

CFTR-RD

Acute Recurrent or Chronic Pancreatitis

Aliye Uc, M.D.

Pediatric Gastroenterology

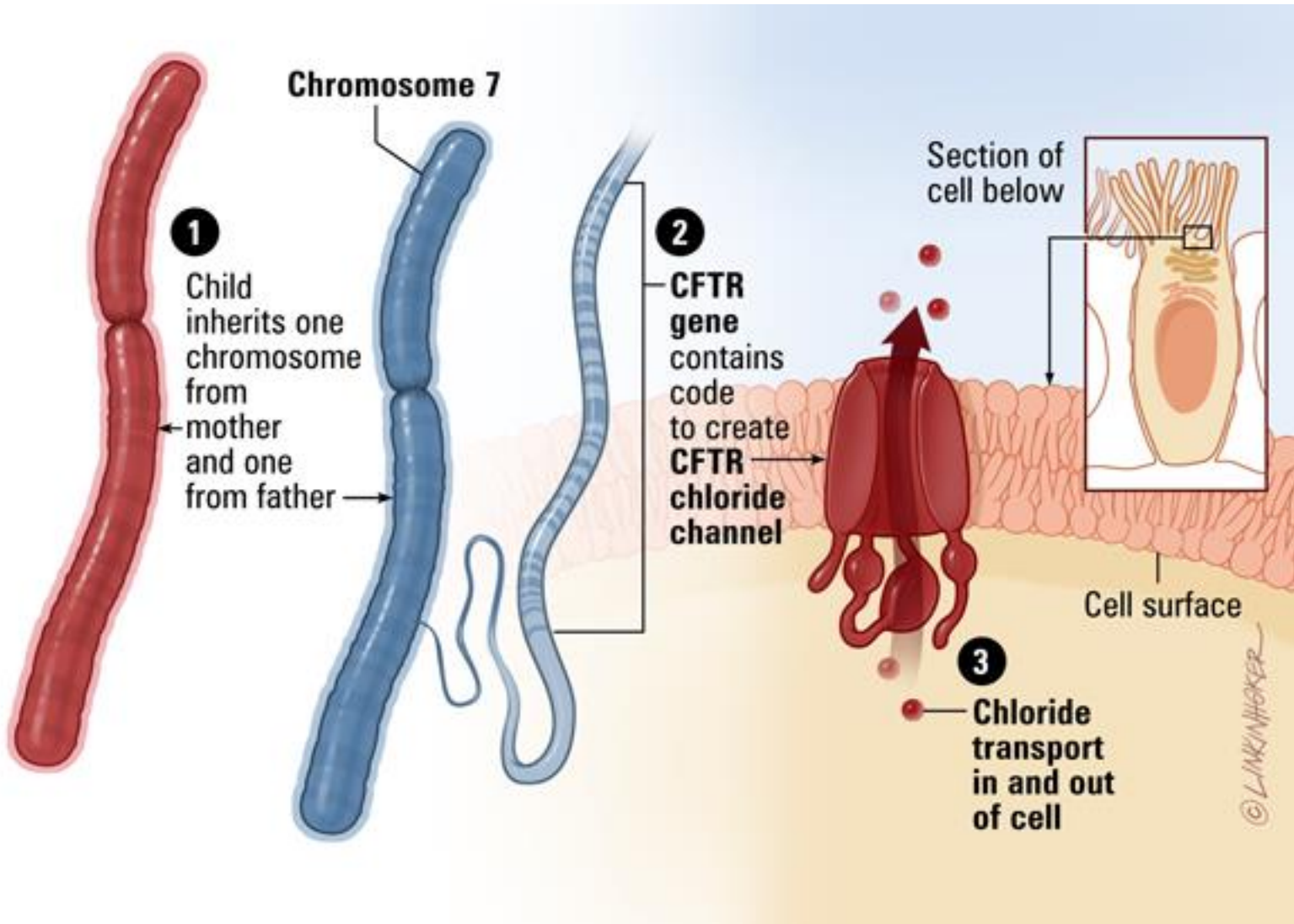
Hepatology, Pancreatology and Nutrition

Member of American Board of Pediatrics,
Subboard of Pediatric Gastroenterology
Consultant for Cystic Fibrosis Foundation

