



# 9th Annual Comprehensive Wound Care Symposium

## State-of-the-Art Wound Care: Traditional Paradigms, Evolving Approaches, and Technology

**Thursday, September 22 to  
Saturday, September 24, 2022**

Omni William Penn Hotel  
Pittsburgh, PA

### Course Directors

**J. Peter Rubin, MD, MBA, FACS**

Director, UPMC Wound Healing Services  
UPMC Endowed Professor and Chair of Plastic Surgery  
Member, Steering Committee for the NIH/NIDDK Diabetic  
Foot Ulcer Research Consortium

**Elizabeth Shumaker, MSN, RN**

Senior Director of Operations, UPMC Wound Healing Services

*Sponsored by UPMC Wound Healing Services, University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences, UPMC Mercy, and the UPMC Wound Research Alliance.*

*UPMC Mercy is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine.*

# 9th Annual Comprehensive Wound Care Symposium

## State-of-the-Art Wound Care: Traditional Paradigms, Evolving Approaches, and Technology



All photos taken before universal masking and social distancing guidelines.

### Planning Committee

Taryn M. Bennett, MSN, RNC, CWOCN, CHRN\*

Jodi Boory, BSN, RN, CRRN, ACHRN, CWCA, OMS\*

Jill M. Clites, RN, BSN, WCC#

Brian Connor, BA, MA\*

Constance Greco, MS, BSN, RN, WCC, DWC\*

Lori O'Shea, BSN, RN, WCC\*

Brodie Parent, MD, MS\*

Stephanie Shields, BA, MSAS, MAL\*

Patsy Simon, BS, RN, CCRC, CCRA, ACRP-PM>

Cecilia Zamarripa, PhD, MSN, RN, CWON+

Dawn Wang, MD, FACS\*

Kimberly A. Whetsel, OTR/L\*

\* UPMC Wound Healing Services

> UPMC Wound Research Alliance (WRA)

+ UPMC Presbyterian Wound, Ostomy, Continence Nursing Department

# UPMC Western Maryland Wound, Ostomy, Continence Nursing Department

# Overview

This conference is designed to provide state-of-the-art information and best practice guidelines in the treatment of acute and chronic wounds. Both medical and surgical management strategies to optimize wound healing will be addressed.

## Objectives

The goal of this symposium is to provide a comprehensive overview on the treatment of wound care-related issues and innovations in the field. Upon completion of this course, participants should be able to:

- Increase and demonstrate the fundamental knowledge of compression therapy
- Discuss the basic science supporting hyperbaric oxygen therapy
- Empathize with the patient experiencing hyperbaric oxygen therapy
- List obligatory safety precautions for hyperbaric oxygen therapy
- Examine and demonstrate various debridement techniques and indications for utilization
- Increase knowledge of integrative modalities for wound healing
- Understand the link of bioburden to soft tissue infection
- Recognize current paradigms to detect subclinical wound infection and develop treatment plans
- Understand treatment protocols for osteomyelitis
- Examine the role that venous reflux disease has in lower extremity wounds
- Identify indicators of arterial disease in chronic wounds
- Review the pitfalls of combined arterial and venous disease in chronic wounds
- Review information presented on clinical posters
- Increase understanding of ostomies as it relates to peristomal skin breakdown
- Understand the challenges with complex abdominal wall wounds and reconstruction
- Gain knowledge of a street medicine program
- Examine new drugs and therapeutics for abnormal wound healing
- Weigh techniques to provide offloading in an office situation
- Analyze devices to provide long-term prevention for diabetic foot ulcers
- Scrutinize methods to a multidisciplinary approach to limb salvage
- Discuss the impact of research and offloading in the diabetic population
- Evaluate the impact of autoimmune disorders and medications in wound healing
- Understand the use of skin substitutes
- Evaluate the impact of the opioid crisis and pain management
- Grasp liability and documentation issues with wound care
- Detect when surgical interventions are indicated for pressure injuries
- Examine the role of sitting protocols related to pressure injuries
- Understand current techniques to prevent pressure injuries
- List current methods to evaluate pressure injuries
- Identify nutrition interventions that optimize wound healing
- Analyze the key steps in diagnosis and treatment of lymphedema
- Assess new smart technology in wound care

## Who Should Attend

This course is intended for physicians, nurses, physical therapists, podiatrists, advanced practice providers, and all clinicians involved in wound healing or wound care issues. Course material will benefit both novice and experienced clinicians.

