



UPMC Western Psychiatric Hospital  
Comprehensive Recovery Services  
Office of Educational Resources and Planning  
UPMC Children's Hospital of Pittsburgh-Community Based Services  
University of Pittsburgh School of Medicine  
Center for Continuing Education in the Health Sciences

## **Children's Telephonic Psychiatric Consultation Service (TiPS)**

### **3<sup>rd</sup> Annual Pittsburgh Behavioral Health and Pediatric Primary Care Conference**

(MD33)



**Friday, March 22, 2019**

**8:00 AM to 4:30 PM**

Hilton Garden Inn Pittsburgh/Southpointe  
1000 Corporate Drive  
Canonsburg, PA 15317  
(Free parking available)

**Course Director  
Abigail Schlesinger, MD**

## Behavioral Health and Pediatric Primary Care

### Hilton Garden Inn Pittsburgh/Southpointe

1000 Corporate Drive  
Canonsburg, PA 15317

March 22, 2019



### Introduction

UPMC Children's Hospital of Pittsburgh's primary care network, Children's Community Pediatrics (CCP), has been selected by Pennsylvania state officials to take part in a new program to improve behavioral health treatment for children in the state.

TiPS is a program designed to increase the availability of peer-to-peer child psychiatry consultation teams to primary care clinicians (PCCs) who are prescribers of psychotropic medications for children insured by Pennsylvania's Medical Assistance programs, Children's Health Insurance Program (CHIP), and UPMC commercial insurance. The program aims to provide real time resources to clinicians who desire consultative advice for children with behavioral health concerns.

TiPS will be hosting our **third day long** educational conference in Pittsburgh. Topics differ from year to year. This conference is to help PCCs understand the TiPS program and how to use it. Learning goals are directly related to behavioral health intervention, the use of psychotropic medication, and other pediatric psychiatry related topics.

### Who Should Attend

Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP) who practice in the northwestern, and northern southwestern PA counties. If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

**There is no charge to attend this conference, however registration is required.**

### Learning Objectives

At the completion of the program, participants will be able to:

- 1) Access psychiatric consultation through Children's TiPS.
- 2) Develop expertise related to differentiated ADHD and ASD symptoms in primary care
- 3) Discuss primary care based selective serotonin reuptake inhibitor (SSRI) protocol for the treatment of anxiety and depressive disorders in children and adolescents. (SSRI Initiation Protocol in Primary Care)
- 4) Screen for eating disorders in primary care and recognize when to refer for a specialized evaluation of an eating disorder. (Eating Disorders)
- 5) Expand knowledge of primary care and potential specialty sleep interventions. (Sleep)
- 6) Increase ability to use motivational interviewing in your practice. (Motivational Interviewing)
- 7) Understand how to utilize nonpharmacologic and pharmacologic interventions for Tic Disorders. (Tic Disorders)

## Course Director

### **Abigail Schlesinger, MD**

Medical Director, Children's TiPS  
Medical Director Ambulatory Integrated Behavioral  
Health Services  
Associate Chief, Ambulatory Child and Adolescent  
Psychiatry Service Line  
UPMC Western Psychiatric Hospital  
Chief, Behavioral Science Division UPMC Children's  
Hospital of Pittsburgh  
Associate Professor University of Pittsburgh School  
of Medicine  
Pittsburgh, PA

## Keynote Speaker

### **Benjamin L. Handen, PhD, BCBA-D**

Professor of Psychiatry, Pediatrics, Psychology and  
Instruction and Learning  
University of Pittsburgh School of Medicine  
Merck Child and Adolescent Outpatient Clinic  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

## Faculty:

### **Ryan Anderson, PhD**

Lead Psychologist  
Developmental Medicine  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

### **Nicole Brynes, DNP**

Nurse Practitioner  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

### **Meghan Donahoe, LSW**

TiPS Care Coordinator  
Children's Community Pediatrics Behavioral Health  
Services  
Pittsburgh, PA

### **Nanelle Florence, LSW**

TiPS Care Coordinator  
Children's Community Pediatrics Behavioral Health  
Services  
Wexford, PA

### **Anna Brown Jolliffe, DO**

Behavioral Science Division  
UPMC Children's Hospital  
Pittsburgh, PA

### **Nicole Lockard, MsEd, NCC**

TiPS Care Coordinator  
Children's Community Pediatrics Behavioral Health  
Services  
Wexford, PA

### **Courtney McAdory, LPC**

TiPS Licensed Therapist  
UPMC Children's Hospital Behavioral Science  
Division  
Children's Community Pediatrics Behavioral Health  
Services  
Erie, PA

