

## 2020: Three Rivers Otolaryngology Update

Dates: March 27-28, 2020



*Sponsored by  
University of Pittsburgh School of Medicine  
Center for Continuing Education in the Health Sciences, and Department of Otolaryngology*

**Location: Biomedical Science Tower (BST)  
UPMC Presbyterian/Eye & Ear Institute  
203 Lothrop Street, 1<sup>st</sup> Floor, Room 120  
Pittsburgh, PA 15213**

### **COURSE DIRECTORS**

**Barry Hirsch, MD; Jonas Johnson, MD; Carl Snyderman, MD, MBA; Libby Smith, DO;  
Shaum Sridharan, MD; Amanda Stapleton, MD; Thanos Tzounopoulos, PhD**

### **Intent and Overview**

The field of Otolaryngology-Head and Neck Surgery continues to evolve with new technologies, treatment options and advanced scientific knowledge. The meeting will discuss an array of topics in the field of Otolaryngology, specifically in Head and Neck Surgery, Otolaryngology, Pediatric Otolaryngology, Rhinology, and Laryngology. In addition to discussing “cutting edge” topics within these areas of Otolaryngology, this meeting will focus on practical applications of everyday otolaryngologic care from the above-mentioned sub-specialties within Otolaryngology.

### **Objectives**

At the completion of the course, the participant should be able to:

1. Recognize the potential for simulation to enhance surgical care.
2. Understand the impact of treatment of OSA on cardiovascular outcomes.
3. Identify new approaches to sinonasal polyposis.
4. Describe evolving techniques in head and neck reconstruction.

### **Who Should Attend:**

Otolaryngologists, primary care physicians, pediatricians, family practitioners, nurse practitioners, physician assistants, residents, audiologists, speech therapists and other interested health care professionals.

## **CONTINUING EDUCATION CREDIT**

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Physician (CME)**

The University of Pittsburgh designates this live activity for a maximum of 9.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Other Healthcare Professionals:** Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

## **SCHEDULE**

**Day 1 of 2: Friday, March 27, 2020**

**Location: BST 120**

**At UPMC Presbyterian, 203 Lothrop Street**

7:00 – 8:00 am      **Registration and Breakfast**

8:00 – 8:05 am      **Welcome**  
Jonas Johnson, MD

### **SESSION 1 – PEDIATRIC OTOLARYNGOLOGY**

**Moderator: Amanda Stapleton, MD**

8:05 – 8:20 am      **Year in Review**  
Amanda Stapleton, MD

8:20 – 8:40 am      **PechaKucha Presentations**

8:20-8:25      Never Trust a Noisy Baby  
Kara Meister, MD

8:25-8:30      Pediatric Obesity and Otitis Media?  
Kavita Dedhia, MD

8:30-8:35      Optimization of Pediatric Cystic Fibrosis Patients prior to Endoscopic  
Sinus Surgery  
Christopher Azbell, MD

8:35-8:40      Discussion

8:40-9:00 am      **Keynote Lecture:** 3-D Printing has Changed my Practice and may soon  
Change yours  
Noel Jabbour, MD, MS

9:00 – 9:30 am      **Panel Discussion**  
Moderator: Amanda Stapleton, MD  
Panelists: Christopher Azbell, MD; Kavita Dedhia, MD; Noel Jabbour,  
MD, MS; Kara Meister, MD

### **KEYNOTE LECTURE**

**Moderator: Jonas Johnson, MD**

9:30 – 10:00 am      **Keynote Lecture:** Pain Management Update: Evolving Roles for Opiates  
and Marijuana  
Brian Zitelli, Pharm D

10:00 – 10:15 am     **BREAK, Visit with Exhibitors**

**SESSION 2 – Facial Plastic and Reconstructive**

**Moderator: Shaum Sridharan, MD**

10:15 – 10:30 am     **Keynote Lecture:** Pain Management in Head and Neck Cancer  
J. Kenneth Byrd, MD

10:30 – 11:15 pm     **PechaKucha Presentations**

10:30-10:38     Office-Based Facial Plastics Procedures  
Summit Kundaria, MD

10:38-10:46     Getting Out of Trouble with Regional Flap Reconstruction  
Greer Albergotti, MD

10:46-10:54     Update on the Role Virtual Surgical Planning (VSP) in Head and Neck  
Reconstruction  
Mark Kubik, MD