CFTR gene



University of Iowa
Stead Family
Children's Hospital

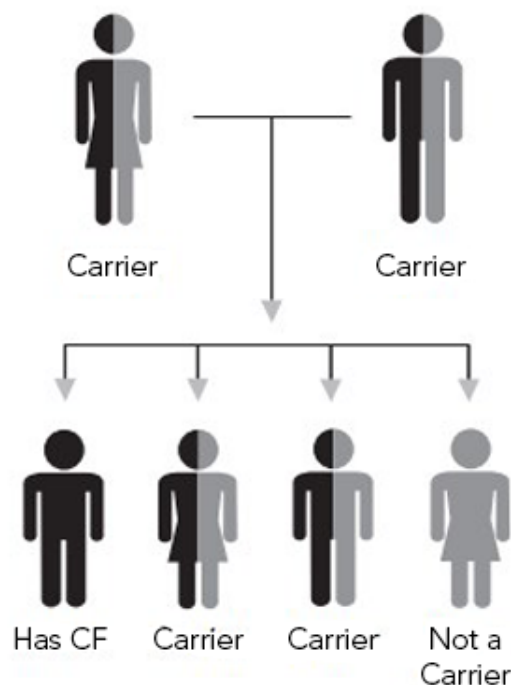


Mendelian Inheritance

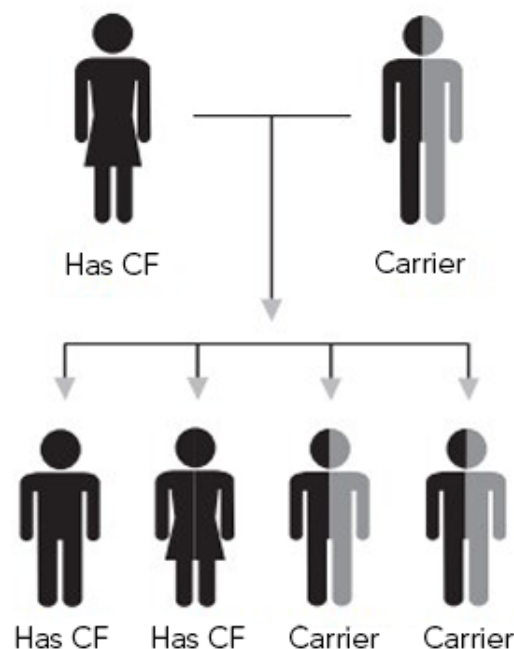
How a Person Gets CF

To have CF, you must inherit two copies of the CFTR gene that contain mutations – one copy from each parent. That means that each parent must either have CF or be a carrier of a CFTR gene mutation.

When two people who are carriers have a child, there is a 25 percent chance of having a child with CF.



When one parent has CF and one parent is a carrier, there is a 50 percent chance of having a child with CF.

