

Approved for:
AMA Category 1-A Credit
ANCC Credit
AAPA Credit

Pending:
AAFP

UPMC Hamot Continuing Medical Education presents:

2022 Primary Care Conference



Friday, June 3, 2022

Sheraton Erie Bayfront Hotel • 55 W. Bay Drive • Erie, Pa.

JOIN US IN-PERSON OR VIRTUALLY

COURSE DIRECTORS:

Maggie Benson, MD

*Division of Internal Medicine
UPMC Hamot*

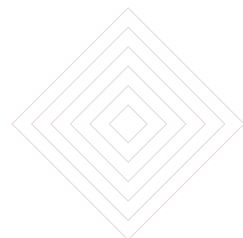
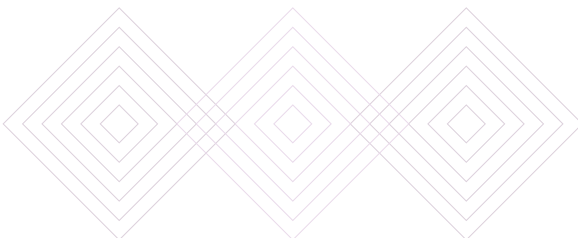
Ben Bongutu, MD

*Division of Family Medicine
UPMC Hamot*

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2022 PRIMARY CARE CONFERENCE PROGRAM OUTLINE

7:30 to 8 a.m.	Registration/Continental Breakfast
8 to 8:05 a.m.	Introduction
8:05 to 8:50 a.m.	The Role of GLP-1s, SGLT-2s, and CGMs in Diabetes Management <i>Luis Aparicio, MD, FACE, CCD</i>
8:50 to 9:20 a.m.	Forensics in the Primary Care Setting <i>Karin Wickwire, DNP, CRNP, SANE-A, SANE-P</i>
9:20 to 9:40 a.m.	Breastfeeding Tips for Primary Care: Crying Over Spilled Milk <i>Victoria Camilleri, CRNP</i>
9:40 to 9:55 a.m.	Refreshment Break
9:55 to 10:25 a.m.	LGBTQ: Approach to Sensitivity and Care <i>Maggie Benson, MD</i>
10:25 to 11:10 a.m.	News You Can Use: Women's Health Update 2022 <i>Sarah Merriam, MD</i>
11:10 to 11:55 a.m.	DEA Update <i>Andria Harris</i>
11:55 a.m. to 12:40 p.m.	Lunch/Networking
12:40 to 1:10 p.m.	Safer Opioid Prescribing <i>Ian Osburn, MD, MPH</i>
1:10 to 1:45 p.m.	Primary Cardiac Prevention <i>Christopher Good, DO</i>
1:45 to 2 p.m.	Refreshment Break
2 to 2:35 p.m.	Cardiac Work-Up <i>Randy Jeffrey, MD, PhD</i>
2:35 to 3:05 p.m.	Eating Disorders <i>Brandes Montgomery, MS, LPC</i>
3:05 p.m.	Closing Remarks and Adjournment



ACCREDITATION

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

PHYSICIAN (CME)

The University of Pittsburgh designates this live activity for a maximum of **5.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is **5.75** contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANT (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **5.75** AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

AMERICAN ACADEMY OF FAMILY PHYSICIANS CREDIT (AAFP)

AAFP credit is pending approval.

OTHER HEALTH CARE PROFESSIONALS

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

DISCLOSURE

Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of nonprofit or government organizations and non-health-care-related companies.

SPECIAL NEEDS

Participation by all individuals is encouraged. Advance notification of any special needs (i.e., gluten-free or vegan meal, private room for nursing mothers, handicap accessibility) will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling UPMC Hamot's CME office at 814-877-5691.

CANCELLATION POLICY

Registrations will be fully refunded if notified by June 2, 2022. If you registered using a scholarship and fail to notify of a cancellation, you will be responsible to pay an administration fee. Please notify UPMC Hamot's CME Department of any cancellations, via email to ham_cme@upmc.edu or by telephone at 814-877-5691.

LOCATION

The program is being held in the Harlequin Room at the Sheraton Bayfront Hotel, 55 W. Bay Drive, Erie, Pa.



ATTIRE

Attire for the conference is business casual. Since meeting room temperatures and personal comfort levels vary, **it is recommended that you bring a sweater or jacket to the conference.**

GOAL

Join your colleagues to learn about the most recent updates related to a variety of fields affecting your patients in primary care. Ample time for questions from the audience has been built into each presentation. Audience members will also have the opportunity to speak one-on-one with presenters during refreshment breaks and lunch.

TARGET AUDIENCE

Primary care and internal medicine physicians, hospitalists, advanced practice providers, and nurses, as well as other health care professionals will benefit from attendance at this activity.

