

Curriculum Vitae

Michele Fortune Hebda, Pharm.D., BCPS, CDT

Clinical Pharmacist-Transitions of Care
 Director-PGY1 Pharmacy Residency Program
 UPMC Shadyside

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 Pittsburgh, PA 15236

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Certifications, Licenses, and Registry

BPS Board Certified Pharmacotherapy Specialist	December 2017
APhA Pharmacy-Based Travel Health Services Certificate	November 2014
Tobacco Treatment Specialist (CTTS), accredited by Council for Tobacco Treatment Training Programs (CTTTP)	September 2014
APhA The Pharmacist & Patient-Centered Diabetes Care Certificate	August 2014
APhA Delivering Medication Therapy Management Services Certificate	August 2014
Pharmacist License # RP447900	July 2013
Authorization to Administer Injectables #RPI007632	July 2013
Advanced Cardiovascular Life Support-ACLS Provider	August 2013-2019
American Heart Association BLS for Healthcare Providers	August 2009-2019
APhA Pharmacy-Based Immunization Certificate	February 2011
Nebraska Pharmacist Intern Registration (#7172)	September 2009-July 2013
Certified Pharmacy Technician-Pharmacy Technician Certification Board (PTCB)	July 2001-July 2010

Education

Creighton University School of Pharmacy and Health Professions Doctor of Pharmacy 2013	2009-2013
University of Nebraska at Omaha Pre-Pharmacy Curriculum	2007-2009
Butler University B.A. Dance Performance Curriculum	1997-1998

Post-Graduate Education

Duquesne University Mylan School of Pharmacy Academic & Research Fellow Site: Preferred Primary Care Physicians Fellowship Program Director: Jamie L. McConaha, PharmD, CGP, TTS, BCACP, CDE	July 2014-July 2015
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UPMC Presbyterian Shadyside (Shadyside campus) Hospital

PGY-1 Pharmacy Residency

Residency Director: Stephanie Ballard, PharmD, BCPS

July 2013-June 2014

Professional Experience**Clinical Pharmacist-Transitions of Care**

UPMC Shadyside Pharmacy Department

April 2017-Present

Responsibilities:

- ◆ Perform medication reconciliations for patients discharged to home
- ◆ Provide bedside medication and disease state education to patients being discharged to home on various floors of the hospital
- ◆ Accept referrals from clinical care managers, RNs, providers and unit-based pharmacists to provide specific education
- ◆ Coordinate care with providers to reconcile medication lists mentioned above and intervene on potentially inappropriate therapies, drug-drug interactions, duplicate therapy, needed prior authorizations and other medication-related issues prior to discharge
- ◆ Coordinate care with in-house and outpatient retail pharmacies to reconcile medication lists and ensure filling and affordability of medications
- ◆ Precept PGY-1 residents in both the Transitions of Care Preceptor role as well as the Longitudinal Teaching Preceptor role
- ◆ Precept students in this Transitions of Care role
- ◆ Residency Advisory Committee member

Clinical Discharge Pharmacist

UPMC Shadyside/ UPMC Health Plan Optimal Discharge Planning Program

UPMC Shadyside/UPMC Health Plan Discharge Center

UPMC Shadyside, Pittsburgh, PA

July 2015-March 2017

Responsibilities:

- ◆ Perform medication reconciliations for Health Plan patients discharged to home
- ◆ Provide bedside medication and disease state education to patients being discharged to home on various floors of the hospital
- ◆ Accept referrals from transition coordinators, clinical care managers, and unit-based pharmacists to provide specific education
- ◆ Coordinate care with providers to reconcile medication lists mentioned above and intervene on potentially inappropriate therapies, drug-drug interactions, duplicate therapy, needed prior authorizations and other

medication-related issues prior to discharge

- ◆ Coordinate care with in-house and outpatient retail pharmacies to reconcile medication lists and ensure filling and affordability of medications
- ◆ Precept PGY-1 residents in both the Transitions of Care Preceptor role as well as the Longitudinal Teaching Preceptor role
- ◆ Precept students in this Transitions of Care role

PGY1 Pharmacy Residency Program Director (RPD)

