



TRANS 2019 Pride Week  
PRIDE Professional Conference  
PGH Friday, September 27, 2019

*Staying Visible*  
Sept 27, 2019  
7:00 am – 5:00 pm

*Persad Center*  
5301 Butler Street, Suite 100  
Pittsburgh, PA 15201

**WELCOME TO THE 2019 TRANS PRIDE PGH PRIDE ANNUAL PROFESSIONAL CONFERENCE**

**Sponsored by**

*Generously sponsored by Trans Pride PGH, the Persad Center, the Center for Adolescent and Young Adult Health at UPMC Children's Hospital of Pittsburgh, the University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences, Scott Nixon, The Human Rights Campaign, Allegheny Health Network, and UPMC Health Plan*

**Overview:** *This conference will address transgender related issues and will have two tracks: medical and mental health*

**Learning objectives**

1. **Recognize** the management of gender dysphoria, including pubertal blockers, cross-sex hormones, surgical options, and management of stress due to minority stress.
2. **Demonstrate** cultural competency for transgender and gender non-binary individuals, such as using the correct terminology, understanding the concepts of gender identity, making an institution a safe and welcoming space, and educating the community the health, and psychosocial needs of transgender people.
3. **Identify** the systematic barriers to obtaining services for transgender and gender non-binary individuals and learn skills to navigate institutional systems for this vulnerable population.

**Target Audience:** *Medical and behavioral health professionals*



UPMC HEALTH PLAN



## Conference Schedule at a Glance:

7:00 – 7:55 a Registration and Breakfast (Dining Room)

### Joint Session (Training Room)

7:55 a *Welcome and Introductions*  
Gerald Montano, DO, MS

### Morning Session Behavioral Track (Training Room)

8:00 – 8:50 a **The Nuances of Visibility and Trauma in the Trans Community**

Diane Dahm, LCSW and Brittany Ashcraft, LCSW

9:00 – 9:50 a **Navigating Conflicting Religious Views and Our Trans Clients Views of Self**

Martha J Slagy, MA, NCC

10:00 - 10:50 a **Implementing Trauma Focused Cognitive Behavioral Therapy with LGBTQ Youth**

Andrew Weinberg, LCSW and Judith A. Cohen, M.D.

11:00 a – 11:30 a **Lunch**

### Joint Session (Training Room)

**Keynote Talk: My Story**

11:30 a – 1:00 p

Schuyler Bailar

### Afternoon Session Behavioral Track (Training Room)

1:00 – 1:50 p **Supporting TransParents**

Kathleen M. Mcquillian, MSCP

2:00 – 2:50 p **Substance Use, Stigma, and Treatment Among Transgender Individual**

Keith Gray, LSW and Marlaina Pongibove

3:00 – 3:50 p **Gender Dysphoria and Autism Spectrum Disorder: Creating Safe Spaces with Art Therapy**

Jennifer Rozell Witiker, LPC

3:50 – 4:00 p **Evaluation**

4:00 – 5:00 p **Networking**

5:00 p **Adjournment**

### Morning Session Medical Track (Board Room)

8:00 – 8:50 a **Gynecologic Care for Transgender Men**

Colleen Krajewski, MD

### Morning Session Medical Track, cont. (Board Room)

9:00 – 9:50 a **Family-Oriented Care: An Inclusive Approach to Supporting Transgender and Gender Diverse Youth and their Families**

Caitlin Thornburgh, LSW

10:00 – 10:50 a **Primary Care for Transgender Adults: Beyond Hormones**

Sarah Tilstra, MD  
Eloho Ufomata, MD

11:00 a – 11:30 a **Lunch**

### Joint Session (Training Room)

**Keynote Talk: My Story**

11:30 a – 1:00 p

Schuyler Bailar

### Afternoon Session Medical Track (Board Room)

1:00 – 1:50 p **HIV Treatment and Prevention in Transgender Populations**

Ken Ho, MD

2:00 – 2:50 p **Optimizing Outcomes While Addressing Weight-related Concerns in Transgender Adolescents and Young Adults**

Dana Rofey, PhD

3:00 – 3:50 p **Gender Confirmation Surgery; a Brief Overview of Surgical Options for Lower Surgery**

Toby Meltzer, MD

3:50 – 4:00 p **Evaluation**

4:00 – 5:00 p **Networking**

5:00 p **Adjournment**

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

This program is offered for **6.5** hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social continuing education.

