

Annual Update in  
Medical Hepatology



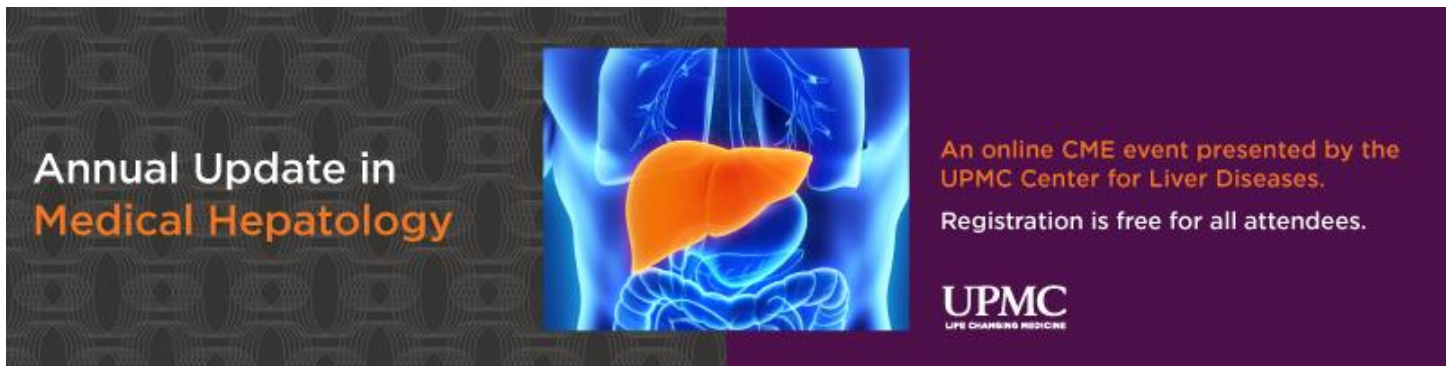
An online CME event presented by the  
UPMC Center for Liver Diseases.

Registration is free for all attendees.

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# COURSE HANDOUT

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## INTRODUCTION

The primary purpose of this inaugural **2021 Annual Update in Medical Hepatology** is to *bring physicians and investigators together to advance our understanding of the origin and progression of liver diseases and to provide optimal treatments to patients as soon as possible*. This meeting is led by academic physicians who are committed to broad collaboration to support patients who desperately need answers.

We are delighted to welcome **Jawad Ahmad, MD** from the Mount Sinai Medical Center in New York as our 2021 guest speaker. Dr. Ahmad will discuss advancements in Drug-Induced Liver Injury (DILI) diagnosis and treatment modalities.

This 2021 Annual Update in Medical Hepatology conference is indebted to its industry partners. During this difficult year, these companies pulled together to support our second annual conference, despite its virtual presentation. **Please Visit the Exhibitor Links** (accessible through the chat box) during the program and correspond with these sales representatives.

Thank you for attending.

In good health,

**Ramon Bataller, MD, PhD**

Professor of Medicine

Director of Hepatology

**Course Director, 2021 Annual Update in Medical Hepatology**

UPMC Center for Liver Diseases

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## SCHEDULE

Attendees may submit questions at any time during the conference via the **Zoom meeting chat feature**.

Most questions will be discussed during the scheduled Q&A time periods.

Additional discussion after Q&A sessions as well as for about 30 minutes at the end of the program will be provided in the **“Extended Q&A” breakout room**.