July 2018-Present

- ◆ Assume all responsibilities of RPD set forth by ASHP Accreditation Committee
- ◆ Conduct Residency Advisory Committee meetings
- ◆ Coordinate resident schedules, conduct quarterly reviews, coordinate recruitment events, preceptor development activities, candidate interviews, application reviews, and all other activities set forth by ASHP

Other PGY-1 Residency Involvement

July 2015-Present

- ◆ Member of the Residency Advisory Committee (RAC)
 - Member of accreditation committee
 - Assisted with Mid-year accreditation report
 - Member of preceptor development committee
 - Assisted with development of Preceptor Handbook
- ◆ Longitudinal Teaching Rotation Preceptor
 - Conduct monthly teaching meetings; provide consistent feedback on required teaching activities including CE, grand rounds, large classroom lectures, etc
- ◆ Associate Residency Director
 - Conducted annual preceptor evaluations
 - Ran select RAC meetings
 - Conducted select quarterly resident evaluations

June 2017-June 2018

Other Professional Experience

Pharmacy Intern

Walgreens Pharmacy, Omaha, NE
 Vicki Sunderman, RPh ~pharmacy manager
 Mike Adam, PharmD ~pharmacy manager

2009-2013

Unique Responsibilities:

- ◆ Administered influenza, Zostavax, Havrix, Japanese Encephalitis and other travel vaccinations at Walgreens Travel Clinic
- ◆ Provided self-care advice to patients seeking OTC recommendations
- ◆ Learned various ways to diffuse patient anger and frustration while

remaining calm, professional, and patient

Senior Certified Pharmacy Technician

Walgreens Pharmacy Omaha, NE; Chicago, IL

H-E-B Pharmacy Austin, TX

1999-2009

Mike Adam, PharmD ~pharmacy manager

Janet Klamt, RPh ~pharmacy manager

Cathy Tseng, RPh ~pharmacy manager

Anita Jenkins, RPh ~pharmacy manager

Dispensing and Pharmaceutical Care Lab technician

Creighton University

Jan-May 2010

Sam Augustine, Pharm. D., FAPhA ~professor

Kim Begley, Pharm. D. ~assistant professor

❖ Responsibilities:

- ◆ Prepared each lab for following week's classes at proper station
 - Measured appropriate ingredients for compounding portion of lab including making certain vehicles such as simple syrup for student use
 - Typed up mock prescriptions, printed out corresponding labels, and filled bottles with drugs for community portion of class
- ◆ Took on the role of the patient for the counseling section of the lab

South Hills Dance Academy Operations Manager and Instructor

South Hills Dance Academy Pittsburgh, PA

2017-Present

Heather Stark~owner/director

❖ Responsibilities:

- ◆ Teach various dance & movement classes including ballet, pointe, jazz, modern, Pilates, & yoga to range of students, children to adults
- ◆ Work with students on different challenges faced in regards to both the technique and performance aspect & encourage professional development
- ◆ Teach Zumba® dance fitness to adult students under Basic 1 Zumba® instructor license obtained June 2015
- ◆ *As operations manager: assist with planning and coordinating academy showcase and other community events

Shade Sisters Dance Faculty

Shade Sisters Dance Studio Pittsburgh, PA

2013-2017

Eileen Peterson~owner/director

❖ Responsibilities: as above

Motion41Dance Faculty

Motion41Dance Omaha, NE

2009-2013

Matthew Carter ~owner/director

❖ Responsibilities: as above

Professional Ballet Dancer

Ballet Nebraska	Omaha, NE	
Motion41 Ensemble		
Omaha Theater Ballet Company		1998-2009
Ballet Austin	Austin, TX	
Erika Overturff~artistic director		
Matthew Carter~artistic director		
Robin Welch~artistic director		
Steven Mills~artistic director		

❖ Responsibilities:

- ◆ Performed a variety of roles in ballet performances throughout the year at numerous venues in each respective city including lead roles such as Clara in the "Nutcracker" and Juliet in "Romeo and Juliet"
- ◆ Performed in Outreach Programs to benefit the community such as "Dancing with the Stars" to benefit Y.E.S of Omaha (Youth Emergency Services and benefit for the Phoenix House of Council Bluffs (a safe house for victims of domestic violence)
- ◆ Attended company class and rehearsal daily to improve technique & artistry
- ◆ Completed Student Outreach Programs at elementary schools throughout Omaha area to teach students about artistry, movement, & means of telling a story through movement instead of word

