



UPMC Children's Hospital of Pittsburgh Child Advocacy Center APRIL 28, 2022 and APRIL 29, 2022

The Pittsburgh Child Advocacy Center Mission

At the Child Advocacy Center at Children's Hospital of Pittsburgh of UPMC, it is our mission to protect children and promote healthy families. We strive to accomplish this mission by adhering to standards of excellence in assessment of child maltreatment and in medical care of vulnerable children. We also work in collaboration with and in support of the efforts of other child protection professionals, by providing acute and primary medical care, case management, medical consultations, court testimony and SCAN and multidisciplinary team meetings.

Conference Goals

- To provide information and skill-building for Child Protection/Welfare Professionals and those concerned about the well-being of our children
- To provide a forum for sharing information by national and local experts
- To provide an opportunity for inter-agency staff networking

Target Audience

All individuals who touch the lives of maltreated children to include but not limited to Physicians, Advanced Practice Practitioners, Nurses, Allied Health Care Workers, Social Workers, Child Protective Services, Councilors, Advocates, Case Workers, Law Enforcement, Attorneys and Judges

Conference Registration Information **Registration will be completed online** **at**

<https://cvent.me/eXrKyG>

Registration Fee Schedule

Two Day-

One Day-

Debra Shane at shanda@upmc.edu or 412-692-3065

Continuing Education Units/Co-Sponsorship

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 7.5 contact hours.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Social Work

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 7.5 continuing education credits.

Faculty Disclosure:

No members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine.

Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

KEYNOTE SPEAKERS

Dr. Gunjan Tiyyagura

Thursday 4/28/22

Gunjan Tiyyagura is an Associate Professor of Pediatrics and Emergency Medicine. She completed her pediatric residency and chief residency at Columbia University before coming to Yale University for her Pediatric emergency medicine fellowship. She has since stayed on as faculty in the section of Emergency Medicine. Her primary interests are in improving recognition and reporting child abuse and neglect in acute care settings and developing family-centered interventions for household violence. Her work has focused on improving child abuse recognition through developing and disseminating evidence to acute care settings using qual research, implementation science and quality improvement methodologies. Through her work in community EDs, she and her team identified seriously abused children whose caregivers had previously sought care for intimate partner violence...which might serve as a sentinel event to be used to identify abuse in and provide support to children. Over the past few years, she has focused on examining the prevalence of child abuse in young children living with IPV, understanding barriers and facilitators to evaluation of child abuse in children living with IPV, and developing an integrated care clinic model of care for children and caregivers living with IPV. Most importantly, she has had the privilege of developing and leading the amazing New Haven family violence Community Advisory Board, consisting of members from DV organizations, DCF, Yale, police department, and a survivor, that advises and collaborates on all research and advocacy she does relate to IPV.

Frank and Kerri Bacco

Friday 4/29/22

The Baccos have been working with children their entire life. Frank has been teaching 7th grade at Shaler Area Middle School for twenty two years. In addition, he is currently the middle school track and field coach, and has also served as the head middle school softball, basketball, and football coach during his tenure at Shaler Area. Kerri is an elementary special education teacher at Fairview Elementary in the Fox Chapel school district. She has worked with students with a variety of educational and behavioral needs. She has a vast knowledge of the best practices when working with students with disabilities. In addition to teaching, she also coaches intramural basketball. Each fall, she travels to Camp Allegheny to help chaperone Fairview Elementary's 5th grade camping trip. While it took several months to put their non-profit into action, the Baccos finally began a partnership with Children's Aid Society of Mercer County. It gives them the opportunity to mentor children in foster care. Most of the youth they work with are close to "aging out" of the foster care system.. With the assistance of the Dalton Bacco "Living the Dream" Fund, Frank and Kerri have had the opportunity to take their mentees on numerous outings over the last three years

Schedule of Events

Thursday April 28, 2022

9:00-9:30 am	Opening Address Dr. Rachel Berger
9:45-10:45 am	Keynote – A Family Centered Approach to Partner Violence
11:00-12:00 pm	Workshop 1
12:15-1:15 pm	Workshop 2
1:15 pm	Adjournment

Friday April 29, 2022

8:30- 9:30 am	Keynote- Dalton Bacco “Living the Dream”
9:45-10:45 am	Workshop 3
11:00-12:00 pm	Workshop 4
12:15- 1:15 pm	Workshop 5
1:15 pm	Adjournment

WORKSHOP SESSION I 11:00 AM- 12:00 PM

	<u>PRESENTER(S)</u>
1A. Internet Safety, Cyberbullying and Sexting	Richard Dibello
1B. Vaping-Trends, Substance and Toxicity	Michael Lynch
1C. Supporting Staff Through Trauma-Informed Supervision Part 1 of 2	G. Stoffer/C.Kubica/C.Jeong
1D. Nurses’ Moral Distress as They Care for Victims Suspected of Child Maltreatment	Angela Karachacian
1E. PA Licensure Child Maltreatment Training Part 1 of 2	R. Berger/J.Wolford