These credits hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal.

For information on social worker continuing education call (412) 624-3711.

The University of Pittsburgh is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Western Psychiatric Institute and Clinic adheres to the Act 48 Continuing Education Guidelines. *Attendees will need to pay \$15 to obtain Act 48 Certificates.*

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

No members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients to disclose.

#### **Course Directors and Planning Committee**

##### **Charlie Borowicz, MSW**

Transgender Health Project Manager  
Allegheny Health Network  
Pittsburgh, PA

##### **Janice Korn, Coordinator and Secretary**

Senior Administrative Assistant  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

##### **Gerald T. Montano, DO, MS, Course Director**

Assistant Professor of Pediatrics  
University of Pittsburgh School of Medicine  
Pittsburgh, PA

##### **Kara Peters, LCSW, MPH, Course Director**

Transition Care Coordinator  
UPMC Children's Hospital of Pittsburgh  
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##### **Lyndsey Sickler, Course Director**

Youth Programs Manager  
The Persad Center  
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##### **Andrew Weinberg, LCSW, Course Director**

Clinical Therapist & Clinical Supervisor  
The Persad Center  
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##### **J. Coley Alston, MPH, CPH**

Program Director  
Hugh Lane Foundation  
TransPride PGH  
Pittsburgh, PA

##### **Kacie Kidd, MD**

Adolescent Medicine Fellow  
UPMC Children's Hospital of Pittsburgh

##### **Alicyn Simpson, BA**

Trans Buddy Program PGH Coordinator  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

#### **Faculty**

##### **Brittany Ashcraft, LCSW**

Clinical Therapist  
Persad Center  
Pittsburgh, PA

##### **Jennifer Rozell Witaker, LPC**

Art Therapist  
Center for Counseling Arts  
Pittsburgh, PA

##### **Judith A. Cohen, M.D.**

Professor of Psychiatry  
Drexel University of College of Medicine  
Philadelphia, PA

##### **Diane Dahm, LCSW**

Clinical Therapist  
Persad Center  
Pittsburgh, PA

##### **Keith Gray, LSW**

Clinical Therapist  
Persad Center  
Pittsburg, PA

##### **Kenneth Ho, MD**

Associate Professor of Medicine  
University of Pittsburgh  
Pittsburgh, PA

##### **Colleen Krajewski, MD**

Assistant Professor of Gynecology  
UPMC Magee Women's Hospital  
Pittsburgh, PA

##### **Kathleen M. McQuillan, MSCP**

Clinical Therapist  
Persad Center  
Pittsburgh, PA

##### **Toby Meltzer, MD**

Plastic & Reconstructive Surgery  
The Meltzer Clinic, PC  
Scottsdale, AZ

**Faculty, Continued**

**Marlaina Pongibove**

Intern

Persad Center

Pittsburgh, PA

**Dana Rofey, PhD**

Associate Professor of Psychiatry

University of Pittsburgh

Pittsburgh, PA

**Martha J. Slagy, MA, NCC**

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**Sarah Tilstra, MD**

Assistant Professor of Medicine

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**Caitlin Thornburgh, LSW**

Social Worker

UPMC Children's Hospital of Pittsburgh

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**Eloho Ufomata, MD**

Assistant Professor of Medicine

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**Schuyler Bailar**

NCAA Champion

Harvard University

Cambridge, MA

Persad Center Map

