

# EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC  
HOSPITAL

## Children's Telephonic Psychiatric Consultation Service (TiPS)

### 2022 Behavioral Health and Pediatric Primary Care Conference (MD95)



**Friday, April 1, 2022 EST  
8:00 AM to 4:30 PM**

**Zoom Live Stream Event – Zoom sign-in beginning at 7:45 AM  
(Zoom link and supporting material will be sent to registrants by  
3:00 pm on Thursday, March 31, 2022)**

**Course Director  
Abigail Boden Schlesinger, MD**

## Behavioral Health and Pediatric Primary Care



### Introduction

UPMC Children's Hospital of Pittsburgh's primary care network, Children's Community Pediatrics (CCP), has been selected by Pennsylvania state officials to take part in a new program to improve behavioral health treatment for children in the state.

TiPS is a program designed to increase the availability of peer-to-peer child psychiatry consultation teams to primary care clinicians (PCCs) who are prescribers of psychotropic medications for children insured by Pennsylvania's Medical Assistance programs, Children's Health Insurance Program (CHIP), and UPMC commercial insurance. The program aims to provide real time resources to clinicians who desire consultative advice for children with behavioral health concerns.

This conference is to help PCCs understand the TiPS program and how to use it. Learning goals are directly related to behavioral health intervention, the use of psychotropic medication, and other pediatric psychiatry related topics.

### Who Should Attend

Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP) who practice in the northwestern, and southwestern PA counties. If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

**There is no charge to attend this conference, however registration is required.**

### Learning Objectives

At the completion of the program, participants will be able to:

1. Discuss how to utilize Children's TiPS for psychiatric consultation
2. Discuss how to actively screen for suicidality in a primary care setting
3. Describe the elements necessary to create behavioral health safety plans
4. Discuss how to implement practices in a primary care setting that creates a safe and welcoming environment for patients diagnosed with ASD and/or developmental differences
5. Discuss how to utilize a flowchart for early psychosis screening for pediatricians and primary care clinicians for children under 10 years of age
6. Discuss pharmacological and nonpharmacological treatment options for ADHD in primary care
7. Discuss pharmacological and nonpharmacological treatment options for Tic Disorders in primary care
8. Review SSRI protocol for primary care
9. Recognize tools that can be used as part of brief intervention related to adolescent substance use concerns

## **Course Director**

### **Abigail Boden Schlesinger, MD**

Medical Director, Children's TiPS

Chief, Child & Adolescent Psychiatry and Integrated Care

UPMC Western Psychiatric Hospital and Children's Hospital of Pittsburgh

Associate Professor, Psychiatry & Pediatrics University of Pittsburgh School of Medicine

Pittsburgh, PA

## **Faculty**

### **Maria E. Anderson, LCSW**

Behavioral Therapist III

STAR (Services for Teens at Risk)

COSTAR (College Option, Services for Transition Age Youth at Risk)

UPMC Western Psychiatric Hospital

Pittsburgh, PA

### **Craig S. Coleman, MD**

Assistant Professor of Psychiatry, University of Pittsburgh Medical Center

Western Psychiatric Hospital

Attending Child and Adolescent Psychiatrist

Western Wellness

Children's TiPS (Telephonic Psychiatric Consultation Service)

Behavioral Health of the Alleghenies Telemedicine Service

Pittsburgh, PA

### **Angelina M. Gradian, MS, LPC**

Program Director of Behavioral Health

UPMC Children's Community Pediatrics

Wexford, PA

### **Heather Joseph, DO**

Assistant Professor of Psychiatry and Pediatrics

Department of Psychiatry University of Pittsburgh School of Medicine

Western Psychiatric Hospital

Pittsburgh, PA

### **Traci M. Kennedy, PhD\***

Assistant Professor of Psychiatry

Postdoctoral Scholar in the Youth and Family Research Program

Department of Psychiatry

University of Pittsburgh

Pittsburgh, PA

### **Tushita Mayanil, MD**

Child and Adolescent Psychiatrist, UPMC Western Psychiatric Hospital

Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Medical Director, Hopeteam (Clinical High Risk for Psychosis Clinic)