WORKSHOP SESSION II 12:15 PM- 1:15 PM

	<u>PRESENTER(S)</u>
2A. Keeping Your Investigation Victim Centered Part 1 of 2	J. Ginsburg/M. Malbouf
2B. Pediatric/Adolescent Sexual Abuse Investigation	Brian Kohlhepp
2C. Supporting Staff Through Trauma-Informed Supervision Part 2 of 2	G.Stoffer/C.Kubica/C.Jeong
2D. Updates on State Laws Affecting Pediatric Child Maltreatment	Karin Wickwire
2E. PA Licensure Child Maltreatment Training Part 2 of 2	R. Berger/J.Wolford

WORKSHOP SESSION III 9:45 AM-10:45 AM

	<u>PRESENTER(S)</u>
3A. Law Enforcement Perspective on Drug Trends	Brian Dempsey
3B. Normal Does Not Mean Nothing Happened	Jennifer Clarke
3C. Sibling Sexual Abuse	Caitlin Evan
3D. Moving from Trauma Informed Care to Healing Centered Engagement	Shenoa Jamieson

WORKSHOP SESSION IV 11:00 AM- 12:00 PM

	<u>PRESENTER(S)</u>
4A. Forensic Photography Review for the Novice and Non-Medical	Karin Wickwire
4B. Your Practice & Child Protective Services- Working Effectively	H. Sahud/V. McCaskey
4C. Assessing Youth with Suicidal Ideations & Self-Harm Behaviors Part 1 of 2	Kelsey Bero
4D. UpStander Training Part 1 of 2	Rickquel Tripp

WORKSHOP SESSION V 12:15 PM- 1:15 PM

	<u>PRESENTER(S)</u>
5A. Keeping Your Investigation Victim Centered Part 2 of 2	J. Ginsburg/M. Malbouf
5B. Eye Trauma and Child Maltreatment	J. Clarke/A. Eichman
5C. Assessing Youth with Suicidal Ideations & Self-Harm Behaviors Part 2 of 2	Kelsey Bero
5D. UpStander Training Part 2 of 2	Rickquel Tripp

Presentation Summaries and Objectives	
Thursday, April 28, 2022	
9:00 AM- 1:15 PM	
Opening Address	
9:00- 9:30 AM	
Presenter: Rachel Berger, MD, MPH	<i>Audience- ALL</i>
Dr. Berger will provide an update on the state of the Child Advocacy Center and update on programs and new ideas.	
KEYNOTE ADDRESS: A Family Centered Approach to Partner Violence	
9:45- 10:45 AM	
Presenters: Gunjan Tiyyagura, MD	<i>Audience- ALL</i>
Description: The presenter will describe the prevalence of intimate partner violence (IPV), childhood exposure to IPV and examine the impact of IPV on children's health. She will provide evidence of changes in IPV presentation and severity through the COVID pandemic. She will discuss the evidence behind strategies for screening in Pediatric Settings. Finally, she will discuss evidence behind family centered care which considers both the victims and children living with IPV and provide preliminary data.	
Participants will:	<ol style="list-style-type: none"> 1. Describe the prevalence of IPV and childhood exposure to IPV 2. Identify strategies for screening for IPV in the pediatric setting 3. Present strategies to improve integrated care of victims of IPV
60 min	
Workshop Session I • 11:00 AM to 12:00 PM	
1A. Internet Safety, Cyberbullying and Sexting	
Presenters: Richard Dibello, Forensic Interviewer	<i>Audience- Child Welfare</i>
Description: An overview of general internet knowledge and definitions including passwords, safety, and information sharing. Social media as the most common way kids communicate and the online predators that manipulate the system to groom and abuse children. Cyberbullying overview of victims and bullies, warning signs, and how to have a discussion about it. What is Sexting? mostly likely to sext and most likely to be victims of sexting, breaking the law, how predators coerce children into more and more.	
Participants will:	<ol style="list-style-type: none"> 1. general internet definitions, passwords, information gathered 2. cyberbullying overview, warning signs, outcomes 3. sexting overview, victims, legal ramifications
60 min	
1B. Vaping-Trends, Substance and Toxicity	
Presenters: Michael Lynch, MD	<i>Audience-All</i>
Description: This presentation will describe the evolution of vaping devices and trends in utilization over time with special attention to adolescents. Additionally, I will discuss E-cigarette and Vaping Associated Lung Injury (EVALI) "outbreak", presumed causes, and public health surveillance and response. As vaping devices have evolved so have the substances available for consumption via that mechanism including cannabinoids. Short and long-term clinical effects of cannabinoids will be reviewed.	
Participants will:	<ol style="list-style-type: none"> 1. Summarize trends in vaping utilization and exposure 2. Discuss the various substances associated with vaping 3. Describe toxicity associated with vaping, including cannabinoids
60 min	
1C. Supporting Staff Through Trauma-Informed Supervision Part 1 of 2	
Presenters: Gwen Soffer, Christina Kubica and Cathy Jeong	<i>Audience- ALL</i>
Description: Supervisors are often required to provide supervision to staff without adequate training on how to create a supportive supervisory relationship that fosters growth and motivation. This is an opportunity to see what trauma-informed supervision is and how supervisors can create a safe and trusting atmosphere for staff to thrive and prevent burnout in the workplace. We will practice these skills together and explore ways in which we can encourage one another in our role as supervisors.	

