



March 5, 2020
8:00a – 3:30p

UPMC Children's Hospital of Pittsburgh
One Children's Hospital Drive, 4401 Penn Avenue
John G. Rangos Sr. Conference Center
Pittsburgh, PA 15224

Welcome to

The 8th Annual Adolescent and Young Adult Health Research Symposium

Adolescents and Sexuality

Sponsored by the

Division of Adolescent and Young Adult Medicine of UPMC Children's Hospital of Pittsburgh and University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences, in collaboration with the Clinical and Translational Science Institute (CTSI) of the University of Pittsburgh.

Program Overview: The focus of this symposium will be on understanding the developmental and behavioral factors related to adolescent sexuality and reproductive health.

Target Audience: Scholars and practitioners interested in positive youth development, adolescent health, community health, advocacy, translational research, health services research, clinical care, and education.

Learning Objectives: The goal of this symposium is to:

- Discuss how clinicians can develop an understanding of adolescent sexuality and the unique reproductive needs of adolescents and young adults.
- Discuss how to evaluate the evidence-base related to appropriate adolescent and young adult reproductive health care.
- Discuss how practitioners and clinicians who care for adolescents may promote positive sexuality and evidence-based sexual health education.
- Discuss how clinicians will be able to implement strategies to counsel youth about their sexuality and reproductive health needs.

Conference Schedule at a Glance

8:00a	Welcome and Introductions Elizabeth Miller, MD, PhD Director, Division of Adolescent and Young Adult Medicine UPMC Children's Hospital of Pittsburgh Professor of Pediatrics University of Pittsburgh School of Medicine	12:05—1:10p	Lunch / Poster Session
		1:15—2:15p	Workshop Session 01 Sleep among Adolescent: How to Evaluate It, Brief Interventions, and When to Refer Jessica C. Levenson, Ph.D. Assistant Professor of Psychiatry and Pediatrics Licensed Psychologist, University of Pittsburgh
8:00—9:00a	Pediatric Grand Rounds Pornography, Science and Adolescent Health Emily Rothman, ScD Professor of Community Health Sciences, Boston University School of Public Health		Reproductive Justice and the State of Sex-ed for Black Girls Locally and Nationally José Garth Violence Prevention Program Manager Planned Parenthood of Western Pennsylvania Tausha Bonner-Johnson New Voices Pittsburgh
9:00—9:10a	Introduction to 2020 8th Annual Adolescent and Young Adult Health Research Symposium Elizabeth Miller, MD, PhD Division of Adolescent and Young Adult Medicine UPMC Children's Hospital of Pittsburgh Professor of Pediatrics University of Pittsburgh School of Medicine		Discussing Sexual and Reproductive Health with Gender Diverse Patients Gina Sequeira, MD, MS Adolescent Medicine Fellow UPMC Children's Hospital of Pittsburgh Kacie Kidd, MD Adolescent Medicine Fellow UPMC Children's Hospital of Pittsburgh
9:10—9:35a	A National and Local Snapshot of Sexually Transmitted Infections Valerie Stallworth, MPH HIV/STD Program Manager Allegheny County Health Department Ashley Hill, DrPH, MPH Postdoctoral Scholar Division of Adolescent and Young Adult Medicine UPMC Children's Hospital of Pittsburgh		Labor and Sex Trafficking Overview for Healthcare Professionals Brenda Cassidy, DNP, RN, CPNP-PC Assistant Professor and Vice Chair Health Promotion and Development Director of Pediatric and Neonatal Nurse Programs University of Pittsburgh School of Nursing Gina DiPaolo, MSW Case Manager Pittsburgh Action Against Rape (PAAR) Shayla Sojourner Lead Case Manager Pittsburgh Action Against Rape (PAAR)
9:40-10:05a	"I don't think doctors think about vaginas": Providing Sexual and Reproductive Healthcare for Young Women with Pediatric-Onset Chronic Disease Traci M. Kazmerski, MD, MS Assistant Professor, UPMC Children's Hospital of Pittsburgh Division of Adolescent and Young Adult Medicine University of Pittsburgh School of Medicine		
10:10—10:35a	Universal Chlamydia Screening in Adolescent Young Women: A Quality Improvement Initiative Amy Collins, MD Adolescent Medicine Fellow Division of Adolescent and Young Adult Medicine Children's Hospital of Pittsburgh	2:15—2:30p	Break
		2:30—3:30p	Workshop Session 02 Culturally Competent Approach to Adapting a Validated Diabetes Preconception Counseling Program in Adolescents and Young Adult Females (AYA) of Ethnically Diverse Populations Denise Charron-Prochownik, PhD, RN, CPNP, FAAN Professor, Department Chair Health Promotion & Development School of Nursing, University of Pittsburgh Hiba Abujaradeh, PhD, PNP, RN Doctoral Candidate School of Nursing, University of Pittsburgh
10:40—11:05a	Sexual Violence Disparities and Prevention for Sexual and Gender Minority Populations on College Campuses Robert W.S. Coulter, PhD, MPH Assistant Professor Graduate School of Public Health University of Pittsburgh School of Medicine		Leveraging Health and Education Partnerships to Address Chronic Absenteeism Jacquelin Rankine, MD, MS UPMC Children's Hospital of Pittsburgh Division of Adolescent and Young Adult Medicine
11:10a—11:35a	Prenatal Substance Use in Young Sexual Minority Women Natacha DeGenna, PhD Assistant Professor, Department of Psychiatry University of Pittsburgh School of Medicine Judy Chang, MD, MPH Associate Professor Department of Obstetrics, Gynecology & Reproductive Sciences, and Internal Medicine University of Pittsburgh School of Medicine		Enhancing Resilience in Justice Involved Youth Felicia Savage-Friedman, BS, MEd YogaRoots On Location, LLC
		3:30p	Adjournment
11:40a—12:05p	Wellness Break Felicia Savage-Friedman, BS, MEd YogaRoots On Location, LLC		