## Meeting Location

### Omni William Penn Hotel

530 William Penn Place

Pittsburgh, PA 15219

[www.omnihotels.com/pittsburgh](http://www.omnihotels.com/pittsburgh)

412-281-7100

Please see schedule below for corresponding sessions at these locations:

*William Penn Corridor*

*Riverboat & Sternwheeler*

*Bob and Delores Hope Room – Mezzanine Level*

*Three Rivers*

*Lawrence Welk Room – Mezzanine Level*

*Urban Room – 17th Floor*

*William Penn Ballroom*

*Anchor Room*

## Parking

Daily valet parking is available to overnight guests for \$38 per night including in/out privileges.

*Please note that valet can park only standard size vehicles, no oversize vehicles can be accommodated.*

**Day valet parking is available for non-hotel guests:**

- 0-2 hours: \$15
- 2-4 hours: \$20
- 4-6 hours: \$25
- 6-12 hours: \$30

**Self-parking is offered in the Mellon Square parking garage located across from the hotel.**

**There are no in/out privileges for this garage.**

- Monday – Friday, 6:00 a.m. to 4:00 p.m.: \$20
- Monday – Friday, 4:00 p.m. to 5:59 a.m.: \$6
- All day Saturdays, Sundays, and Holidays: \$6

*(Day rates start at 6:00 a.m.).*

## Continuing Education Credit

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 17.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 17.0 contact hours.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between UPMC Mercy and UPMC Wound Healing Services. UPMC Mercy is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. UPMC Mercy has approved this activity for a maximum of 16.75 continuing education contact hours.

Application for physical therapy credits has been submitted and is pending approval.

## Schedule

### Thursday, Sept. 22, 2022

Noon – 8 p.m.	<b>Conference Registration Table Open</b> <i>William Penn Corridor</i>
2 – 7 p.m.	<b>Visit with the Exhibitors</b> <i>Riverboat &amp; Sternwheeler</i>
3 – 6 p.m.	<b>Preconference Workshops:</b> <i>(Choose from one of the three)</i> <b>A. Compression Selection - A didactic and hands-on workshop detailing the fundamentals of compression selection and the practical application of compression products (unna boot/two-layer wrap/ready-to-wear). Clinical tools to select and effectively apply compression products for optimal success. No CME credit awarded.</b> Bryan Groeau, COTA/L, CLT-LANA, CLWT, WCC, LLE <i>Lawrence Welk Room – Mezzanine Level</i> <b>B. Hyperbaric Oxygen Therapy Overview: What is HBOT? Who Benefits? What Can It Do for Your Patients?</b> Jodi Boory, BSN, RN, CRRN, ACHRN, CWCA, OMS <i>Three Rivers</i> <b>C. Debridement Workshop (with wet lab)</b> David P. Bickers, CRNP, CWOCN-AP Patrick Burns, DPM Jennifer Elliot, PA-C Dawn J. Wang, MD, FACS <i>Bob and Delores Hope Room – Mezzanine Level</i>
7 – 8:15 p.m.	<b>Preconference Special Presentations: Connecting with Wellness &amp; Purpose</b>
7 p.m.	<b>Welcome!</b> J. Peter Rubin, MD, MBA, FACS Elizabeth Shumaker, MSN, RN <i>Urban Room – 17th Floor</i>

7:10 – 8:15 p.m.      **Integrative Modalities that Potentially Benefit Healing**  
Ronald Glick, MD  
Khara Lucius, ND, FABMO  
*Urban Room – 17th Floor*

8:15 – 9:45 p.m.      **WELCOME RECEPTION!**  
Networking, Hors d'oeuvres, Beverages  
*Urban Room – 17th Floor*

## Friday, Sept. 23, 2022

### Session I: Focus on Infectious Complications

7 – 8 a.m.      **Registration, Breakfast (provided), Visit with the Exhibitors**  
*William Penn Corridor/Riverboat & Sternwheeler*

8 – 8:15 a.m.      **Welcome, Opening Remarks**  
J. Peter Rubin, MD, MBA, FACS  
Elizabeth Shumaker, MSN, RN  
*William Penn Ballroom*

8:15 – 9 a.m.      **ID Perspective on Soft Tissue Infections**  
Karin Byers, MD, MS  
*William Penn Ballroom*

9 – 9:30 a.m.      **The Asymptomatic Wound w/Positive Cultures: To Treat or Not to Treat?**  
J. Alex Viehman, MD  
*William Penn Ballroom*