Participants will:	<ol style="list-style-type: none"> 1. Understand impact of trauma work on staff 2. Develop understanding of trauma-informed supervision 3. Learn practical techniques to establish trauma informed supervision
60 min	

1D. Nurses' Moral Distress as They Care for Victims Suspected of Child Maltreatment

Presenter: Angela Karakachian, PhD

Description: Using power point slides, we will define moral distress, describe how it may impact the provision of care and individual providers, and introduce ways to prevent it in nursing. Additionally, we will present results from a descriptive cross-sectional correlational study on moral distress in pediatric nurses in the context of caring for victims suspected of child maltreatment.

Participants Will:	<ol style="list-style-type: none"> 1. Understand the concept of moral distress. 2. Learn about nurses' moral distress in the context of caring for victims suspected of child maltreatment. 3. Explore ways to prevent moral distress in nursing.
60 min	

1E. PA Licensure Child Maltreatment Training Part 1 of 2

Presenters: Dr. Rachel Berger and Dr. Jennifer Wolford

***Audience- Medical
Must attend both parts 1
and 2 for complete credit***

Description: Child Maltreatment Part 1 of 2- this is the first part of the 2 hours child abuse training under Act 31 to cover the material required for licensure renewal of mandated reporters. Must attend both part 1 and 2 for full credit-State approved

Participants will:	<ol style="list-style-type: none"> 1. Understand the child welfare system in Pennsylvania 2. Be able to list 5 types of child maltreatment 3. Recognize potential risks and indicators of child maltreatment 4. Be able to describe the ChildLine referral process and the role of the mandated reporter in it
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Workshop Session II • 12:15 PM to 1:15 PM

2A. Keeping Your Investigation Victim Centered Part 1 of 2 (part 2 in Workshop V)

Presenters: Jennifer Ginsburg and Maxwell Malbouf

Description: How to utilize a victim centered and trauma informed approach to possible victims in investigations. A victim-centered investigation focuses on the victim while minimizing any unnecessary stress, harm, or trauma to the victim. This approach focuses on prioritizing victims' rights, safety, and interests before anything else. This training will focus on victim-centered approaches for human trafficking, child exploitation, hands on sexual and physical offenses.

Participants will:	<ol style="list-style-type: none"> 1. Differentiate between victim focused and target or prosecution focused investigations 2. Avoid victim blaming language 3. Incorporate the forensic interview into your investigation effectively
60 min	

2B. Pediatric/Adolescent Sexual Abuse Investigation

Presenters: Brian Kohlhepp

Audience- SW/CM

Description: This 60 minute presentation will cover how law enforcement responds to and investigates Pediatric/adolescent sexual abuse. Aspects of the law to include Childline reports and the Safer Act and will be included. Considerations leading up to a possible prosecution and criminal trial will be discussed.

Participants will:	<ol style="list-style-type: none"> 1. To learn about the investigation of Pediatric/adolescent sexual abuse investigation. 2. Know about law enforcement activity while conducting Pediatric/adolescent sexual abuse investigations. 3. To understand do's and don'ts of Pediatric/adolescent sexual abuse investigations.
60 min	

2C. Supporting Staff Through Trauma-Informed Supervision Part 2 of 2

Presenters: Gwen Soffer, Christina Kubica and Cathy Jeong

Audience- ALL

Description: Supervisors are often required to provide supervision to staff without adequate training on how to create a supportive supervisory relationship that fosters growth and motivation. This is an opportunity to see what trauma-informed supervision is and how supervisors can create a safe and trusting atmosphere for staff to thrive and prevent burnout in the workplace. We will practice these skills together and explore ways in which we can encourage one another in our role as supervisors.

Participants will:	<ol style="list-style-type: none"> 1. Understand impact of trauma work on staff 2. Develop understanding of trauma-informed supervision 3. Learn practical techniques to establish trauma informed supervision
60 min	

2D. Updates on State Laws Affecting Pediatric Child Maltreatment

Presenter; Karin Wickwire *Audience-*

Description: In this session, we will review legislature updates that have been approved or are pending, from the state of Pennsylvania. We will discuss who these impact, how they affect children who have experienced maltreatment, and how they affect health care practice.

Participants Will:	<ol style="list-style-type: none"> 1. Review recent updates to state laws that affect pediatric child maltreatment medical care 2. Review several of the important laws affecting this practice 3. Discuss implications for legislature change in medical practice
60 min	

2E. PA Licensure Child Maltreatment Training Part 2 of 2

Presenters: Dr. Rachel Berger and Dr. Jennifer Wolford *Audience- Medical
Must attend both parts 1 and 2 for complete credit*

Description: Child Maltreatment Part 2 of 2- this is the second part of the 2 hours child abuse training under Act 31 to cover the material required for licensure renewal of mandated reporters. Must attend both part 1 and 2 for full credit- State approved

