

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC
HOSPITAL

UPMC Western Psychiatric Hospital
Department of Psychiatry
Education and Consultative Services
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences
Community Care Behavioral Health Organization

“10th Annual Behavioral Health and Aging Conference Looking Back and Planning for the Future: The Year of COVID-19 and the Future of Alzheimer’s Disease” (MD66)

October 29, 2020 – 8:30 AM to 4:45 PM

ZOOM Live Streaming Event

ZOOM Sign-in – 8:15 to 8:30 AM

Course Directors:

LalithKumar K. Solai, MD

Service Chief & Medical Director, Geriatric Psychiatry Service

Medical Director, Center for Interventional Psychiatry

Medical Director, Patient Safety

Director, Geriatric Psychiatry Fellowship

UPMC Western Psychiatric Hospital

Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

Ellen Whyte, MD

Medical Director, Psychiatric Services, UPMC Benedum Geriatric Center

Medical Director, Integrated Behavioral Health – Primary Care, UPMC Western Psychiatric Hospital

Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Recovery and Wellness: The Journey Starts Here

**A Joint Effort Sponsored by Community Care Behavioral Health Organization and
UPMC Western Psychiatric Hospital**

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Program Description

The two themes of this conference are understanding the impact COVID-19 had on the elderly and their caregivers in 2020, and planning for the future as new therapeutics for dementia are anticipated in 2021. This program is designed for all providers serving the aging population.

Educational Objectives

At the completion of this program participants should be able to:

1. Describe the impact of COVID-19 and its associated isolation on elders at risk for depression
2. Describe the impact COVID-19 has had on the caregivers of the elderly.
3. Discuss two emerging therapeutics for mild cognitive impairment and early Alzheimer's disease.
4. Review the clinical presentation of common non-Alzheimer's dementia syndromes and how to differentiate them from Alzheimer's.
5. Describe basic behavioral interventions for the management of behavioral disturbances in dementia and how to teach families/informal caregivers these interventions.

Target Audience

Providers working with older adults including physicians, nurses, front-line staff, case managers/service coordinators, therapists, and clinicians. Family and caregivers are welcome to attend.

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UPMC Western Psychiatric Hospital
University of Pittsburgh Medical Center
Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
Pittsburgh, PA

Ellen M. Whyte, MD

Medical Director, Psychiatric Services, UPMC
Benedum Geriatric Center
Medical Director, Integrated Behavioral Health –
Primary Care
UPMC Western Psychiatric Hospital
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Pittsburgh, PA

Faculty

Sarah B. Berman, MD, PhD

Associate Professor
University of Pittsburgh
Departments of Neurology and Clinical and
Translational Science
Pittsburgh Institute for Neurodegenerative Diseases
Pittsburgh, PA

Megan E Hamm, PhD

General Internal Medicine
Assistant Professor of Medicine
Director of Qualitative, Evaluation, and Stakeholder
Engagement Research Services (Qual EASE)
University of Pittsburgh Dept. of Medicine
Pittsburgh, PA

Taafoi Kamara, MPH

Director, Innovation, Education & Outreach
UPMC Senior Services
Pittsburgh, PA

Carol M. Leach, LCSW

Supervisor, Behavioral Health
UPMC Benedum Geriatric Center
UPMC Palliative Care/Supportive Care
Pittsburgh, PA

Oscar L. Lopez, MD, FAAN

Professor of Neurology, Psychiatry, and Clinical and
Translational Sciences
Levidow - Pittsburgh Foundation Endowed Chair in
Alzheimer's Disease and Related Dementias
Director, Alzheimer's Disease Research Center
Chief, Cognitive and Behavioral Neurology Division
University of Pittsburgh School of Medicine
Pittsburgh, PA

Rick Morycz, PhD, LCSW, QCSW, FGSA

Associate Professor of Psychiatry, Medicine, and
Social Work
University of Pittsburgh
Section of Geriatrics
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Riddhi Patira, MD

Assistant Professor
Cognitive Division of Neurology
UPMC
Investigator at the Alzheimer's Disease Research
Center
University of Pittsburgh School of Medicine
Pittsburgh, PA

Stefanie Small, LCSW

Director of Clinical Services
Jewish Family & Community Services
Pittsburgh, PA

Daniel Varon, MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Jon Weingarden, PsyD

Program Director, WPH Inpatient
12th Floor Integrated Health and Aging Program
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Faculty Disclosure

No members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients to disclose.

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

AGENDA

**2020 Behavioral Health and Aging Conference
October 29, 2020**

8:30-8:45 AM	Welcome Remarks <i>LalithKumar K. Solai, MD</i>
8:45-11:30 AM	COVID-19 AND THE ELDERLY
8:45-10:00 AM	Has COVID-19 Isolation Lead to More Depression in Late Life? /Q&A <i>Megan E. Hamm, PhD</i>
10:00-10:15 AM	Break (15 minutes)
10:15-11:30 AM	Roundtable Discussion: COVID-19 Impact on Caregivers / Q&A <i>Moderator: Richard Morycz, PhD</i> <i>Panelists:</i> <i>Taafoi Kamara, MPH; Carol Leach, LCSW; Stefanie Small, LCSW; Ellen Whyte, MD</i>
11:30 AM-12:15 PM	LUNCH (45 MINUTES)
12:15-12:25 PM	ANNOUNCEMENTS
12:25-4:15 PM	DEMENTIA UPDATE
12:25-1:40 PM	Emerging treatment for Alzheimer's Disease / Q&A <i>Oscar L. Lopez, MD, FAAN</i>
1:40-1:50 PM	Break (15 minutes)
1:50-3:05 PM	Update on Other Dementia Syndromes / Q&A <ul style="list-style-type: none">❖ LATE: A Newly Identified Etiology of Dementia <i>Daniel Varon, MD</i>❖ Dementia of the Lewy Body Type <i>Sarah B. Berman, MD, PhD</i>❖ Frontal Temporal Dementia <i>Riddhi Patira, MD</i>
3:05-3:15 PM	Break (10 minutes)
3:15-4:30 PM	Helping the Helper: Teaching Dementia Caregivers: Behavioral Approaches to Managing Behavioral Issues / Q&A <i>Jonathan Weingarden, PhD</i>
4:30-4:45 PM	Wrap up and Adjourn <i>Ellen Whyte, MD</i>

Continuing Education Credit Information

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 6.75 contact hours.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists



Education and Consultative Services of UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Education and Consultative Services of UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 6.25 continuing education credits per day of attendance.

Counselors



UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.25 continuing education hours.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

The Office of Education and Regional Programming, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.25 continuing education credits.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 6.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Healthcare Professionals

Nurses and other health care professionals are awarded 0.625 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. *Nurses:* For attending this program you will receive a Certificate of Attendance confirming 6.25 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. *Peer Specialists:* This program fulfills requirements for Certified Peer Specialist continuing education.