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| **Course ID:** **Course Title:** Let’s Talk Breastfeeding: Relactation: Resuming Lactation After Days, Weeks, or Months | **Course Director:** Debra L. Bogen, MDAssociate Professor of Pediatrics, Psychiatry and Clinical and Translational Sciences, Children’s Hospital of Pittsburgh |
| **Session Information:**  |
| **Date of Activity:** **Tuesday, June 28, 2022** | **Location: Virtual** |
| **Presenters:****Alyssa Schnell, IBCLC** |
| **Agenda: 12:00pm-1:00pm Presentation and Q & A** **Session Learning Objectives:**At the conclusion of this activity, participants should be able to:1. Understand relactation in the context of current events.
2. Define and distinguish terms: relactation, translactation, induced lactation.
3. Apply The Relactation Cupcake model to communicate with parents and to guide them with relactating.
4. Understand expectations for milk production when relactating.
5. Learn to guide parents through The Goldilocks Dilemma, determining the “just right amount” of supplementation.
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| **Accreditation** **Jointly Sponsored** In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and the Pennsylvania Chapter of the American Academy of Pediatrics. The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.   | **Credit Designation****Physician (CME)** The University of Pittsburgh School designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **Other Healthcare Professionals** Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity. |

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