9:30 – 10 a.m.      **Osteomyelitis: Diagnosis and Treatment in 2022**  
Neel B. Shah, MD  
*William Penn Ballroom*

10 – 10:30 a.m.      **Break, Visit with the Exhibitors**  
*Riverboat & Sternwheeler*

### Session II: The Vascular Component

10:30 – 11 a.m.      **Lower Extremity Venous Disease & Ulcers: Back to the Basics**  
Catherine Go, MD  
*William Penn Ballroom*

11 – 11:30 a.m.      **Identifying Arterial Disease in Patients with Lower Extremity Wounds:  
The Assessment that Every Clinician Should Know**  
Natalie D. Sridharan, MD, MSRPVI  
*William Penn Ballroom*

11:30 a.m. – Noon      **Moderated Discussion: The Role of Vascular Specialists on a Limb Salvage Team**  
Moderator: J. Peter Rubin, MD, MBA, FACS  
*William Penn Ballroom*

Noon – 1 p.m.      **Lunch (provided), Visit with the Exhibitors**  
*Riverboat & Sternwheeler*  
**Review clinical poster sessions (on your own)**  
Presenters by their posters from 12:30 - 1 p.m.  
*Anchor Room*

### Session III: Wound Care Complexities

1 – 1:45 p.m.	<b>Ostomies and Fistula Management Complexities</b> Carol Mathews, BSN, RN, CWOCN <i>William Penn Ballroom</i>
1:45 – 2:15 p.m.	<b>Complex Abdominal Wall Wounds &amp; Reconstruction</b> Brodie Parent, MD, MS <i>William Penn Ballroom</i>
2:15 – 3 p.m.	<b>Street Medicine – Taking Care of Wounds in the Homeless Population</b> Denise Ackroyd, RN, BSN, WTA-C Laura Lacroix, RN Shawna Souder, MSN, RN CWOCN, CFCN <i>William Penn Ballroom</i>
3 – 3:30 p.m.	<b>Break, Visit with the Exhibitors (<i>poster merit awards announced from 3:15 – 3:30 p.m.</i>)</b> <i>Riverboat &amp; Sternwheeler/William Penn Ballroom</i>

### Session IV: The Diabetic Foot

3:30 – 4:15 p.m.	<b>Keynote Presentation</b> <b>Developing New Drugs and Therapeutics for Abnormal Wound Healing</b> Geoffrey C. Gurtner, MD, FACS <i>William Penn Ballroom</i>
4:15 – 4:30 p.m.	<b>Offloading in the Office</b> Michael Hankins, DPM <i>William Penn Ballroom</i>
4:30 – 4:45 p.m.	<b>Devices for Long-Term Prevention</b> Max Hurwitz, DO <i>William Penn Ballroom</i>
4:45 – 5 p.m.	<b>Multidisciplinary Approach to Limb Salvage</b> Brodie Parent, MD, MS <i>William Penn Ballroom</i>
5 – 5:30 p.m.	<b>Panel Discussion</b> Moderator: J. Peter Rubin, MD, MBA, FACS <i>William Penn Ballroom</i>
5:30 p.m.	<b>Adjournment</b>
5:30 – 5:45 p.m.	<b>Educational Non-CME Event</b> Featuring our platinum sponsor, Organogenesis, Inc. <i>Three Rivers</i>
5:45 – 7:00 p.m.	<b>Networking, Hors d'oeuvres, Beverages</b> <i>Three Rivers</i>

