

IBD U.N.I.T.E.

Unify, Network, Inspire, Treat & Educate



Course Handout

Schedule and General Information

Saturday, March 5, 2022
9:00 am to 1:00 pm

Join Zoom Meeting

<https://us02web.zoom.us/j/81784889871?pwd=SIVPQ0p4OUJNQlJBa3FyQTY4THNHZz09>

Meeting ID: 817 8488 9871

Passcode: 527171

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UPMC's **IBD UNITE** program will provide education and support for patients with Inflammatory Bowel Disease (IBD) and their loved ones. IBD includes Crohn's disease and ulcerative colitis as well as indeterminate, microscopic, or collagenous colitis. Participants will learn innovative ways to manage their IBD during case discussions, lectures and panel discussions.

Learning Objectives:

- #1 To educate patients and nurses about IBD treatment advancements and personalized approaches to disease management.
- #2 To provide support for parents, nurses and caregivers to encourage knowledgeable and full-service multidisciplinary care for patients and families.
- #3 To enable IBD patients to interact with their caregivers in a relaxed educational environment to support networking among all speakers, patients, and caregivers in attendance.

Target Audience:

IBD UNITE is designed for patients, family members, and loved ones. IBD UNITE is also accredited for nurses and dietitians. All who are interested in IBD disease diagnosis, management, and treatment advancements are welcome to attend.

Accreditation:

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

- Nursing (CNE): The maximum number of hours awarded for this Continuing Nursing Education activity is 3.75 contact hours.
- Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

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AGENDA: The IBD Patient Over the Lifespan

TIME	LECTURE	SPEAKER(S)
9:00 am	<i>Welcome</i>	Jeffrey M. Dueker, MD, MPH
9:00	IBD Case Studies Over the Lifespan Approaches with Newer Patients Thoughts about Surgery and Its Implications Long Term Patients: Complications and Successes	Therezia Alchoufete, MS, RD, LDN Arthur Barrie, MD, PhD Jeffrey M. Dueker, MD, MPH Furkan Ertem, MD Amir-Ali Ghaffari, MD, PhD Helen Hunt Marc Schwartz, MD Joseph Sleiman, MD Emily Weaver, LCSW
10:20	Panel Discussion with Audience	Jeffrey Dueker, MD, MPH, Moderator
10:35	<i>Break</i>	
10:45	Keynote Lecture: IBD History & Path to a Cure	David Binion, MD
11:10	Q&A with Dr. Binion	Jeffrey Dueker, MD, MPH, Moderator
11:30	Patient-Physician Conversation: IBD Advocacy and Beyond	Lori Plung Jeffrey Dueker, MD, MPH
12:00 pm	Time for More Questions	Jeffrey Dueker, MD, MPH, Moderator
12:30	Meet the Presenters: Optional Post-Program Breakout Sessions in Live Zoom Breakout Rooms Nutrition Discussion & Q&A https://us02web.zoom.us/j/81854389748?pwd=WEQxcW9zOXRCdyttZiEYyZVteE1WUT09 Meeting ID: 818 5438 9748 Passcode: 485828 IBD Medicine Discussion & Q&A https://us02web.zoom.us/j/87698272453?pwd=bG1nc1BweE83WkQ3K1J6V0tDskZOUT09 Meeting ID: 876 9827 2453 Passcode: 447623 Behavioral Health Discussion & Q&A https://us02web.zoom.us/j/87563125083?pwd=S0tLS2tvY2p3by9leVMwd2Q4eHRNz09 Meeting ID: 875 6312 5083 Passcode: 477228	Nutr: Therezia Alchoufete, MS, RD, LDN and Lori Plung Med: Jeffrey Dueker, MD, MPH and Cassie Myers, CRNP BH: Emily Weaver, LCSW and Helen Hunt
1:00	<i>Adjourn</i>	Jeffrey Dueker, MD, MPH

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*The Division of Gastroenterology, Hepatology and Nutrition
and the UPMC IBD Center are grateful to the*

UPMC HEALTH PLAN

for making IBD UNITE possible through an educational grant.

We also recognize generous support from:

UPMC Clinical Marketing

UPMC Corporate Communications

UPMC Center for Continuing Education in the Health Sciences

Commission on Dietetic Registration

and

***our dedicated & knowledgeable
planning committee, speakers, and patient panelists***



IBD UNITE Course Faculty

Course faculty are part of the University of Pittsburgh and UPMC Division of Gastroenterology, Hepatology and Nutrition unless designated otherwise.

Faculty Disclosure

All individuals in a position to control the content of this education activity including members of the planning committee, speakers, presenters, authors, and/or content reviewers have disclosed all relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following relevant financial relationships were disclosed:

- **Ms. Helen Hunt** receives grant/research support from **Kaiser Permanente**.

No other planners, members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships to disclose.

