

Office of Educational Resources and Planning  
UPMC Children's Hospital of Pittsburgh-Community Based Services  
University of Pittsburgh School of Medicine  
Center for Continuing Education in the Health Sciences

## **Children's Telephonic Psychiatric Consultation Service (TiPS)**

### **Behavioral Health and Pediatric Primary Care Conference (MD63)**



**Friday, May 22, 2020  
8:00 AM to 4:30 PM**

**Zoom Live Stream Event**

**Course Director  
Abigail Schlesinger, MD**

## Behavioral Health and Pediatric Primary Care



### Introduction

UPMC Children's Hospital of Pittsburgh's primary care network, Children's Community Pediatrics (CCP), has been selected by Pennsylvania state officials to take part in a new program to improve behavioral health treatment for children in the state.

TiPS is a program designed to increase the availability of peer-to-peer child psychiatry consultation teams to primary care clinicians (PCCs) who are prescribers of psychotropic medications for children insured by Pennsylvania's Medical Assistance programs, Children's Health Insurance Program (CHIP), and UPMC commercial insurance. The program aims to provide real time resources to clinicians who desire consultative advice for children with behavioral health concerns.

This conference is to help PCCs understand the TiPS program and how to use it. Learning goals are directly related to behavioral health intervention, the use of psychotropic medication, and other pediatric psychiatry related topics.

### Who Should Attend

Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP) who practice in the northwestern, and northern southwestern PA counties. If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

**There is no charge to attend this conference, however registration is required.**

### Learning Objectives

At the completion of the program, participants will be able to:

1. Discuss how to utilize Children's TiPS for psychiatric consultation
2. Identify five health care needs for gender diverse youth
3. Identify risk factors for and risks of perinatal depression
4. Discuss current trends in adolescent substance use
5. Discuss the role of early childhood ACES in later childhood and adult mental health and behavioral issues.
6. Identify treatment options for behavioral health conditions, such as anxiety, depression and attention-deficit hyperactivity disorder

## **Course Director**

### **Abigail Schlesinger, MD**

Medical Director, Children's TiPS  
Medical Director Ambulatory Integrated Behavioral Health Services  
Associate Chief, Ambulatory Child and Adolescent Psychiatry Service Line  
UPMC Western Psychiatric Hospital  
Chief, Behavioral Science Division UPMC Children's Hospital of Pittsburgh  
Associate Professor University of Pittsburgh School of Medicine  
Pittsburgh, PA

## **Faculty**

### **Nicole Brynes, DNP**

Nurse Practitioner  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

### **Kristen Eckstrand, MD, PhD**

Fellow, Child & Adolescent Psychiatry at UPMC  
Post-Doctoral Fellow at the University of Pittsburgh  
Pittsburgh, PA

### **Anna Brown Jolliffe, DO**

Behavioral Science Division  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

### **Shannon Meyers (Mikita), RN**

Outpatient Nurse Coordinator  
Facilitator for SMART Choices Learning Collaborative  
Certified SBIRT Trainer  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

### **Eydie Moses-Kolko, MD**

Associate Professor of Psychiatry  
University of Pittsburgh School of Medicine  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

### **Justin Schreiber, DO, MPH, FAAP**

Assistant Professor of Psychiatry and Pediatrics  
Children's Hospital of Pittsburgh  
UPMC Western Psychiatric Hospital  
University of Pittsburgh School of Medicine  
Pittsburgh, PA

**Gina Sequeira, MS, MD**

Fellow, Adolescent Medicine  
Children's Hospital of Pittsburgh  
Pittsburgh, PA

**Kelley Victor, MD**

Clinical Assistant Professor of Psychiatry  
UPMC Children's Hospital of Pittsburgh  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

**Rachel Margaret Whelan, MD, PhD**

Assistant Professor of Psychiatry  
UPMC Children's Hospital of Pittsburgh (CHP) – Behavioral Health and Wellness Clinic  
UPMC CHP – NICU Developmental Follow-up Clinic  
UPMC CHP – TiPS  
UPMC Western Psychiatric Hospital – Center for Children and Families  
Pittsburgh, PA

**Conference Committee Chair**

**Colleen D. Gianneski, LCSW**

Program Director, Children's TiPS  
Behavioral Health Therapist, Children's TiPS and Child and Family Counseling Center  
Children's Community Pediatrics Behavioral Health Services  
Wexford, PA

*All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.*

*The University of Pittsburgh is an affirmative action, equal opportunity institution.*

For additional information regarding the presenters and/or presentations, please contact Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu).