8:30 am	<b>REGISTRATION and VISIT VIRTUAL EXHIBITS</b> (links in chat bin)	
9:00 am	<b>WELCOME</b>	Ramon Bataller, MD, PhD
	<b>Session #1: Hot Topics in Hepatology</b>	
9:05 am	Is it Possible to Eliminate Hepatitis C?	Moderator: Shari Rogal, MD, MPH
9:20 am	What is New in Autoimmune Diseases?	Naudia Jonassaint, MD, MHS
9:35 am	Discussion and Q&A	Shahid Malik, MD
	<b>Session #2: Liver Cancer and Transplantation</b>	
9:45 am	New Perspectives in Liver Cancer	Moderator: Kapil Chopra, MD
10:00 am	The UPMC Living Donor Champions Program	David Geller, MD
10:15 am	Discussion and Q&A	Swaytha Ganesh, MD and Amy Dwyer, MSN, RN
10:25 am	<b>BREAK and VISIT VIRTUAL EXHIBITS</b> (links in chat bin)	
	<b>Session #3: Debate in Liver Disease</b>	
10:35 am	Can Patients with NAFLD Drink Alcohol Safely?	Moderator: Obaid S. Shaikh, MD
10:55 am	Discussion and Q&A	Jaideep Behari, MD, PhD and Ramon Bataller, MD, PhD
	<b>Session #4: Multidisciplinary Management of Patients with Decompensated Cirrhosis</b>	
11:05 am	The Role of the Hepatologist	Moderator: Ramon Bataller, MD, PhD
11:20 am	The Role of the APP	Andres Duarte-Rojo, MD, PhD
11:30 am	The Role of the Physical Therapist	Margaret Andrzejewski, PA-C
11:40 am	Discussion and Q&A	Pamela Bloomer, LPT
11:50 am	<b>BREAK and VISIT VIRTUAL EXHIBITS</b> (links in chat bin)	

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## SCHEDULE continued

12:00 pm	<b>Session #5: Keynote Lecture</b> Drug-induced Liver Injury	<i>Moderator: Shahid Malik, MD</i>
12:25 pm	Discussion with Dr. Ahmad	<i>Jawad Ahmad, MD</i>
12:35 pm	<b>Session #6: Clinical Cases</b>  <i>Case 1</i> <i>Case 2</i> <i>Case 3</i>	<i>Moderators: Dempsey Hughes, MD and Shahid Malik, MD</i> <i>Ricardo Cabello, MD</i> <i>Amir Gougol, MD</i> <i>Nathalie Pena Polanco, MD</i>
1:00 pm	<b>ADJOURN</b>	<i>Ramon Bataller, MD, PhD</i>
1:00-1:30 pm	Access to <b>Exhibitors</b> (links in chat bin) and “ <b>Extended Q&amp;A</b> ” for Additional Discussion	

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# COURSE FACULTY

*With the Division of Gastroenterology, Hepatology and Nutrition at the University of Pittsburgh / UPMC, unless noted otherwise.*

### Course Director:

**Ramon Bataller, MD, PhD**

Professor of Medicine

Chief of Hepatology and Director, Center for Liver Diseases (CLD)

### Guest Course Faculty:

**Jawad Ahmad, MD**

Professor of Medicine

Icahn School of Medicine at Mount Sinai | New York, NY

### Internal Course Faculty:

*All internal course faculty serve with the UPMC Center for Liver Diseases (CLD)  
and the University of Pittsburgh Division of Gastroenterology, Hepatology and Nutrition, unless noted otherwise.*

#### **Margaret Andrzejewski, PA-C**

CLD Multidisciplinary Team

#### **Jaideep Behari, MD, PhD**

Associate Professor of Medicine

Director, Fatty Liver, Obesity, & Wellness  
(FLOW) Clinic

#### **Pamela Bloomer, LPT**

CLD Multidisciplinary Team

#### **Ricardo Cabello, MD**

Gastroenterology & Hepatology Fellow,  
Year II

#### **Kapil B. Chopra, MD**

Professor of Medicine

Vice Chair of Medicine, UPMC Mercy  
Medical Director, Comprehensive Liver  
Program, UPMC Liver Pancreas Institute