***Jeffrey M. Dueker, MD, MPH**

IBD UNITE Course Director

Assistant Professor of Medicine

Gastroenterologist, UPMC IBD Center, Total Care-IBD, and VA Pittsburgh Healthcare System

***Therezia Alchoufete, MS, RDN, LDN**

IBD UNITE Co-Course Director

Lead Dietician/Nutritionist - Total Care-IBD

***Emily Weaver, LCSW**

IBD UNITE Co-Course Director

Lead Clinical Social Worker - Total Care-IBD

Arthur M. Barrie, III, MD, PhD

Assistant Professor of Medicine

Gastroenterologist, UPMC IBD Center

David G. Binion, MD

Professor of Medicine

Director, Nutrition Support Service

Gastroenterologist and Translational Research Lead,
UPMC IBD Center

Furkan Ertem, MD

Gastroenterology & Hepatology Fellow, Year III

Amir-Ali Ghaffari, MD, PhD

Gastroenterology & Hepatology Fellow, Year III

***Helen Hunt**

Clinical Social Work Intern, Total Care-IBD

***Cassie Myers, CRNP**

Nurse Practitioner,

UPMC IBD Center & Total Care-IBD

***Lori Plung**

Leader, Crohn's & Colitis Foundation & UPMC
Support Group and Community Advocate

Marc B. Schwartz, MD

Assistant Professor of Medicine

Clinical Lead, UPMC IBD Center, Total Care-IBD

Joseph Sleiman, MD

Gastroenterology & Hepatology Fellow, Year I

***2021 IBD UNITE Planning Committee**

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Nursing Accreditation

UPMC University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

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Live Virtual Symposium

This is not your official certificate.

How to receive your continuing education credit?

<https://cce.upmc.com/ibd-unite-2022>

This activity is approved for the following credit: ANCC. Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

To receive credit, you will be required to login, complete the course evaluation and **claim credit between the dates of March 14 and March 28, 2022.** You will not be able to claim credits immediately after the conference.

If you are a **new user** to the UPMC accreditation website, click “Register” to create a new account. The activity will be added to your Pending Activities and accessible on the first day of the activity.

Upon completion, certificates will be available to download and stored for future reference in your Completed Activities.

How to receive your official certificate?

To receive credit, login to the UPMC Center for Continuing Education in the Health Sciences (CCEHS) continuing education learning portal, <http://cce.upmc.com>. If you are a new user, choose “Register” to create an account. **Note, records are matched to users by email address.**

- ✦ Go to **My Account, My Courses**
- ✦ Choose **Pending Activities**
- ✦ Click on the **course title** to complete the course evaluation and claim credit

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Dietitian Accreditation

IBD UNITE

March 5, 2022

This activity is approved for 3.75 CPEU's by the Commission on Dietetic Registration.

Certificates will be emailed to attendees seeking dietician credits after the program. Please expect your emailed certificate no later than March 18, 2022.

Questions? > joj2@pitt.edu.

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UPMC Inflammatory Bowel Disease Center

<https://www.upmc.com/services/digestive-disorders-center/services/ibd>

At the UPMC Inflammatory Bowel Disease Center, our gastroenterologists specialize in the treatment of ulcerative colitis and Crohn's disease and are prepared to help you no matter the severity of your condition. That level of focus means that we have extensive expertise treating IBD and its symptoms. Our center also includes experts in nutrition and behavioral health who specialize in IBD, enabling us to work with you to develop a highly personalized treatment plan.

Physicians & Advanced Practice Providers:

Arthur Barrie, MD, PhD – gastroenterologist
David Binion, MD – gastroenterologist
Heather Cottage, CRNP
Caroline Culig, PA-C
Jeffrey Dueker, MD, MPH - gastroenterologist
Richard Duerr, MD – gastroenterologist
Jill Dusak, PA-C

Janet Harrison, MD – gastroenterologist
Elyse Johnston, MD – gastroenterologist
Rebecca Lutheran, DNP FNP-C
Cassie Myers, CRNP
Marc Schwartz, MD - gastroenterologist
Eva Szigethy, MD, PhD – psychiatrist

Nurses:

Cindy Catalano, RN
Heather Diss, RN
Cathy Hayden, RN
Maria Jaksec, RN
Lou Ann Lobert, RN

Eileen Massof-Barney, RN
Christine Patterson, RN
Jennifer Rosenberry, RN
Amy Scheib, RN
Michelle Yaniga, RN

Additional Healthcare Team Members:

Therezia Alchoufete, MS RDN LDN – lead dietitian/nutritionist for Total Care-IBD
Joann Fultz – research assistant
Melanie Mays – research coordinator, IBD clinical trials
Lori Snyder – research assistant
Emily Weaver, LCSW – lead clinical social worker for Total Care-IBD

<https://www.upmc.com/services/digestive-disorders-center/services/ibd>