Participants will:	<ol style="list-style-type: none"> 1. Understand the child welfare system in Pennsylvania 2. Be able to list 5 types of child maltreatment 3. Recognize potential risks and indicators of child maltreatment 4. Be able to describe the ChildLine referral process and the role of the mandated reporter in it
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**Friday, April 29, 2022
8:30 AM to 1:15 PM**

KEYNOTE ADDRESS: Dalton Bacco "Living the Dream" (Mentoring Program for Foster Youth) **8:30- 9:30 AM**

Presenters: Frank and Kerri Bacco *Audience- ALL*

Description: The Baccos will present details about their non-profit organization, the Dalton Bacco "Living the Dream" Fund. The presentation will discuss what inspired them to create their organization. They will also highlight how they are currently serving foster youth in western Pennsylvania, whose goal is to provide a special day for foster youth. The organization carries out this mission by offering a wide range of activities for these deserving children to have the opportunity to experience.

Participants will:	<ol style="list-style-type: none"> 1. The learner will be able to learn how to utilize a non-profit organization to help provide a special, fun-filled day for foster youth. 2. The learner will become familiar with a non-profit organization who mentors foster youth in western Pennsylvania. 3. The learner will be able to see the benefit of a mentoring program for foster youth.
60 min	

Workshop Session III • 9:45 AM to 10:45 AM

3A. Law Enforcement Perspective on Drug Trends as Related to Sociality Youth

Presenters: Brian Dempsey *Audience-*

Description: Law Enforcement Perspective on Drug Trends as Related to Sociality Youth.

Participants will:	<ol style="list-style-type: none"> 1. Identify drug trends among young people. 2. Identify how young people communicate in regards to drugs. 3. Current laws & practices by law enforcement
3B. Normal Does Not Mean Nothing Happened	
Presenters: Jennifer Clarke, MD	Audience-
Description: This presentation will delve into what a normal genital examination means in relation to sexual assault.	
Participants will:	<ol style="list-style-type: none"> 1. Review the literature supporting this statement. 2. Assess genital findings and recognize normal variants. 3. Discussing with patient and families the meaning of a normal exam.
60 min	
3C. Sibling Sexual Abuse	
Presenters: Caitlin Evan, LSW	Audience-
Description: Presentation will include lecture and discussion defining sibling sexual abuse, risk factors, effects and treatment with an emphasis on establishing safety in families where sexual behaviors amongst siblings is present.	
Participants will:	<ol style="list-style-type: none"> 1. Gain an understanding of normative sexual interactions, inappropriate/problematic sexual behaviors, and sexual abuse amongst siblings 2. Define and explore the dynamics of sibling sexual abuse, sibling sexual behavior 3. Identify tools and interventions to assess and address problematic and abusive sexual behaviors
60 min	
3D. Moving from Trauma Informed Care to Healing Centered Engagement	
Presenter: Shenoa Jamieson, CRNP	Audience: ALL
Description: Healing centered engagement views trauma not simply as an individual isolated experience, but rather highlights the ways in which trauma and healing are experienced collectively, with the end goal of fostering well-being through identification of strengths.	
Participants will	<ol style="list-style-type: none"> 1. Define Salutogenic Theory and Trauma Informed Care. 2. Identify examples of Healing Centered Engagement. 3. Understand General Resistance Resources and a Sense of Coherence.
60 min	
Workshop Session IV • 11:00 AM to 12:00 PM	
4A. Forensic Photography Review for the Novice and Non-Medical	
Presenters: Karin Wickwire, DNP	Audience-
Description: This session is directed at those who take forensic photography, but who have not had formal training and/or review of their photos. Target audience includes non-forensic health care workers, social work, and child welfare staff. We will review basics of taking photos with a DSLR camera and with a phone/tablet and will discuss considerations related to privacy, quality of images, and image identifications	
Participants will:	<ol style="list-style-type: none"> 1. Review basics of quality photography 2. Explore specific considerations related to pediatric forensic photography 3. Discuss techniques for ensuring quality photographs
60 min	
4B. Your Practice & Child Protective Services- Working Effectively, to fill in the gaps	
Presenters: Hannah Sahud, MD and Victoria McCaskey, RN	Audience- medical
Description: Providing an overview of how Child Protective Services Works within Pennsylvania and with a focus on Allegheny County. (Knowing the members of your CYF community including CHECs nurses.) Reviewing how to make a good CYF referral.	
Participants will:	<ol style="list-style-type: none"> 1. Understand the difference between CPS and GPS referrals and what to expect from CYF depending on the designation. 2. Know the 6 components that should be in any physical abuse referral and the 5 components to include in any CYF referral.
60 min	