### **Corie McGill, MSPC**

TiPS Care Coordinator  
Children's Community Pediatrics Behavioral Health  
Services  
Wexford, PA

### **Rebecca Miller, MD**

Assistant Professor, Psychiatry  
University of Pittsburgh School of Medicine  
Pittsburgh, PA

### **Taylor Naus, LCSW**

TiPS Care Coordinator  
Children's Community Pediatrics Behavioral Health  
Services  
Wexford, PA

**Justin Schreiber, DO MPH FAAP**

Assistant Professor of Psychiatry and Pediatrics  
Children's Hospital of Pittsburgh  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

**Anderson Still, MD**

Assistant Professor, Psychiatry  
University of Pittsburgh School of Medicine  
Pittsburgh, PA

**Kelley Victor, MD**

Clinical Assistant Professor of Psychiatry  
Children's Hospital of Pittsburgh  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

**Conference Committee Chair**

**Colleen D. Gianneski, LCSW**

Program Manager, Children's TiPS  
Behavioral Health Therapist, Children's TiPS and  
Child and Family Counseling Center  
Children's Community Pediatrics Behavioral Health  
Services  
Wexford, PA

***All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.***

***The University of Pittsburgh is an affirmative action, equal opportunity institution.***

## **Schedule**

- 7:30 to 8:00 a.m.                    **Registration – Continental Breakfast**
- 8:00 to 8:30 a.m.                    **Welcome**  
Dr. Abigail Schlesinger
- 8:30 to 9:30 a.m.                    **Keynote**  
Ben Handen, PhD & Dr. Abigail Schlesinger  
Autism Spectrum Disorder & ADHD
- 9:30 to 9:45 a.m.                    **Break**
- 9:45 to 10:45 a.m.                   **Breakout I**  
A. *Tic Disorder – Kelley Victor, MD; Courtney McAdory, LPC*  
B. *Motivational Interviewing – Becky Miller, MD*  
C. *Use of SSRIs in Primary Care for The Treatment of Anxiety and Depression – Anna Jolliffe, DO*  
D. *Eating Disorders – Anderson Still, MD; Nicole Brynes, DNP*  
E. *Sleep – Ryan Anderson, PhD; Justin Schreiber, DO, MPH, FAAP*
- 10:45 to 11:00 a.m.                   **Break**
- 11:00 a.m. to 12:00 p.m.           **Breakout II**  
A. *Tic Disorder – Kelley Victor, MD; Courtney McAdory, LPC*  
B. *Motivational Interviewing – Becky Miller, MD*  
C. *Use of SSRIs in Primary Care for The Treatment of Anxiety and Depression – Anna Jolliffe, DO*  
D. *Eating Disorders – Anderson Still, MD; Nicole Brynes, DNP*  
E. *Sleep – Ryan Anderson, PhD; Justin Schreiber, DO, MPH, FAAP*  
F. *Parent/Care Coordination Panel –Taylor Naus, LCSW; Meghan Donahoe, LSW; Nanelle Florence, LSW; Nicole Lockard, MsEd, NCC; Corie McGill, MSPC*
- 12:00 to 1:00 p.m.                   **Lunch Buffet Served**
- 1:00 to 2:00 p.m.                    **Breakout III**  
A. *Tic Disorder – Kelley Victor, MD; Courtney McAdory, LPC*  
B. *Motivational Interviewing – Becky Miller, MD*  
C. *Use of SSRIs in Primary Care for The Treatment of Anxiety and Depression – Anna Jolliffe, DO*  
D. *Eating Disorders – Anderson Still, MD; Nicole Brynes, DNP*  
E. *Sleep – Ryan Anderson, PhD; Justin Schreiber, DO, MPH, FAAP*  
F. *Parent/Care Coordination Panel –Taylor Naus, LCSW; Meghan Donahoe, LSW; Nanelle Florence, LSW; Nicole Lockard, MEd, NCC; Corie McGill, MSPC*
- 2:00 to 2:15 p.m.                    **Break**

2:15 to 3:15 p.m.

**Breakout IV**

- A. *Tic Disorder – Kelley Victor, MD; Courtney McAdory, LPC*
- B. *Motivational Interviewing – Becky Miller, MD*
- C. *Use of SSRIs in Primary Care for The Treatment of Anxiety and Depression – Anna Jolliffe, DO*
- D. *Eating Disorders – Anderson Still, MD; Nicole Brynes, DNP*
- E. *Sleep – Ryan Anderson, PhD; Justin Schreiber, DO, MPH, FAAP*

3:15 to 3:30 p.m.

