

Approved for:
AMA Category 1 Credit
ANCC Credit
AAPA Credit
AOA Category 1 Credit
AAFP Credit

UPMC Hamot Continuing Medical Education presents:

2021

Pulmonary Seminar:

Treating Patients One Breath at a Time



Friday, April 9, 2021

Virtual Teams LIVE Event

Course Directors:

Mario Kinsella, MD, FCCP, FAASM

Stephen Kovacs, DO, FCCP

*Division of Pulmonary Medicine
UPMC Hamot*

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*CO-SPONSORED BY THE PHILADELPHIA
COLLEGE OF OSTEOPATHIC MEDICINE*

PROGRAM AGENDA

8 to 8:05 a.m.	Introduction
8:05 to 8:50 a.m.	COVID 19: A Pulmonologist's Perspective <i>Mihir Buch, DO</i>
8:55 to 9:25 a.m.	21st Century Approach to Lung Cancer <i>David Seastone, DO, PhD</i>
9:25 to 9:45 a.m.	Break/Virtual Exhibit Hall
9:45 to 10:30 a.m.	Case Presentation and Multidisciplinary Team Discussion <i>Mihir Buch, DO; Peter Depowski, MD; Stephen Kovacs, DO, FCCP; Christopher Lau, MD; Mario Kinsella, MD, FCCP, FAASM; David Seastone, DO</i>
10:35 to 11:05 a.m.	A Lifesaver's Guide to Treading Water in a Sea of Pleural Effusion <i>Christopher Lau, MD</i>
11:05 to 11:45 a.m.	Break/Virtual Exhibit Hall
11:45 a.m. to 12:30 p.m.	The Little-Known Cause of COPD <i>Stephen Kovacs, DO, FCCP</i>
12:35 to 1:20 p.m.	Life After Alpha-1 <i>Len Geiger, BS</i>
1:20 to 1:40 p.m.	Break/Virtual Exhibit Hall
1:40 to 2:10 p.m.	The Basics of Pulmonary Function Testing <i>Mario Kinsella, MD, FCCP, FAASM</i>
2:15 to 3 p.m.	Pulmonary Rehabilitation — The Treatment Modality You Can't Do Without <i>Peggy Maxwell, RRT; Stephen Kovacs, DO, FCCP</i>
3 p.m.	Closing Remarks

JOIN OUR EMAIL LIST: To receive links to electronic brochures in the future and join our email list, please be sure to provide your email address on the registration form. **Your email address will not be sold or used for any purpose other than to inform you about CME opportunities at UPMC Hamot.**

GOAL

Join your colleagues and gain the latest updates and practice guidelines in pulmonary care. This activity has been designed to increase the participant's knowledge of some of the most common pitfalls in pulmonary medicine. Specific topics were selected based on current therapies, treatments, and ways to improve pulmonary care for patients.

Electronic handouts will be made available to conference attendees. This activity is expected to result in increased confidence in making a diagnosis and providing effective treatment, referral, and follow-up care with the overall goal of improving patient outcomes.

TARGET AUDIENCE

Primary care physicians, hospitalists, advanced practice providers, and nurses, as well as other health care professionals will benefit from attendance at this activity.

OBJECTIVES

At the conclusion of this activity, the participant should be able to:

- Define pulmonary pathology of COVID-19 and review acute respiratory distress syndrome (ARDS) physiology
- Discuss emerging clinical information regarding COVID-19 and chronic lung disease
- Identify COVID-19 risk mitigation strategies for interstitial lung disease patients
- Review the various types of lung cancer
- Describe the current standard and novel treatment options for lung cancer
- Discuss future directions in lung cancer diagnosis and treatment
- Assess various multidisciplinary approaches to a lung cancer patient case
- Review the classifications of pleural effusions
- Discuss the diagnostic approach of pleural effusions
- Describe the therapeutic options for pleural effusions
- Discuss the pathophysiology of Alpha-1 antitrypsin deficiency
- Review the diagnostic modalities and treatment options for Alpha-1
- Assess the impact Alpha-1 antitrypsin deficiency has from a patient perspective
- Discuss rationale for various aspects of pulmonary function testing
- Recognize appropriate testing for patients with suspected lung disease
- Review pulmonary function test results and reports
- Describe pulmonary rehab guidelines for inclusion and treatment modalities
- Discuss the importance of pulmonary rehab as an adjunct modality to pulmonary treatment
- Review benchmark goals and logistics of a pulmonary rehab program

