

Proposal: A Physicians Approach to Shared Decision Making (SDM) with Bariatric Patients

Date: July 19, 2022

Location: Webinar (and enduring material)

Time: 5:00 pm to 6:00 pm

Target Audience:

Healthcare professionals who provide care to the obese population to include primary care physicians, internal medicine physicians, family practitioners, obesity medicine physicians, bariatric surgeons and advanced practice providers in these specialties.

Fee: No charge

Needs Assessment:

Over the past decade, obesity has become recognized as a national health threat. More than one third of Americans are obese and are at increased risk for many serious health conditions such as heart disease, diabetes, hypertension, stroke and premature death. Caring for the obese patient presents unique challenges for caregivers. This seminar will provide health care practitioners with a shared decision-making tool that will be embedded in Epicare to help patients decide which obesity treatment will be optimal for them.

Course Objectives:

Upon completion of this course, the participants should be able to:

- Provide increased knowledge of treatments for obesity including medical and bariatric surgery
- Define the comorbidities related to obesity and how they relate to treatment options
- Identify the obstacles practitioners and bariatric patients are confronted with in terms of diagnosis and treatment
- Review the Shared Decision-Making tool in Epicare.

Schedule:

5:00 pm	Welcome and Introduction Case Presentation Anita P. Courcoulas, MD, MPH, FACS Kathleen McTigue, MD, MPH, MS
5:05 pm	What is Shared Decision Making (SDM)? Diana Stilwell, MPH
5:15 pm	What matters most to patients when deciding about bariatric surgery? Neely Williams

- 5:25 pm Our “Option Grid” decision aids for bariatric surgery
Ali Tavakkoli, MD
- 5:35 pm SDM workflow for the UPMC Bariatric Program
Anita P. Courcoulas, MD
- 5:45 pm Three Talk Model of SDM
Moderator – Kathleen McTigue, MD
Group Discussion
- 5:55 pm Example SDM conversation
Moderator – Anita P. Courcoulas, MD
Open Discussion
Next Steps
- 6:00 pm Adjournment

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Continuing Education Credit

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All of the relevant financial relationships for the individuals listed below have been mitigated:

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Grant/Research Support: Pfizer, Janssen

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Consultant: AltrixBio

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