



Finding Our Way Through Grief and Loss

Thursday, June 30 • 1 to 2 p.m. EST • Microsoft Teams virtual education

Click [here](#) to register or contact Education and Consultative Services of UPMC Senior Services at 866-430-8742 or UPMCSeniorServices@UPMC.edu for questions or more information.

Grief is a natural response to the various losses we experience in life — including the loss of our sense of “normal,” connections with family and friends, and other challenges we have faced in the pandemic.

In this webinar, we will discuss the impact of loss and explore ways to care for ourselves and support others.

Guest Speaker: Cynthia Grindel, LSW
LifeSolutions EAP
Program Manager

This program can provide 1.0 contact hours for nursing (CNE), social work continuing education or a certificate of attendance.

Do you need help finding community resources?

There are many ways to contact us including:

- Help and Referral Line: 866-430-8742
- E-mail: UPMCSeniorServices@UPMC.edu
- Website: SeniorServices.UPMC.com
- Or **book a virtual appointment** for a community resources or education discussion

Check out the new dementia section of our website.

UPMC | SENIOR SERVICES

Accreditation statement In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 1.0 continuing education credits.

Nursing (CNE) The maximum number of hours awarded for this Continuing Nursing Education activity is 1.0 contact hours.

Social Work (ASWB) This program is offered for 1.0 hour of social work continuing education.

Other Health Care Professionals Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.