

**2019: Survivorship after Cancer of the Head and Neck:
A Multidisciplinary Symposium**

Dates: August 5-6, 2019



*Sponsored by
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences, and Department of Otolaryngology*

**Location: UPMC Herberman Conference Center
5150 Centre Avenue – 2nd Floor
Pittsburgh, PA 15232**

**COURSE DIRECTORS
Jonas Johnson, MD; Marci Nilsen, PhD, MSN, RN**

Intent and Overview

The purpose of this symposium is to provide fundamental information necessary for a comprehensive approach to survivorship care of head and neck cancer patients. This symposium is intended to improve healthcare providers' ability to provide high-quality survivorship care to the growing population of head and neck cancer survivors.

Objectives

At the completion of the course, the participant should be able to:

1. Recognize the components of high-quality head and neck cancer survivorship care.
2. Identify prevailing late and long-term effects head and neck cancer survivors' experience.
3. Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
4. Recognize new systemic therapies for head and neck cancer and potential side effects.

Who Should Attend

Professional providers, cancer survivors, primary care physicians, nurses, residents, audiologists, speech-language pathologists, physical therapists, dentists and other interested healthcare professionals.

CME Accreditation and Designation Statement:

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 9.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.9 continuing education units (CEU's) which are equal to 9.5 contact hours.

ASHA CEUs

This event is offered for:

Day 1 0.7 CEUs (Intermediate Level, Professional Area)

Day 2 0.3 CEU (Intermediate Level, Professional Area)

Attendees participating in both days will earn 1.0 CEUs



The University of Pittsburgh is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Following Day 1 of this event participants will be able to:

- 1.) Define the components of high-quality head and neck cancer survivorship care.
- 2.) Discuss the prevalence of dysphagia after treatment for head and neck cancer survivors.
- 3.) Explain innovative treatments for head and neck cancer survivors with dysphagia.
- 4.) Recognize new systemic therapies for head and neck cancer and potential side effects.

Following Day 2 of this event participants will be able to:

- 1.) Identify prevailing late and long-term effects in head and neck cancer survivors' experience.
- 2.) Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
- 3.) Explain how osteoradionecrosis is diagnosed and the role of the speech-language pathologist.

SCHEDULE

Day 1 of 2: Monday, August 5, 2019

Location: UPMC Herberman Conference Center

- 7:00 – 8:00 am **Registration and Breakfast**
- 8:00 – 8:05 am **Welcome**
Jonas Johnson, MD
- Moderator:** Jonas Johnson, MD
- 8:05 – 8:45 am **Cancer Survivorship: A Growing Challenge for Cancer Care**
Julia Rowland, PhD
- 8:45 – 9:15 am **Burden of Treatment**
Marci Nilsen, PhD, MSN, RN
- 9:15 – 9:45 am **Patient Experience: Journey from Diagnosis to Survivorship**
Moderator: Marci Nilsen, PhD, MSN, RN
- 9:45 – 10:15 am **Functional Reconstruction in Head and Neck Cancer**
Mario Solari, MD
- 10:15 – 10:45 am **Body Image After Head and Neck Cancer**
Evan Graboyes, MD
- 10:45 – 11:00 am ***BREAK***
- 11:00 – 11:30 am **Expanding the Horizons of Minimally Invasive Surgery**
Uma Duvvuri, MD, PhD
- 11:30 – 12:00 pm **Panel Discussion: Enhancing Function and Cosmesis : Practical Considerations**
Moderator: Shaum Sridharan, MD
Panelists: Uma Duvvuri, MD, PhD; Evan Graboyes, MD; Karen Sculli, MBA, MSN, RN; Mario Solari, MD;
- 12:00 – 1:00 pm ***LUNCH***
- Moderator:** Marci Nilsen, PhD, MSN, RN
- 1:00 – 1:30 pm **Advances in Systemic Therapies: Implications for Survivorship**
Dan Zandberg, MD
- 1:30 – 2:00 pm **Advances in Radiotherapies: Therapeutic Outcomes in Head and Neck Cancer**

Heath Skinner, MD, PhD

2:00 – 2:30 pm **Proffered Paper Session (No CME credit awarded)**
Selected Oral Presentation

2:30 – 3:00 pm **Poster Session**

Moderator: Tamara Wasserman-Wincko, MD, CCC-SLP

3:00 – 3:45 pm **Dysphagia After Head and Neck Cancer: Can we Cure the Cured**
Timothy McCulloch, MD

3:45– 4:15 pm **Current Practice in Lymphoedema Treatment After Head and Neck Cancer**
Karen Losego, PT, DPT, CLT-LANA

4:15– 5:00 pm **Panel Discussion: Comprehensive Rehabilitative Strategies**
Moderator: Susan George, PT, DPT, MS, OCS, WCS
Panelists: Karen Losego, PT, DPT, CLT-LANA; Timothy McCulloch, MD; Tamara Wasserman-Wincko, MD, CCC-SLP

5:00 pm Adjournment Day 1 of 2

Day 2 of 2: Tuesday, August 6, 2019

Location: UPMC Herberman Conference Center

7:00 – 7:55 am **Registration and Breakfast**

7:55 – 8:00 am **Welcome**
Jonas Johnson, MD

Moderator: Elizabeth Pawlowicz, DMD

8:00 – 8:45 am **Optimizing Oral Care in Head and Neck Cancer Patients**
Mark Chambers, DMD, MS

8:45 – 9:15 am **Strategies for Complimentary Therapy in Cancer Care**
Lanie Francis, MD

9:15 – 9:45 am **Pharmacologic Strategies for Symptom Control**
Brian Zitelli, Pharm D

9:45 – 10:30 am **Panel Discussion: Management of the Cascade of Symptoms After Therapy**
Moderator: Heath Skinner, MD, PhD

Panelists: Mark Chambers, DMD, MS; David Clump, MD; Lanie Francis, MD; Brian Zitelli, Pharm D

10:30 – 10:45 am

BREAK

Moderator:

Marci Nilsen, PhD, MSN, RN

10:45 – 11:30 am

Self-Advocacy Navigating Cancer Care and Survivorship

Teresa Hagan Thomas, PhD, RN

11:30 -- 12:00 pm

Proffered Papers (No CME credit awarded)

Selected Oral Presentation

12:00 – 12:30 pm

Looking to the Future

Marci Nilsen, PhD, MSN, RN; Jonas Johnson, MD

12:30 pm

Adjournment Day 2 of 2

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*Relevant financial relationship: employed by
University of Pittsburgh Medical Center

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by University of Pittsburgh

Faculty Disclosure

All individuals in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

Mark Chambers, DMD, MS
David Clump, MD, PhD

Greater Houston Dental Society – CE Speakers’ Bureau
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Medtronic – Consultant
Activ Surgical -- Consultant

Uma Duvvuri, MD, PhD

Evan Graboyes, MD	National Cancer Institute – Grant/Research Support American Cancer Society – Grant/Research Support American Academy of Otolaryngology—Head and Neck Surgery Foundation – Grant/Research Support
Karen, Scuilli, MBA, MSN, RN	Shadyside Hospital Foundation – Grant/Research Support Jewish Healthcare Foundation – Grant/Research Support
Dan Zandberg, MD	I receive effort for my role as PI for trials with Merck, Bristol Myers Squibb, AstraZeneca -- Other

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

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