ACCREDITATION AND DESIGNATION STATEMENTS

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of *5.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 5.5 contact hours.

Social Work

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 5.5 continuing education credits.

Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

- Traci Kazmerski, MD, MS – Grant/Research Support: Cystic Fibrosis Foundation, and PCORI. Consultant: Cystic Fibrosis Foundation

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

Registration Information

Online registration is required by February 21, 2020 for this conference.

Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration at <https://cce.upmc.com/8th-annual-adolescent-and-young-adult-health>
- Click the Registration button and enter all requested information
- After registering, an electronic confirmation will be sent to the email address you provided us when you registered.

Directions and Parking

Free parking is available in the North Garage. The North Garage is located in the rear of the campus adjacent to the Rangos Research Center and can be accessed from 44th street or 45th street. Push the 'Call' button at the parking gate. When Security answers, announce that you are attending the Adolescent Research Symposium. They will lift the gate so you may enter the garage. You will also need to do this upon exiting.

Click [here](#) for Main Campus Map

Click [here](#) for Driving Directions

Planning Committee:

Elizabeth Miller, MD, PhD

Director, Division of Adolescent and Young Adult Medicine
UPMC Children's Hospital of Pittsburgh
Professor of Pediatrics
University of Pittsburgh School of Medicine

Ashley Hill, DrPH, MPH

Postdoctoral Scholar
Division of Adolescent and Young Adult Medicine
UPMC Children's Hospital of Pittsburgh
University of Pittsburgh

Brenda Cassidy, DNP, RN, CPNP-PC

Assistant Professor and Vice Chair Health Promotion and Development
Director of Pediatric and Neonatal Nurse Programs
University of Pittsburgh School of Nursing

Deana Ekas, MSW

Licensed Clinical Social Worker
Division of Adolescent and Young Adult Medicine
UPMC Children's Hospital of Pittsburgh

Janice Korn, Administrative Supervisor

Division of Adolescent and Young Adult Medicine
UPMC Children's Hospital of Pittsburgh