



April 25, 2020

UPMC Mercy
Clark Auditorium, 2nd Floor
1400 Locust St.
Pittsburgh, PA 15219

Sponsored by:
*UPMC Rehabilitation Institute, Center for Spinal Cord Injury
UPMC Center for Continuing Education in the Health Sciences
University of Pittsburgh School of Medicine, Department of Physical Medicine
& Rehabilitation*

Overview

Nearly 18,000 individuals in the U.S. sustain a traumatic Spinal Cord Injury each year. Additionally, while non-traumatic SCI can be difficult to track, it is estimated to be roughly the same amount as traumatic injuries per year.

The care of persons with spinal cord injury (SCI) requires an interdisciplinary approach across the continuum of care. Providers should be aware of current evidence and care techniques for both traumatic and non-traumatic spinal cord injury across the continuum from initial injury, medical complications, many phases of rehab, and community reintegration

The 6th annual Current Concepts in Spinal Cord Rehabilitation will introduce and review a variety of topics relevant to persons with SCI. Topics will focus on areas important to all team members, throughout the continuum of care.

Current Concepts in Spinal Cord Injury Rehabilitation will address, through lectures and discussion, the treatments and strategies employed at the UPMC Rehabilitation Institute. Conference goals are in line with the missions of the Department of Physical Medicine and Rehabilitation and the UPMC Rehabilitation Institute to advance health, expand knowledge, and improve care through research, teaching rehabilitation services, and medical care.

Learning Objectives

1. Attendees will describe current evidence based practice trends related to specialty populations and specific comorbidities of SCI that are outside of the typical SCI rehabilitation
2. Attendees will identify resources for individuals with SCI to obtain and utilize assistive technology for everyday activities, community reintegration, and rehabilitation activities.
3. Participants will define the roll of various disciplines in care and rehabilitation of the individual with SCI who has acquired a pressure injury.
4. Participants will describe the roll of various team members in coping and mental health for the patient with SCI as well as the prevention of self and team burnout.

Target Audience

Nurses, physical therapists, occupational therapists, speech/language pathologists, case managers, physiatrists/physicians, fellows, and residents involved with the acute care and rehabilitation of persons with spinal cord injury are encouraged to attend.

Faculty Listing

Course Directors

Amanda Harrington, MD

Assistant Professor, UPMC PMR
Director, SCIM Fellowship
Director, Spinal Cord Injury Services

Rachel Hibbs, DPT

Clinical Research Therapist, University of Pittsburgh PMR Model Systems Center
UPMC Mercy Rehab Institute, SCI Program

Elizabeth Stanley, DPT

Physical Therapist, Centers for Rehab Services
UPMC Mercy Rehab Institute, SCI Program

Presenters

Jessica Berry, MD	Attending Physician, SCI Program UPMC Department of Physical Medicine & Rehabilitation
Kala Chan, RN, BSN	Staff Nurse, UPMC Rehabilitation Institute
John Coltellaro, MS	University of Pittsburgh Department of Rehabilitation Science and Technology Center for Assistive Technology
Amy Duplessis, MOT, OTR/L	Occupational Therapist, Centers for Rehab Services UPMC Mercy Rehab Institute
Joseph Everhart, DPT, NCS	Physical Therapist, Centers for Rehab services UPMC Mercy Rehab Institute
Julie Gallagher, DPT	Physical Therapist, Children's Hospital of Pittsburgh Rehabilitation Unit
Geoffrey Henderson, MD	Spinal Cord Injury Medicine Fellow, UPMC
John Horton, MD	Assistant Professor, UPMC Department of Physical Medicine & Rehabilitation
Randall Huzinec, PT	Physical Therapist, Centers for Rehab Services UPMC Mercy Rehab Institute
Danielle Karhut, MOT, OTR/L	Occupational Therapist, Centers for Rehab Services UPMC Mercy Rehab Institute
Anna Lewis, MSW	Social Worker, Palliative Care UPMC Mercy
Melissa Michaluk, DO	Attending Physician UPMC Susquehanna Physical Medicine & Rehabilitation
Lonna Perella, RN, BSN	Spinal Cord Injury Clinician UPMC Rehab Institute
Rebecca Russell, DPT	Physical Therapist Virginia Commonwealth University SCI Rehab
Joseph Straatman, OTD, ATP	University of Pittsburgh Department of Rehabilitation Science and Technology Center for Assistive Technology
Charlene Subrick, PT	Physical Therapist, Centers for Rehab Services UPMC Mercy Rehab Institute
Matthew Taylor	Membership Director, Transitional Paths to Independent Living
Andrew Thurston, MD	Clinical Assistant Professor, Division of Internal Medicine Medical Director of Palliative Care, UPMC Mercy
Denise Verosky, MSN, RN	Director of Supportive and Palliative Care UPMC Mercy
Dawn Wang, MD, MS	Assistant Professor, Department of Plastic Surgery Chief of Plastic Surgery, UPMC St. Margaret's Co-Director, Center for Nerve Disorders at UPMC
Mallory Wolfendale, MOT, OTR/L	Occupational Therapist, Centers for Rehab Services UPMC Mercy Rehab Institute
Barbara Zerbee, COTA	Occupational Therapy Assistant, Centers for Rehab Services UPMC Mercy Rehab Institute
Erin Commendatore, MA.Ed/CN	Program Manager, Lifesolutions EAP

