

# ONE SIZE DOES NOT FIT ALL: STRATEGIES TO PROMOTE MENTAL WELLNESS FOR EXPECTANT AND PARENTING FAMILIES

Friday April 1, 2022  
7:00AM-4:30PM

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and Postpartum Pittsburgh. The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## **Physician (CME)**

The University of Pittsburgh designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Nursing (CNE)**

The maximum number of hours awarded for this Continuing Nursing Education activity is 7.0 contact hours.

## **Pharmacy (CPE)**

This knowledge-based activity provides 7.0 contact hours of continuing pharmacy education credit.

## **Physician Assistant (AAPA)**

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

## **Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT**

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 7.0 continuing education credits.

## **Psychologists**

Education and Consultative Services of UPMC Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Education and Consultative Services of UPMC Western Psychiatric Hospital maintains responsibility for this program and its content. This program is offered for 7.0 continuing education credits.

## **Postpartum Support International Perinatal Mental Health Certification (PMH-C)**

Attendance at this conference is approved for 6 hours of advanced training toward the Perinatal Mental

Health Certification through PSI.

**Other health care professionals** will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Faculty Disclosure:

No members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients to disclose.

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- Sage Therapeutics, Inc.

Exhibitors:

- Forward Wellness
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- Sage Therapeutics, Inc.