## Saturday, Sept. 24, 2022

### Session V: “Best Practices”

7 – 8 a.m.	<b>Registration, Breakfast (provided), Visit with the Exhibitors</b> <i>William Penn Corridor / Riverboat &amp; Sternwheeler</i>
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8 – 8:30 a.m.	<b>Wound/Skin Care: Impact of Autoimmune Disorders &amp; Associated Pharmacologic Agents</b> Niveditha Mohan, MB, BS <i>William Penn Ballroom</i>
8:30 – 9 a.m.	<b>Skin Substitutes: What Works on What Wounds &amp; What Are They?</b> Benjamin Sigmond, MD, CWSP, FACS <i>William Penn Ballroom</i>
9 – 9:30 a.m.	<b>Help, I'm in Pain: Management; Opioid Crisis, and Alternatives That Work</b> Todd Harvey, BSN, RN, CARN , WTA <i>William Penn Ballroom</i>
9:30 – 10 a.m.	<b>Improve Care, Reduce Liability, Get Paid – Documenting for Success</b> Lori O'Shea, BSN, RN, WCC Stephanie Shields, BA, MSAS, MAL <i>William Penn Ballroom</i>
10 – 10:30 a.m.	<b>Break, Visit with the Exhibitors</b> <i>Riverboat &amp; Sternwheeler</i>
10:30 – 12:30 p.m.	<b>Pressure Injury Panel</b> Moderator: J. Peter Rubin, MD, MBA, FACS <ul style="list-style-type: none"> <li>• <b>When Are Surgical Interventions Indicated...&amp; Not?</b> Dawn Wang, MD, FACS</li> <li>• <b>Sitting Protocols Post-Surgical Interventions</b> Amanda Harrington, MD</li> <li>• <b>Pressure Injuries and the Complexity of Underlying Mechanisms</b> Kristian Feterik, MD, MBA, FACP, SFHM</li> <li>• <b>Latest Updates from the National Pressure Injury Advisory Board (NPIAP)</b> Dave Brienza, PhD</li> </ul> <i>William Penn Ballroom</i>
12:30 – 1 p.m.	<b>Lunch (provided), Visit with the Exhibitors</b> <i>Riverboat &amp; Sternwheeler</i>

## Session VI: Essentials of What Practitioners Need to Know

1 – 1:30 p.m.	<b>Nutrition &amp; Wound Healing: Practical Steps for Successful Assessment &amp; Treatment</b> David Binion, MD, AGAF, FACG <i>William Penn Ballroom</i>
1:30 – 2 p.m.	<b>Lymphedema: Key Steps in Diagnosis and Treatment</b> Carolyn De La Cruz, MD <i>William Penn Ballroom</i>
2 – 2:30 p.m.	<b>Smart Technology for Optical Wound Imaging &amp; Assessment</b> Dawn Wang, MD, FACS <i>William Penn Ballroom</i>
2:30 – 2:45 p.m.	<b>Closing Remarks</b> J. Peter Rubin, MD, MBA, FACS <i>William Penn Ballroom</i>
2:45 p.m.	<b>Adjournment</b>

## Faculty

### **Denise Ackroyd, RN, BSN, WTA-C**

UPMC Wound and Hyperbaric Center, Central Pa.

### **David P. Bickers, CRNP, CWOCN-AP**

UPMC Wound Healing, Ostomy Care,  
and Hyperbaric Medicine, UPMC Altoona

### **David Binion, MD, AGAF, FACG**

Co-Director, IBD Center  
Director, Translational IBD Research  
Director, Nutrition Support Service  
Medical Director, Intestinal Rehabilitation  
and Transplant Center  
Division of Gastroenterology, Hepatology  
and Nutrition  
UPMC Presbyterian Hospital  
Professor of Medicine, Clinical and  
Translational Science  
University of Pittsburgh School of Medicine

### **Jodi Boory, BSN, RN, CRRN, ACHRN, CWCA, OMS**

Manager, Wound Care  
UPMC Passavant Wound Healing Services

### **Dave Brienza, PhD**

Professor, Department of Rehabilitation  
Science and Technology  
Associate Dean for Technology and Innovation,  
School of Health and Rehabilitation Sciences

### **Patrick Burns, DPM**

Assistant Professor of Orthopedic Surgery  
University of Pittsburgh School of Medicine

### **Karin E. Byers MD, MS**

Professor of Medicine  
Associate Chief of Clinical Care  
Division of Infectious Diseases

### **Carolyn De La Cruz, MD**

Assistant Professor of Plastic Surgery  
Department of Plastic Surgery  
University of Pittsburgh School of Medicine

### **Jennifer Elliott, PA-C**

UPMC Wound Healing Services at UPMC Passavant

### **Kristian Feterik, MD, MBA, FACP, SFHM**

Clinical Associate Professor of Medicine  
Medical Director of Wound and Ostomy Care Team,  
UPMC Presbyterian/Shadyside  
University of Pittsburgh, Department of Medicine  
Division of General Internal Medicine,  
Section of Hospital Medicine

### **Ronald Glick, MD**

Medical Director, Center for Integrative Medicine  
UPMC Shadyside  
Associate Professor of Psychiatry  
University of Pittsburgh School of Medicine

