



UPMC Western Psychiatric Hospital
Department of Psychiatry
Office of Educational Resources and Planning
Community Care Behavioral Health Organization
UPMC Insurance Services Division

“Shaping the Future: Models of Integrated Care at UPMC”

Saturday, December 7, 2019

UPMC Herberman Conference Center
5150 Centre Ave.
Pittsburgh, PA 15232

7:30 to 8:00 AM - Registration
8:00 AM to 5:00 PM – Event

Course Directors
Eva Szigethy, MD, PhD
Susan Jarquin, PhD

Recovery and Wellness: The Journey Starts Here
**A Joint Effort Sponsored by Community Care Behavioral Health Organization and
UPMC Western Psychiatric Hospital**

“Shaping the Future: Models of Integrated Care at UPMC”

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Introduction

Large healthcare systems across the nation are now pursuing the quadruple aim: 1) improving the health of populations, 2) enhancing the patient experience of care, 3) reducing the per capita cost of health care, and 4) improving the work life of those who deliver care. These aims can only be realized if behavioral health services are carefully and extensively integrated across health care systems.

The purpose of this conference is to illustrate the innovative ways in which behavioral health services are being delivered to support integrated care at UPMC and how the provision of these services is allowing for the accomplishment of the quadruple aim. The conference will involve presentations given by UPMC hospital and health plan leaders, physicians, psychologists, and other mental health professionals. Additionally, the conference will involve a keynote address given by Douglas Tynan, PhD, former Director of Integrated Care at the American Psychological Association, which will describe the state of integrated care across the nation as well as the future of integrated care.

The provision of world-class care and the accomplishment of the quadruple aim necessitates the integration of medical and behavior health services. This conference will offer participants an inside look at how integration is happening at UPMC as well as an opportunity to see and shape the future of integrated care at UPMC.

Educational Objectives

At the completion of this program, participants should be able to:

- Recognize the need for integrated care
- Describe the components of successful integrated care models
- Discuss the need to measure the effectiveness of integrated care and explain ways to do so
- Articulate ways to efficiently scale up the integration of behavioral interventions

Who Should Attend:

UPMC leadership, UPMC Health Plan leadership, physicians, advanced practice providers, psychologists, social workers, nurses, hospital and clinic staff, patients, community members, students – psychology, medical, social work

Course Directors

Eva Szigethy MD, PhD

Professor of Psychiatry and Medicine
Co-Director, IBD Total Care Subspecialty Medical Home
Director, Behavioral Health within the Chief Medical and Scientific Office
University of Pittsburgh Medical Center
Pittsburgh, PA

Susan E. Jarquin, PhD

Psychologist III
Clinical Assistant Professor
Pain Rehabilitation Coordinator
University of Pittsburgh Medical Center, Division of Pain Medicine
Pittsburgh, PA

Keynote Speaker

William Douglas Tynan, PhD, ABPP

Professor of Pediatrics
Sidney Kimmel College of Medicine
Thomas Jefferson University
Philadelphia, PA

Faculty

Kathryn Barbash, PsyD

Lead Psychologist
Behavioral Science Division of UPMC Children's Hospital of Pittsburgh
Embedded Psychologist, Plastic Surgery Department
Pittsburgh, PA

Robert Bart, MD

Chief Medical Information Office, UPMC Health Services Division
Pittsburgh, PA

Ellen Beckjord, PhD

Associate Vice President, Population Health & Clinical Affairs at UPMC Health Plan
Pittsburgh, PA

Deborah Brodine

President, UPMC Western Psychiatric Hospital
President, UPMC Senior Services
Pittsburgh, PA

Jodie Bryk, MD

Clinical Assistant Professor of Medicine
Medical Director, Enhanced Care Program
University of Pittsburgh Department of Medicine
Pittsburgh, PA

