

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | **WESTERN PSYCHIATRIC
HOSPITAL**

The North American Society for the Study of Personality Disorders (NASSPD) 2022 Annual Conference

(MD82)

**April 9, 2022
10:00 AM to 5:45 PM (EDT)**

**Zoom Virtual Event
(Zoom sign-in at 9:45 AM)**

**Course Director
Stephanie Stepp, PhD
NASSPD President, 2019-2022**

NASSPD 2021 Annual Conference

Zoom Event

April 9, 2022

Introduction

The North American Society for the Study of Personality Disorders (NASSPD) is an organization devoted to research concerning personality disorders.

During the past decade, the view of personality disorders has changed dramatically. Rather than being seen as chronic conditions, it has been found that they have a particularly good symptomatic outcome. We are committed to further research on these disorders. We are also committed to informing clinicians, patients, and their family members about the latest information concerning this set of disorders. Finally, we are committed to aggressively advocating for the funding that these common but disabling disorders deserve. As we move forward, we look to established leaders in the field for guidance. We also hope to cultivate a new generation of researchers who will advance the field and by doing so, will lessen the suffering of these challenging patients.

The two-day conference will be for learning and networking. NASSPD is committed to informing others about the latest in personality disorder research. From inspiring keynotes to engaging workshops and presentations, NASSPD 2021 is the place to discover all this year's most buzzworthy breakthroughs in the field. Continuing education credits and continuing medication education credits will be available.

Expand your network and connect with both new and established leaders across the field of personality disorder research. NASSPD is not just an opportunity to learn, but the foremost opportunity to make lasting connections with others across the discipline.

Who Should Attend

Psychiatrists, clinical and research psychologists, social workers, psychiatric residents, and psychology interns.

Conference Learning Objectives

At the completion of the program, participants will be able to:

1. Describe the importance of understanding, diagnosing, and treating personality disorders starting in adolescence.
2. Describe new methodological and theoretical approaches for studying personality disorders and apply information to future research.
3. Identify effective treatment approaches to anger across a range of therapy modalities.
4. Describe ways stigma and cultural considerations factor into current approaches to clinical care, research, and our overall understanding of personality disorders, and identify action steps for improvement.

9th Annual Conference Agenda - Saturday, April 9, 2022

All time is Eastern Daylight Time (EDT)

- 09:45-10:00** Sign in to Zoom
- 10:00-10:10** Opening Remarks
- 10:10-11:00** **Plenary Session - Level of Personality Functioning in Adolescents: Assessment, Course and Correlates**
Carla Sharp, PhD, University of Houston
- 11:00-11:15** Break
- 11:15-12:45** **Parallel Sessions**
- Applying Intensive Longitudinal Designs to Studying Personality Disorders**
Moderator: Jessica Peters, PhD, Brown University, Alpert Medical School
Panelists: Philip Santangelo, PhD, Karlsruhe Institute of Technology
Lori Scott, PhD, University of Pittsburgh Medical Center
Brianna Turner, PhD, University of Victoria
Aidan Wright, PhD, University of Pittsburgh
- Beyond Venting: Managing Anger in the Clinic - A Discussion from Multiple Therapeutic Perspectives**
Moderator: Sarah K. Fineberg, MD, PhD, Yale School of Medicine
Panelists: Lois Choi-Kain, MEd, MD, McLean Hospital
Vibh Forsythe Cox, PhD, University of Washington
Frank Yeomans, MD, PhD, Columbia University
- 12:45-13:30** Lunch / Grantmanship Discussion Breakout Room
- 13:30-15:00** **Parallel Sessions**
- Is Emotion Dysregulation a Core Feature of Borderline Personality Disorder?**
Moderator: Katherine Dixon-Gordon, PhD, University of Massachusetts Amherst
Panelists: Sheila Crowell, PhD, University of Utah
Kim Gratz, PhD, University of Toledo
Anthony Ruocco, PhD, University of Toronto Scarborough
Matthew Southward, PhD, University of Kentucky
- Cultural Considerations in the Study and Treatment of Personality Disorders**
Moderator: Shirley Yen, PhD, Beth Israel Deaconess Medical Center, Harvard Medical School
Panelists: Amber Childs, PhD, Yale School of Medicine
Craig Rodriguez-Seijas, PhD, University of Michigan
Colleen Sloan, PhD, Boston University
- 15:00-16:15** **Personality Disorders and Stigma: Ethics and Real-world Implications**
Moderator: Marianne Goodman, MD, Icahn School of Medicine
Panelists: Donald Black, MD, University of Iowa
Sara Masland, PhD, Pomona College
Kellyann Navarre, BA, Cleveland State University
Eli Neustadter, MD, MSc, Yale School of Medicine
- 16:15-16:30** Break
- 16:30-17:45** **POSTER BREAKOUT SESSIONS - No Continuing Education/Continuing Medical Education credits**
- 17:45** Adjournment