## Agenda

8:00 to 8:15 a.m.	<b><i>Sign into Meeting</i></b>
8:15 to 9:15 a.m.	<b><i>Introduction to TiPS</i></b> <i>Abigail Schlesinger, MD</i>
9:15 to 10:15 a.m.	<b><i>Recognition and Management of Postpartum Depression in the Pediatric Office Visit</i></b> <i>Eydie Moses-Kolko, MD</i>
10:15 to 10:30 a.m.	<b>Break</b>
10:30 to 11:30 a.m.	<b><i>Treatment of Depression in Primary Care</i></b> <i>Kelley Victor, MD and Justin Schreiber, DO, MPH, FAAP</i>
11:30 a.m. to 12:30 p.m.	<b><i>Infant Mental Health and the Intersection with Adverse Childhood Experiences (ACES)</i></b> <i>Rachel Whelan, MD, PhD</i>
12:30 to 1:00 p.m.	<b>Break</b>
1:00 to 2:00 p.m.	<b><i>Integrated Affirmative Care for Gender Diverse Youth</i></b> <i>Kristen Eckstrand, MD, PhD; Gina Sequeira, MS, MD</i>
2:00 to 3:00 p.m.	<b><i>Somatic Symptom Disorders in Pediatrics</i></b> <i>Nicole Brynes, DNP; Anna Jolliffe, MD</i>
3:00 to 3:15 p.m.	<b>Break</b>
3:15 to 4:30 p.m.	<b><i>The Evolution of Vaping Among Adolescents</i></b> <i>Shannon Meyers, RN</i>
4:30 p.m.	<b>Adjournment</b>

For additional information regarding the presenters and/or presentations, please contact Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu).

## Continuing Education Credit

### Physician (CME)

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.



### Psychologists

UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is being offered for 7.0 continuing education credits.

### Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP

The Office of Educational Resources and Planning, UPMC Western Psychiatric Hospital is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 7.0 continuing education credits.



### Counselors

UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 7.0 continuing education hours.

### Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 7.0 hours of social work continuing education through UPMC Western Psychiatric Hospital's Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9085.

### Other Healthcare Professionals

Nurses and other health care professionals are awarded .70 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 7.0 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.

1. *Everyone must return a completed Attendance Verification Form.*
2. *Please retain your certificates in a safe place. Replacements cost \$30.*
3. *Continuing education credits will be reduced if the participant chooses to leave before the end of the event. This is recorded on the Zoom Live Streaming App.*
4. *The participant will be awarded a continuing education contact hour(s) certificate four to six weeks post-conference via e-mail upon completion and submission of the online evaluation form.*

## Registration Information

*There are no fees to attend or to receive continuing education credits, however registration is required.*

Please register online by May 18, 2020 online at

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=218638>

If unable to register online, please complete the registration form below and return it via e-mail to Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu).

**If registering online, please return to this link to complete your registration, and follow these directions:**

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=218638>

1. Scroll down, and click on 'Register Now' (small box at bottom of page)
2. If 'Behavioral Health and Pediatric Primary Care' appears under 'Shopping Cart', click on '**Checkout**' (think of this as 'continue').
3. Register as a new registrant or sign in if you already have an account (username is your e-mail). You do not have to add insurance information.
4. When the conference name appears again, click on '**Checkout**' (again, think of this as 'continue')
5. **Continuing Education Credit** – Please use dropdown list for credential or choose **Not Applicable** (you must complete this). Click on 'continue'. Please answer all questions.
6. Complete transaction and print your registration receipt.

### Registration Includes:

- All registration and conference materials
- Continuing Education Credits and Continuing Medical Credits



*We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at 412-204-9090.*

*To register online, please return to*

<https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=218638>

**If unable to register online, please use the registration form on the final page.**

## Registration Form

**Behavioral Health and Pediatric Primary Care Conference (MD63)**

**Friday, May 22, 2020**

**Online registration:** <https://upmc.asapconnected.com/CourseDetail.aspx?CourseId=218638>

Please type or print; photocopy for additional registrants. **Please register by May 18, 2020**

Date of Birth: MM/DD/YYYY					
First Name:		Last Name:			
Degree(s) to be noted on name badge (e.g. MD, PhD)					
Institutional Affiliation/Practice Name					
Address					
Address 2:					
City:		State:		Zip	
County:					
Day Telephone:					
E-Mail Address:					

**Practice Name:** \_\_\_\_\_

**Did you attend a previous TiPS program? Yes \_\_\_\_ No \_\_\_\_**

**For Continuing Education purposes, please check the continuing education or medical credits you need:**

- CADC/CCDP     NBCC Counselor     Nurse     Psychologist     Physician/MD  
 Social Worker (LSW/LCSW/LPC/LMFT)

**Clinician Type:**

- MD     DO     DNP     CRNP PA     PhD     Other

**Nancy Mundy E-MAIL: mundnl@upmc.edu**