Gretchen Crum, LCSW

Director, Clinical Care Services
Behavioral Science Division
UPMC Children's Hospital of Pittsburgh
Children's Community Pediatrics Behavioral Health
Pittsburgh, PA

Andrea DiMartini, MD

Professor of Psychiatry, Surgery and Clinical and Translational Sciences
Medical Director of Transplant Psychiatry
Starzl Transplant Institute
University of Pittsburgh Medical Center
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Robert J. Ferguson, PhD

Assistant Professor of Medicine
University of Pittsburgh School of Medicine
Division of Hematology/Oncology
Pittsburgh, Pennsylvania

Alyssa Ford, PhD

Licensed Psychologist
Primary Care Mental Health Integration Program Lead and Psychosocial Oncology Coordinator
VA Pittsburgh Healthcare System
Pittsburgh, PA

Deborah A. Gillman, PhD

Clinical Psychologist
Division of Pulmonary, Allergy and Critical Care Medicine
UPMC Presbyterian Shadyside
Pittsburgh, PA

Priya Gopalan, MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, Consultation-Liaison Service
UPMC Western Psychiatric Hospital of UPMC
Pittsburgh, PA

Diane Holder

Executive Vice President, UPMC
President, UPMC Insurance Services Division
President and CEO, UPMC Health Plan
Pittsburgh, PA

Matt Hurford, MD

Chief Medical Officer of UPMC Community Care Behavioral Health Organization
Pittsburgh, PA

David J. Kolko, PhD, ABPP

Professor of Psychiatry, Psychology, Pediatrics, and Clinical and Translational Science
University of Pittsburgh School of Medicine
Director, Special Services Unit
UPMC Western Psychiatric Hospital
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Jane Liebschutz, MD

Chief, Division of General Internal Medicine
Professor of Medicine with Tenure
UPMC Endowed Chair of Translational Medicine and Research
Director, Center for Research on Health Care
Pittsburgh, PA

Michael Lynch, MD

Assistant Professor of Emergency Medicine Medical Director
Pittsburgh Poison Center Medical Director for Substance Use Disorder
UPMC Health Plan Emergency Department Attending Physician
Pittsburgh, PA

Eydie Moses-Kolko, MD

Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
UPMC Western Psychiatric Hospital
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Lauren Lorenzi Quigley, MS, LPC

Neonatal Developmental Specialist
Behavioral Sciences Division & Division of Newborn Medicine
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Ryan Peterson MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Psychiatrist, Consultation-Liaison Service
UPMC Western Psychiatric Hospital
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Gina Perez, MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Associate Chief, UPMC Behavioral Health Network
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Abigail Schlesinger, MD

Medical Director, TiPS
Clinical Director, Behavioral Science Division
UPMC Children's Hospital of Pittsburgh
Medical Director, Ambulatory Integrated Behavioral Healthcare
Associate Professor
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James Schuster, MD, MBA

Associate Chief Medical Officer
Senior Vice President for Behavioral and Medicaid Services for the UPMC Insurance Services Division
Pittsburgh, PA

Catherine Serio, PhD

Associate Vice President, Digital Behavior Solutions
UPMC Insurance Services Division
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Steven Shapiro, MD

Executive Vice President, UPMC Health Services
Chief Medical and Scientific Officer, UPMC
President, Health Services Division
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Jennifer Steel, PhD

Director, Center for Excellence in Behavioral Medicine
Associate Professor of Surgery, Psychiatry, and Psychology
University of Pittsburgh School of Medicine
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James Tew, MD

Associate Professor of Psychiatry
Associate Chief, Inpatient Clinical Services
Medical Director, Quality and Clinical Pathways
University of Pittsburgh Medical Center
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Robin Valpey, MD

Assistant Professor, Department of Psychiatry
Medical Director, Center for Counseling and Cancer Support
University of Pittsburgh Medical Center
Pittsburgh, PA

