Clinician Educator Showcase March 24, 2022

- 12:15pm-12:30pm LOG IN VIA ZOOM
- 12:30pm-12:45pm WELCOME AND SPECIAL RECOGNITIONS

David A. Lewis, MD

Distinguished Professor of Psychiatry and Neuroscience Thomas Detre Professor of Academic Psychiatry and Chair Department of Psychiatry, University of Pittsburgh School of Medicine

12:45pm-1:15pm SPEED DAT(A)ING SESSION

Improving Outpatient Referral after Patient Consultation Patrick Buckley, MD, PGY4, UPMC Western Psychiatric Hospital

Respect, Responsibility, and Equity in Medicine Piper Carroll, MD, Child & Adolescent Clinical Fellow, UPMC Western Psychiatric Hospital

Characterizing Transgender Concierge Service Utilization Within a Large Healthcare System Sarah Lim, MD, PGY4, UPMC Western Psychiatric Hospital

Psychiatric Outcomes Following Gunshot Injury Rafael Tamargo, MD, PGY4, UPMC Western Psychiatric Hospital

1:15pm-2:00pm PLENARY ADDRESS

The Scholarship of Education and Service: My Journey Joseph E. Losee, MD, FACS, FAAP Associate Dean for Faculty Affairs, University of Pittsburgh, School of Medicine

2:00pm-2:20pm TRANSITION TO BREAKOUT SESSION I

2:20pm-3:10pm BREAKOUT SESSION I

1-A When The Helper Needs Help: Supporting Health Care Providers Struggling with Mental Health Issues Lead Organizer: Robin Valpey, MD

Speaker(s):

- Sansea Jacobson, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine Discussant(s):
- Robin Valpey, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Elizabeth Hale, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Sansea Jacobson, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

1-B Open Notes Without Opening Wounds Lead Organizer: Jessica Gannon, MD

Speaker(s):

- Oommen Mammen, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Jessica Gannon, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine
- Patrick Buckley, MD, PGY4, UPMC Western Psychiatric Hospital

• Morgan Faeder, MD, PhD, Assistant Professor of Psychiatry and Neurology, University of Pittsburgh School of Medicine Discussant(s): Speakers

1-C Job Interviewing Skills for Clinician Educators: Getting to the Right Information from Applicants in a Virtual Interview Lead Organizer: Camellia Herisko, DNP, MSN, RN, PMHCNS-BC

Speaker(s):

- Katherine Kirkpatrick, HCI/UPMC sHRBP, Senior Recruiter, Human Resources, UPMC Western Psychiatric Hospital
- Arianna Hilk, BA, Human Resources Consultant, UPMC Western Psychiatric Hospital

Discussant(s): Dr. Herisko and speakers

1-D Assessment and Diversion of Pediatric Emergency Psychiatry Cases Lead Organizer: Lauren Andrews, MD

Speaker(s):

- Lauren Andrews, MD, Child & Adolescent Clinical Fellow, UPMC Western Psychiatric Hospital
- Courtney Walker, DO, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Associate Medical Director of the Psychiatric Emergency Services, UPMC Western Psychiatric Hospital
- Garrett Sparks, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Camille Tastenhoye, MD, *PGY4, UPMC Western Psychiatric Hospital* **Discussant(s)**: Speakers

1-E The Good, the Bad, and the Biased: Moving Towards Fair Evaluation of Trainees Lead Organizers: Neeta Shenai, MD and Piper Carroll, MD

Speaker(s):

- C. Haley Walker, MD, PGY3, UPMC Western Psychiatric Hospital
- Neeta Shenai, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Piper Carroll, MD, Child & Adolescent Clinical Fellow, UPMC Western Psychiatric Hospital Discussant(s): Speakers

3:10pm-3:30pm BREAK/TRANSITION TO BREAKOUT SESSION II

3:30pm-4:20pm BREAKOUT SESSION II

2-A Advocacy Three Ways: Advocating For Psychiatric Patients To Other Medical Professionals Lead Organizer: Ryan Peterson, MD

Speaker(s):

- Robin Valpey, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Morgan Faeder, MD, PhD, Assistant Professor of Psychiatry and Neurology, University of Pittsburgh School of Medicine
- Ryan Peterson, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Hader Mansour, MD, PhD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine
- Jessica Gannon, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine **Discussant(s):** Speakers

2-B Resolving Clinical Service Challenges with Effective Multidisciplinary Collaboration Lead Organizer: Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP

Speaker(s):

- Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP, Chief Nursing Officer, Vice President of Operation & Patient Care Services
- Priyanka Amin, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Medical Director of Patient Safety, UPMC Western Psychiatric Hospital
- Jeremy Wanless, MSN, RN, Director of Nursing, UPMC Western Psychiatric Hospital
- Tanya Fabian, DPharm, PhD, BCPP, Director of Pharmacy, UPMC Western Psychiatric Hospital
- Carol VanZile, LCSW, Director of Behavioral Health Regulatory Compliance Accreditation Compliance Officer, UPMC Western Psychiatric Hospital
 Discussant(s): Speakers

2-C "MedTwitter" for the Next Generation: Instagram and TikTok for Clinician Educators Lead Organizer: Camille Tastenhoye, MD

Speaker(s):

- Camille Tastenhoye, MD, PGY4 Resident, UPMC Western Psychiatric Hospital
- Meghan Keil, MD, PGY4 Resident, UPMC Western Psychiatric Hospital
- Sansea Jacobson, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

2-D Black Box Warning for Teaching and Meetings Lead Organizer: Meredith Spada, MD

Speaker(s):

- Gina Perez, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine
- Cristin McDermott, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Meredith Spada, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Patrick Buckley, MD, PGY4 Resident, UPMC Western Psychiatric Hospital

Discussant(s): Speakers

4:20 Adjournment

PROGRAM OVERVIEW

The Clinician Educator Showcase highlights the accomplishments of the faculty, physicians, and trainees in the Clinician-Educator career pathway and utilizes interactive plenary and breakout sessions to disseminate information on: strategies for career advancement for individuals in the Clinician-Educator pathway; clinical practice and quality improvements, and resources and tools for enhancing teaching methods.

TARGET AUDIENCE

Residents, clinician-educator track psychiatrists, researchers engaged or interested in clinical research (e.g. service delivery, etc.), clinicians in both inpatient and ambulatory care facilities, students and other members of the UPMC Western Psychiatric Hospital (WPH) community are invited to attend. Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Jeanie Knox at 412-246-6784.

LEARNING OBJECTIVES

At the conclusion of the program, participants should be able to:

- 1. Describe and implement strategies for creating an environment of diversity, equality and inclusivity through improved engagement and counteracting unconscious bias when interacting with individuals from different racial, ethnic and cultural backgrounds.
- 2. Demonstrate increased awareness of innovative approaches and tools to provide quality behavioral health clinical and educational programming as COVID-19 pandemic safety guidelines evolve.
- 3. Understand and apply techniques to promote self-care and maintain wellbeing among health care providers and staff.

COURSE DIRECTOR

David A. Lewis, MD Distinguished Professor of Psychiatry and Neuroscience, Thomas Detre Professor of Academic Psychiatry, and Chair, Department of Psychiatry, University of Pittsburgh School of Medicine Medical Director and Director of Research, UPMC Western Psychiatric Hospital Pittsburgh, PA

PLANNING COMMITTEE

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Piper Carroll, MD Child & Adolescent Clinical Fellow, UPMC Western Psychiatric Hospital Pittsburgh, PA

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Meredith Spada, MD Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Pittsburgh, PA

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Michael J. Travis, MD Associate Professor of Psychiatry, University of Pittsburgh School of Medicine Pittsburgh, PA

Robin Valpey, MD Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Pittsburgh, PA

Harriet R. Wortzman, MBA, EdD Clinician Education & Academic Manager, Department of Psychiatry, University of Pittsburgh School of Medicine Pittsburgh, PA

Lori Zippay Academic Administrator, Department of Psychiatry, University of Pittsburgh School of Medicine Pittsburgh, PA

FACULTY AND SHOWCASE PARTICIPANTS

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Sarah Lim, MD, PGY4 Resident, UPMC Western Psychiatric Hospital, Pittsburgh, PA

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Gina Perez, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA **Ryan Peterson, MD**, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA **Neeta Shenai, MD**, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA **Joseph Losee, MD**, Associate Dean for Faculty Affairs, University of Pittsburgh School of Medicine, Pittsburgh, PA **Meredith Spada, MD**, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA **Garrett Sparks, MD**, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA **Rafael Tamargo, MD**, PGY3 Resident, UPMC Western Psychiatric Hospital, Pittsburgh, PA

Camille Tastenhoye, MD, PGY3 Resident, UPMC Western Psychiatric Hospital, Pittsburgh, PA

James D. Tew, Jr., MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA Michael J. Travis, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA Robin Valpey, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA Carol VanZile, LCSW, Director of Behavioral Health Regulatory Compliance Accreditation Compliance Officer, UPMC Western Psychiatric Hospital

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Lori Zippay, Academic Administrator, Department of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA

Accreditation and credit designation

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of $3.0 \text{ AMA PRA Category 1 Credits}^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 3.0 contact hours. Other health care professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Disclaimer Statement

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Faculty Disclosure

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

Morgan Faeder, MD, PhD – Consultant: Novartis Joseph Losee, MD, FACS, FAAP – Other (Royalties): Elsevier and Thieme David A. Lewis, MD - Grant Support: Pfizer and Merck; Consultant: Astellas

