



March 24, 2022  
8:00 am – 3:00 pm

Welcome to

## The 10<sup>th</sup> Annual Adolescent and Young Adult Health Virtual Research Symposium

### *Racism, Discrimination, and Impact on Adolescent Health*

Sponsored by the

Division of Adolescent and Young Adult Medicine of UPMC Children's Hospital of Pittsburgh and University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences

**Program Overview:** This symposium will focus on understanding the impact of racism and discrimination on adolescent health and considering strategies for addressing the structural inequities that function as barriers to adolescents thriving.

**Target Audience:** Scholars and practitioners interested in health equity, inclusion, diversity, racial equity, positive development of youth, adolescent health, community health, advocacy, translational research, health services research, clinical care, and education.

**Learning Objectives:** The goal of this symposium is to build clinicians and other youth-serving professionals' capacity to

1. Understand the impact of structural inequities, bias-based discrimination, and systemic racism on adolescent health.
2. Acknowledge their own biases and the impact of these biases on care/service provision.
3. Advocate for innovative cross-sector partnerships and policies to promote optimal adolescent and young adult health and social outcomes.

Racism and discrimination, including implicit and explicit biases, have a profound impact on the health and well-being of adolescents, their families, and their communities. To optimize patient care and improve adolescent health disparities we need to understand how racism and discrimination function in our personal and professional worlds and develop concrete strategies to address the individual and institutional practices that uphold racist and discriminatory practices. Online registration is required for this conference.

Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration at <https://cce.upmc.com/10th-annual-research-symposium>
- Click the Registration button and enter all requested information. After registering, an electronic confirmation will be sent to the email address you provided us when you registered. Please indicate at the time of registration whether you plan to attend the case scenario discussions, and your disciplinary background. Please note that space for this session is limited and is on a first come first serve basis and requires attendance at Dr. Tripp's 10:45am Upstander presentation.

## Conference Schedule at a Glance

- 8:00—8:05a** **Welcome and Introductions, Via Zoom, <https://pitt.zoom.us/j/94212120405>, Password: 936579**  
**Elizabeth Miller, MD, PhD**  
Director, Division of Adolescent and Young Adult Medicine  
UPMC Children's Hospital of Pittsburgh  
Professor of Pediatrics  
University of Pittsburgh School of Medicine
- 8:05—9:00a** **Pediatric Grand Rounds – Via Zoom, <https://pitt.zoom.us/j/94212120405>, Password: 936579**  
**Engaging Adolescents and Young Adults in Violence Prevention and Research**  
**Manuel Ángel Oscós-Sánchez, MD**  
Professor, Distinguished Teaching Professor, Family Medicine Residency Program  
UT Health San Antonio, TX
- 9:00—9:15a** **Meet and Greet with Pediatric Grand Rounds Speaker – Via Zoom, <https://pitt.zoom.us/j/92061507608>, Password: 936579**  
**Manuel Angel Oscos-Sanchez, MD**  
Professor, Distinguished Teaching Professor, Family Medicine Residency Program  
UT Health San Antonio, TX

### Symposium Zoom Link:

<https://us02web.zoom.us/j/85780291784?pwd=VHI3dDBkVCtENi9ZWwFoZ0JwemMwdz09>

Meeting ID: 857 8029 1784

Passcode: 519306

One tap mobile

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+16465588656,,85780291784#,,,,\*519306# US (New York)

- 9:15—10:30a** **Scholars presenting their research on the impact of racism and discrimination on adolescent health**  
**Jaime Booth, PhD, MWS**, Associate Professor, School of Social Work, University of Pittsburgh  
**Tyia Wilson, PhD**, Postdoctoral Researcher, Division of Adolescent Medicine, University of Pittsburgh, Dept. of Pediatrics  
**Ashley Hill, DrPH, MPH**, Assistant Professor, Epidemiology, School of Public Health, University of Pittsburgh
- 10:30—10:45a** **Break**
- 10:45a—12:15p** **Upstander Presentation**  
**Rickquel Tripp, MD, MPH, LCDR, USNR**  
Vice-Chair for Diversity, Equity and Inclusion  
Clinical Assistant Professor of Emergency Medicine  
EMS Medical Director, Department of Emergency Medicine  
University of Pittsburgh School of Medicine  
  
**Loreta Matheo, MD, FAAP**  
Vice-Chair of Diversity, Equity and Inclusion  
Clinical Associate Professor of Pediatrics  
UPMC Children's Hospital of Pittsburgh
- 12:15p—1:00p** **Intermission/Lunch**
- 1:00p—3:00p** **Upstander Scenarios/Case Discussions (specific to setting/disciplinary background) - Rickquel Tripp**  
**Microsoft Teams Meeting - Join on your computer or mobile app**  
[Click here to join the meeting](#)  
  
**Join with a video conferencing device**  
[327088547@t.plcm.vc](mailto:327088547@t.plcm.vc)  
Video Conference ID: 118 437 395 0  
[Alternate VTC instructions](#)  
**Or call in (audio only)**  
[+1 412-447-5295,478741725#](tel:+14124475295478741725) United States, Pittsburgh  
Phone Conference ID: 478 741 725#
- 3:00p** **Adjournment**

## Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 6.0 contact hours.

## Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

## Social Work

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 6.0 continuing education credits.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

## Faculty Disclosure:

No members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients to disclose.

## Disclaimer Statement:

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

## Planning Committee:

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