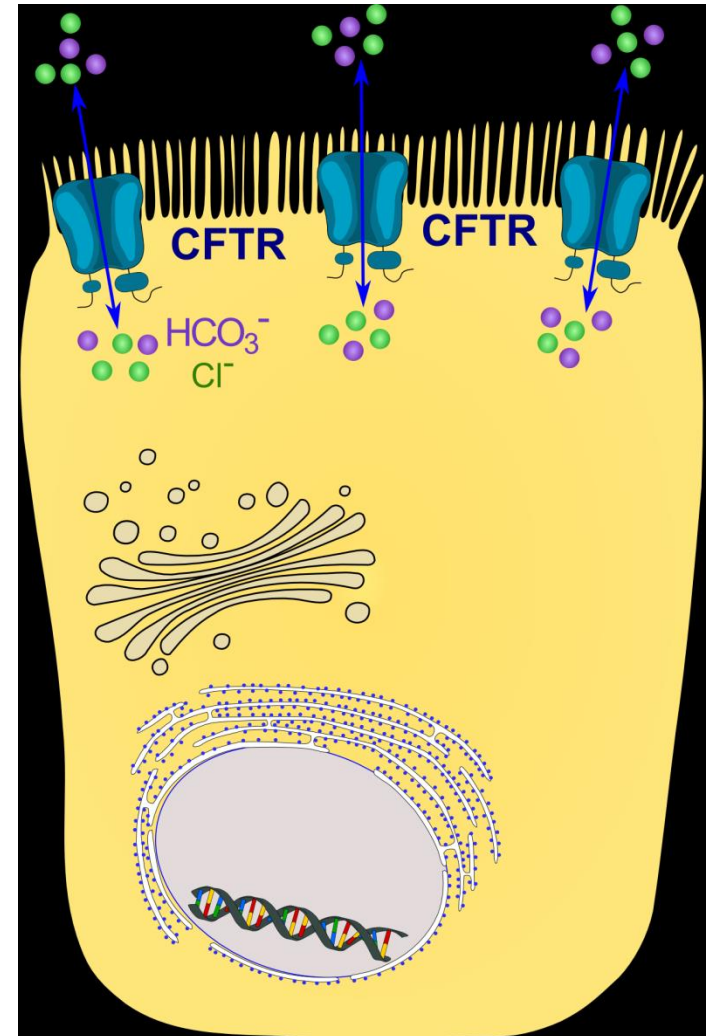


CF is Caused by Defects in CFTR Gene



University of Iowa
Stead Family
Children's Hospital

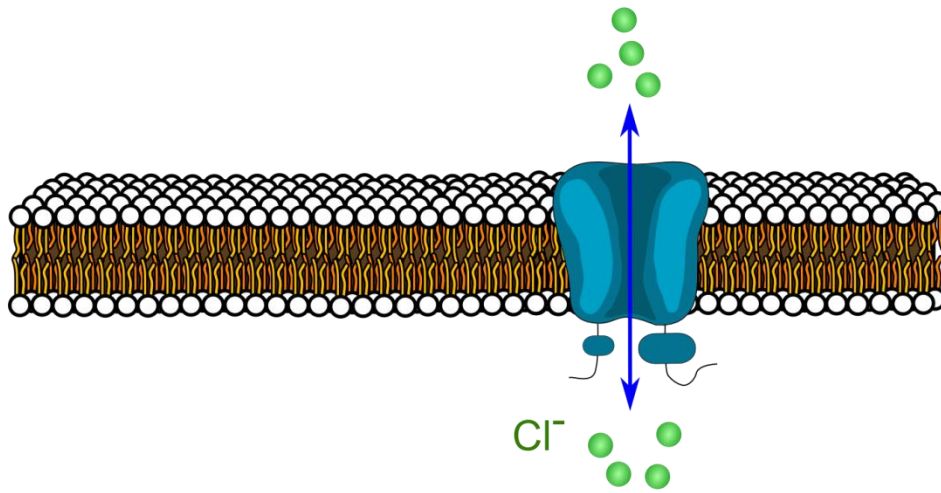
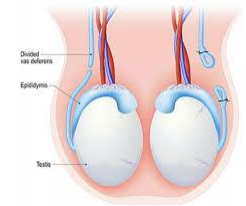
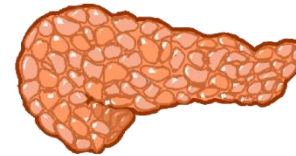
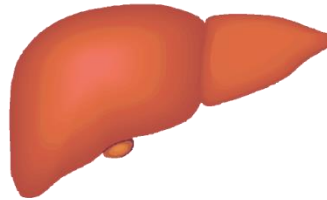
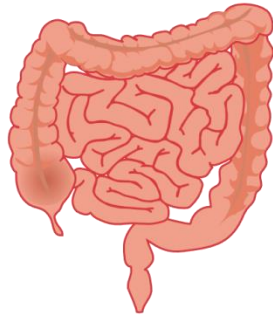
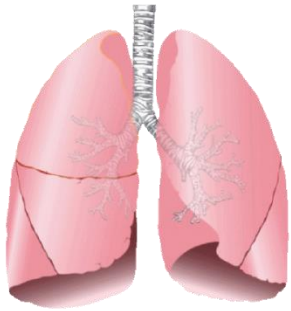
- CFTR = Cystic Fibrosis Transmembrane conductance Regulator
- CFTR transports anions (Cl, HCO₃)
- Active in epithelium of trachea/lungs, pancreas, intestine, sweat glands, bile ducts, vas deferens, etc
- Helps maintain proper fluidity and electrolyte composition of secretions



