

University of Pittsburgh

Sponsored by the University of Pittsburgh School of Medicine

Center for Continuing Education in the Health Sciences,

Department of Otolaryngology, and

Division of Pulmonary, Allergy and Critical Care Medicine

15th Annual Update in Sinonasal Disorders and Allergy

Friday, May 1, 2020

7:30 am - 5:00 pm

UPMC Herberman Conference Center 5150 Centre Avenue – 2nd Floor Pittsburgh, PA 15232

COURSE DIRECTORS



Stella E. Lee, MDAssistant Professor of Otolaryngology
University of Pittsburgh School of Medicine



Andrej Petrov, MD

Associate Professor of Medicine
University of Pittsburgh School of Medicine

Program Overview

Designed primarily for the primary care physician, internist, pulmonologist, allergist, otolaryngologist, and rhinologist, this course provides novel insights into advances in the modern care of patients with asthma, allergic rhinitis, chronic rhinosinusitis, immunodeficiency, cough, and urticaria. Internationally recognized faculty and staff will present new information on recently approved biologic therapies, thoughtful care of the allergic patient, as well as provide an interactive case-based panel to integrate concepts in the management of complex patients.

Target Audience

This course is designed primarily for the primary care physician, internist, pulmonologist, allergist, otolaryngologist, and rhinologist as an introduction or update in the practical clinical care of patients with allergic rhinitis, asthma, urticaria, and chronic rhinosinusitis with and without polyposis.

Learning Objectives

- Determine how to manage patients with complex upper and lower airway inflammation (allergic rhinitis, asthma, chronic rhinosinusitis) and devise treatment strategies including biologic therapies and/or functional endoscopic sinus surgery to appropriately selected patients.
- To be able to effectively utilize different methods of immunotherapy to treat allergic diseases including sublingual immunotherapy and subcutaneous immunotherapy strategies.
- Incorporate new algorithms to manage chronic rhinosinusitis with nasal polyps, asthma, urticaria, and immunodeficiency.
- Implement strategies to accurately diagnosis and manage patients with difficult-to-treat cough, vocal cord dysfunction, and modifiers of inflammation.

The American with Disabilities Act Information

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by emailing szablewskina@upmc.edu.

CME Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Physician (CME): The University of Pittsburgh designates this live activity for a maximum of **7.0** AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Health Care Professionals: Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Meeting Location

This program will be held at the **UPMC Herberman Conference Center**, 5150 Centre Avenue, Pittsburgh, PA 15232. The Herberman Conference Center is adjacent to UPMC Shadyside Hospital and across the street from the Hillman Cancer Center in Pittsburgh, PA.

Parking

If you park in the Medical Center Garage at **5230 Centre Avenue**, be sure to stop by the course registration desk and request a validation ticket to receive a reduced parking rate of \$7.00 when paying at the pay station or cashier.

Questions

Contact: Nancy A. Szablewski szablewskina@upmc.edu
Tel: 412-232-8989

Fax: 412-232-8525

Faculty Disclosure

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.

Schedule

Two Perspectives: Dyspnea 1:15 pm 7:30 am Registration and Breakfast **Upper Airway Dyspnea** James Hull, BSc, MBBS, FRCP, PhD, FACSM*** 8:25 am Introduction/Overview of Course/Audience Response Other Causes of Dyspnea Stella E. Lee, MD* and Andrej Petrov, MD* Frank C. Sciurba, MD Vocal Cord Dysfunction and Asthma: 8:30 am 2:15 pm Chronic Rhinosinusitis With Nasal Polyps: How to Tell Them Apart An Update on Diagnosis and Management Andrej Petrov, MD* Claire Hopkins, BM BCh, MA, FRCS, DM** 9:00 am Treatment of Vocal Fold Disorders from a Should Balloon Sinuplasty be Utilized in Pediatric 2:45 pm Laryngology Perspective Chronic Rhinosinusitis? Jackie L. Gartner-Schmidt, PhD, CCC-SLP PRO: Hassan H. Ramadan, MD CON: Amanda L. Stapleton, MD Laryngeal Hypersensitivity and Dysfunction: 9:30 am Cough and Beyond... 3:15 pm **BREAK** with Industry Partners James Hull, BSc, MBBS, FRCP, PhD, FACSM*** 3:30 pm Panel: Challenging Cases in Chronic Rhinosinusitis 10:10 am **BREAK** with Industry Partners Moderator: Barry M. Schaitkin, MD Members: Joel Franco, MD Claire Hopkins, BM BCh, MA, FRCS, DM** 5th Annual BJ Ferguson Lecturer 10:25 am Nadeem Kolia, MD in Sinonasal Disorders and Allergy Stella E. Lee, MD* Introduction: Stella E. Lee, MD* Eric W. Wang, MD 10:30 am 5th Annual BJ Ferguson Lecture in Sinonasal Disorders and Allergy Asthma in the New Decade 4:00 pm Core Outcome Measures in Evaluating Chronic Sally E. Wenzel, MD Rhinosinusitis — Creating a Common Language Claire Hopkins, BM BCh, MA, FRCS, DM** 4:30 pm Challenging Cases in Allergy and Pulmonology Case Presentations (7 mins. each): Sergei N. Belenky, MD 11:15 am Two Perspectives: Eosinophilia James N. DeAngelo, DO James Hull, BSc, MBBS, FRCP, PhD, FACSM*** **Exploring Elevated Eosinophils: When to Worry** Kumar R. Patel, MD Allyson Larkin, MD **Exploring Elevated Eosinophils: When NOT** Summary, Audience Response, Conference Adjournment to Worry / Common Clinical Problems Merritt L. Fajt, MD **Course Director** 11:45 am 5th Annual BJ Ferguson Lecturer in **LUNCH with Industry Partners** Sinonasal Disorders and Allergy Resident Bowl - Who Wants to Win Starbucks! **Resident and Fellow Competition** *** Invited Guest Lecturer Moderators: Stella E. Lee, MD* and Andrej Petrov, MD* (No CME credit awarded for this session.) The Preferred Treatment for Managing Chronic 12:45 pm Rhinosinusitis with Nasal Polyps is Biologics PRO: Stella E. Lee, MD* CON: Claire Hopkins, BM BCh, MA, FRCS, DM**