OBJECTIVES

At the conclusion of this activity, the participant should be able to:

- Describe the mechanisms of action, contraindications, and potential side effects of GLP-1 agonists and SGLT-2 inhibitors
- Recognize appropriate patients for treatment with GLP-1 agonists and SGLT-2 inhibitors
- Demonstrate knowledge of continuous glucose monitors (CGMs), including the currently available products and insurance coverage
- Discuss reporting abuse in pediatrics and adults
- Review available forensic resources available to primary care providers
- Review resources for breastfeeding mothers in the Erie region
- Discuss resources for safe use of medications for breastfeeding mothers
- Describe cluster feeding and ways to manage it
- Discuss key elements of LGBTQ+ cultural competency
- Review medical needs specific to the LGBTQ+ community
- Identify practice-changing studies that have the potential to change our management of women
- Apply these findings to add value to the care of our female patients
- Describe drugs currently available and what to look for in the community
- Review drug diversion tactics
- Discuss risk assessment when determining appropriate use of opiates for chronic pain
- Review approach to the Pennsylvania Prescription Drug Monitoring Program (PDMP), urine drug screening, and medication contracts
- Describe strategies to communicate concerns that opiates may not be appropriate for the patient
- Discuss pros and cons of medication-assisted therapy for substance use disorder in the primary care setting
- Risk stratify a patient for primary prevention of cardiac events
- Discuss lifestyle modifications and their effect on primary prevention of cardiac events
- Discuss the approach to aspirin for primary prevention of cardiac events
- Review the indications and goals of lipid-lowering therapy in primary prevention of cardiac events
- Review new and evolving cardiac imaging modalities
- Discuss indications and implications for specific imaging studies
- Recognize eating disorders in the primary care setting and initiate a treatment or referral plan, as appropriate
- Develop communication strategies regarding diagnosis, treatment, and denial for both patients and parents

COURSE DIRECTORS

Maggie Benson, MD

Division of Internal Medicine
UPMC Hamot

Ben Bongutu, MD

Division of Family Medicine
UPMC Hamot

FACULTY

Luis Aparicio, MD, FACE, CCD

Adult and Pediatric Endocrinology
Metabolic Disease Associates

Victoria Camilleri, CRNP

Summit Family Practice

Christopher Good, DO

Division of Cardiology
UPMC Hamot

Andria Harris

Diversion Investigator
Drug Enforcement Administration

Randy Jeffrey, MD, PhD

Division of Cardiology
UPMC Hamot

Sarah Merriam, MD

Division of Internal Medicine
Clinical Assistant Professor of Medicine
UPMC Presbyterian

Brandes Montgomery, MS, LPC

White Pine Center for Healing

Ian Osburn, MD, MPH

Division of Pain Management
UPMC Hamot

Karin A. Wickwire, DNP, CRNP,

SANE-A, SANE-P

CRNP/Forensic Coordinator, Departments of
Emergency and Critical Care Medicine
UPMC Hamot
CRNP, Division of Child Advocacy,
Erie CARE Clinic
UPMC Children's Hospital of Pittsburgh

TWO WAYS TO ATTEND THIS HYBRID CONFERENCE:

In Person at the Sheraton Bayfront Hotel.

This event will be held in the Harlequin Room at the Sheraton Erie Bayfront Hotel, at 55 W. Bay Drive. Registration fees include the seminar, continental breakfast, refreshment breaks, and lunch.

Virtually via Zoom.

Registrants will be emailed a Zoom link three to five days prior to the conference. Virtual attendees will be able to ask questions using the Q&A function in Zoom.

REGISTRATION

In-Person Registration Fees

Physicians.....	\$120
Advanced Practice Providers	\$80
Nurses/Others	\$60
Residents/Students.....	\$30

Virtual Registration Fees

Physicians.....	\$100
Advanced Practice Providers	\$60
Nurses/Others	\$40
Residents/Students.....	Free

All registration will be through our online registration site at: **<https://cce.upmc.com/2022primarycare>**. Click the “Register” button and enter all the requested information. After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. If you do not receive this letter within 5-7 days of registration, please contact the UPMC Hamot CME Department at 814-877-5691.

If you need to pay by check, please call the UPMC Hamot CME Department at 814-877-5691.

UPMC Hamot reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, registration fees will be fully refunded. Preregistrants will be informed of the cancellation via email, or phone if no email address is given.

UPMC EMPLOYEE PAYMENT VIA JOURNAL ENTRY TRANSFER OR MEB SCHOLARSHIP FUNDS

If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. For journal transfer and MEB forms, please visit: <https://cce.upmc.com/2022primarycare>, they are located under the “Register” tab on the conference homepage.