#### **Andres Duarte-Rojo, MD, PhD**

Associate Professor of Medicine

Medical Director, Hepatology

#### **Amy Dwyer, MSN, RN**

LDLT Champion Ambassador

UPMC Living Donor Liver Transplant  
Program

#### **Swaytha Ganesh, MD**

Assistant Professor of Medicine

Medical Director, Living Donor Liver  
Transplant (LDLT) Program

#### **David Geller, MD**

Richard L. Simmons Professor of Surgery

Co-director, UPMC Liver Cancer Center

Biospecimen Repository & Processing

Core Co-director, Pittsburgh Liver

Research Center

Department of Surgery

#### **Amir Gougol, MD**

Gastroenterology & Hepatology Fellow,

Year III

#### **Dempsey Hughes, MD**

Clinical Assistant Professor of Medicine

#### **Naudia L. Jonassaint, MD, MHS**

Associate Professor of Medicine

Vice Chair for Diversity and Inclusion,

Department of Medicine

#### **Shahid Malik, MD**

Assistant Professor of Medicine

Program Director, Transplant Hepatology

Fellowship

Co-director, Liver Outreach Program

#### **Nathalie Pena Polanco, MD**

Advanced Transplant Hepatology Fellow

#### **Shari S. Rogal, MD, MPH**

Assistant Professor of Medicine and

Surgery

Co-director, CTSI IMPACT and

Implementation Lab Cores

Core Investigator, Center for Health Equity

Research & Promotion, VA Pittsburgh

Healthcare System

#### **Obaid S. Shaikh, MD**


Professor of Medicine

Director, Transplantation Medicine, VA

Pittsburgh Healthcare System



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## COURSE FACULTY DISCLOSURES

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

**The following relevant financial relationships were disclosed:**

- **Jaideep Behari, MD, PhD** receives grant/research support from Gilead, Endra Life Sciences, and Pfizer Inc. He also receives other institutional research contracts from Intercept, Genetech, Galectin, Celgene, and Pfizer Inc.
- **Andres Duarte-Rojo, MD, PhD** receives grant/research support from Axcella Health, Inc. He is also a consultant with Axcella Health, Inc.
- **Shari Rogal, MD, MPH** receives grant/research support from the NIH and VA.

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

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# ACCREDITATION INFORMATION

## Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Physicians

The University of Pittsburgh designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Other health care professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

## Course Objectives

- Partner with other regional academic liver practitioners to educate the regional and national medical communities about liver disease advancements.
- Identify advancements in non-alcoholic and alcoholic liver disease treatments, with attention to liver diseases such as NAFLD, cholestatic diseases, hepatocellular carcinoma, and viral hepatitis.
- Examine novel management strategies for Drug-Induced Liver Injury (DILI).
- Address barriers to liver transplantation and living donor liver transplantation, leading to enhanced patient care.
- Foster the development of multidisciplinary, fluid and interactive models to treat liver diseases.

## Target Audience

This course is designed for hepatologists, gastroenterologists, surgeons, oncologists, radiologists, basic and clinical researchers, and general physicians. Physicians and scientists interested in hepatology clinical service, clinical research, and career development are encouraged to attend. Advanced practice providers, clinical and research nurses, and related health care professionals interested in hepatology medicine are also invited to attend.

## Disclaimer Statement

The information presented at this CME program represents the views and opinions of the individual presenters and does not constitute the opinion of endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

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## How to Receive Continuing Education Credit

The UPMC Center for Continuing Education in the Health Sciences (CCEHS) has implemented a new continuing education management system > <http://cce.upmc.com>.

**To receive credit, you will be required to log in,  
complete the course evaluation,  
and claim credit between 12/8/21 and 1/7/22.**

- If you are a **new user** to this UPMC site, click “Register” to create a new account. You must use the same email address that you used to register for this activity, since accreditation is tracked by email. **If you have an account already**, please log in and proceed to the next step.
- **This course will be found in your “Pending Activities” as of December 8, 2021, when you may complete the course evaluation and claim credit.** You cannot begin to claim credits until December 8<sup>th</sup>.
- Certificates will be available for download and will be stored for future reference in your “Completed Activities” bin.

To answer common questions or for step-by-step instructions, please visit the FAQs available on the CCEHS Learning Portal > <https://cce.upmc.com/content/faq>.



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EDUCATIONAL GRANT

***Salix Pharmaceuticals, Inc.***

EXHIBIT SPONSORSHIPS

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