Course Directors

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Assistant Professor

Department of Otolaryngology Division of Sinonasal Disorders and Allergy University of Pittsburgh School of Medicine

Pittsburgh, Pennsylvania

Andrej Petrov, MD*

Associate Professor

Department of Medicine

Division of Pulmonary, Allergy and Critical Care Medicine

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Pittsburgh, Pennsylvania

Invited Guest Lecturers

Claire Hopkins, BM BCh, MA, FRCS, DM**

Professor

Department of Ear, Nose and Throat

Guy's and St. Thomas' Hospitals

London, United Kingdom

James Hull, BSc, MBBS, FRCP, PhD, FACSM***

Consultant Respiratory Physician

Royal Brompton Hospital

London, United Kingdom

Course Faculty

Sergei N. Belenky, MD

Pediatric Alliance

Division of Allergy, Asthma and Immunology

Pittsburgh, Pennsylvania

James N. DeAngelo, DO

Clinical Associate Professor

Department of Pediatrics

University of Pittsburgh School of Medicine

Pittsburgh, Pennsylvania

Merritt L. Fajt, MD

Assistant Professor

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Joel Franco, MD

Fellow, Rhinology and Cranial Base Surgery

Department of Otolaryngology

University of Pittsburgh School of Medicine

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Jackie L. Gartner-Schmidt, PhD, CCC-SLP

Professor

Department of Otolaryngology

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Nadeem Kolia, MD

Fellow, Rhinology and Cranial Base Surgery Department of Otolaryngology University of Pittsburgh School of Medicine Pittsburgh, Pennsylvania

Allyson Larkin, MD

Associate Professor Department of Pediatrics Division of Allergy and Immunology University of Pittsburgh School of Medicine

Pittsburgh, Pennsylvania

Kumar R. Patel, MD

Advanced Allergy and Asthma Tarentum, Pennsylvania

Hassan H. Ramadan, MD

Professor

Department of Otolaryngology West Virginia University School of Medicine Morgantown, West Virginia

Barry M. Schaitkin, MD

Professor

Department of Otolaryngology University of Pittsburgh School of Medicine Pittsburgh, Pennsylvania

Frank C. Sciurba, MD

Professor

Department of Medicine

University of Pittsburgh School of Medicine

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Amanda L. Stapleton, MD

Assistant Professor

Department of Otolaryngology

Division of Pediatric Otolaryngology

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Associate Professor

Departments of Otolaryngology, Neurological Surgery, and Ophthalmology

University of Pittsburgh School of Medicine

Pittsburgh, Pennsylvania

Sally E. Wenzel, MD

Professor

Department of Medicine

Department of Environmental and Occupational Health University of Pittsburgh

Pittsburgh, Pennsylvania

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- * Course Director
- ** 5th Annual BJ Ferguson Lecturer in Sinonasal Disorders and Allergy
- *** Invited Guest Lecturer

Course Registration Form

Please type or print legibly.

Registration Will Not Be Accepted Without P	'ayment.
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> Registration Fees

100.00 Physicians, nurses, other health care professionals 25.00 Staff

Fee is waived for:

- UPMC ENT/PACCM Residents and Fellows
- UPMC Allergy/Immunology and Pulmonary Fellows
- CENTS Members

CENTS (Community Ear Nose and Throat Specialists):

Member: _____ Yes _____ No

Registration is required for everyone attending this course.

Registration fee includes:

- · Continuing education credit
- Registration and course materials
- · Breakfast, Lunch, Refreshments

Total Registration fee enclosed \$_____

> Registration Information

View our program online:

https://cce.upmc.com/sinonasal-disorders-allergy

Payment must accompany registration.

> Method of Payment

☐ Check ☐ Credit Card ☐ Interdepartmental Transfer						
Please make checks payable to: University of Pittsburgh						
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Nancy A. Szablewski

UPMC Mercy

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Cancellation/Refund Information

All cancellations must be sent via email to szablewskina@upmc.edu by April 23, 2020 for a full refund. No refunds will be made after April 23, 2020.