**Break**

3:30 to 4:30 p.m.

**Breakout V**

- A. *Tic Disorder – Kelley Victor, MD; Courtney McAdory, LPC*
- B. *Motivational Interviewing – Becky Miller, MD*
- C. *Use of SSRIs in Primary Care for The Treatment of Anxiety and Depression – Anna Jolliffe, DO*
- D. *Eating Disorders – Anderson Still, MD; Nicole Brynes, DNP*
- E. *Sleep – Ryan Anderson, PhD; Justin Schreiber, DO, MPH, FAAP*

4:30 p.m.

**Adjournment**

## **Continuing Education Credit**

### **Physicians**

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Psychologists**

UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 6.5 continuing education credits.

### **Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP**

The Office of Educational Resources and Planning, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.5 continuing education credits.

### **Counselors**



UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.5 continuing education hours.

### **Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT**

This program is offered for 6.5 hours of social work continuing education through UPMC Western Psychiatric Hospital's Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9085.

### **Other Healthcare Professionals**

Nurses and other health care professionals are awarded .65 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 6.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.

## Registration Information

*There are no fees to attend or to receive continuing education credits, however registration is required.*

Please register online by March 14, 2019 online at

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=192451>. If unable to register online, please complete the registration form below and return it to:

OERP/WPSY

Attn: Nancy Mundy

3811 O'Hara Street

Champion Commons Building, 3<sup>rd</sup> Floor

Pittsburgh, PA 15213

Fax: 412-204-9110

Telephone: 412-204-9090

E-MAIL: [mundynl@upmc.edu](mailto:mundynl@upmc.edu)

### Online Registration Instructions at

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=192451>:

1. Scroll down, and click on 'Register Now' (small box at bottom of page)
2. If 'Behavioral Health and Pediatric Primary Care' appears under 'Shopping Cart', click on '**Checkout**' (think of this as 'continue').
3. Register as a new registrant or sign in if you already have an account (username is your e-mail). You do not have to add insurance information.
4. When the conference name appears again, click on '**Checkout**' (again, think of this as 'continue')
5. **Continuing Education Credit** – Please use dropdown list for credential or choose **Not Applicable** (you must complete this). Click on 'continue'.
6. Complete Transaction and print your registration receipt.

### Registration Includes:

- All registration and conference materials
- Continental Breakfast/Lunch/Refreshments
- Continuing Education Credits and Continuing Medical Credits



*We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at 412-204-9090.*



**Registration Form****Behavioral Health and Pediatric Primary Care Conference (MD33)****Friday, March 22, 2019**

Please type or print; photocopy for additional registrants.

**If registering after March 14, 2019, please contact Nancy Mundy at [mundynl@upmc.edu](mailto:mundynl@upmc.edu).**

Social Security Number (Last five digits only):					
First Name:		Last Name:			
Degree(s) to be noted on name badge (e.g. MD, PhD)					
Institutional Affiliation/Practice Name					
MsEd					
Address 2:					
City:		State:		Zip	
County:					
Day Telephone:					
E-Mail Address:					

**Practice Name:** \_\_\_\_\_**Did you attend a previous TiPS program? Yes \_\_\_\_\_ No \_\_\_\_\_****Please select five breakout sessions:**

- A. Tic Disorder – Kelley Victor, MD; Courtney McAdory, LPC
- B. Motivational Interviewing – Becky Miller, MD
- C. Use of SSRIs in Primary Care for The Treatment of Anxiety and Depression – Anna Jolliffe, DO
- D. Eating Disorders - Anderson Still, MD; Nicole Brynes, DNP
- E. Sleep – Ryan Anderson, PhD; Justin Schreiber, DO, MPH, FAAP
- F. Parent/Care Coordination Panel – TiPS Care Coordinators

**For Continuing Education purposes, please check the continuing education or medical credits you need:**

- CADC/CCDP     NBCC Counselor     Nurse     Psychologist     Physician/MD  
 Social Worker (LSW/LCSW/LPC/LMFT)

**Clinician Type:**

- MD     DO     DNP     CRNP PA     PhD     Other

**OERP/WPSY****Attn: Nancy Mundy****3811 O'Hara Street****Champion Commons Building, 3<sup>rd</sup> Floor****Pittsburgh, PA 15213****Fax: 412-204-9110****Telephone: 412-204-9090****E-MAIL: [mundynl@upmc.edu](mailto:mundynl@upmc.edu)**