10:54-11:02     Facial Reanimation  
Shaum Sridharan, MD

11:02-11:10     The Basics of Lip Reconstruction  
Christopher Oliver, MD

11:10-11:15     Discussion

11:15-12:00 pm     **Panel Discussion**  
Moderator: Shaum Sridharan, MD  
Panelists: Greer Albergotti, MD; Ken Byrd, MD; Mark Kubik, MD;  
Summit Kundaria, MD; Christopher Oliver, MD

12:00 – 1:00 pm     **LUNCH, Visit with Exhibitors**

**SESSION 3 – GERIATRIC OTOLARYNGOLOGY**

**Moderators: Barry Hirsch, MD/Libby Smith, DO**

1:00 – 1:15 pm     **Keynote Lecture:** Cardiovascular Endpoints for Obstructive Sleep Apnea  
with Twelfth Cranial Nerve Stimulation (CARDIOSA-12)  
Raj Dedhia, MD, MSCR

1:15 – 1:45 pm     **PechaKucha Presentations**

1:15-1:20     UT Experience with Pediatric Baha Implantation  
Bruce MacDonald, MD

- 1:20-1:25 Vestibular Issues in Cochlear Implantation  
Scott Thompson, MD
- 1:25-1:30 Canaloplasty on the Coast  
Seth McAfee, MD
- 1:30-1:35 Presbyphonia: Is Augmentation Enough?  
Mark Gilbert, MD
- 1:35-1:40 Presbyphagia and Quality of Life  
John Ingle, MD
- 1:40-1:45 Discussion
- 1:45 – 2:25 pm **Panel Discussion**  
Moderator: Libby Smith, DO  
Panelists: Raj Dedhia, MD, MSCR; Mark Gilbert, MD; John Ingle, MD;  
Bruce MacDonald, MD; Seth McAfee, MD; Scott Thompson, MD
- 2:25 – 2:40 pm BREAK**

#### **SESSION 4 – RHINOLOGY/SKULL BASE**

**Moderator: Carl Snyderman, MD, MBA**

- 2:45 – 3:00 pm **Keynote Lecture:** What Makes a Good Endoscopic Surgeon?  
Carl Snyderman, MD, MBA
- 3:00 – 3:30 pm PechaKucha Presentations
- 3:00-3:05 Endoscopic ICA Management  
Arturo Solares, MD
- 3:05-3:10 Preoperative Direct Puncture Embolization of Sinonasal-Anterior Skull  
Base Tumors: An Evidence-Based Approach  
Emiro Caicedo Granados, MD, MS
- 3:10-3:15 Management of Spontaneous CSF Rhinorrhea  
Andrea Hebert, MD, MPH
- 3:15-3:20 Management of Skull Base Inverted Papilloma  
Timothy DeKlotz, MD
- 3:20-3:25 Management of Bacterial Osteomyelitis of the Anterior Skull Base  
Aron Pollack, MD
- 3:25-3:30 Discussion

3:30 – 4:00 pm      **Panel Discussion**  
Moderator: Carl Snyderman, MD, MBA  
Panelists: Timothy DeKlotz, MD; Emiro Caicedo Granados, MD, MS;  
Andrea Hebert, MD, MPH; Aron Pollack, MD; Arturo Solares, MD

4:00 pm              **Adjournment Day 1 of 2**

**Day 2 of 2: Saturday, March 28, 2020**

**Location: BST 120**

**At UPMC Presbyterian, 203 Lothrop Street**

**ROBERT A. AND GEORGE C. SCHEIN RESEARCH FORUM**

7:00 – 7:55 am      **Registration and Breakfast**

7:55 – 8:00 am      **Welcome**  
Jonas Johnson, MD

8:00 – 8:45 am      **Keynote Lecture:** The Age of Antibodies: No Sinus Surgeon Required?  
Stella Lee, MD

8:45 – 9:45 am      **Resident Research Presentations**  
Moderator: Thanos Tzounopoulos, PhD  
8:45 Presentation I              9:15 Presentation IV  
8:55 Presentation II              9:25 Presentation V  
9:05 Presentation III              9:35 Presentation VI

9:45 – 9:55 am      **Discussion**

9:55 – 10:10 am      **BREAK, Visit with Exhibitors**

10:10 – 11:10 am      **Game Show**  
Moderator: Carl Snyderman, MD, MBA

11:10 – 11:15 am      **Robert A. and George C. Schein Award Presentation**

This award will be given to the resident who presented the best clinical research, basic research or quality improvement project.