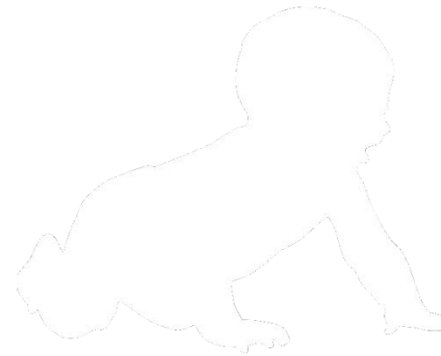
CFTR Channel-Functional



University of Iowa
Stead Family
Children's Hospital



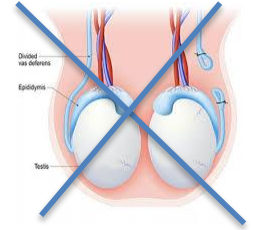
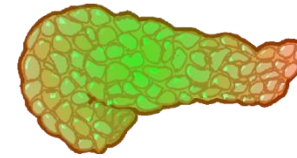
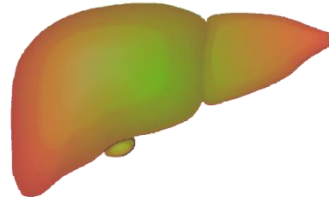
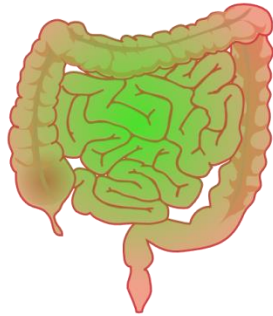
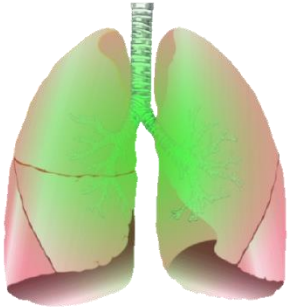
CFTR



