

Session 3: Applying Motivational Interviewing Skills: Affirming, Rolling with Ambivalence, and Summarizing

Date and Time: May 21, 2021 | 12:00 PM – 1:00 PM

Location: Virtual Training (on Zoom)

Target Audience: Physicians, Nurses, Advanced Practice Providers, Social Workers, Psychologists, and Pharmacists

Program Overview:

By the conclusion of the training, attendees should be able to do the following:

- Define affirmation and demonstrate appropriate affirmations.
- Describe how to respond to ambivalence appropriately.
- Define summarization and describe how summarization can be used.
- Use the POLAR*S framework to conduct an intervention to learn more about a patient's drug and/or alcohol use and facilitate behavior change.

| Time | Topic | Presenter(s) |
|---------------------|--|--|
| 12:00 PM – 12:05 PM | Welcome, Introductions, & Program Overview | <ul style="list-style-type: none"> • Brianna McDonough, • Abby Talbert • Dan Lomauro • Lori Abbott • Whitney Menarcheck |
| 12:05 PM – 12:10 PM | Brief Review of Permission, Open-Ended Questions, and Listening Reflectively | <ul style="list-style-type: none"> • Brianna McDonough |
| 12:10 PM – 12:25 PM | Skill Focus: Affirmations | <ul style="list-style-type: none"> • Brianna McDonough • Lori Abbott • Whitney Menarcheck |
| 12:25 PM – 12:40 PM | Skill Focus: Rolling with Ambivalence | <ul style="list-style-type: none"> • Brianna McDonough • Lori Abbott • Whitney Menarcheck |
| 12:40 PM – 12:55 PM | Skill Focus: Summarization | <ul style="list-style-type: none"> • Brianna McDonough • Lori Abbott • Whitney Menarcheck |
| 12:55 PM – 1:00 PM | Questions and Wrap-Up | <ul style="list-style-type: none"> • Brianna McDonough |

Presenter Information:

- Brianna McDonough, MPH, CPH | *Senior Training Coordinator* | University of Pittsburgh School of Pharmacy Program Evaluation and Research Unit (PERU)
- Abby Talbert, MPH, CPH | *Program Manager, Innovative Health System Initiatives* | University of Pittsburgh School of Pharmacy Program Evaluation and Research Unit (PERU)
- Dan Lomauro, MPH | *Lead Technical Consultant* | University of Pittsburgh School of Pharmacy Program Evaluation and Research Unit (PERU)
- Lori Abbott, MA, LPC | *Program Implementation Specialist* | University of Pittsburgh School of Pharmacy Program Evaluation and Research Unit (PERU)
- Whitney Menarcheck, LPC, NCC | *Senior Clinical Quality Improvement Specialist* | University of Pittsburgh School of Pharmacy Program Evaluation and Research Unit (PERU)



In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh. The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 1.0 continuing education credits.

This activity is approved for the following credits:

- ACPE – 1.0 credits
- CME – 1.0 credits
- ASWB (Social Work) – 1.0 credits
- AAPA – 1.0 credits
- ANCC – 1.0 credits

Attendees from other professions earn a certificate of attendance for one credit.