

**PA PQC Learning Session**

**Thursday, March 31**

**8:30 a.m. to 12:30 p.m. ET**

**Learning Objectives**

1. Describe the PA PQC’s collective successes and next steps for the April 2022 through March 2023 Implementation Period
2. Describe trauma-informed care principles and how to implement the principles in perinatal care settings
3. Describe breastmilk feeding guidelines for substance use and how to empower patients to make informed decisions and connect to lactation support services
4. Discuss best practices for connecting patients and families to outpatient and community services and supports
5. Discuss how to measure IPLARC expulsion rates and how to use this measure for quality improvement purposes (note: this objective only applies to those participating in the immediate postpartum LARC initiative)

**Agenda**

8:30 a.m. to 9:00 a.m. – **PA PQC Successes and Future Directions** – Aasta Mehta, MD, MPP and James A. Cook, MD, FAAP, PA PQC Advisory Group Co-Chairs

* *Review the PA PQC’s collective impact on improving care for maternal OUD, NAS, severe hypertension, perinatal depression, and immediate postpartum LARC 2022 initiatives*
* *Recognize the hospitals that joined the PA PQC’s 2022 initiatives*
* *Review the next steps for the April 2022 through March 2023 Implementation Period*

9:00 a.m. to 9:45 a.m. – **Overview of Breastmilk Feeding Guidelines for Substance Use and How to Empower Patients to Make Informed Decisions about Breastmilk Feeding with Community-Based Lactation Support Services** – Debra Bogen, MD, Director of the Allegheny County Health Department

9:45 a.m. to 10:45 a.m. – **Keynote: Trauma-informed Approach to Perinatal Care** – Leena P. Mittal, M.D., Chief of the Division of Women's Mental Health at Brigham and Women's Hospital and Associate Medical Director for the Massachusetts Child Psychiatry Access Program for Moms (MCPAP for Moms)

* *Dr. Mittal will discuss how healthcare can be re-traumatizing, trauma-informed care principles, how to implement the principles, and what trauma-informed care looks like in practice and in an organization.*

10:45 a.m. to 11:25 a.m. – **Discussion & Reflection: What could Trauma-Informed Care Look Like in Your 2022 Initiatives? –** facilitated by Carol L. Frazer, MEd, LPC, Practice Transformation Specialist, Pittsburgh Regional Health Initiative

11:25 a.m. to 11:35 a.m. – **Break**

11:35 a.m. to 12:25 p.m. – **PA PQC 2022 Initiative Breakouts**

*Each PA PQC participant will join one of the following virtual breakouts that pertains to their PA PQC quality improvement initiative.*

**Maternal Substance Use Breakout:** – Connecting patients to community supports for Substance use

**Breakout speaker:**Navid Roder, MD, Assistant Professor of Clinical Family Medicine and Community Health at the University of Pennsylvania

**Facilitator:** Pauline Taylor, CQIA, Program Specialist, Jewish Healthcare Foundation

**Substance Exposed Newborn Breakout** – Connecting families to community and outpatient services

**Breakout speakers:** Kerin J. Kohler, BSW, Social Worker, Women’s Health Center, Reading Hospital Tower Health

**Facilitator:** Carol L. Frazer, MEd, LPC, Practice Transformation Specialist, Pittsburgh Regional Health Initiative

**Immediate Postpartum LARC (IPLARC) Breakout: Measuring Expulsion Rates for Quality Improvement Purposes –** Sarah Horvath, MD, MSHP, Assistant Professor of Obstetrics and Gynecology at Penn State University; Karena M. Moran, PhD, Research and Quality Project Manager, Northeastern PA Perinatal Quality Collaborative and Geisinger Health System

**Moving on Maternal Depression (MOMD) Breakout:** Establishing connections to health plan and community resources

**Breakout Speaker:** Chaunda Cunningham, LSW, Director of Clinical Practice and Home Visiting, Healthy Start

**Facilitator:** Emily Magoc, RN-BSN, MPH, Quality Improvement Facilitator

Jewish Healthcare Foundations

**PA AIM Severe Hypertension Breakout** – Establishing connections to postpartum services and supports for hypertension

**Facilitator**: Jennifer Condel, SCT(ASCP)MT, Manager, Lean Healthcare Strategy and Implementation, Pittsburgh Regional Health Initiative

12:25 p.m. to 12:30 p.m. – **Wrap-Up & Next Steps** – Pauline Taylor, Program Specialist, Jewish Healthcare Foundation