



# Health Ministry Partnership

*Supporting the community with a faith-based partnership with Monongahela Valley Hospital.*

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# Why a health ministry partnership?

- MVH's focus on diversity and inclusion which ensures that care and social determinant of health support is being addressed for all within our service area.
- Within our African American Community there was a lack of identity with MVH as "their hospital"
- Churches are a cornerstone of communication and advocacy in the African-American community.

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# Community Partnership

*Improve our culinary  
culture*

*Strengthening old and  
building new relationships*

*Seeking and/or increasing  
opportunities to serve*

*We are a living sanctuary*



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# Harvest Brunch



- MHV team met with representatives from multiple churches
- Presented information on healthy lifestyle
- Provided a healthy brunch and a cooking demonstration
- Listened to community needs and concerns

# Panel presentation at Harvest Brunch



- Panel presentation of women's health, diabetes, smoking cessation, and nutrition
- Physicians, nurse, pastor

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# Meeting with church leaders to outline Faith based Health Coach program



# CCN Navigators and Health Coaches

**“Navigators and Health Coaches”** are part of the interdisciplinary care team that support patients in transitions of care and getting and staying well.



Mon Valley Hospital has focused on developing navigation and health coach programs that are part of new innovative models of care that **utilize healthcare resources in the community; *the right resource, supporting the right care, at the right time, in the right setting***



# The role of a Health Ministry supported by a Coach Program?

- The purpose of the Health Ministry is to help the congregation care for one another ....to attain, maintain and/or regain the best possible whole person Health-wellness of body, mind and spirit.
- **Program Goal:** empower people to take personal responsibility for their health.
- **Primary objective** – engage and build partnerships with the church family and community to eat a healthier diet and live a healthier lifestyle while helping overcome barriers to meet their spiritual and healthcare goals.

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# A Health Ministry Program supported by Health Coaches

- **Uses the Pillars of Body and Soul to support a Health Ministry Program**
  - ✓ A pastor that is committed and involved
  - ✓ Church activities that promote Healthy Eating
  - ✓ A Church environment that promotes Healthy Eating
  - ✓ Peer Counseling and coaching that supports and motivates church members to eat a healthy diet

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# How to start a Health Ministry Program that incorporates the whole person

Use Monongahela Valley Hospital and the CCN to support:

- Build the Health Ministry Program
- Integrate Body and Soul into the Health Coach Curriculum – Health is recognized as physical, mental, spiritual, and social
- Support education in the community that develops trained Health Coaches to support members in the home



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# What might a Health Ministry Program do?

- Identify specific community needs
- Serve as a resource for accurate information
- Lead and tailor a community vision and inspire others
- Guide individuals or groups to accomplish a task, and maintain group cohesiveness and cooperation
- Organize meetings and activities, that accomplish a specific goal-(Advisory Group for Diversity and Belonging)
- Body and Soul program integration
  - Nutritional programs and education on healthy recipes and cooking classes
- Integrate spiritual beliefs into the program
- Support the culture to build a healthier community through a Health Ministry Program



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# What might a health ministry coach do?

- Visit a community member and their family in the home
- Provide spiritual, emotional and social support
- Identify any potential healthcare needs and contact the CCN
- Encourage healthy behaviors: healthy diet, medication compliance, keeping doctor appointments
- “Check in” with the community member and family
- Meet at the doctor’s office



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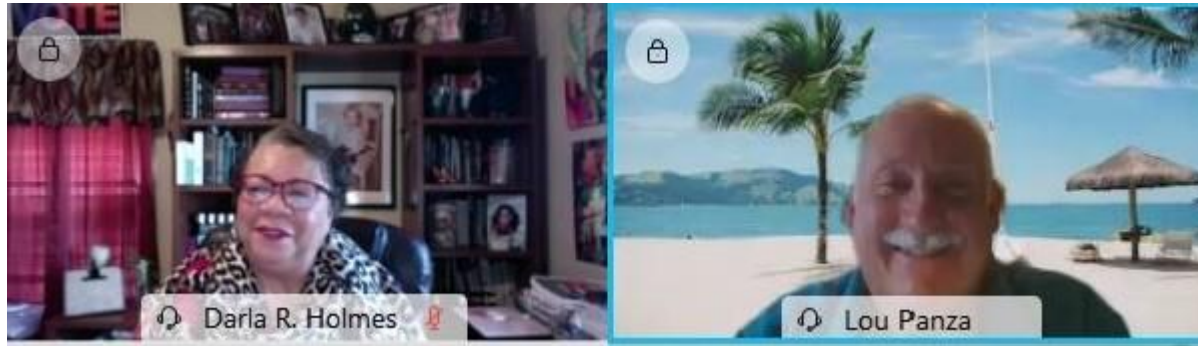
## Coaching Education - Tailored to the community needs

- Assist in evaluating the Church community needs and tailor the curriculum
- 3 – 2 and a half hour classes offered virtually on Saturday mornings
- Provided a resource directory for the Mon Valley
- Each coach participated in a mock call with specific scenarios
- Emphasized the escalation process for support by CCN 24/7
- Developed an ongoing implementation plan with the CCN and the ministry
  - Pick a person or a family to support within the health coach's congregation
  - Provide ongoing education for health coaches – every two months
- Graduation ceremony



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# “Virtual” Graduation



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# Ongoing follow-up

- Bi-monthly education and updates
- Coaches check in with the CCN Navigator weekly and as needed
- Navigator keeps a log of identified patient needs or concerns for future programming
- Coaches have a 24/7 number to contact the CCN

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# Questions?

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Valley Hospital  
HEALTH CARE