11:15 am              **Adjournment Day 2 of 2**

## COURSE DIRECTORS

Barry Hirsch, MD Professor Department of Otolaryngology University of Pittsburgh School of Medicine	Jonas Johnson, MD Professor Department of Otolaryngology University of Pittsburgh School of Medicine
Libby Smith, DO Associate Professor Department of Otolaryngology University of Pittsburgh School of Medicine	Carl Snyderman, MD, MBA Professor Department of Otolaryngology University of Pittsburgh School of Medicine
Shaum Sridharan, MD Clinical Instructor Department of Otolaryngology University of Pittsburgh Medical Center	Amanda Stapleton, MD Assistant Professor Department of Otolaryngology University of Pittsburgh School of Medicine
Thanos Tzounopoulos, PhD Professor Department of Otolaryngology University of Pittsburgh School of Medicine	

## GUEST FACULTY

Greer Albergotti, MD Assistant Professor Department of Otolaryngology Medical College of Georgia at Augusta University Augusta, GA	Christopher Azbell, MD Assistant Professor Department of Pediatric Otolaryngology University of Kentucky Lexington, KY
J. Kenneth Byrd, MD Associate Professor Department of Otolaryngology Medical College of Georgia at Augusta University Augusta, GA	Kavita Dedhia, MD Assistant Professor Department of Otolaryngology University of Pennsylvania Philadelphia, PA
Raj Dedhia, MD, MSCR Assistant Professor Department of Otorhinolaryngology University of Pennsylvania Philadelphia, PA	Timothy DeKlotz, MD Assistant Professor Department of Otolaryngology Head and Neck Surgery MedStar Georgetown University Hospital Washington, DC

<p>Mark Gilbert, MD Assistant Professor Department of Otolaryngology University of Missouri Columbia, MO</p>	<p>Emiro Caicedo Granados, MD, MS Assistant Professor Division of Otolaryngology University of Minnesota Minneapolis, MN</p>
<p>Andrea Hebert, MD, MPH Assistant Professor Department of Otorhinolaryngology University of Maryland School of Medicine Baltimore, MD</p>	<p>John Ingle, MD Assistant Professor Department of Otolaryngology University of Rochester Medical Center Rochester, NY</p>
<p>Summit Kundaria, MD Nuance Facial Plastics Charlotte, NC</p>	<p>Bruce MacDonald, MD Associate Professor Department of Otolaryngology University of Tennessee Memphis, TN</p>
<p>Seth McAfee, MD Assistant Professor Department of Otolaryngology Seton Hall University School of Medicine Neptune City NJ</p>	<p>Kara Meister, MD Clinical Assistant Professor Department of Otolaryngology Lucile Packard Children's Hospital Stanford</p>
<p>Christopher Oliver, MD Assistant Professor Department of Otolaryngology University of Colorado Denver, CO</p>	<p>Aron Pollack, MD Department of Otolaryngology Northwell Hospital New York, NY</p>
<p>Arturo Solares, MD Professor Department of Otolaryngology Emory University Atlanta, GA</p>	<p>Scott Thompson, MD Adjunct Associate Professor Department of Communication Sciences and Disorders University of South Carolina Columbia, SC</p>

**LOCAL FACULTY**

<p>Noel Jabbour, MD, MS Assistant Professor Department of Otolaryngology University of Pittsburgh School of Medicine</p>	<p>Mark Kubik, MD Assistant Professor Department of Otolaryngology University of Pittsburgh School of Medicine</p>
--	--



Stella Lee, MD Assistant Professor Department of Otolaryngology University of Pittsburgh School of Medicine	Brian Zitelli, Pharm D Pharmacist Hillman Cancer Center Pharmacy Hillman Cancer Center
--	---

**Faculty Disclosure**

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

**For Online Information Visit (Online Registration is not Available):**

<https://cce.upmc.com/2020-three-rivers-otolaryngology-update>

**REGISTRATION (Send Registration to Jackie Lynch (E-Mail: [lynchjj@upmc.edu](mailto:lynchjj@upmc.edu)/Fax: 412-647-2080))**

**Registration Fee is \$250** Physicians, Nurses, and all other health care professionals.

**Alumni Member:** Yes or No \_\_\_\_\_

**CENTS (Community Ears Nose and Throat Specialists) Member:** Yes or No \_\_\_\_\_

**Coding Personnel Fee:** \$125.00

**Tuition fee is *waived* for all residents, fellows, international visiting scholars and medical students but **registration is still required**.**

#### **MEETING LOCATION**

The conference will be held at UPMC Presbyterian Biomedical Science Tower (BST); Room 120; 203 Lothrop Street; Pittsburgh, PA 15213.