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

BREAKOUT SESSION I

1-A When The Helper Needs Help: Supporting Health Care Providers Struggling with Mental Health Issues

Organizer(s): Robin Valpey, MD (Session Chair) & Elizabeth Hale, MD Speaker(s):

Sansea Jacobson, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine **Discussant(s)**:

Robin Valpey, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Elizabeth Hale, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Sansea Jacobson, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine

Description: This session will explore the challenges of helping colleagues who may be struggling with mental health symptoms while working in the behavioral health field, addressing specific issues surrounding burnout vs mental illness, confidentiality and potential disability. Through an interactive, discussion-based format, participants will walk through two hypothetical scenarios in which a colleague is struggling with mental illness, exploring potential strategies and also identify potential challenges and pitfalls. Discussants will present on specific strategies that have been helpful in addressing well-being needs for colleagues and also provide concrete resources available to those professionals struggling with mental illness.

1-B Open Notes Without Opening Wounds

Organizer(s): Jessica Gannon, MD (lead organizer), Morgan Faeder, MD, PhD & Patrick Buckley, MD Speaker(s):

Oommen Mammen, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Jessica Gannon, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine Patrick Buckley, MD, PGY4, UPMC Western Psychiatric Hospital Morgan Faeder, MD, PhD, Assistant Professor of Psychiatry and Neurology, University of Pittsburgh School of Medicine **Discussant(s):** Speakers

Description: We will provide education for advanced learners on use of Open Notes and its exceptions. We will then focus on teaching about Open Notes primarily through clinical vignettes written by learners from different service areas. Our expert panel will review each student note and offer teaching points. Audience participation will be encouraged (via poll everywhere or chat in teams/zoom).

1-C Job Interviewing Skills for Clinician Educators: Getting to the Right Information from Applicants in a Virtual Interview Organizer: Camellia Herisko, DNP, MSN, RN, PMHCNS-BC (Session Chair) Speaker(s):

Katherine Kirkpatrick, HCI/UPMC sHRBP, Senior Recruiter, Human Resources, UPMC Western Psychiatric Hospital Arianna Hilk, BA, Human Resources Consultant, UPMC Western Psychiatric Hospital **Discussant(s):** Dr. Herisko and speakers

Description: This session will provide an overview of the art of interviewing candidates to find the right fit for the position. Content will cover the do's and don'ts of interviewing, how to create an engaging interview from the start, open ended questions, behavioral based questions and how to wrap up the conversation. Discussion will also include the challenges of virtual interviewing.

1-D Assessment and Diversion of Pediatric Emergency Psychiatry Cases

Organizer(s): Drs. Lauren Andrews (lead organizer) and Camille Tastenhoye Speaker(s):

Lauren Andrews, MD, Child & Adolescent Clinical Fellows, UPMC Western Psychiatric Hospital Courtney Walker, DO, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Associate Medical Director of the Psychiatric Emergency Services, UPMC Western Psychiatric Hospital Garrett Sparks, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Camille Tastenhoye, MD, PGY4, UPMC Western Psychiatric Hospital **Discussant(s)**: Speakers

Description: There has been a notable increase in the number of pediatric presentations in emergency settings for psychiatric crises. Given the limitations of our system, including the number of available beds and outpatient resources, in conjunction with the ongoing limitations of the pandemic, how do we best evaluate and triage cases? This session will explore which patients are most appropriate for admission, which are appropriate for diversion and what services are available to them, along with discussing complicated and difficult cases. We will open by having audience participate in a word-cloud generator to assess feelings towards pediatric cases, and also include audience participation throughout the session. We will go over specific points for providers to think about when they are evaluating these cases such as expectation management, what hospitalization can address, and what hospitalization may make worse. At the end, we will provide a list of resources that providers can use to divert pediatric cases and it will also be available as a PDF for easy reference.

1-E The Good, the Bad, and the Biased: Moving Towards Fair Evaluation of Trainees

DIVERSITY, EQUITY AND INCLUSIVITY (DEI)

Organizer(s): Neeta Shenai, MD & Piper Carroll, MD (lead co-organizers), Morgan Faeder, MD, PhD, Jody Glance, MD & Camille Tastenhoye, MD

Speaker(s):

C. Haley Walker, MD, PGY3, UPMC Western Psychiatric Hospital Neeta Shenai, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Piper Carroll, MD, Child & Adolescent Clinical Fellow, UPMC Western Psychiatric Hospital **Discussant(s):** Speakers

Description: Narrative evaluations are an important part of the assessment of trainees and with many standardized tests moving towards pass fail, narrative evaluations will only become more important in coming years. This presentation plans to explore the nature and historical roots of differences noted in language in narrative evaluations. We hope to proactively teach session attendees to recognize the role implicit bias may play in narrative evaluations they read and coach the use of inclusive language in narrative evaluations they write.