Ajay Wasan, MD, MA, MSc

Professor of Anesthesiology and Psychiatry
University of Pittsburgh School of Medicine
Vice Chair for Pain Medicine, Department of Anesthesiology
University of Pittsburgh Medical Center
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Ellen Whyte, MD

Medical Director, Geriatric Psychiatry Outpatient Services
Medical Director, Adult Integrated Health Care - Primary Care
UPMC Western Psychiatric Hospital
Pittsburgh, PA

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Agenda

7:30-8:00 am

Registration

8:00 to 8:45 am

UPMC Strategies

Overview

Susan Jarquin, PhD

Using Behavioral Strategies to Support Health and Wellness: The Experience of UPMC Health Plan

Diane Holder

A UPMC Strategy for Integrating Behavioral Health into All Aspects of Medical Care

Steven Shapiro, MD

8:45 am to 12:15 pm

Integrated Care

8:45-9:10

The Key Role of Behavioral Health in Pediatric and Primary Care

Abigail Schlesinger, MD

9:10-9:55

Integrated Care in Specialty Settings

Deborah Brodine; Jodie Bryk, MD; Abigail Schlesinger, MD; Jennifer Steel, PhD; Eva Szigethy, MD, PhD

9:55-10:05 - *Break*

10:05-10:45

Technological Approaches to Integrated Care

Robert Bart, MD; Ellen Beckjord, PhD; Gina Perez, MD; Catherine Serio, PhD

10:45-11:30

Integrated Care in Behavioral Health Programs

Priya Gopalan, MD; Matt Hurford, MD; James Tew, MD

11:30-12:15

Integration in Healthcare Systems

Alyssa Ford, PhD; Eydie Moses-Kolko, MD; Ellen Whyte, MD

12:15-1:00 pm

Lunch and Poster Session (No CME credit awarded)

- Kathryn Barbash, PsyD, Pediatric Cleft-Craniofacial Center and Plastic Surgery, Pediatric
- Jodie Bryk, MD, Enhanced Care Program, Adult
- Gretchen Crum, LCSW, Primary Care, Pediatrics
- Andrea DiMartini, MD, Hepatology, Adult
- Robert Ferguson, PhD, Oncology, Adult
- Deborah Gillman, PhD, Pulmonology, Adult

- Priya Gopalan, MD and Ryan Peterson, MD, Psychiatry, Adult
- Susan Jarquin, PhD, Pain Medicine, Adult
- David J. Kolko, PhD, Primary Care, Pediatrics
- Eydie Moses Kolko, MD, Ob-Gyn, Adult
- Lauren Quigley, MS, LPC, Neonatal Developmental Specialist, Pediatric
- Jennifer Steel, PhD, Surgery, Oncology, Adult
- Robin Valpey, MD and Ellen Ormond, PhD, Oncology, Adult
- Ellen Whyte, MD Primary Care, Adult

1:00-2:00 pm

Keynote Speaker

Collaborative Care Models 2020 and Beyond

Douglas Tynan PhD, ABPP

2:00-3:00 pm

Innovative Approaches that Fund Integrated Care

James Schuster, MD, MBA

3:00-3:15

Break

3:15-4:15 pm

Management of Substance Abuse Disorders in Medical Settings

Jane Liebschutz, MD; Mike Lynch, MD; Ajay Wasan, MD

4:15-4:45 pm

Wrap Up

Eva Szigethy, MD, PhD

Susan Jarquin, PhD

4:45 pm

Adjournment

ACKNOWLEDGEMENTS

*We gratefully acknowledge Community Care Behavioral Health Organization,
an affiliate of the UPMC Health Plan,
for their continued, generous support for this program.*

Continuing Education Credit

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists

UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 7.25 continuing education credits.



Counselors

UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 7.25 continuing education hours.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

The Office of Education and Regional Programming, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 7.25 continuing education credits.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 7.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Healthcare Professionals

Nurses and other health care professionals are awarded 0.725 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 7.25 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.