	3. Be able to craft a well written CYF referral.
4C. Assessing Youth with Suicidal Ideations & Self-Harm Behaviors Part 1 of 2	
Presenters: Kelsey Bero, LPC, NCC	<i>Audience-</i>
Description: Adolescent youth with experiences of abuse are at higher risk for suicidal ideation and behaviors. Providers working with these youth should anticipate interactions in which they disclose either history or present suicidal ideations and behaviors. The learning objectives of this lecture include knowing how to assess for past or current suicidal ideation and self-injurious behaviors, provider decision-making process based on risk assessment, and how to safety plan with the youth and caregiver.	
Participants will: 60 min	<ol style="list-style-type: none"> 1. knowing when and how to assess for past or current suicidal ideation and self-injurious behaviors 2. deciding what to do with the information gathered in risk assessment 3. skills to adequately safety plan with the youth and caregiver
4D. Becoming an UPSTANDER: Action Tools to Create a Safe, Empowering Environment Part 1 of 2	
Presenters: Rickquel Tripp, MD, MPH, CDR, USN	<i>Audience-</i>
Description: UPSTANDER training is built upon the framework of IQEE (Interrupt, Question, Educate, Echo) adopted with permission from the Learning for Justice project from the Southern Poverty Law Center. The learning aim for this training is to acquire actionable tools to implement in the face of witnessing or receiving bias, prejudice, or microaggressions. These skills may be used from the witness or victim perspective; however, our main focus is on building strength for others to SPEAK UP	
Participants will: 60 min	<ol style="list-style-type: none"> 1. Learn definitions of explicit and implicit bias, types of microaggressions, and allyship 2. Review most recent data on implicit bias and how results found that bias negatively impacts patient care, leading to greater health disparities 3. Learn how to mitigate individual bias and practice IQEE framework
Workshop Session V • 12:15 PM to 1:15 PM	
5A. Keeping Your Investigation Victim Centered Part 2 of 2	
Presenters: Jennifer Ginsburg and Maxwell Malbouf	
Description: How to utilize a victim centered and trauma informed approach to possible victims in investigations. A victim-centered investigation focuses on the victim while minimizing any unnecessary stress, harm, or trauma to the victim. This approach focuses on prioritizing victims' rights, safety, and interests before anything else. This training will focus on victim-centered approaches for human trafficking, child exploitation, hands on sexual and physical offenses.	
Participants will: 60 min	<ol style="list-style-type: none"> 1. Differentiate between victim focused and target or prosecution focused investigations 2. Avoid victim blaming language 3. Incorporate the forensic interview into your investigation effectively
5B. Eye Trauma and Child Maltreatment	
Presenters: Jennifer Clarke, MD and Adelaide Eichman, MD	<i>Audience-Medical</i>
Description: Ocular signs and symptoms in child abuse may manifest as a result of direct or indirect injury or sexually transmitted infections. This lecture will focus on ocular findings resulting from physical child abuse.	
Participants will:	<ol style="list-style-type: none"> 1. Describe ocular findings that may be caused by physical child abuse. 2. Assess ocular findings within the context of the remainder of the evaluation. 3. Improve documentation of ocular findings for the non-ophthalmologist.
5C. Assessing Youth with Suicidal Ideations & Self-Harm Behaviors Part 2 of 2	
Presenters: Kelsey Bero, LPC, NCC	<i>Audience</i>
Description: Adolescent youth with experiences of abuse are at higher risk for suicidal ideation and behaviors. Providers working with these youth should anticipate interactions in which they disclose either history or present suicidal ideations and behaviors. The learning objectives of this lecture include knowing how to assess for past or current suicidal ideation and self-injurious behaviors, provider decision-making process based on risk assessment, and how to safety plan with the youth and caregiver.	

Participants will:	<ol style="list-style-type: none"> 1. Knowing when and how to assess for past or current suicidal ideation and self-injurious behaviors 2. Deciding what to do with the information gathered in risk assessment 3. Skills to adequately safety plan with the youth and caregiver
5D. Becoming an UPSTANDER: Action Tools to Create a Safe, Empowering Environment Part 2 of 2	
Presenters: Rickquel Tripp, MD MPH CDR USN	
<p>Description: UPSTANDER training is built upon the framework of IQEE (Interrupt, Question, Educate, Echo) adopted with permission from the Learning for Justice project from the Southern Poverty Law Center. The learning aim for this training is to acquire actionable tools to implement in the face of witnessing or receiving bias, prejudice, or microaggressions. These skills may be used from the witness or victim perspective; however, our main focus is on building strength for others to SPEAK UP</p>	
Participants Will: 60 min	<ol style="list-style-type: none"> 1. Learn definitions of explicit and implicit bias, types of microaggressions, and allyship 2. Review most recent data on implicit bias and how results found that bias negatively impacts patient care, leading to greater health disparities 3. Learn how to mitigate individual bias and practice IQEE framework

Presenter Biographies

Rachel Berger, MD, MPH, Division Chief

Child Abuse Pediatrician, Child Advocacy Center, UPMC Children’s Hospital of Pittsburgh

Rachel Berger, MD, MPH is Professor Pediatrics at the University of Pittsburgh, chief of the division of Child Advocacy at Children’s Hospital of Pittsburgh and the director of child abuse research at the Safar Center for Resuscitation Research at the University of Pittsburgh. She attended medical school at Columbia University and completed her pediatric internship and residency and a fellowship in general academic pediatrics at Children’s Hospital of Pittsburgh. She also completed a Master’s in Public Health at the University of Pittsburgh School of Public Health. Her current clinical research focuses on improving identification and evaluation of suspected physical abuse. She has received funding from multiple sources including National Institutes of Health, the Patient-Centered Outcomes Research Institute and the Hillman Foundation.