BREAKOUT SESSION II

2-A Advocacy Three Ways: Advocating For Psychiatric Patients To Other Medical Professionals

Organizer(s): Drs. Ryan Peterson (lead organizer), Robin Valpey, Morgan Faeder, Hader Mansour and Jessica Gannon Speaker(s):

Robin Valpey, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Morgan Faeder, MD, PhD, Assistant Professor of Psychiatry and Neurology, University of Pittsburgh School of Medicine, Ryan Peterson, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Hader Mansour, MD, PhD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine, Jessica Gannon, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine, **Discussant(s):** Speakers

Brief description: Our group will present on patient advocacy by psychiatrists to medical teams in three major settings: outpatient, integrated care, and inpatient. We will also focus on types of communication, i.e. face to face, by EMR, and through patient activation. Using case vignettes, we will discuss specific strategies that have been effective for advocacy while also presenting objective data demonstrating trends in successful communication strategies between psychiatrists and medical professionals. Dr. Mansour will present a case where the advocacy of an inpatient psychiatric team improved the quality of medical care for a vulnerable patient. Dr. Gannon will discuss an outpatient case where she worked closely with a patient and their family, providing medical education to help promote shared decision making with outpatient medical teams. Drs. Valpey and Peterson will each discuss advocacy in integrated care settings. Dr Peterson's vignette will highlight education of non-BH staff by psychiatry/psychology to address unmet behavioral health needs and promote multimodal delivery of Behavioral Health Care. Dr. Valpey will, in turn, discuss a patient served in a novel integrated hematology setting, where the focus of care includes decreasing mental health stigma in patients and promoting patient engagement in behavioral health treatment. Finally, Dr. Faeder will review a case where being a facilitator of communication between inpatient medical teams and outpatient psychiatric teams was beneficial to the patient's overall care. Audience participation will be encouraged through use of Mentimeter.

2-B Resolving Clinical Service Challenges with Effective Multidisciplinary Collaboration

Organizer: Camellia Herisko, DNP, MSN, RN, PMHCNS-BC Speaker(s):

Camellia Herisko, DNP, MSN, RN, PMHCNS-BC, CRNP, Chief Nursing Officer, Vice President of Operation & Patient Care Services

Priyanka Amin, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine, Medical Director of Patient Safety, UPMC Western Psychiatric Hospital

Jeremy Wanless, MSN, RN, Director of Nursing, UPMC Western Psychiatric Hospital

Tanya Fabian, DPharm, PhD, BCPP, Director of Pharmacy, UPMC Western Psychiatric Hospital

Carol VanZile, LCSW, Director of Behavioral Health Regulatory Compliance Accreditation Compliance Officer, UPMC Western Psychiatric Hospital

Discussant(s): Speakers

Description: This showcase will focus on the concepts of multidisciplinary collaboration and how this can be used to resolve clinical challenges involving several disciplines. We will illustrate these concepts, including effective problem-solving techniques, communication skills, and the analysis of pros and cons, through an interactive discussion about a recent clinical scenario regarding notifications for medication refusals. Important concepts about safety and quality, including the root cause analysis and implementation and monitoring of interventions, will be discussed.

2-C "MedTwitter" for the Next Generation: Instagram and TikTok for Clinician Educators

Organizer(s): Meghan Keil, MD (lead organizer), Camille Tastenhoye, MD, Meredith Spada, MD & Sansea Jacobson, MD Speaker(s):

Camille Tastenhoye, MD, PGY4, UPMC Western Psychiatric Hospital Meghan Keil, MD, PGY4, UPMC Western Psychiatric Hospital Sansea Jacobson, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine **Discussant(s):** Speakers **Description:** This session will provide an overview of how social media can be leveraged by leaders in medical education, with a focus on the newer social media platforms of Instagram and TikTok. It will provide a tutorial on how clinician-educators can expand their professional impact by using social media.

2-D Black Box Warning for Teaching and Meetings

Organizers: Drs. Meredith Spada (lead organizer), Gina Perez & Patrick Buckley Speaker(s):

Gina Perez, MD, Associate Professor of Psychiatry, University of Pittsburgh School of Medicine Cristin McDermott, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Meredith Spada, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine Patrick Buckley, MD, PGY4, UPMC Western Psychiatric Hospital **Discussant(s):** Speakers

Description: With the COVID-19 pandemic, teaching and meetings were transitioned rapidly to a virtual setting. Nearly two years into the pandemic, it has become clear that virtual meetings are here to stay. This session will engage participants in a discussion highlighting best practices for teaching and leading meetings in the virtual setting utilizing a case-based, interactive format.