

# **Mercy Day**

## **Friday, September 27, 2019**

**Sr. M Ferdinand Clark Auditorium**

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12:00 p.m. **Welcome & Program Overview:** John R. Ward D.O., Medical Staff President

**Lunch**

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### **10th Annual Frank Luparello, MD Lecture Series**

12:15: **Introductions** – John R. Ward, D.O., Medical Staff President

12:15-1:30 p.m.: **Lecture:**

***“Resiliency in Medicine”***  
***Harry W. Sell, Jr., M.D., - Chair/Department of Surgery***

1:30 p.m. **Question and Answer Session**

1:45 p.m. **Adjournment**

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

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## **Program History:**

### Origin of Mercy Day (Scientific Day) at Mercy Hospital.

In 1922, Dr. H. H. Donaldson made the suggestion at one of the Staff Meetings that one day in the year be set aside for a Clinic, and for a re-union day for our ex-interns and resident, and an occasion of general welcome for the old friends of Mercy Hospital.

The much beloved late Dr. E. A. Weiss promptly seconded the motion and the committee selected the 24<sup>th</sup> day of September, Marcy Day in honor of the Feast of Our Lady of Ransom and the patron Feast of the Sisters of Mercy.

Mercy Day is usually celebrated as near September 24<sup>th</sup> as possible, as several dates have to be given to the Speaker to choose from.

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Sisters of Mercy worldwide celebrate Mercy Day today. On this date in 1827, Catherine McAuley, founder of the Sisters of Mercy, used her inheritance to open a "house of mercy" to care for the needs of the poor, deliberately choosing a location on Baggot Street in Dublin, Ireland's high-finance district to connect the wealthy and the poor.

September 24 is the Feast of Our Lady of Mercy, known as Mercy Day, a holiday recognized to honor the founding of the House of Mercy by Catherine McAuley on Sept. 24, 1827. But Sept. 24 is also a day that recognizes the Sisters of Mercy and those who helped them establish the roots for what is here today.

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## **Target Audience:**

Physicians, non – physician healthcare worker, and general non-medical population.

## **Program Overview:**

- Harry W. Sell, Jr., M.D. – “Resiliency in Medicine” -Understand that lack of resiliency can negatively impact a physician's performance, and methods to improve personal resiliency. Understand and utilize the steps presented to avoid burnout.

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## ***✓ Faculty Disclosure:***

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