

Title: 3rd Annual UPMC Hip Preservation Program Conference Groin Pain Syndrome known as Sports Hernia

Date: Saturday June 6, 2020 Virtual Live Session

Overview

This course is designed for physicians, physician assistants, physical therapists, physical therapy assistants, and athletic trainers to better assist with the diagnosis and management of patients presenting with groin pain syndromes.

Educational Objectives

Upon completion of the course, participants should be able to:

- Apply the evaluation and treatment principles to patients suffering from groin pain syndromes
- Recognize the need for multidisciplinary management of patients presenting with groin pain syndromes

Continuing Education Credit

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Meeting Location

Virtual Conference Platform

A link to the meeting will be sent upon registration.

Target Audience: Physicians, PA's, Physical Therapists, ATC's

Guest Speakers

Srino Bharam, MD

*Professor of Clinical Orthopedic Surgery
Mount Sinai School of Medicine
Director, Hip Arthroscopy
Lenox Hill Hospital, New York City*

Faculty:

Dharmesh Vyas, MD

*Associate Professor, Department of Orthopaedic Surgery
Medical Director and Head Team Physician, Pittsburgh Penguins*

Michael McClincy, MD

*Assistant Professor, Department of Orthopaedic Surgery
Division of Pediatric Orthopaedics, UPMC Children's Hospital of Pittsburgh*

Kentaro Onishi, DO

*Assistant Professor, Department of Physical Medicine and Rehabilitation and
Department of Orthopaedic Surgery
Director, PM&R Sports Medicine Fellowship Program*

Keelan Enseki, MS, PT

Director, Clinical Practice Innovation

Administrative Director, Physical Therapy Residency Programs

UPMC Centers for Rehab Services, Rooney Sports Complex

David Spaeder, DPT

Senior Physical Therapist

UPMC Centers for Rehab Services, Chapel Harbor

Richard Joreitz, DPT

Clinical Assistant Professor, Department of Physical Therapy

University of Pittsburgh

Physical Therapist, Pitt Athletics

Ben Kivlan, PhD, PT

Assistant Professor, Department of Physical Therapy

Duquesne University

Directors:**Craig Mauro, MD**

Clinical Associate Professor, Department of Orthopaedic Surgery

Associate Program Director, Orthopedic Sports Medicine Fellowship Program

Assistant Team Physician, Pittsburgh Steelers

Brian Zuckerbraun, MD

Professor, Department of Surgery

Chief, Division of General/Trauma and Acute Care Surgery

Daniel Lueders, MD

Assistant Professor, Department of Physical Medicine and Rehabilitation

Assistant Program Director, PM&R Sports Medicine Fellowship Program

Faculty Disclosure:

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

Craig S. Mauro, MD is a consultant for Arthrex.

Srino Bharama, MD is a consultant for Smith & Nephew Endoscopy.

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

Program schedule:

7:45 a.m. Welcome

Craig Mauro, MD

Brian Zuckerbraun, MD

Daniel Lueders, MD

8 a.m. Pathogenesis of Groin Pain Syndrome

Craig Mauro, MD

Brian Zuckerbraun, MD

8:15 a.m. Anatomy of the Lower Abdominals and Pelvis

Ben Kivlan, PhD, PT

8:35 a.m. Evaluation Principles of the Lower Abdominals and Adductors
Keelan Enseki, PT

8:55 a.m. Imaging of the Lower Abdominals and Pelvis
Daniel Lueders, MD

9:05 a.m. Diagnostic and Therapeutic Injections
Kentaro Onishi, DO

9:15 a.m. Q&A (*Moderator: Brian Zuckerbraun, MD*)

9:30 a.m. Surgical Intervention: Core
Brian Zuckerbraun, MD

9:55 a.m. Surgical Intervention: Adductors
Srino Bharam, MD

10:20 a.m. Q&A (*Moderator: Craig Mauro, MD*)

10:35 a.m. The Relationship between Core Muscle Injuries and FAI
Michael McClincy, MD

10:50 a.m. Surgical Management of Combined Core Muscle Injuries and FAI
Craig Mauro, MD

11:05 a.m. Return to Sport Principles
Dharmesh Vyas, MD

11:20 a.m. Q&A (*Moderator: Michael McClincy, MD*)

11:35 a.m. Non-Operative and Post-Operative Rehabilitation
Richard Joreitz, PT

11:55 a.m. Rehabilitation of Combined Core Muscle Injuries and FAI
David Spaeder, PT

12:10 p.m. Q&A (*Moderator: Daniel Lueders, MD*)

12:20 p.m. Adjournment
Craig Mauro, MD
Brian Zuckerbraun, MD
Daniel Lueders, MD

Disclaimer Statement

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