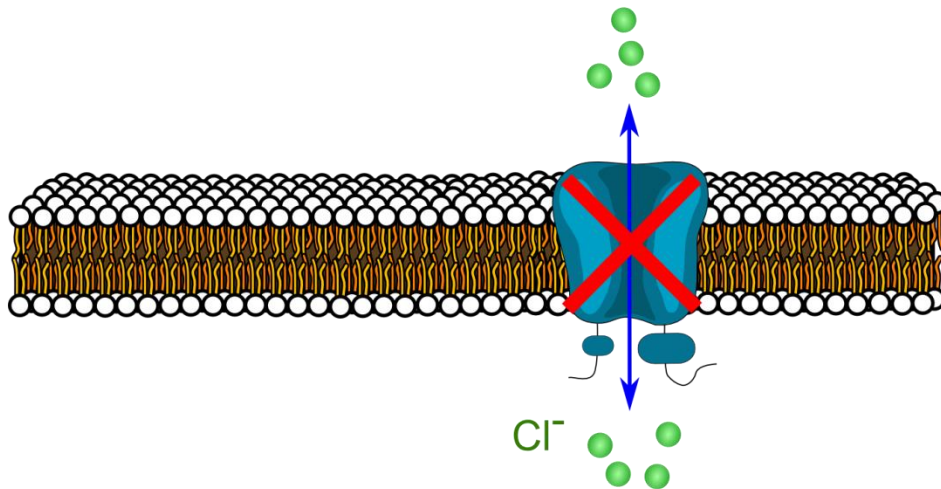
CFTR Channel-Defective



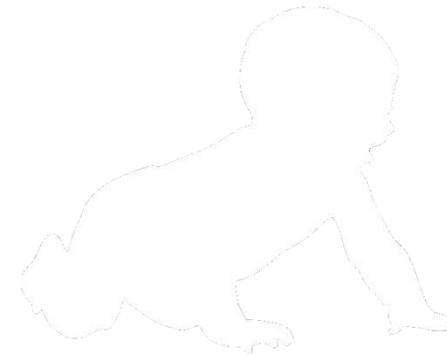
University of Iowa
Stead Family
Children's Hospital