Jennifer Clarke, MD

Child Abuse Pediatrician, Child Advocacy Center, UPMC Children’s Hospital of Pittsburgh

Dr. Clarke is a member of the Division of Child Advocacy at the Children’s Hospital of Pittsburgh of UPMC. She is an assistant professor of Pediatrics at the University of Pittsburgh School of Medicine. She received her medical degree from SUNY Upstate Medical University in Syracuse, NY. She completed her residency in Pediatrics at Westchester Medical Center in Valhalla, NY and fellowship in Child Abuse Pediatrics at University of Texas Health Science Center in San Antonio, TX.

Kelsey Bero, LPC, NCC

Behavioral Therapist, UPMC Western Psychiatric Hospital

Kelsey (Johnson) Bero, LPC, NCC, is a Behavioral Health Therapist at STAR Center, a specialty outpatient clinic serving teens diagnosed with severe depression and anxiety and at risk of suicide. She officially joined the STAR team as a therapist in June 2018. Prior to joining STAR as a therapist, Kelsey completed a year-long internship at STAR as a Graduate Intern, where she was trained in providing individual therapy, group therapy, and assessment services. She continues to assess new patients and provide individual and group therapy at STAR. She also helps manage STAR’s Intensive Outpatient Program (IOP) and assists in STAR Center’s measurement-based care initiatives to improve clinical decision-making and patient care. Kelsey received her Master's degree in Counseling Psychology from Chatham University. Kelsey’s previous work experience includes serving as a Milieu Therapist at UPMC Western Psychiatric Hospital for an adult inpatient program where she provided group therapy and unit support services. Kelsey also earned a Bachelor's degree from the University of Pittsburgh in Psychology with a minor in Neuroscience.

Brian Dempsy

Intelligence Research Specialist, DEA

Twenty-eight years with DEA, I have worked in Newark, NJ; Atlanta, GA; & have been in Pittsburgh since 2004. Recipient of the 2017 FBI Director’s Award for Support to the Law Enforcement Community. Recipient of the 2019 Excellence in Public Awareness Award from the National Healthcare Anti-Fraud Association. Provide support to Federal Drug Investigations and investigations on diverted pharmaceutical products.

Richard Dibello

Forensic Interviewer

Richard DiBello is a Forensic Interviewer at the Child Advocacy Center of UPMC Children’s Hospital. Richard has been in the field of child welfare for 14 years and has been an interviewer at the CAC for the last 5 years. Richard is a certified Forensic Interviewer through the National Child Advocacy Center in Huntsville, Alabama. He has forensically interviewed over 600 children and adults at the request of local, state, and federal law enforcement as well as child protective services. Richard was previously a child protective services worker in Pennsylvania for 7 years, as well as having experience working in the mental health field with both adults and children. At the beginning of January 2021, Richard completed the child sex trafficking (CST) forensic interview training through the National Criminal Justice Training Center (NCJTC).

Adelaide Eichman, MD

Child Abuse Pediatrician, Child Advocacy Center, UPMC Children’s Hospital of Pittsburgh

Dr. Eichman joined the Division of Child Advocacy at Children’s Hospital of Pittsburgh of UPMC in 2013 after completing her pediatric training at Children’s. She received her medical degree from the University of Pittsburgh School of Medicine, having an area of concentration in Women’s Health. Her main interest is providing medical care for unserved children.

Caitlin Evan, LSW

Clinical Supervisor, Pittsburgh Action Against Rape

Caitlin Evan is the clinical supervisor at Pittsburgh Action Against Rape (PAAR). She is a licensed clinical social worker, earning both her Bachelor and Undergraduate degrees from the University of Pittsburgh School of Social Work. Caitlin has over 10 years of experience in the mental health field across a variety of settings and populates with a focus on trauma and sexual violence for the past five years. She is certified in EMDR, CPT, and TF-CBT.

Jennifer R. Ginsburg, MSW, LSW

Homeland Security Investigations

Jennifer Ginsburg has been a Forensic Interview Specialist at Homeland Security Investigations in Seattle, WA since January 2020. Prior to working at HSI, Jennifer was a Forensic Interviewer at the Child Advocacy Center at Children’s Hospital of UPMC for approximately 8 years. Jennifer is a LSW and holds a Masters Degree in Social Work. Jennifer has worked in the field of Child Welfare for 19 years. Jennifer conducts interviews with children, teens, and adults that have been victims of exploitation, human trafficking, sexual abuse, and other crimes. Jennifer resides in Puyallup, WA with her husband and two children. Jennifer enjoys spending time with family, reading, working out and hiking.

Shenoa Jamieson, CRNP, SANE-P, SANE-A

Pediatric Nurse Practitioner with the Child Advocacy Center at UPMC Children’s Hospital of Pittsburgh

Shenoa Williams is employed as a Pediatric Nurse Practitioner with the Child Advocacy Center at UPMC Children’s Hospital of Pittsburgh. She has become a nationally certified Pediatric Sexual Assault Nurse Examiner (SANE-P) in 2017 and completed the Adult SANE curriculum in 2018. Over the last year she has attended on-line and in-person training on Human Trafficking, including a train-the-trainer course through Shared Hope International called i:care A Health Care Provider’s Guide to Recognizing and Caring for Domestic Minor Sex Trafficking Victims. She is currently co-chairing the Training ACT Advocates Workgroup for the Alliance for Children in Trafficking (ACT), an important initiative of NAPNAP Partners for Vulnerable Youth.

