**Pennsylvania Orders for Life-Sustaining Treatment**

**POLST: Doing It Right! Course Outline**

**2.5 Hour Online Course Prerequisites**

1. **POLST in Action in Pennsylvania** Video   
   An overview of the Pennsylvania POLST program with a description of the various sections of the form.
2. **Pennsylvania’s Advance Care Directive Law – Act 169, A Summary**Act 169 provides a comprehensive statutory framework governing advance health care directives and health care decision-making for incompetent patients.
3. **An Overview, Advance Directive and POLST**

**This tool:**

* Describes rationale for and use of each advance care planning document
* Demonstrates differences between Advance Directives and POLST
* Defines who can be a Pennsylvania Health Care Decision-Maker
* Discusses considerations when choosing CPR/DNR

1. **Advance Directives, Advance Care Planning and POLST in Practice**  
   This webinar provides the learner with information directly from an experienced physician and discusses the problem that can occur when no process is in place to convey a patient’s choices.

**5. POLST – Guidance for Health Care Professionals**   
A resource for anyone who will complete a POLST Form. All sections are discussed in detail.

**6. POLST Conversation Video**  
This video is a demonstration of the POLST conversation between a CRNP and a patient to determine his end-of-life treatment choices and recording on these preferences on the POLST form.

**7. Frequently Asked Questions**

**8. Post-Quiz**

**Prerequisite Course Objectives**

* Improve ability to distinguish what populations will benefit from various types of advance directive documents resulting in a capability to engage in focused care planning.
* Improve management of surrogate decision-making and compliance with Pennsylvania law by applying principles of Act 169 of 2006.
* Verbalize rationale for the concept that it is not the POLST form that is important, it is the conversation that elicits treatment goals of care.