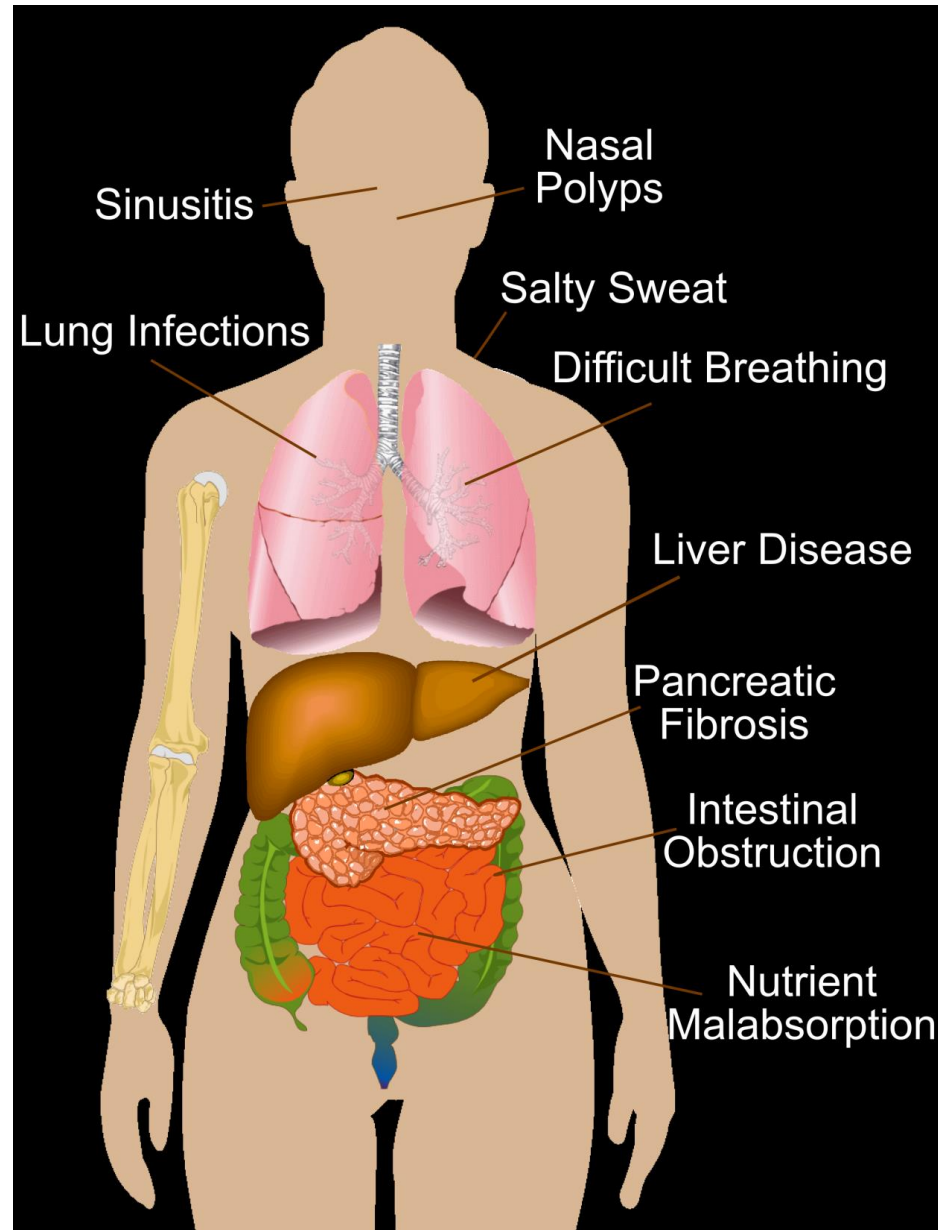
cystic fibrosis



CFTR



Cystic Fibrosis

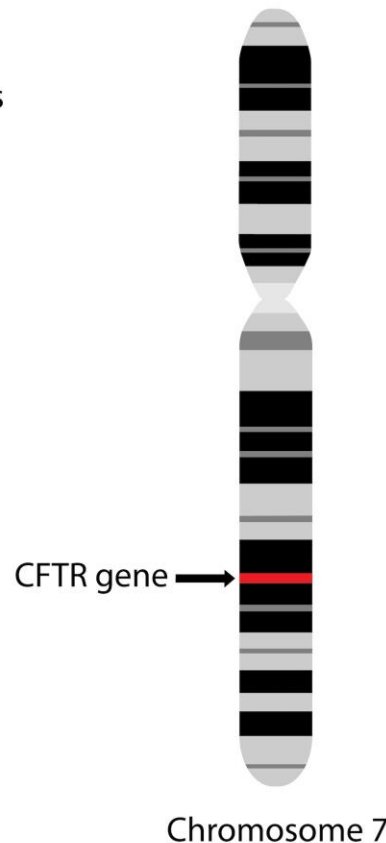
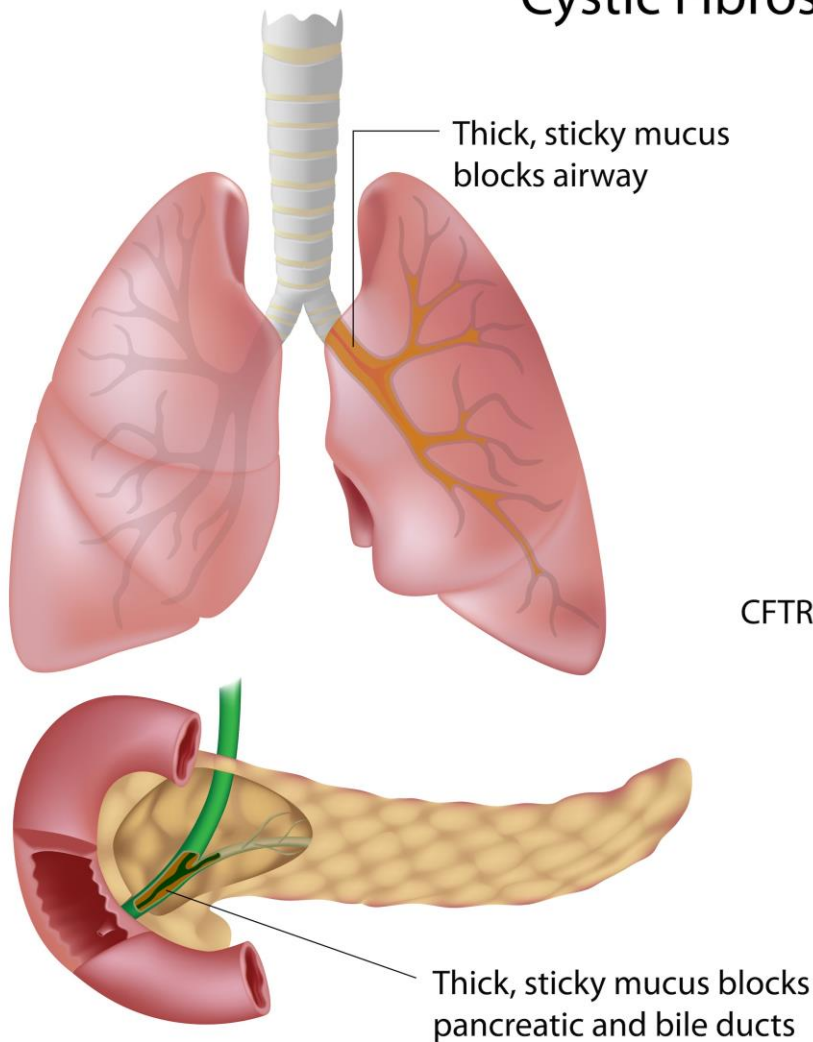