Research & Grand Rounds Presentations

"Pieces of the Puzzle: The Role of Oral Hypoglycemics in the Management of Type 2 Diabetes"	July 2016
<ul style="list-style-type: none"> ◆ A CE presentation to clinical and staff pharmacists for 0.5 hours of continuing education 	
"All in with PCV13"	October 2015
<ul style="list-style-type: none"> ◆ A CE presentation to pharmacists at the annual Pennsylvania Pharmacists Association for 1.0 hours of continuing education 	
"Prevnar 13®: More Fight than First Thought?"	February 2015
<ul style="list-style-type: none"> ◆ A presentation to pharmacists for 1.0 hours of continuing education 	

“Pharmacist-Run Annual Wellness Visits: Non-Medication Ordering Activities”	
<ul style="list-style-type: none"> ◆ Presentation to pharmacists, physicians, residents & students at UPMC Residency Research Day ◆ Presentation to UPMC Family Medicine faculty, attendings, & residents at Annual UPMC Family Health Center Residency Day 	<p style="text-align: right;">June 2014</p> <p style="text-align: right;">May 2014</p>
“Management of Chronic Kidney Disease (CKD) in Diabetes”	April 2014
<ul style="list-style-type: none"> ◆ Presentation to UPMC Shadyside and UPMC Presbyterian pharmacists for 1 hour continuing education 	
“Management of Tumor Lysis Syndrome”	January 2014
<ul style="list-style-type: none"> ◆ Presentation to UPMC Shadyside pharmacists for 0.5 hour continuing education 	
“Treatment Options for Oxacillin-Sensitive Coagulase Negative Staphylococci Infections: Is Oxacillin Enough?”	November 2013
<ul style="list-style-type: none"> ◆ Grand Rounds presentation to pharmacists, residents, and pharmacy students including 1 hour continuing education credit 	
“The Impact of the Withdrawal of Propoxyphene from the U.S. Market”	April 2012
<ul style="list-style-type: none"> ◆ Poster presentation for the St. Albert’s Day student poster presentation at Creighton University. Specifically, this was a database research project under the guidance of a Creighton University research faculty mentor. 	Creighton University

Select Presentations

“Pharmacy Department Interventions in the PICU”	February 2014
<ul style="list-style-type: none"> ◆ Presentation to PICU attendings, fellows, residents, & nurse practitioners 	
“NPO Patient MEDs—What do I give?”	September 2013
<ul style="list-style-type: none"> ◆ In-service presented to nurses on the cardiac units to determine what medications to give or hold prior to cardiac cath and other procedures 	Unit-Based Acute Care Rotation
“2013 Update to Clostridium difficile Guidelines”	April 2013
<ul style="list-style-type: none"> ◆ Presentation to infectious disease team including attending physician, fellow, and residents 	Infectious Disease Rotation
“Colistin for Resistant Pseudomonas”	March 2013
<ul style="list-style-type: none"> ◆ In-service for nursing regarding the re-emergence of colistin as potential drug therapy 	Inpatient Acute Care Rotation
“Non-Small Cell Lung Cancer: The Early Stages”	March 2013
<ul style="list-style-type: none"> ◆ Presentation to clinical pharmacists, faculty, and pharmacy students 	Acute Care Rotation
“Azithromycin Therapy in Infants with Acute Bronchiolitis”	November 2012
<ul style="list-style-type: none"> ◆ Journal club presented to pharmacists and residents 	Pediatrics rotation

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- “Anticonvulsants for Migraine Prophylaxis in Pediatrics”
 ♦ Presentation to pharmacists, residents, and pharmacy technicians November 2012
 Pediatrics rotation
- “Determining the Strength of a Study”
 ♦ Presentation to pharmacy technicians and pharmacists at Pharmaceutical Technologies, Inc. October 2012
 Drug Information rotation
- “In with the new, out with the old: a review of dabigatran, rivaroxaban, & apixaban”
 ♦ Therapeutics debate presented to pharmacists and pharmacy P4 students July 2012
 Ambulatory Care rotation
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Grants

