



**Conference
Professional Track
Friday, September 27, 2019
8 am to 5 pm**

**Persad Center
5301 Butler St., Lawrenceville
Pittsburgh, PA**

Sponsored by Trans Pride PGH, the Persad Center, the Center for Adolescent and Young Adult Health at UPMC Children's Hospital of Pittsburgh, the University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences, and Trans YOUning

Program overview

This conference will address transgender-related issues and will have two tracks: medical and mental health.

Learning objectives

1. **Recognize** the management of gender dysphoria, including pubertal blockers, cross-sex hormones, surgical options, management of stress due to minority stress, and addressing educational needs.

2. **Demonstrate** cultural competency for transgender and gender non-binary

individuals, such as using the correct terminology, understanding the concepts of gender identity, making an institution a safe and welcoming space, and educating the community the health, educational, and psychosocial needs of transgender people.

3. **Identify** the systematic barriers to obtaining services for transgender and gender non-binary individuals and learn skills to navigate institutional systems for this vulnerable population.

4. **Apply** tools and skills with interfacing with individuals in the health care, educational, government, and business settings to promote the health and well-being of transgender and gender non-binary individuals.

Target Audience: *Medical and behavioral Health professionals*

Faculty

Brittany Ashcraft, LCSW Clinical Therapist, Persad Center

J. Coley Alston, Persad Center

Judith A. Cohen, M.D., Professor of Psychiatry, Drexel University of College of Medicine

Diane Dahm, LCSW, Clinical Therapist, Persad Center

Keith Gray, LSW, Clinical Therapist, Persad Center

Alicyn Simpson, B.A., Trans Buddy Program PGH Coordinator

Rachel Goss, LPC Clinical Therapist/Intern Supervisor, Persad Center

Kenneth Ho, MD, Associate Professor of Medicine, University of Pittsburgh

Kacie Kidd, MD, Adolescent Medicine Fellow, UPMC Children's Hospital of Pittsburgh

Colleen Krajewski, MD, Assistant Professor of Gynecology, UPMC Magee Women's Hospital

***Kara Mackinson, LCSW**, Social Worker, UPMC Children's Hospital of Pittsburgh

Kathleen M. McQuillan, MSCP, Clinical Therapist, Persad Center

Toby Meltzer, MD, Assistant Clinical Professor, Division of Plastic and Reconstructive Surgery, Oregon Health Sciences University

***Gerald T. Montano, DO**, Assistant Professor of Pediatrics, University of Pittsburgh

Marlaina Pongibove, Intern Persad Center

Dana Rofey, PhD, Associate Professor, University of Pittsburgh

Lyndsey Sickler, Youth Programs Manager, Persad Center

Martha J. Slagy, MA, NCC, Clinical Therapist, Persad Center

Sarah Tilstra, MD, Assistant Professor of Medicine, University of Pittsburgh

Caitlin Thornburgh, LSW Social Worker, UPMC Children's Hospital of Pittsburgh

Eloho Ufomata, MD, Assistant Professor of Medicine, University of Pittsburgh

***Andrew Weinberg, LCSW**, Clinical Therapist/Clinical Supervisor, Persad Center

*Course Directors

CONFERENCE SCHEDULE AT A GLANCE

7:00 – 8:00a

**Registration and
Breakfast**

Cafeteria

Behavioral Track

8:00 – 8:50 a

Image Therapy for Queer CouplesRachel Goss, LPC and
Marlaina Pongibove

9:00 – 9:50 a

Navigating Conflicting Religious Views and Our Trans Clients Views of Self

Martha J Slagy, MA, NCC

10:00 - 10:50 a

Implementing Trauma Focused Cognitive Behavioral Therapy with LGBTQ YouthAndrew Weinberg, LCSW
and Judith A. Cohen,
M.D.

11:00 – 11:30 a

Break for Lunch

11:30 – 12:50 p

Join Track Keynote Talk

Schuyler Bailar

1:00 – 2:00 p

Supporting TransParentsKathleen M. Mcquillian,
MSCP

2:00 – 2:50 p

Substance Use, Stigma, and Treatment Among Transgender IndividualKeith Gray, LSW and
Marlaina Pongibove

3:00 – 3:50 p

3:50 – 4:00 p

4:00 – 5:00 p

5:00p

Medical Track

8:00 – 8:50 a

9:00 – 9:50 a

10:00 – 10:50 a

11:00 – 11:30 a

11:30 – 12:50 p

The Nuances of Visibility and Trauma in the Trans CommunityDiane Dahm, LCSW and
Brittany Ashcraft, LCSW**Evaluation****Networking****Adjournment****Gynecologic Care for Transgender Men**

Colleen Krajewski, MD

Family-Oriented Care: An Inclusive Approach to Supporting Transgender and Gender Diverse Youth and their Families

Caitlin Thornburgh, MSW

Primary Care for Transgender Adults: Beyond HormonesSarah Tilstra, MD
Eloho Ufomata, MD**Break for Lunch****Joint Track Keynote Talk**

Schuyler Bailar

1:00 – 1:50 p

2:00 – 2:50 p

3:00 – 3:50 p

3:50 – 4:00 p

4:00 – 5:00 p

5:00p

HIV Treatment and Prevention in Transgender Populations

Ken Ho, MD

Optimizing Outcomes While Addressing Weight-related Concerns in Transgender Adolescents and Young Adults

Dana Rofey, PhD

Gender Confirmation Surgery; a Brief Overview of Surgical Options for Lower Surgery

Toby Meltzer, MD

Evaluation**Networking****Adjournment***To Register for the Conference:*<https://transpridepgh2019conference.bpt.me/>

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

This program is offered for **6.5** hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social continuing education. These credits hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal.

For information on social worker continuing education call (412) 624-3711.

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Lyndsey Sickler at lsickler@persad.center

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

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<http://www.cfo.pitt.edu/policies/policy/07/07-01-03.html>