Pancreas and Lungs in CF



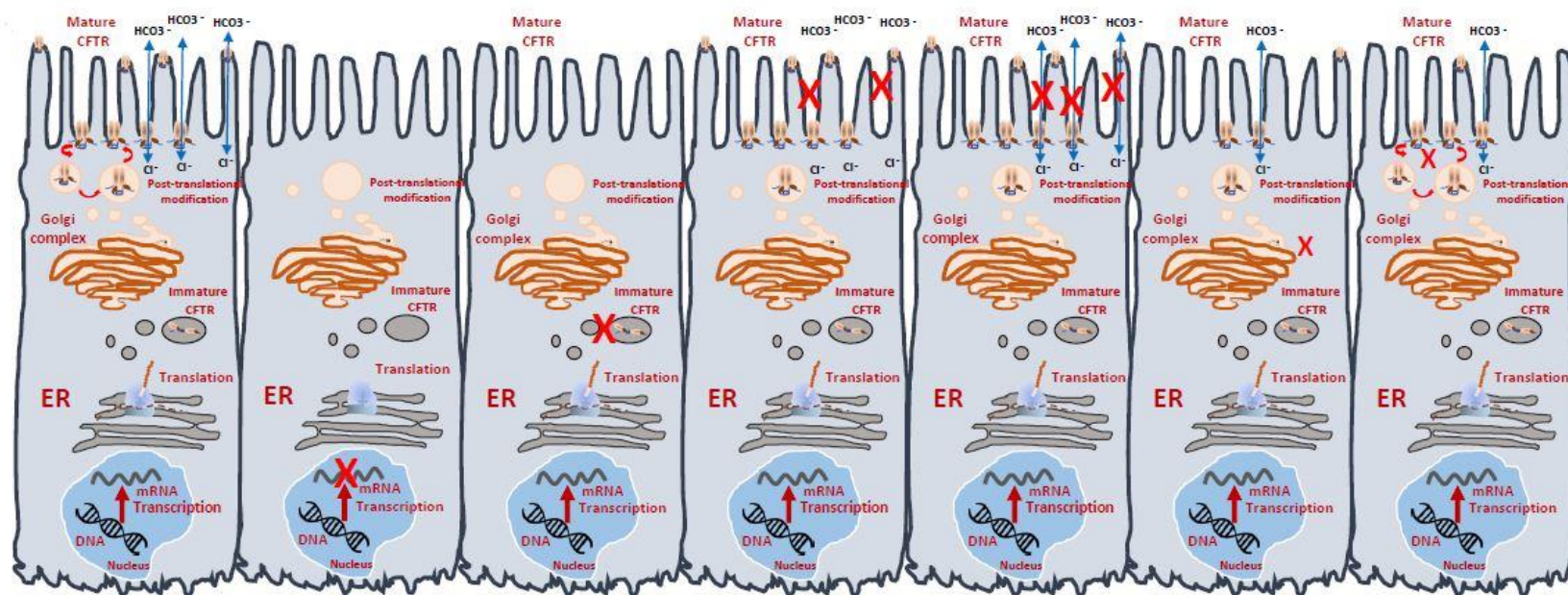
University of Iowa
Stead Family
Children's Hospital