- 2015 “Pharmacists...Advancing Patient Care Grant” December 2014
- ♦ Presented by the Pennsylvania Pharmacists Educational foundation
 - ♦ Project Title: Evaluation of the impact of pharmacist-run “Courage to Quit” group tobacco cessation classes on abstinence rates in patients prescribed varenicline or bupropion in a Patient-Centered Medical Home (PCMH) practice
- Request for Proposal Smoking Cessation Grant
- ♦ Presented by Pfizer Independent Grants for Learning & Change (IGLC) and the Smoking Cessation Leadership Center (SCLC)
 - ♦ Letter of Intent Acceptance December 2014
 - ♦ Full proposal March 2015
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Publications

Wolf LE, McConaha JL, Raymond AM, Kanyongo G, **Hebda MF**. Evaluation of the impact of pharmacist-led tobacco cessation classes on abstinence rates in patients of a Patient-Centered Medical Home (PCMH) practice. *Pennsylvania Pharmacist*. March/April 2017

McConaha JL, Tedesco GW, Civitarese L, **Hebda MF**. A pharmacist’s contribution within a patient-centered medical home. *J Am Pharm Assoc*. 2015; 55:e311-e315. DOI: 10.1331/JAPhA.2015.14119. Available online at: <http://japha.org/article.aspx?articleid=2281012&resultClick=3>.

Academic & Research Fellowship

- Practice Site: Preferred Primary Care Physicians (PPCP) Pittsburgh, PA July 2014-June 2015
 Fellowship Director: Jamie L. McConaha, PharmD, CGP, TTS, BCACP, CDE
- ♦ Precepted experiential students on rotation at PPCP
 - Provided medication therapy management training through mock practices

- and one-on-one patient visits led by myself at first and eventually by the student
 - Let topic discussions regarding ambulatory care subjects such as asthma, diabetes, hyperlipidemia, hypertension, community-acquired pneumonia, and congestive heart failure
- ◆ Developed and presented 5 lectures within the pharmacy curriculum
 - Specific courses include Pharmacy Practice IV: Drug Literature Evaluation & Branding of Community Practices Seminars
- ◆ Facilitated and proctored ability-based learning labs III-VI
 - Provided feedback to students
 - Acted as practice patients
 - Graded assignments and practicums
- ◆ Facilitated and proctored problem based learning labs
 - Challenged students with various questions regarding patient cases to provoke thinking and comprehensive review of the whole patient
 - Provided feedback to students in regards to presentations: content vs. style
 - Graded care plans
- ◆ Facilitated "Community Group" sessions for experiential students on their community Rotation
- ◆ Research project to be completed by the end of the fellowship:
 - For publication: "The Impact of the Addition of New Medication Education by Pharmacists on Patient Understanding and Adherence within a Patient-Centered Medical Home (PCMH)

PGY-1 Residency Learning Experiences

Family Health Center (FHC) Inpatient

September 2013

Preceptor: Nicolas Owens, PharmD, BCPS

- ◆ Provided pertinent timely patient-centered recommendations to rounding team
- ◆ Provided comprehensive medication education on new medications as well as high risk medications
- ◆ Performed pharmacokinetics monitoring & provided recommendations
- ◆ Created updated diabetes guidelines reference for FHC
- ◆ Taught residents, students, & attendings anticoagulation monitoring and dosage adjustments with use of handouts

Unit-Based Pharmacy Acute Care

October 2013

Preceptor: Megan Shied, PharmD, BCPS

- ◆ Designed patient-centered drug therapy regimens and provided appropriate recommendations to providers
- ◆ Provided pharmacokinetics and anticoagulation monitoring recommendations
- ◆ Presented in-service on meds to give when patient is NPO to nursing staff
- ◆ Acted as primary facilitator for topic discussion on CMS pneumonia guidelines for P4 pharmacy students