Brian Kohlhepp

Detective Sergeant, Ross Township Police

Brian Kohlhepp is the Sergeant in charge of the Detective Division at the Ross Township Police Department. In this capacity, he is also in charge of the Ross Police Forensic Investigation Unit. He investigates all major criminal incidents such as suspicious deaths, sexual assaults, and child abuse. He has over 1000 hours of specialized training in various policing subjects. He has a BA from Waynesburg University in Criminal Justice and a Master of Arts in Social Sciences from California University of Pennsylvania (Summa cum Laude). Detective Kohlhepp is on faculty teaching at Duquesne University, graduate school at California University of PA, and Waynesburg University, graduate and undergraduate courses at John Jay College of Criminal Justice. He also serves as a Program Director and Instructor in numerous criminal investigation and forensic continuing education classes for attorneys and law enforcement at the Center for Law and Public Policy at California University of PA held in the Pittsburgh and Philadelphia area. In addition, he regularly conducts continuing education seminars for John Jay College of Criminal Justice at their main campus in New York

Maxwell Malbouf

Forensic Interview Specialist- Homeland Security Investigations

Maxwell Malbouf is a Forensic Interview Specialist for the Department of Homeland Security since July 2020. Maxwell serves Northern California for all federal cases involving child exploitation, maltreatment, human trafficking, labor trafficking, and any other federal crime involving a minor victim. Maxwell was previously a forensic interviewer at UPMC Children’s Hospital Child Advocacy Center. Maxwell lives in San Francisco, CA with his girlfriend and dog. Maxwell enjoys taking his dog for walks through the city and cooking.

Michael Lynch, MD

Medical Director, Pittsburgh Poison Center/ Medical Director, UPMC Health Plan Substance Use Disorder Services

Dr. Michael Lynch is an assistant professor of Emergency Medicine, Toxicology and Pediatrics at the University of Pittsburgh. He is board certified in Emergency Medicine, Medical Toxicology, and Addiction Medicine. Dr. Lynch graduated from the University of Pittsburgh School of Medicine before completing his residency in Emergency Medicine and fellowship in Medical Toxicology at the University of Pittsburgh. Dr. Lynch works in the Emergency Department at UPMC Mercy Hospital. The Toxicology service at UPMC is one of the busiest in the country, seeing patients at 5 Pittsburgh hospitals as well as providing inpatient addiction and telemedicine treatment. Dr. Lynch is the Medical Director of the Pittsburgh Poison Center and of Substance Use Disorder Services at UPMC Health Plan while continuing to serve on the Boards of Directors for the PA College of Emergency Physicians and the American Association of Poison Control Centers.

Christina Kubica, MSW, LSW

Manager of Specialized Health Services at Nationalities Service Center

Christina Kubica serves as Manager of Specialized Health Services at Nationalities Service Center. She is a Licensed Social Worker and earned her Masters in Social Work with an emphasis on International Social Work from Rutgers University. Christina joined the refugee resettlement team as a case manager in 2016. Christina provides case management services to newly-arrived refugee clients in an effort to provide a supportive environment and positive transition to a new chapter of their lives. The courage, strength, and resilience of the refugee clients that Christina works with motivates her to do this work. Prior to joining the NSC resettlement team, Christina worked in child welfare at Lutheran Children and Family Service and interned for the Philadelphia Partnership for Resilience at NSC. In addition, she also spent time studying service delivery and conducting service learning of vulnerable populations in Romania where she gained a better understanding of hardships and barriers facing individuals living in a growing social service structure.

Cathy Jeong, MSW

Senior Manager of the Survivor Services at Nationalities Service Center

Cathy Jeong serves as the Senior Manager of the Survivor Services at Nationalities Service Center and lead for Philadelphia Partnership for Resilience (PPR). She holds a master's in social work from Fordham University with a concentration in Leadership & Macro Practice focusing on community-based leadership and practice. In her role, Cathy oversees the Collaborative to provide and expand services to survivors of torture. She is responsible for reporting requirements under the Office of Refugee Resettlement and United Nations Voluntary Fund for Victims of Torture funded projects and coordinates the activities of the multi-agency PPR working group. Cathy also provides trainings and technical assistance to mainstream and social service providers in the Greater Philadelphia Region and supervises NSC's PPR team of case managers and interns. Prior to joining NSC, Cathy worked in direct services with human trafficking and immigrant populations in both local and international capacities for nine years. She has led various projects involving community outreach, networking with local organizations to strengthen partnerships, conducting trainings, and program development for International Federation of Social Workers (IFSW) at the United Nations (UN) to promote human rights through social welfare. At the UN, she advised IFSW on important issues for future consideration based on attending various NGO committee meetings including Migration, World's Indigenous Peoples, Elimination of Racism, Aging, and Family. She has also managed cases in legal and non-profit settings for more than six years and served overseas in Cambodia, Thailand, Kazakhstan and Venezuela.

