# Clinical Connections: Critical Illness and the Interprofessional Management of Post-Intensive Care Syndrome

# October 12, 2021 4-5:30pm Virtual Conference

Sponsored by: UPMC Centers for Rehab Services UPMC Center for Continuing Education in the Health Sciences University of Pittsburgh School of Medicine Department of Physical Medicine & Rehabilitation

### **Overview**

This 90-minute session aims to educate rehabilitation professionals on the sequalae of critical illness and the interprofessional management of post-intensive care syndrome (PICS). PICS is a syndrome consisting of new or worsening function in any or all of 3 domains: physical, cognitive, and mental health. With increasing numbers of survivors of critical illness, it is imperative that healthcare provides are able to understand and recognize the problems associated with PICS, utilize standardized outcome measures to describe impairments, activity limitations and participation restrictions and work together in an interprofessional team to improve overall quality of life.

## **Learning Objectives**

Having attended this activity, attendees will be able to:

- 1. Describe 4 adverse outcomes that survivors of critical illness are at risk for following hospitalization.
- 2. Define and describe post-intensive care syndrome.
- 3. Describe the 6 elements of the ICU Liberation Bundle
- 4. List 6 outcome measures used to identify and track change for the physical, cognitive, and mental health problems associated with PICS.
- 5. Apply an interprofessional model of care to a survivor of critical illness to identify physical, cognitive, and mental health problems through a case study.

## **Target Audience**

Nurses, physical therapists, occupational therapists, speech/language pathologists, case managers, social workers, physiatrists/ physicians, fellows, and residents involved with the acute care and rehabilitation are encouraged to attend.

## Presenters

Associate Professor, Department of Critical Care Medicine
University of Pittsburgh School of Medicine
Founder and Director, Critical Illness Recovery Center at UPMC Mercy
Speech Language Pathologist, UPMC Centers for Rehab Services
Senior Occupational Therapist, UPMC Centers for Rehab Services
Critical Illness Recovery Center at UPMC Mercy
Director, Strategic Initiatives and Professional Development, UPMC Centers for Rehab Services

## **Course Director**

Briana Kelly, MOT, OT/L Senior Manager, Rehab Organizations UPMC Rehabilitation Institute

#### **Program Schedule**

4pm 4:15pm 4:20pm	Sign in Welcome and Introduction Presentation and Q&A	Briana Kelly Brad Butcher, Alyson Mass, Maria Shoemaker, and Hallie
		Zeleznik
5:30pm	Adjourn	

#### **CME Accreditation and Designation Statement**

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **Physician (CME)**

The University of Pittsburgh designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credits<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 1.25 contact hours.

#### **Social Work**

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive **1.25 continuing education credits**.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

This course is being offered for 1.5 ASHA CEUs (Intermediate Level; Professional Area).



**University of Pittsburgh** 

Intermediate Level; Professional Area 1.5 ASHA CEUs

The University of Pittsburgh Department of Occupational Therapy is a pre-approved provide of continuing education in Pennsylvania. This course is approved for *1.5 Contact Hours*.

The University of Pittsburgh Department of Physical Therapy is a pre-approve provider of Continuing Education in Pennsylvania. This course is approved for *1.5 units of General Access CEUs*.

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### Faculty Disclosure:

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

• Hallie Zeleznik PT, DPT – Receives royalties from MedBridge, Inc. for educational content.

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.