Oncology

November 2013

Preceptor: James Natale, PharmD, BCOP

- ◆ Rounded with 4 different Oncology interdisciplinary teams to provide pertinent recommendations related to patient care including those based on:
 - drug-drug interactions
 - drug-disease interactions
 - adverse or potential adverse reactions
 - cost to patient
- ◆ Helped lead topic discussions to pharmacy students on various oncology disease states, medications, and specific regimens

Pharmacy Management

November 2013-
March 2014

Preceptors: Alexis Burke, MS, PharmD & Brian Tuttle, PharmD, MBA

- ◆ Completed Drug Use Evaluation: IV Sodium Phosphate & IV Potassium Phosphate
- ◆ Created workflow procedure documents for discharge medication program, Meds To Beds
- ◆ Developed Nursing Education Medication Cards for nursing training program
- ◆ Created new pharmacist training checklist for new-hire pharmacists
- ◆ Performed review and analysis of "Policy/Protocol" order entry utilized by pharmacists
- ◆ Presented formulary updates to local P&T committee

Family Health Center Outpatient

January-June 2014

Concentrated: 4 weeks; Longitudinal: 6 months

- ◆ Developed and carried out pharmacist-run Annual Wellness Visit (AWV) pilot
 - Created protocol and work flow for visit
 - Secured approval from nursing, billing, management & faculty physicians
 - Provided physician opt-out
 - Developed script, began phone recruitment, & began visits January 2014
 - Obtained Quality Improvement Board Approval
 - Collected data for review & presentation to management
 - Received approval for ongoing pharmacist-run AWVs
- ◆ Presented and led immunizations discussion in Longitudinal Outpatient Practice Improvement Rotation (LOPIR) Diabetes work group
- ◆ Precepted pharmacy P4 students including leading topic discussions, case presentations, & MTM sessions

Inpatient Pediatrics both ICU & general medicine focus

February 2014

- ◆ Revised blood derivatives policy for formulary update
- ◆ Provided pertinent and timely recommendations to rounding teams regarding medication dosing, interactions, and pharmacokinetics
- ◆ Reviewed and analyzed pharmacists interventions for 6-month time frame and presented to pharmacist management staff along with staff of the PICU

Infectious Disease

March 2014

- ◆ Completed drug utilization review for daptomycin
- ◆ Reviewed hospital fluoroquinolone use daily, especially ciprofloxacin use, and intervened when appropriate
- ◆ Reviewed restricted antibiotic use for appropriate ID code daily and intervened

when appropriate

- ◆ Led antibiotic topic discussions for P4 pharmacy students

Critical Care

April 2014

- ◆ Rounded with critical care team daily and provided pertinent and timely recommendations regarding medication use, pharmacokinetics, dosing, etc.
- ◆ Led topic discussions regarding anticoagulation, hypoglycemia, pressors, and code responses in the ICUs

Advanced Pharmacy Practice Experiences

Ambulatory Care Preceptor: Robyn Reply, PharmD, MBA Site: Creighton Family Healthcare: Old Market Clinic; Omaha, NE	06/04/2012-07/06/2012
Inpatient Hospital Pharmacy Preceptor: Kimberly Malone, PharmD, BCPS Site: UPMC Presbyterian; Pittsburgh, PA	07/09/2012-08/10/2012
Independent Pharmacy Preceptor: Tom Riley, RPh Site: Lebanon Shops Pharmacy; Mt. Lebanon, PA	08/13/2012-09/14/2012
Drug Information Preceptor: Shellie Sheening, MBA, PharmD, Raphe Site: Pharmaceutical Technologies, Inc.; Omaha, NE	09/17/2012-10/19/2012
Inpatient Pediatrics Preceptor: Robin Sec, PharmD Site: Children's Hospital and Medical Center; Omaha, NE	10/22/2012-11/21/2012
Pediatric Oncology Preceptor: Christy Brush, PharmD Site: Children's Hospital and Medical Center; Omaha, NE	01/07/2013-02/08/2013
Inpatient Acute Care Preceptor: Estella Davis, PharmD, BCPS Site: Alegent Bergan Mercy Medical Center; Omaha, NE	02/11/2013-03/15/2013
Infectious Disease Preceptor: Pam Formal, PharmD, BCPS Site: Veterans Administration Hospital Omaha; Omaha, NE	03/18/2013-04/19/2013