The following faculty have financial relationships to disclose:

- Charlene Subrick, PT, MPT—Beckwith Institute Innovations Grant
- Erin Commendatore, MA.Ed/CN—Workpartners

Program Schedule

7:15—7:45 am	Registration Opens	
7:45—8 am	Welcome	Amanda Harrington Rachel Hibbs Elizabeth Stanley
8—9 am	Self-Care: The antidote to burnout and compassion to fatigue	Erin Commendatore
9—10:30 am	Pressure Injury Management: Surgery, Sitting Protocols, and So Much More	Dawn Wang Jessica Berry Rachel Hibbs
10:30—10:45 am	Break	
10:45—11:45 am	Patient Panel: Assistive Technology Use to Increase Independence in Everyday Life	Moderators: Randy Huzinec John Coltallero
11:45 am—12:45 pm	Lunch	
12:45—1:45 pm	Roundtable Sessions	
	1. Pain—John Horton	
	2. Autonomic Dysreflexia and Hypotension: Finding the Delicate Balance—Geoffrey Henderson	
	3. Community Resources for Individuals with SCI—Matthew Tayloe	
	4. IADL Tips and Tricks with Upper Extremity Impairment: Make Up, Nail Polish, and More—Barbara Zerbee and Danielle Karhut	
	5. Wheelchair Cushions: What are the options and how to get them covered—Joe Straatman	
	6. Gone Fishing: An Adaptive Recreation Program—Charlene Subrick	
1:45—2:45 pm	Interdisciplinary Management of SCI Resulting from Metastatic Disease	Andrew Thurston Denise Verosky Amanda Harrington Joe Everhart Anna Lewis
2:45—3 pm	Break	
3—4:30 pm	Breakout Sessions	
	1. Wheelchair Skills Training: An introduction to clinical implementation—Rachel Hibbs and Lynn Worobey	
	2. Bowel and Bladder Management: Equipment, patient and caregiver education, and troubleshooting—Mallory Wolfendale, Amy Katz, and Kala Chan	
	3. Review of the ISNCSCI Exam (Formerly Known as ASIA) —Melissa Michaluk	
4:30—4:45 pm	Adjourn	

Instructions to register

Deadline to register is **April 20th**:

Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration site at: cce.upmc.com
- Here is the direct link to register: <https://cce.upmc.com/spinal-cord-injury-rehabilitation>
- Click the “Complete Course/Registration” button and enter all the requested information. After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. If you do not receive the confirmation email immediately after you click the button, please contact Jessa Darwin (jcd79@pitt.edu).

Paper / Mail-in Registrations

If you are a UPMC employee whose registration fee will be remitted via journal transfer, you can request a paper registration form by contacting Jessa Darwin (jcd79@pitt.edu).

The form will include instructions for returning your registration and submitting payment. Checks should be made payable to “University of Pittsburgh, Dept. of PM&R.” **Mail the registration form to the following address:**

Jessa Darwin
Kaufmann Building Suite 910
3471 Fifth Ave.
Pittsburgh, PA 15213

Registration Fees

All cancellations must be in writing and sent to us via U.S. mail or email to Jessa Darwin (see above). Tuition for cancellations postmarked or date stamped before April 17, 2020 will be refunded in full. No refunds will be made after April 17, 2020.

Fee includes:	<i>Early Registration</i>	<i>Late Registration</i>
	On or Before March 15	After March 15
	\$50	\$65

Course Credits; Continental Breakfast and Lunch; and Parking on-site

Student Tuition: \$45

Student ID must be presented at conference sign in.

CME Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

The University of Pittsburgh School of Medicine designates this live activity for a maximum of **7.25 AMA PRA Category 1 CreditsTM**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is **7.25 contact hours**.

Other health care professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

The University of Pittsburgh **Department of Occupational Therapy** is a pre-approved provider of continuing education in Pennsylvania. This course is approved for **7 Contact Hours**.

The University of Pittsburgh, **Department of Physical Therapy** is a pre-approved provider of Continuing Education in Pennsylvania, and this course is approved for **8 units of General Access CEUs**.

The Americans with Disabilities Act information

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by contacting Rachel Hibbs at hibbsrm2@upmc.edu or 412-628-4195.

Faculty Disclosure

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.