Medical Director, WPH OP Pine Clinic

Wexford, PA

### **Courtney McAdory, LPC**

TiPS Licensed Therapist

UPMC Children's Hospital Behavioral Science Division

Children's Community Pediatrics Behavioral Health Services

Erie, PA

**Shannon Meyers, RN, PMH-BC, CFRS\***

Outpatient Nurse Coordinator  
SMART Choices  
UPMC Children's Hospital of Pittsburgh  
Pittsburgh, PA

**Patricia McGuire, MD**

Faculty, St. Margaret Family Medicine Residency Program  
Children's TiPS (Telephonic Psychiatric Consultation Service)  
University of Pittsburgh Medical Center  
Pittsburgh, PA

**Rebecca Miller, MD**

Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine  
Wexford Child Intensive Outpatient Program  
Children's TiPS (Telephonic Psychiatric Consultation Service)  
Center for Psychiatric and Chemical Dependency Services  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

**Taylor Naus, LCSW**

Behavioral Therapist III  
Children's Hospital of Pittsburgh Division of Neurology  
Pittsburgh, PA

**Dara Sakolsky, MD, PhD**

Associate Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Associate Medical Director, Services for Teens at Risk (STAR)  
Psychiatrist, Child and Adolescent Bipolar Spectrum Services (CABS)  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

**Victoria Winkeller, MD**

Medical Director  
Children's Community Pediatrics Behavioral Health Services  
UPMC Children's Hospital of Pittsburgh  
Assistant Professor, Department of Psychiatry  
UPMC Western Psychiatric Hospital  
Pittsburgh, PA

**Conference Committee Chair**

**Colleen D. Gianneski, LCSW**

Program Director, Children's TiPS  
Behavioral Health Therapist, Children's TiPS and Child and Family Counseling Center  
Children's Community Pediatrics Behavioral Health Services  
Wexford, PA

**Conference Committee Members\***

For additional information regarding the presenters and/or presentations, please contact Doreen Barkowitz at [barkowitzdh@upmc.edu](mailto:barkowitzdh@upmc.edu).

## Agenda

7:45 to 8:00 a.m.	<b>Sign into Zoom Meeting</b>
8:00 to 8:30 a.m.	<b>Introduction to TiPS</b> Abigail Schlesinger, MD
8:30 to 9:30 a.m.	<b>Safety Planning</b> Maria Anderson, MSW; Dara Sakolsky, MD, PhD
9:30 to 9:45 a.m.	<b>Break</b>
9:45 to 10:45 a.m.	<b>Psychosis</b> Tushita Mayanil, MD
10:45 to 11:00 a.m.	<b>Break</b>
11:00 a.m. to 12:00 p.m.	<b>Autism Spectrum Disorder</b> Victoria Winkeller, MD
12:00 to 1:00 p.m.	<b>Lunch</b>
1:00 to 2:00 p.m.	<b>ADHD</b> <b>Breakout I</b> – Rebecca Miller, MD; Patrician McGuire, MD <b>Breakout II</b> – Heather Joseph, MD; Traci M. Kennedy, PhD
2:00 to 2:15 p.m.	<b>Break</b>
2:15 to 3:15 p.m.	<b>Tic Disorder</b> <b>Breakout I</b> – Craig Coleman, MD <b>Breakout II</b> – Taylor Naus, LCSW; Courtney McAdory, LPC
3:15 to 3:30 p.m.	<b>Break</b>
3:30 to 4:30 p.m.	<b>Breakout I – SSRI</b> – Abigail Schlesinger, MD <b>Breakout II – Brief Intervention for Adolescent Substance Use</b> Shannon Meyers, RN, PMH-BC, CFRS; Angelina Gadian, LPC
4:30 p.m.	<b>Closing Remarks/Adjournment</b> Abigail Schlesinger, MD

**All presentations are introductory to intermediate instructional level.**

**Please be prepared to turn your camera and microphone on for breakout sessions.**

**For additional information regarding speakers and presentations, please contact Doreen Barkowitz at [barkowitzdh@upmc.edu](mailto:barkowitzdh@upmc.edu)**

## Continuing Education Credits

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.



### Psychologists

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 6.0 continuing education credits.



### Counselors

Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.0 continuing education hours.

### Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 6.0 continuing education credits.

