

**2022: In Person and Virtual - Survivorship after Cancer of the Head and Neck:
A Multidisciplinary Symposium**

Dates: August 1-2, 2022



*Sponsored by
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences, and Department of Otolaryngology*

**Location: UPMC Herberman Conference Center
5150 Centre Avenue – 2nd Floor
Pittsburgh, PA 15232**

Virtual

COURSE DIRECTORS

Audrey Hayward, PA-C; Jonas Johnson, MD; Marci Nilsen, PhD, RN, CHPN

Intent and Overview

The purpose of this symposium is to provide fundamental information necessary for a comprehensive approach to survivorship care of head and neck cancer patients. This symposium is intended to improve healthcare providers' ability to provide high-quality survivorship care to the growing population of head and neck cancer survivors.

Objectives

At the completion of the course, the participant should be able to:

1. Recognize the components of high-quality head and neck cancer survivorship care.
2. Identify prevailing late and long-term effects head and neck cancer survivors' experience.
3. Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
4. Recognize new systemic therapies for head and neck cancer and potential side effects.

Who Should Attend

Professional providers, cancer survivors, primary care physicians, nurses, residents, audiologists, speech-language pathologists, physical therapists, occupational therapists, dentists, and other interested healthcare professionals.

Accreditation and Credit Designation Statement:

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 10.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 10.25 contact hours.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 10.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

DIETITIAN CEUs

The Commission on Dietetic Registration has approved this conference for 10.5 CEU credits and up to 1.75 additional exhibit hours.

ASHA CEUs

This event is offered for:

Day 1 0.7 CEUs (Intermediate Level, Professional Area)

Day 2 0.3 CEU (Intermediate Level, Professional Area)

Participants must participate in both days to earn 1.05 ASHA CEUs



ASHA CE
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University of Pittsburgh

IntermediateLevel
1.0 ASHA CEUs

Following Day 1 of this event participants will be able to:

- 1.) Define the components of high-quality head and neck cancer survivorship care.
- 2.) Identify prevailing late and long-term effects in head and neck cancer survivors' experience.
- 3.) Recognize new systemic therapies for head and neck cancer and potential side effects.
- 4.) Discuss the psychological impact that head and neck cancer and its treatment-related effects have on survivors

Following Day 2 of this event participants will be able to:

- 1.) Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
- 2.) Discuss the prevalence of dysphagia after treatment for head and neck cancer survivors.
- 3.) Explain innovative treatments for head and neck cancer survivors with dysphagia.
- 4.) Identify key strategies to maintain good oral hygiene during phases of treatment and survivorship

SCHEDULE

Day 1 of 2: Monday, August 1, 2022

Location: UPMC Herberman Conference Center

- 7:00 – 8:00 am **Registration and Breakfast**
- 8:00 – 8:05 am **Welcome**
Jonas Johnson, MD
- Moderator:** Jonas Johnson, MD
- 8:05 – 8:30 am The Current Landscape of Head and Neck Cancer Survivorship
Catherine Bender, PhD, RN, FAAN
- 8:30 – 9:15 am Survivorship Programs in a Health Care System: How Do You Do It?
Jonathan Irish, MD, MSc , FRCSC
- 9:15 – 9:45 am Predictive Survivorship: Planning for the Future from the Point of
Diagnosis
Susan McCammon, MD
- 9:45 – 10:30 am Panel on Established Survivorship Programs
Moderator: Jonathan Irish, MD, MSc , FRCSC
Panelist: Rosemary Martino, MA, MSc, PhD; Susan McCammon, MD;
Marci Nilsen, PhD, RN, CHPN
- 10:30 – 10:45 am **Break, Visit with Exhibitors**
- 10:45 – 11:15 am Expanding the Horizons of Minimally Invasive Surgery
Uma Duvvuri, MD, PhD
- 11:15 – 12:00 pm The Dynamic Role of Dental Medicine in Head and Neck Cancer
Treatment and Recovery
Joel Epstein, DMD, MSD
- 12:00 – 1:00 pm **Lunch, Visit with Exhibitors**
- Moderator:** Seungwon Kim, MD
- 1:00 – 1:30 pm Aesthetic Considerations in Head & Neck Cancer Reconstruction
Mark Kubik, MD
- 1:30 – 2:00 pm Advances in Systemic Therapies: Implications for Survivorship
Dan Zandberg, MD

2:00 – 2:30 pm Panel Discussion: Advancement of Treatment Options
Moderator: Seungwon Kim, MD
Panelists: David Clump, MD, PhD; Uma Duvvuri, MD, PhD; Mark Kubik, MD; Dan Zandberg, MD

2:30 – 2:45 pm **Break, Visit with Exhibitors**

Moderator: Mark Kubik, MD

2:45– 3:15 pm Advances in Radiotherapies: Therapeutic Outcomes in Head and Neck Cancer
David Clump, MD, PhD

3:15 – 3:45 pm Addressing the Unseen: Meeting the Psychosocial Needs of Cancer Patients
Angela Dean, PsyD

3:45– 4:15 pm Support of Caregiver
Jennifer Steel, PhD

4:15– 4:45 pm How Mind-Body Medicine Therapies Can Improve Survivorship
Rupa Mahadevan, MD

4:45 – 5:00 pm **Patient Experience** (No CME credit awarded)

5:00 pm Adjournment Day 1 of 2

Day 2 of 2: Tuesday, August 2, 2022

Location: UPMC Herberman Conference Center

7:00 – 8:00 am **Registration and Breakfast**

8:00 – 8:05 am **Welcome**
Jonas Johnson, MD

Moderator: Tamara Wincko, MS, CCC-SLP

8:05 – 9:00 am Care of the Patient with Head and Neck Cancer and Dysphagia: Is there More to What They Tell Us?
Rosemary Martino, MA, MSc, PhD

9:00 – 9:20 am Survivorship after Head and Neck Cancer: Current Implication for Myofascial Release Techniques
Jacklyn Berry, PT, DPT, CLT

- 9:20 – 9:40 am Nutrition Management in Patients with Head and Neck Cancer to Prevent Malnutrition
Alyssa Weinfurther, MS, RD, CSO, LDN
- 9:40 – 10:10 am **Panel Discussion:** Management of the Symptoms and Treatment-related Effects After Therapy
Moderator: Jonas Johnson, MD
Panelists: Jacklyn Berry, PT, DPT, CLT; Karen Kost, MD; Rosemary Martino, MA, MSc, PhD; Alyssa Weinfurther, MS, RD, CSO, LDN
- 10:10 – 10:25 am **Break, Visit with Exhibitors**
- Moderator:** Marci Nilsen, PhD, RN, CHPN
- 10:25 – 10:40 am Flourishing: Understanding the Relationships Between Well-Being, Sense of Purpose, and Meaningful Relationships in Cancer Survivors
Alexandria Harris, MS, MD
- 10:40 -- 11:10 am A Year in Review
Marci Lee Nilsen, PhD, RN, CHPN
- 11:10 – 11:25 am Looking to the Future
Jonas Johnson, MD
- 11:25 am *Adjournment Day 2 of 2*

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