Posters - No Continuing Education/Continuing Medical Education Credits

Social and Communication

- 1. Object Relations and Psychopathology Among Patients Entering a DBT Skills Program**
Liyah Marshall, MA, Graduate Student, Wayne State University
- 2. Examining cooperative behavior following rupture: the role of BDP symptoms and belief flexibility**
Jessica Duda, BA, Graduate Student, Yale University
- 3. Exploring Affect Impermanence: Positive Social Interaction Recall in Borderline Personality Disorder**
Kimberly Hickey, BA, BM (pending), Undergraduate Student, Oberlin College
- 4. Investigating Negative Affect Bias in Borderline Personality Disorder During Autobiographical Story Collection**
Benjamine Preuschl Mihanda, BA, Research Assistant, Knox College
- 5. Attachment and Alliance in therapy with individuals with borderline personality disorder**
Nathaniel Lovell-Smith, BA, Graduate Student, Penn State University
- 6. Operationalizing the “favorite person” in BPD: A qualitative study of social media posts**
Alexandra Stein, BA, Graduate Student, Fairleigh Dickinson University

Nonsuicidal Self Injury (NSSI)

- 1. Neuroimaging Studies of Nonsuicidal Self-Injury in Youth: A Systematic Review**
Marcelo Brañas, MD, Postdoctoral Fellow, University of Sao Paulo
- 2. Co-occurring trauma and non-suicidal self-injury among people with chronic pain: A systematic review and neurobiological framework**
Benjamin Johnson, PhD, Assistant Professor, Fairleigh Dickinson University
- 3. Dynamic Relationship Between NSSI and Suicide Ideation in Adults with Suicide Attempt and NSSI History**
Gabrielle Ilagan, BA, Graduate Student, Fordham University

Personality Traits and Measures

- 1. Antisocial personality traits transcend species**
Christopher Hopwood, PhD, Professor, University of Zurich
- 2. Overhauling Diagnostic Approaches: Should the Demonstration of Improved Patient Outcome Be Necessary?**
Mark Zimmerman, MD, Professor of Psychiatry and Human Behavior, Brown University
- 3. Demonstrations of How Focusing Narrowly on Model Fit in Factor Analysis can Result in Suboptimal Personality Disorder Measurement and Assessment**
Kasey Stanton, PhD, Assistant Professor, Dept. of Psychology, University of Wyoming
- 4. Call to Arms: Research Directions to Substantiate a Unified Model of Attachment and Personality Pathology**
Madison Shea Smith, PhD, Postdoctoral Scholar, Purdue University
- 5. CURB PET Imaging of Fatty Acid Amide Hydrolase in Borderline Personality Disorder with Comorbid Major Depressive Episodes**
Michelle De Pol, BSc, Graduate Student (MSc), Centre for Addiction and Mental Health (CAMH)
- 6. Big Five Facets and Panic-Related Symptoms Across Three Years in World Trade Center Responders**
Christopher Khudari, BA, Graduate Student, Stony Brook University

