

Liver Update: The Relationship Between the Abuse of Opioid Medications and Liver Disease

December 3, 2019

5:00 p.m. – 9:00 p.m.

Wyndham Grand Hotel

Pittsburgh, PA

# **Program Overview**

The opioid epidemic has taken a toll individual lives, communities and our healthcare system and is an immediate healthcare emergency. The relationship between the abuse of opioid medications and liver disease is not understood among the provider population. Understanding and navigating effectively these off-setting circumstances will be critically important for providers and the community. The rising rates of opioid misuse coincide with a rise in viral hepatitis, particularly in young people, and in the increase in severity of liver disease across all age groups. Rates of hepatitis C (HCV), which can be spread between opioid users injecting drugs intravenously, are skyrocketing. HCV is 5 times as infectious as HIV, for example. Chronic HCV can lead to cirrhosis, liver cancer, transplant, and eventually death. It also puts patients at higher risk for developing other liver diseases, like fatty liver disease and nonalcoholic steatohepatitis. There is also a link between overdose deaths and the rise in available livers for transplantation. Harm reduction is more than a syringe service program and we need to mobilize to support our communities in the face of this Syndemic.

The goal of this course module is to help clinicians and other service providers understand the local and regional picture of addiction as it relates to liver health and diseases including, viral hepatitis, understand HCV screening recommendations, current treatment options, HIV/HCV coinfections, transplantation and organ donation implications, sexually transmitted diseases and specific issues with vulnerable populations especially and the opioid use disorder epidemic including adolescence, pregnant women and people who use drugs.

# **Who Should Attend**

This program is directed to primary care physicians, specialists (ID, Gastro, Hepatology, Transplant, Addiction), nurses, public health, Drug and Alcohol counselors, care coordinators, advocates and other allied health care workers involved in the healthcare of patients who have risk factors for Hepatitis C particularly people who use drugs.

### **Learning Objectives**

At course completion, attendees should be able to:

#### Performance

Take an evidence-based approach to understanding substance use disorders and its effect on liver health.

# Competency

Address addiction as a chronic medical illness and harmful drug use as a personal and public health problem in all contexts. Make referrals for specialty treatment of addiction and other medical and psychiatric conditions.

# **Increase Knowledge**

Obtain core medical knowledge about substance, substance use substance-related health conditions, and common co-occurring disorders.

# **Faculty Listing**

Suzanna Masartis Executive Director Community Liver Alliance Pittsburgh, PA

Lauren Canary, MPH Executive Director National Viral Hepatitis Roundtable Washington, DC

Yasaswi Kislovskiy, MD UPMC Magee Women's Hospital Pittsburgh, PA

Rachel Tindall, MD Allegheny Health Network Pittsburgh, PA

Dulabh Monga, MD Program Director Hematology Oncology Fellowship Assistant Professor of Medicine Temple University School of Medicine Allegheny Health Network

Ramon Bataller, MD, PhD Chief of Hepatology UPMC Center for Liver Diseases Pittsburgh, PA

Satdarshan (Paul) Monga, MD Director Pittsburgh Liver Research Center Pittsburgh, PA

Kelly Martin, CRNP Community Liver Alliance Pittsburgh, PA

# **SCHEDULE**

# 5:00 p.m.

Registration/Networking/Exhibits/Dinner

# 5:50 p.m.

**Welcome**Suzanna Masartis
Executive Director

Community Liver Alliance

Pittsburgh, PA

# 6:00 p.m.

# The Relationship Between Viral Hepatitis and the Opioid Epidemic

Lauren Canary, MPH Executive Director National Viral Hepatitis Roundtable Washington, DC

#### 6:20 p.m.

## **Harm Reduction: More than Syringe Services**

Lauren Canary, MPH Executive Director National Viral Hepatitis Roundtable Washington, DC

# 6:40 p.m.

# **Hepatitis C Screening During Pregnancy**

Yasaswi Kislovskiy, MD UPMC Magee Women's Hospital Pittsburgh, PA

# 7:00 p.m.

# Pennsylvania Viral Hepatitis Elimination Update

Suzanna Masartis Executive Director Community Liver Alliance Pittsburgh, PA

# 7:20 p.m.

# The Role of Transplantation and Organ Donation

Rachel Tindall, MD Allegheny Health Network Pittsburgh, PA

# 7:40 p.m.

# **HCC** on the Rise

Dulabh Monga, MD Program Director Hematology Oncology Fellowship Assistant Professor of Medicine Temple University School of Medicine Allegheny Health Network

# 8:00 p.m.

#### **Alcoholic Liver Disease**

Ramon Bataller, MD, PhD Chief of Hepatology UPMC Center for Liver Diseases Pittsburgh, PA

# 8:20 p.m.

# **Updates in Liver Research**

Satdarshan (Paul) Monga, MD Director Pittsburgh Liver Research Center Pittsburgh, PA

#### 8:40 p.m.

Panel Discussion Moderator - Kelly Martin, CRNP Community Liver Alliance Pittsburgh, PA

#### 9:00 p.m.

Adjourn

# **CME Accreditation and Designation Statement**

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and the Community Liver Alliance. The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 3.0 AMA PRA Category 1 Credits $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

#### **Faculty Disclosure**

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

Paul Monga, MD, Grant Research Support from Abbvie Pharmaceuticals and is a consultant for Abbvie Pharmaceuticals

Ramon Bataller, MD, PhD, Paid Seminar, Echosens

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

# **Acknowledgement of Commercial Support**

We gratefully acknowledge Exhibitors support from the following to support this activity:

Abbvie

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**Novartis** 

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