

# 2021 Physician Well-Being Symposium

## Agenda

Friday, January 22, 2021

Teams Live

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### Morning Session

8:00a.m.	<i>Introduction</i> Dr. Jennifer Berliner
8:05a.m.	<i>Executive Champion Welcome Remarks</i> Dr. Steven Shapiro
8:20a.m.	<i>Physician Well-Being: An Academic Medical Center Perspective</i> Dr. Anantha Shekhar
8:35a.m.	Break
8:40a.m.	<i>Guided Meditation</i> Erin Commendatore
8:45a.m.	Break
9:00a.m.	<i>What Does the Intersection of Wellness and Diversity Mean to You?</i> Dr. Alda Gonzaga, Dr. Joseph Losee, and Dr. Steven Evans Moderated by: Dr. Rickquel Tripp
9:45a.m.	Break
9:55a.m.	<i>2020 UPMC Physician and APP Well-Being Survey Results</i> Dr. Jane Liebschutz
10:10a.m.	Break
10:20a.m.	<i>Workshops Round 1</i>
11:20p.m.	Break
11:45a.m.	<i>Resident and Faculty Well-Being: Finding a Path Forward</i> Dr. Stuart Slavin
12:45a.m.	Break

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## Afternoon Session

1:00p.m.	<i>Introduction</i> <a href="#">Dr. Joseph Losee</a>
1:10p.m.	<i>How Street Medicine Can Humanize and Improve Healthcare</i> <a href="#">Dr. Jim Withers</a>
1:30p.m.	<b>Break</b>
1:40p.m.	<i>The UPMC Experience</i> <a href="#">Leslie Davis</a>
2:00p.m.	<b>Break</b>
2:10p.m.	<i>Executive Leadership Q &amp; A</i> <a href="#">Dr. Steven Shapiro, Leslie Davis, And Dr. Anantha Shekhar</a> <a href="#">Moderated by: Dr. Sansea Jacobson and Dr. Cristin McDermott</a>
3:00p.m.	<i>Eating Meditation</i> <a href="#">Dr. Michelle Thompson</a>
3:10p.m.	<b>Break</b>
3:20p.m.	<i>Workshop Round 2</i>
4:20p.m.	<i>Concluding Remarks</i> <a href="#">Dr. Jennifer Berliner and Dr. Joseph Losee</a>