Youth and BPD

- 1. Aspects of Identity Formation Predict Borderline Personality Disorder Symptoms in Adolescence**
Diana Whalen, PhD, Assistant Professor, Washington University in St. Louis
- 2. Identifying Preschool Age Protective Factors in the Development of Borderline Personality Disorder: A Prospective Investigation**
Kiran Boone, Undergraduate Student, Washington University in St. Louis
- 3. Internalizing and Externalizing Problems Among At-Risk Preschoolers: The Mediating Role of Maternal Invalidation**
Olivia Frigoletto, BS, Clinical Research Coordinator, University of Pittsburgh
- 4. The Relationship between Childhood Sexual Abuse Disclosure and Borderline Personality Disorder Symptoms: A Systematic Review**
Caitlin Krause, MA, Doctoral Student, Fairleigh Dickinson University

Please register at www.NASSPD.org

- Professional registration fees: \$100
- Trainee registration fees: \$50
- Consumer/Family registration fees: \$50

Please note: Trainee registration is open to all current post-baccalaureate, undergraduate students, graduate students, interns, post-doc, residents, & fellows.

EVENT ACCESS:

The NASSPD 2022 Conference will be held virtually and will be accessed using Zoom. Zoom links to the conference sessions will be distributed via email. These links will be sent to registered attendees to the email address used at time of event registration.



*We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at mundnl@upmc.edu.*

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Continuing Education Credit – NASSPD 2022 Annual Conference – April 9, 2022

Physicians

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of **5.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Psychologists



As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 5.25 continuing education credits.



Counselors

UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for a maximum of 5.25 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 5.0 continuing education credits.

Other Professionals

Other professionals are awarded .60 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

1. **NBCC and General CEU – Participants will be awarded continuing education contact hour(s) certificate *four to six weeks post-conference via e-mail*. Please keep these certificates in a safe place. Replacements will cost \$30.**
2. **CME, APA and LSW/LCSW/LPC/LMFT certificates will be issued from the CCEHS registration site.**
3. **Completing the evaluation is not required, however it is encouraged. We do request that everyone complete the questions in the evaluation regarding your continuing education (CE) credit needs so we can identify the correct certificate for you.**
4. **Continuing education credits are awarded when a participant attends for the full day. Partial credits are not available.**
5. **We request that evaluations are completed and/or certificates are requested via <https://cce.upmc.com> within a month of the conference (May 9, 2022). Please be aware that the program evaluation will be closed, and we will no longer process certificates if they are requested six-months or more after the conference.**

Obtaining Continuing Education (CE) and Continuing Medical Education (CME) Credits

Shortly after the program ends, you'll receive an e-mail instructing you to complete your evaluation and claim your continuing education/continuing medical education credits. Please do this by April 20, 2022.

Please carefully read these instructions to receive your continuing education credit. These steps will not be accessible until Saturday, April 9, 2022, after 5:30 PM EST

- It's important to note that you can secure your CE/CME credits on this system for the following: APA, LSW/LCSW/LPC/LMFT, and CME. All other CE credits/certificates (NCC and General CEU) will be applied for in the evaluation, processed from the Education and Consultative Services office, and sent to you via e-mail from Nancy Mundy (mundnl@upmc.edu) **four to six weeks after the event, once you've completed the information requested.**
- The UPMC Center for Continuing Education in the Health Sciences (CCEHS) continuing education learning portal, <http://cce.upmc.com>, is used to register, claim, and track your continuing education credits.
- Certificates will be available to download and stored for future reference. Records are matched to users by your email address in this communication.
- To receive credit, login to your account. The activity is accessible in your Pending Activities. Complete the course evaluation and/or claim credit and download your certificate on the CCEHS Learning Portal link which will be e-mailed to you.
- If you are a new user, click the Register tab from the above link to create a new account, then complete the evaluation and/or claim credit and download your certificate
- *Note: You will have 30 days after the program to complete these steps.*
- To answer common questions or for step-by-step instructions please visit the **FAQs** available on the CCEHS Learning Portal.