merck; Consultant: Astellas

Justin Schreiber, DO – Consultant: Gateway Health Plan

Jeannette South-Paul, MD – Grant/Research Support: Cultural Aspects of Contraceptive Choice - Investigator Initiated Grant

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.