### Other Professionals

Other professionals are awarded .60 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

1. *NBCC and General CEU – Participants will be awarded continuing education contact hour(s) certificate four to six weeks post-conference via e-mail. Please keep these certificates in a safe place. Replacements will cost \$30.*
2. *CME, ANCC, APA and LSW/LCSW/LPC/LMFT certificates will be issued from the CCEHS registration site.*
3. *Completing the evaluation is not required, however it is encouraged. We do request that everyone complete the questions in the evaluation regarding your continuing education (CE) credit needs so we can identify the correct certificate for you.*
4. *Continuing education credits are awarded when a participant attends for the full day. Partial credits are not available.*
5. **We request that evaluations are completed and/or certificates are requested via <https://cce.upmc.com> within a month of the conference. Please be aware that the program evaluation will be closed, and we will no longer process certificates if they are requested six-months or more after the conference.**

## Registration

Registration by 12:00 PM on March 31, 2022 is required at [2022 Behavioral Health and Pediatric Primary Care \(TiPS\) | UPMC - Center for Continuing Education in the Health Sciences](#). You will be prompted to either sign-in or create an account before you can register.

No payment is required for this conference.

The evaluation will be available on April 1, 2022, at 4:30 PM.

- The program and certificate for CME, APA, and ASWB will remain in your transcript folder should you need to refer to it in the future.
- ASWB is the Association of Social Work Boards and is an accepted accrediting body.
- Continuing education certificates for NCC and General CEU will be sent to you from the Education and Consultative Services office four to six weeks after completing the evaluation. Replacements for these certificates cost \$30.



*We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at 412-204-9090.*

## ***New Registration Instructions***

The UPMC Center for Continuing Education in the Health Sciences (CCEHS) learning portal is used to register, view, track, and manage all your continuing education credits.

*If, at any point these directions result in you seeing a blank page in your account, please look at your cart in the upper right-hand corner. If there is anything in there, please click on the cart to see how to proceed (and look at the directions below). Or delete what is in there and begin again. Please contact [Nancy Mundy](#) if you have difficulties after attempting the following directions.*

### **Creating an Account at [cce.upmc.com](https://cce.upmc.com)**

1. Go to <https://cce.upmc.com> in your browser or just click on the link.
2. On Login page, click on "Create Account"
3. Complete questions. Please add in your credentials as your degree (MSW, PhD, MD, etc.), and use the dropdown to identify your profession.
4. Click on "Save". Please keep track of your password or store your sign-in information.

### **Registering for a Program**

1. If you have your account set up (see #1), and you've logged in, please go to the link of the program that you've been sent, or click on the "Catalog" tab, and put the name of the program in the search bar or use the link in the page above.
2. You will be on the program page. Review the information and complete the options/choices (if any). Click on "Add to Cart". If there are no options to choose, please continue with the registration. You will see the activity in your "Pending Activities" and there is nothing else to complete until after the event.
3. You'll see the name of the payment page and the appropriate amount. Click on "Checkout"
4. Only add in a coupon code if you've been notified that there is one. Please refer to the program brochure if you need to. Coupon codes will be listed in the brochure. If there are no coupons, just please click on "Checkout"
5. Add your billing information on the next page. Please complete all required (\*) fields. Please make sure this address is connected to your credit card. Scroll to the bottom of the page and click on "Review Order"
6. Enter your payment information and click on "Continue"
7. Click on "Submit Order"
8. On the next page, click on *View Course Page*. If you go into your "Account", and then "Courses", you'll see this listed in your "Pending Activities".
9. You'll have to return to your "Pending Activities" once the program has occurred to finish the process and obtain your CE credits/certificate.

### **Securing your CE/CME Credits**

It's important to note here that you can secure your CE/CME credits on this system for the following: APA, LSW/LCSW/LPC/LMFT, CME, Attendance. All other CE credits/certificates (NCC, General CEU, CADC/CCDP, Act 48) will be sent to you via e-mail from a staff member at Education and Consultative Services four to six weeks after the event, once you've completed the information requested.

1. Please log in to <https://cce.upmc.com>, click on "My Account", and then "Courses" and then "Pending Activities".
2. Click on the course that's listed.
3. The next page will come up with a purple box "Register/Complete Course". Please click on that.
4. On the left, see "Course Progress"
5. Please click on "Complete Course Evaluation" and then "Submit" when completed.
6. Return to "Course Progress" and click in the circle for "Credit" and "Certificate"
7. You'll see a download link on the current page, or you can return to your "Account" and "Courses" and then "Completed Activities" to secure your certificate.