

heart^{OF} THE matter

VIRTUAL CONFERENCE



Wednesday, Oct. 7, 2020
8 a.m. to 3 p.m.

THIS CONFERENCE IS DESIGNED FOR HEALTH PROFESSIONALS
WHO CARE FOR CARDIOVASCULAR PATIENTS AND THEIR FAMILIES.

UPMC | HEART AND
VASCULAR INSTITUTE

UPMC | HAMOT



2020 agenda

- 8 to 8:05 a.m.** **Welcome and Introduction**
Theresa Kisiel, MSN, BS, CRNP, ANP-BC, *Executive Director, UPMC Heart and Vascular Institute at UPMC Hamot*
Lynn Durst, MSN, RN, CHC, *Clinician, UPMC Heart and Vascular Institute at UPMC Hamot*
- 8:05 to 9:10 a.m.** **Prediction and Prevention of Sudden Death in the Athlete**
N. A. Mark Estes, MD
- 9:10 to 9:45 a.m.** **What's That Beat?**
Kelly Hayes, MD, PhD
- 9:45 to 9:55 a.m.** **Break**
- 9:55 to 10:30 a.m.** **New Guidelines on Aspirin, Exercise, Alcohol, and Vitamins**
David C. Hutzel, MD
- 10:30 to 11 a.m.** **Atherosclerosis Primary Prevention**
Bonnie Zebrowski, CRNP
- 11 to 11:35 a.m.** **A Unique Approach Toward Improving Community Well-Being**
Jennifer Eberlein, BSN, RN
- 11:35 to 11:45 a.m.** **Break**
- 11:45 a.m. to 12:20 p.m.** **Acute Decompensated Heart Failure**
Christopher W. Good, DO
- 12:20 to 12:50 p.m.** **Lunch**
- 12:50 to 1:25 p.m.** **Heart Failure Rhythms Review: When to Be Alarmed by the Alarms?**
Laura Schmalzried, BSN, RN, CCRN
- 1:25 to 1:45 p.m.** **Prevention and Management of Carotid Artery Disease**
Trevor Phinney, DO
- 1:45 to 2:05 p.m.** **Transfemoral Carotid Stenting/Carotid Endarterectomy**
Richard Petrella, MD, FACC, FACP, FSCAI
- 2:05 to 2:25 p.m.** **Transcarotid Artery Revascularization (TCAR) Procedure**
Paul S. Lajos, MD, FACS, FSVS, RPVI
- 2:25 to 2:45 p.m.** **Nursing Care of the Post-Carotid Stent**
Deanna Romanski, BSN, RN, CMSRN
- 2:45 to 3 p.m.** **Questions and Answers**

This Year's Virtual Conference

Due to the COVID-19 pandemic and our anticipated requirements to maintain "social distancing," this conference will be offered virtually this year.

Our goal for the virtual event is to continue to offer our participants a safe environment to obtain an update on evidence-based cardiac care while earning continuing education and learning from highly qualified providers.

Accreditation

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Continuing Education

Physicians (CME)

The University of Pittsburgh designates this live activity for a maximum of *6.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is *6.0 contact hours*. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for *6.0 AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement

Faculty and planning committee members for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of nonprofit or government organizations and non-health-care-related companies.

Cancellation Policy

No refunds will be made. However, substitutes are welcome. Please notify the UPMC Hamot Center for Education of substitutions via email to: hinkelma@upmc.edu or by telephone at 814-877-2513, or via USPS mail to: UPMC Hamot Center for Education, 201 State St., Erie, PA 16550.

Objectives

At the completion of this seminar, you should be able to:

- ♥ Discuss the underlying cardiovascular conditions that predispose to sudden cardiac death in the athlete.
- ♥ Review the role of public access to defibrillation programs and the AED in improving outcomes in athletes with cardiac arrest.
- ♥ Discuss the indications for different types of cardiac monitoring.
- ♥ Discuss the latest American College of Cardiology guidelines for aspirin, exercise, alcohol, and vitamins.
- ♥ Identify atherosclerotic cardiovascular disease risk factors (ASCVD).
- ♥ Review the interventional guidelines for atherosclerotic cardiovascular risk factors.
- ♥ Discuss strategies designed to help people make healthier choices easier by encouraging changes to communities that lead to healthier options.
- ♥ Review pathophysiology, which leads to heart failure decompensation.
- ♥ Describe the different types/classifications of heart failure.
- ♥ Discuss treatment strategies for different types of acute decompensated heart failure.
- ♥ Identify arrhythmias potentially occurring at various stages of heart failure progression.
- ♥ Describe different etiologies of stroke.
- ♥ Describe current medical management/prevention of stroke.
- ♥ Discuss the evidence-based techniques in transfemoral carotid stenting.
- ♥ Compare and contrast the outcomes between transfemoral carotid stenting and carotid endarterectomy surgery.
- ♥ Review the indications for transcatheter aortic valve replacement (TAVR) procedure.
- ♥ Discuss the role of TAVR in carotid revascularization.
- ♥ Review the evidence-based nursing care of the post-carotid stent.

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**PRESENTED BY THE UPMC HEART AND
VASCULAR INSTITUTE AT UPMC HAMOT**

Day of Conference

Visit the registration website — <https://cce.upmc.com/upmchamotheartofthematter2020>
— for all day-of materials:

- ♥ Links to attend the conference sessions
- ♥ Electronic handouts
- ♥ Session evaluations
- ♥ Your CE certificate

See reverse side for registration information.

**To assure participation,
registration and payment are
expected by Sept. 30, 2020.**

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Registration

Registration Fee: \$20 participant

The registration fee is **\$20 for all participants** and includes access to virtual presentations, electronic presentation handouts, and continuing education credit.

Please register by Sept. 30, 2020.

Register Online

All registrations must be made through our online registration website — <https://cce.upmc.com/upmchamothearofthematter2020>.

After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. If you do not receive this email within 5–7 days of registration, please contact the UPMC Hamot Nursing Education Department at 814-877-2513.

If you are required to pay by check or your employer is to send payment, please contact the Hamot Nursing Education Department at 814-877-2513 or email HAM_NsgEduc@UPMC.edu.

Margaret Eckerd Brown Fund

Available for UPMC Hamot nurses only.

If fee to be paid by this fund, MEB form ***must*** be completed and submitted to your manager for approval.

For MEB forms, please visit the registration website — <https://cce.upmc.com/upmchamothearofthematter2020>.

Under “Register” you will be able to print and fill out the appropriate forms.

UPMC Hamot reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, registration fees will be fully refunded. Preregistrants will be informed of the cancellation via email, or phone if no email address is given.