“Shaping the Future: Models of Integrated Care at UPMC”

Saturday, December 7, 2019

UPMC Herberman Conference Center
5150 Centre Ave.
Pittsburgh, PA 15232

7:30 to 8:00 AM - Registration
8:00 AM to 5:00 PM – Event

Course Directors
Eva Szigethy, MD, PhD
Susan Jarquin, PhD

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization and
UPMC Western Psychiatric Hospital
Introduction

Large healthcare systems across the nation are now pursuing the quadruple aim: 1) improving the health of populations, 2) enhancing the patient experience of care, 3) reducing the per capita cost of health care, and 4) improving the work life of those who deliver care. These aims can only be realized if behavioral health services are carefully and extensively integrated across health care systems.

The purpose of this conference is to illustrate the innovative ways in which behavioral health services are being delivered to support integrated care at UPMC and how the provision of these services is allowing for the accomplishment of the quadruple aim. The conference will involve presentations given by UPMC hospital and health plan leaders, physicians, psychologists, and other mental health professionals. Additionally, the conference will involve a keynote address given by Douglas Tynan, PhD, former Director of Integrated Care at the American Psychological Association, which will describe the state of integrated care across the nation as well as the future of integrated care.

The provision of world-class care and the accomplishment of the quadruple aim necessitates the integration of medical and behavior health services. This conference will offer participants an inside look at how integration is happening at UPMC as well as an opportunity to see and shape the future of integrated care at UPMC.

Educational Objectives
At the completion of this program, participants should be able to:

- Recognize the need for integrated care
- Describe the components of successful integrated care models
- Discuss the need to measure the effectiveness of integrated care and explain ways to do so
- Articulate ways to efficiently scale up the integration of behavioral interventions

Who Should Attend:
UPMC leadership, UPMC Health Plan leadership, physicians, advanced practice providers, psychologists, social workers, nurses, hospital and clinic staff, patients, community members, students – psychology, medical, social work
Course Directors

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Professor of Psychiatry and Medicine
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Director, Behavioral Health within the Chief Medical and Scientific Office
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Susan E. Jarquin, PhD
Psychologist III
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Pain Rehabilitation Coordinator
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Keynote Speaker

William Douglas Tynan, PhD, ABPP
Professor of Pediatrics
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Faculty

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Embedded Psychologist, Plastic Surgery Department
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Chief, Division of General Internal Medicine  
Professor of Medicine with Tenure  
UPMC Endowed Chair of Translational Medicine and Research  
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Pittsburgh Poison Center Medical Director for Substance Use Disorder  
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The following relevant financial relationships were disclosed:

Michael Lynch, MD  
Consultant: Adapt Pharma: Development of educational materials related to naloxone

Catherina D. Serio, PhD  
Other: Employed by UPMC Health Plan: Owner of digital interventions to be discussed

Eva Szigethy, MD, PhD  
Consultant: Imedex

Ajay Wasan, MD, MA, MSc  
Grant/Research Support: Collegium Pharmaceuticals

Ajay Wasan, MD, MA, MSC  
Consultant: Analgesic solutions, Pfizer

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

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Agenda

7:30-8:00 am  
Registration

8:00 to 8:45 am  
UPMC Strategies  
**Overview**  
Susan Jarquin, PhD

*Using Behavioral Strategies to Support Health and Wellness: The Experience of UPMC Health Plan*  
Diane Holder

*A UPMC Strategy for Integrating Behavioral Health into All Aspects of Medical Care*  
Steven Shapiro, MD

8:45 am to 12:15 pm  
Integrated Care

8:45-9:10  
*The Key Role of Behavioral Health in Pediatric and Primary Care*  
Abigail Schlesinger, MD

9:10-9:55  
*Integrated Care in Specialty Settings*  
Deborah Brodine; Jodie Bryk, MD; Abigail Schlesinger, MD; Jennifer Steel, PhD; Eva Szigethy, MD, PhD

9:55-10:05 - **Break**

10:05-10:45  
*Technological Approaches to Integrated Care*  
Robert Bart, MD; Ellen Beckjord, PhD; Gina Perez, MD; Catherine Serio, PhD

10:45-11:30  
*Integrated Care in Behavioral Health Programs*  
Priya Gopalan, MD; Matt Hurford, MD; James Tew, MD

11:30-12:15  
*Integration in Healthcare Systems*  
Alyssa Ford, PhD; Eydie Moses-Kolko, MD; Ellen Whyte, MD

12:15-1:00 pm  
**Lunch and Poster Session** (No CME credit awarded)  
- Kathryn Barbash, PsyD, Pediatric Cleft-Craniofacial Center and Plastic Surgery, Pediatric  
- Jodie Bryk, MD, Enhanced Care Program, Adult  
- Gretchen Crum, LCSW, Primary Care, Pediatrics  
- Andrea DiMartini, MD, Hepatology, Adult  
- Robert Ferguson, PhD, Oncology, Adult  
- Deborah Gillman, PhD, Pulmonology, Adult
• Priya Gopalan, MD and Ryan Peterson, MD, Psychiatry, Adult
• Susan Jarquin, PhD, Pain Medicine, Adult
• David J. Kolko, PhD, Primary Care, Pediatrics
• Eydie Moses Kolko, MD, Ob-Gyn, Adult
• Lauren Quigley, MS, LPC, Neonatal Developmental Specialist, Pediatric
• Jennifer Steel, PhD, Surgery, Oncology, Adult
• Robin Valpey, MD and Ellen Ormond, PhD, Oncology, Adult
• Ellen Whyte, MD Primary Care, Adult

1:00-2:00 pm  
**Keynote Speaker**

*Collaborative Care Models 2020 and Beyond*
Douglas Tynan PhD, ABPP

2:00-3:00 pm  
**Innovative Approaches that Fund Integrated Care**
James Schuster, MD, MBA

3:00-3:15  
**Break**

3:15-4:15 pm  
**Management of Substance Abuse Disorders in Medical Settings**
Jane Liebschutz, MD; Mike Lynch, MD; Ajay Wasan, MD

4:15-4:45 pm  
**Wrap Up**
Eva Szigethy, MD, PhD
Susan Jarquin, PhD

4:45 pm  
**Adjournment**
ACKNOWLEDGEMENTS

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Continuing Education Credit

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians
The University of Pittsburgh School of Medicine designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals
Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists
UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 7.25 continuing education credits.

Counselors
UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 7.25 continuing education hours.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 7.25 continuing education credits.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 7.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Other Healthcare Professionals
Nurses and other health care professionals are awarded 0.725 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 7.25 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.