Associations and Honors

The Rho Chi Pharmaceutical Honor Society

2011-Present

The Alpha Alpha Chapter

Chapter Secretary	2011-2012
Initiate	2011
Rho Chi Recognition of high scholastic achievement	2009-2010
<ul style="list-style-type: none"> ◆ Provided and maintained all communication between officers, faculty, and chapter ◆ Informed chapter of upcoming events, meetings, and fundraisers ◆ Organized and held the 2012-2013 elections ◆ Provided tutoring in Medicinal Chemistry and Pharmacology to P2 students ◆ Organized a Lecture Series for both a Summer and Spring Series ◆ Held clothing and medication drives for Sonshine Ministry ◆ Held fundraiser & wrapped gifts for "Adopt-a-Family" during the holiday season ◆ Organized a Mock Interview for Residencies for P4 students 	
Kappa Psi Pharmaceutical Fraternity <i>Beta Nu chapter</i>	2009-Present
American Pharmacist Association-Academy of Student Pharmacists	2009-Present
American Society of Health-Systems Pharmacists- Student Societies of Health-Systems Pharmacists	2011-Present
Nebraska Pharmacists Association	2009-Present
Creighton University School of Pharmacy and Health Professions Dean's Honor Roll	2009-Present
University of Nebraska at Omaha, College of Arts and Sciences Dean's Honor List	2007-2009

Scholarships

<u>2012 recipient of the Jane A. Ghiglieri Scholarship</u>	April 2012
Presented by Mr. Bernard J. Ghiglieri, III on behalf of the Jane A. Ghiglieri scholarship selection committee upon submission of a dossier to the committee including a cover letter, 3 letters of recommendation, a curriculum vitae, official University transcripts, and a personal interview with the committee.	
After review of dossier, the selection of one P3 student is based on service to others, intellectual capabilities, leadership activities, and overall representation and meaningful contribution to Jane Ghiglieri's outstanding legacy at Creighton University.	
School of Pharmacy & Health Professions Summer Research Scholarship	June 2011
Sidney J. Stohs, PhD Endowed Scholarship in Pharmacy and Health Professions	March 2011
The Rex Higley Memorial Scholarship	April 2010

Walgreens Progressive Pharmacy Program Award	2009, 2010, 2011
Walgreens Pre-pharmacy Program Award	2009
Lou-Ann Weber Scholarship Award	2008

Community Service

Jubilee Soup Kitchen Christmas Duquesne University Residency Gift Drive -collector of donations, shopper, wrapper	2014
Toys for Tots Annual Abby Ralston Toy Drive -collector of donations, shopper, wrapper	2013-2014
Seven Oaks at Notre Dame Fall Risk Program <i>The Rho Chi Pharmaceutical Fraternity</i> -medication reviewer and counselor of residents	2012
"Adopt-a-Family"- <i>The Rho Chi Pharmaceutical Fraternity</i> --collector of donations, shopper, wrapper	2011
Sonshine Ministry- <i>The Rho Chi Pharmaceutical Fraternity</i> --organizer of clothing and medication collection	2011
Skin Cancer Booth at Educare of North Omaha- <i>Creighton School of Pharmacy & Health Professions oncology students</i> --educator	2011
"Pinky" Presentation- <i>Kappa Psi Pharmaceutical Fraternity</i> --presenter: to teach 2 nd graders about the dangers of poisons	2009-2010
Y.E.S. (Youth Emergency Services of Omaha)- <i>Ballet Nebraska</i> --performer in "Dancing with the Stars of Omaha" benefit	2009
Phoenix House of Council Bluffs- <i>Motion41dance ensemble</i> --performer in benefit for the organization which provides shelter and services to women of domestic abuse and sexual assault	2010
Ronald McDonald House- <i>Kappa Psi Pharmaceutical Fraternity</i> --food preparer and server	2011
One World Health Binational Health Fair- <i>Creighton University School of Pharmacy and Health Professions</i> --administrator of cholesterol and blood pressure screenings	2010
Hindu Temple of Omaha Health Fair- <i>Creighton University School of Pharmacy and Health Professions</i> --administrator of cholesterol and blood pressure screenings	2010

*****References available upon request*****