ACCREDITATION

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

PHYSICIAN (CME)

The University of Pittsburgh designates this live activity for a maximum of **5.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is **5.25 contact hours**. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANT (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

AOA ACCREDITATION

The Philadelphia College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Philadelphia College of Osteopathic Medicine designates this program for a maximum of five and one quarter hours of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

AMERICAN ACADEMY OF FAMILY PHYSICIANS CREDIT (AAFP)

The AAFP has reviewed UPMC Hamot 2021 Pulmonary Update and deemed it acceptable for up to 5.25 In-Person, Live (could include online) AAFP Prescribed credit. Term of Approval is from April 9, 2021, to April 9, 2021. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OTHER HEALTH CARE PROFESSIONALS

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

COURSE DIRECTORS

Mario Kinsella, MD, FCCP, FAASM

Division of Pulmonary Medicine
UPMC Hamot

Stephen Kovacs, DO, FCCP

Division of Pulmonary Medicine
UPMC Hamot

FACULTY

Mihir Buch, DO

Division of Pulmonary Medicine
UPMC Hamot
UPMC Comprehensive Lung Center

Peter Depowski, MD

Chief, Division of Laboratory Medicine
UPMC Hamot

Len Geiger, BS

The Alpha-1 Foundation

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Stephen Kovacs, DO, FCCP

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Christopher Lau, MD

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Peggy Maxwell, RRT

Pulmonary Rehabilitation
UPMC Hamot

David Seastone, DO, PhD

Department of Oncology
UPMC Hamot
UPMC Hillman Cancer Center-Erie

DISCLOSURE

Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of nonprofit or government organizations and non-health-care-related companies.

CANCELLATION POLICY

Tuition for cancellations received before March 26 will be completely refunded. After March 26, a \$10 administration fee will be assessed.

No refunds will be made after April 8, 2021. However, substitutes are welcome. Please notify UPMC Hamot's CME Department of substitutions and cancellations, via email to ham_cme@upmc.edu or by telephone at 814-877-5691 or 814-877-4011.

LOCATION

Due to the COVID-19 pandemic, the conference will be held virtually, as a Teams LIVE event.

Preregistrants will be sent links prior to the conference, and all links will be available on the conference website for those who have registered.

UPMC Hamot reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, registration fees will be fully refunded. Preregistrants will be informed of the cancellation via email, or phone if no email address is given.



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REGISTRATION

The registration fee includes the seminar and electronic educational materials. If you have any questions, please contact the UPMC Hamot CME Office at 814-877-5691 or 814-877-4011.

Physicians	\$90
Advanced Practice Providers.....	\$45
Others	\$30
Students	FREE

All registration will be through our online registration site at <https://cce.upmc.com/upmchamot2021pulmonary>. After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. If you do not receive this email within 5-7 days of registration, please contact the UPMC Hamot CME Department at 814-877-5691.

If you are required to pay by check, please contact the Hamot CME Department at: 814-877-4011 or e-mail HAM_CME@upmc.edu

UPMC Employee Payment via Journal Entry Transfer or MEB Scholarship Funds

If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. DO NOT SUBMIT a disbursement to UPMC Accounts Payable.

For journal transfer and MEB forms, please visit <https://cce.upmc.com/upmchamot2021pulmonary>.

Under "Register" you will be able to print and fill out the appropriate forms.