Angela Karakachian, PhD

Assistant Professor, Duquesne University

Angela Karakachian received her BSN in nursing from Saint Joseph University Beirut-Lebanon in 1998. During the same time, she also received her BSN in nursing from France. Angela found her passion in nursing when she worked at Children's Hospital of Pittsburgh in the Allergy and Immunology unit. In 2012, Angela received her Master's degree in nursing education from the University of Phoenix. In 2013 Angela joined Duquesne University. In Spring 2020, Angela earned her PhD in Nursing at Duquesne University Angela's research interest is on nurses' moral distress as they provide care to victims of child abuse.

Hannah Sahud, MD

Child Abuse Pediatrician, UPMC Children's Hospital of Pittsburgh CAC

Dr. Hannah Sahud (pronounced "say-hood") is in her second year with the Child Advocacy Center at the Children's Hospital of Pittsburgh. Prior to joining the CAC she was a general pediatrician for 17 years, predominantly serving Allegheny County. Hannah now serves as a community liaison working with both the Allegheny County Department of Human Services, specifically CYF, and community pediatric providers. If you are a community provider, or work with providers, please do

not hesitate to reach out to Dr. Sahud to help navigate the CYF system or with related questions (Hannah.Sahud@chp.edu)
Hannah trained at Children’s Memorial Hospital of Northwestern in Chicago, IL.

Gwen Soffer, MSW

Manager of Wellness Services at Nationalities Service Center

Gwen Soffer serves as the Manager of Wellness Services at Nationalities Service Center and coordinates onsite clinical and holistic trauma-informed wellness programming (including creative arts therapy, acupuncture, massage, yoga, support groups) as well as staff self-care and professional development. She holds a Masters in Social Work with Trauma Specialty from Widener University and is E-RYT certified through Yoga Alliance, TCTSY-F certified through the Center for Trauma and Embodiment at the Justice Resource Institute, and has been working in the trauma-informed wellness field for over fifteen years and developed and facilitates a 6-month Trauma-Certificate program for service providers.

Rickquel Tripp, MD, MHP, CDR, USN

Vice Chair of DEI UPMC ME

Rickquel “Rikki” Tripp, MD MPH is a Clinical Assistant Professor of Emergency Medicine, EMS faculty, and Medical Director of 4 different EMS agencies: Penn Hills, Lower Valley, SouthEast Regional, and Foxwall. She has chaired the Networking Committee of the Physician Inclusion Council of Pitt and UPMC (PICUP) for 5 years and now serves as the first Vice Chair of Diversity, Equity, & Inclusion of UPMC Graduate Medical Education and first Vice Chair Diversity, Health Equity, & Inclusion of Department of Emergency Medicine. She also is the Co-Chair of UPP EM D, E, & I Committee and Vice Chair of NAEMSP D & I Task Force. She has created and promoted many initiatives to include “Meet & Greet UPMC” Night; UPMC ME Townhalls addressing systemic racism & health disparities; URM Virtual Recruitment Diversity Brunches, and creating a Department Diversity Champions list for better networking and communication. Dr. Tripp became an UPMC ACES winner for her accomplishments and commitment in D, E, & I in 2019. She was raised in Upper St. Clair, PA and began her academic journey across the East coast and Midwest after high school. She completed her emergency medicine residency at the University of Chicago and EMS Fellowship at UPMC in 2017. In addition to Rikki being a Commander in the US Navy Reserves and her previous service as a flight surgeon while on active duty, she is an exceptional leader, mentor, and educator within the UPMC/Pitt community.

Karin Wickwire, DNP, AG-ACNP, SANE-A, SANE-P

**CRNP/Forensic Coordinator, Departments of Emergency & Critical Care Medicine, UPMC Hamot
CRNP/Division of Child Advocacy, Erie CARE Clinic**

Karin A. Wickwire, DNP, AG-ACNP, SANE-A, SANE-P is a nurse practitioner at UPMC Hamot with Critical Care Medicine, a nurse practitioner at the Erie CARE Clinic, and she is the coordinator of the forensic nursing team at UPMC Hamot. Karin has her Doctor of Nursing Practice from the University of Pittsburgh, a Bachelor of Science in Nursing from Gannon University and a Bachelor of Biology from Allegheny College. Karin serves on the IAFN research committee, is a nurse expert for the Duquesne SANE grant program and serves on several different community organizations.

Jennifer Wolford, DO, MHP

Child Abuse Pediatrician, Child Advocacy Center, UPMC Children’s Hospital of Pittsburgh

Dr. Wolford joined the Division of Child Advocacy at the Children’s Hospital of Pittsburgh of UPMC in 2011, after completing her pediatric training at Children’s and serving as chief resident. She has a Master of Public Health degree at University of Pittsburgh Graduate School of Public Health, and a medical degree from the Philadelphia College of Osteopathic Medicine. Her primary interests are in the area of health care for underserved children, and she is the faculty advisor for the Pediatric training program called CORE (Community Oriented Resident Education).