Cystic Fibrosis



- Early exocrine pancreatic insufficiency in majority; increased risk for ARP in pancreatic sufficient CF
- CF-related diabetes increases as patients age; adds to morbidity and mortality

CF-Causing Mutations



WT	I	II	III	IV	V	VI
	No CFTR biosynthesis					
Mutations	G542X	Δ F508	G551D	R117H	3849+10kbC-T A455E	Q1412X
Pancreas	PI	PI	PI	PS/PI	PS	PI
Phenotype	No synthesis	Trafficking/ Processing	Defective activation/ Reduced gating	Decreased conductance	Reduced protein synthesis	Rapid turnover of the CFTR channel

Testing for CF

- Newborn screening
- Sweat test-**Gold standard
 - <29 mmol/L—Normal
 - 30-59 mmol/L—Borderline or Intermediate
 - >60 mmol/L—Abnormal
- NPD
- Beta-adrenergic sweat test

Diagnosis of CF



DIAGNOSTIC DEFINITIONS	
Cystic Fibrosis	CF is diagnosed when an individual has both a clinical presentation of the disease and evidence of CFTR dysfunction.
Cystic Fibrosis Related Metabolic Syndrome (CRMS)/ Cystic Fibrosis Screen Positive, Inconclusive Diagnosis (CFSPID)	<p>Definitions for CRMS and CFSPID have been combined. CRMS/CFSPID applies to infants who have a positive NBS test for CF</p> <p>AND either:</p> <ul style="list-style-type: none">• A sweat chloride value <30 mmol/L and 2 CFTR mutations, at least 1 of which has unclear phenotypic consequences <p>OR</p> <ul style="list-style-type: none">• An intermediate sweat chloride value (30-59 mmol/L) and 1 or 0 CF-causing mutations
CFTR - Related Disorder	A monosymptomatic clinical entity associated with CFTR dysfunction that does not fulfill the diagnostic criteria for CF



Diagnosis of CF



University of Iowa
Stead Family
Children's Hospital

SWEAT CHLORIDE RANGES		
Diagnosis	$\geq 60\text{mmol/L}$	A positive newborn screen, clinical features consistent with CF, or a positive family history
Intermediate Range	30-59mmol/L	A positive newborn screen, symptoms of CF, or a positive family history, and sweat chloride values in the intermediate range on two separate occasions may have CF. They should be considered for extended CFTR gene analysis and/or CFTR functional analysis.
Unlikely	$\leq 29\text{mmol/L}$	<p>A positive newborn screen, and a sweat chloride of less than 30mmol/L indicates that CF is unlikely.</p> <p>Clinical features that may be consistent with CF, a sweat chloride less than 30mmol/L, indicates that CF is less likely. It may however be considered if evolving clinical criteria and/or CFTR genotyping support CF and not an alternative diagnosis.</p>



- Do not fit diagnostic criteria for CF (only monosymptomatic presentation such as ARP)
- Sweat Cl results are intermediate
- Genetic testing determines unknown *CFTR* mutations or *CFTR* genotype that is undefined (CFTR2 database)

Take home points

- Patients with CF may present with recurrent pancreatitis
- Include Sweat Cl in work-up
- Look for other symptoms of CFTR dysfunction
- If diagnosed with CF, patients need to be followed by CF center

Remaining Questions

- Are CFTR Mutations (non-CF causing) contributing to disease?
 - Impact on disease onset and progression
 - Interplay with other gene mutations and environmental factors to influence disease phenotype
- Would patients with CFTR-RD be candidates for CFTR modulator therapies?