#### **Special Needs**

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by e-mailing Jackie Lynch at [lynchjj@upmc.edu](mailto:lynchjj@upmc.edu).

#### **Cancellation**

All cancellations must be in writing and sent to us *via* U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before January 27, 2020 will be completely refunded. From January 27-30, 2020, a \$50.00 administrative fee will be assessed. No refunds will be made after January 31, 2020. "No shows" are not eligible for refunds.

The UPMC/Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.

#### **Cancellation requests can be made to:**

Jackie Lynch, Department of Otolaryngology  
University of Pittsburgh School of Medicine  
Eye and Ear Institute, 200 Lothrop Street, Suite 500  
Pittsburgh, PA 15213

412-647-2130 (T)

412-647-2080 (F)

[lynchjj@upmc.edu](mailto:lynchjj@upmc.edu)

## REGISTRATION FORM

2020: Three Rivers Otolaryngology Update

March 27-28, 2020

Course # \_\_\_\_\_

Please type or print clearly; photocopy both sides of this form for additional registrants.

No Registration Will Be Accepted Without Payment Attached.

\*Last FIVE digits of Social Security Number: \_\_\_\_ - \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ \*required

\*Prefix:  Mr.  Mrs.  Dr.  Ms.  Other, please indicate: \_\_\_\_\_

\*First Name: \_\_\_\_\_ This is how your name will appear

\*Last Name: \_\_\_\_\_ on your name badge. \*required

\*Suffix (Jr., Sr., etc...): \_\_\_\_\_

Company/Institutional Affiliation: \_\_\_\_\_

Specialty: \_\_\_\_\_

E-mail address: \_\_\_\_\_

\*Degree:  MD  DO  Resident  PhD  MPH  RN \*required

Other, please indicate: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Work Telephone ( ) \_\_\_\_\_

Fax ( ) \_\_\_\_\_

How did you hear about this conference?

\_\_\_\_\_

I require vegetarian lunch.

I require vegan lunch.

I require kosher lunch.

I have no special dietary requirements.

### Registration Fees

\$250 Physicians, Nurses, and other health care professionals.

Yes or No \_\_\_\_\_ Alumni Member

Yes or No \_\_\_\_\_ Member **CENTS** (Community Ears Nose and Throat Specialists)

\$125.00 Coding Personnel

**Tuition fee is waived for all residents, international visiting scholars and medical students - registration is still required.** Please indicate if you are a resident, international visiting scholars and medical students: \_\_\_\_\_

Total Registration fee enclosed \$ \_\_\_\_\_

**PAYMENT MUST ACCOMPANY REGISTRATION.**

Method of Payment: Credit Card or Check or interdepartmental transfer.

Name: \_\_\_\_\_  
Card #: \_\_\_\_\_  
CVD #: \_\_\_\_\_  
Expiration Date: \_\_\_\_\_  
Amt: \_\_\_\_\_

Please make checks payable to **University of Pittsburgh.**

**Mail/Fax/E-mail Payment and Registration to:**

Jackie Lynch, Department of Otolaryngology  
University of Pittsburgh School of Medicine  
Eye and Ear Institute, 200 Lothrop Street, Suite 500  
Pittsburgh, PA 15213  
412-647-2130 (T)                      412-647-2080 (F)                      lynchjj@upmc.edu

**OVERNIGHT ACCOMMODATIONS**

We are ***not*** holding a block of rooms. However, because of their close proximity to the event and shuttle service, we suggest you make your hotel reservation at:

Hilton Garden Inn Pittsburgh University Place 3454 Forbes Avenue Pittsburgh, PA 15213 (412) 683-2040	Wyndham Pittsburgh University Center 100 Lytton Avenue Pittsburgh, PA 15213 (412) 682-6200
---	---

Visit the Center for Continuing Education in the Health Sciences Web Site  
Our Internet address is: <http://cce.upmc.com>

The UPMC/Center for Continuing Education in the Health Sciences invites you to visit our web location. Receive information on CME programs, earn CME credits on the Internet, and access information about our formal courses and much more. Discover who we are and how you can contact us. Please visit our web location often to get updated information on upcoming programs.

**Disclaimer Statement:**

*The University of Pittsburgh is an affirmative action, equal opportunity institution.*