### **Bryan Groleau, COTA/L, CLT-LANA, CLWT, WCC, LLE**

National Senior Clinical Education Manager  
Medi USA

### **Catherine Go, MD**

UPMC Division of Vascular Surgery  
Assistant Professor of Surgery

### **Geoffrey C. Gurtner, MD, FACS**

Professor and Chair  
Department of Surgery  
University of Arizona

### **Michael Hankins, DPM**

UPMC Passavant Wound Healing Services

### **Amanda Harrington, MD**

Assistant Professor of Physical Medicine  
and Rehabilitation  
University of Pittsburgh School of Medicine  
Director of Spinal Cord Injury Services  
UPMC Rehabilitation Institute

### **Todd Harvey, BSN, RN, CARN, WTA**

Programmatic Nurse Specialist, Addiction Medicine  
UPMC Mercy

### **Max Hurwitz, DO**

Assistant Professor, University of Pittsburgh  
School of Medicine  
UPMC Department of Physical Medicine  
and Rehabilitation

### **Laura LaCroix, BSN, RN**

Street Medicine/Community Health Nurse,  
Community Health Initiatives  
Mission Effectiveness  
Polyclinic

### **Khara Lucius, ND, FABNO**

UPMC Center for Integrative Medicine

### **Carol Mathews, BSN, RN, CWOCN**

Manager, Department of Wound, Ostomy,  
Continence Nurses  
UPMC Shadyside

**Niveditha Mohan, MB, BS**

Associate Professor of Medicine  
UPMC Division of Rheumatology and  
Clinical Immunology

**Lori O'Shea, BSN, RN, WCC**

Professional Care Manager  
UPMC Wound Healing Services

**Brodie Parent, MD, MS**

Assistant Professor, UPMC Department of Plastic Surgery  
Adjunct Professor, Department of Health  
Policy and Management

**J. Peter Rubin, MD, MBA, FACS**

Director, UPMC Wound Healing Services  
UPMC Endowed Professor and Chair of Plastic Surgery  
Member, Steering Committee for the NIH/NIDDK  
Diabetic Foot Ulcer Research Consortium

**Neel B. Shah, MD., FIDSA**

Associate Professor of Medicine, University  
of Pittsburgh School of Medicine  
Associate Program Director,  
UPMC Infectious Disease Fellowship

**Stephanie L. Shields, MSAS, MAL**

Director, UPMC Wound & Hyperbaric Centers  
Interim Director, UPMC Community Surgery Center  
Central PA Region

**Elizabeth Shumaker, MSN, RN**

Senior Director of Operations  
UPMC Wound Healing Services

**Benjamin Sigmond, MD, CWSP, FACS**

Endocrine Surgery and Comprehensive Wound Care  
Leader Surgical Associates - UPMC  
UPMC Memorial

**Shawna Souder, MSN, RN CWOCN, CFCN**

Manager, Wound Care  
UPMC Carlisle

**Natalie D. Sridharan, MD, MSRPVI**

UPMC Division of Vascular Surgery  
Assistant Professor of Surgery  
University of Pittsburgh School of Medicine

**J. Alex Viehman, MD**

Director of Medical Affairs and Quality  
UPMC Department of Medicine  
Clinical Assistant Professor  
University of Pittsburgh School of Medicine

**Dawn J. Wang, MD, MS, FACS**

Assistant Professor  
UPMC Department of Plastic Surgery  
Chief, Division of Plastic Surgery, UPMC St. Margaret  
Director, Wound Healing Services, UPMC Passavant

*Faculty members are affiliated with the University of Pittsburgh School of Medicine and/or UPMC and reside in the Pittsburgh, PA area unless otherwise identified.*

## Faculty Disclosure

All individuals in a position to control the content of this education activity have disclosed all financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All of the relevant financial relationships for the individuals listed below have been mitigated:

**Bryan Groeau**, Medi USA, Full-time employee

**Neel Shah**, Peptologics, Consultant

**Geoffrey Gurtner**, Molnlycke, Consultant; Theris, Neodyne Bioscience, Tautone Group, Stockholder

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<https://cce.upmc.com/>

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For additional information regarding the symposium, please contact **Brian Connor** (412-216-8864, [connorbt2@upmc.edu](mailto:connorbt2@upmc.edu)) or **Jodi Boory** (724-720-5959, [booryjl@upmc.edu](mailto:booryjl@upmc.edu)).

# Acknowledgement of Commercial Support

We would like to thank the following for their generous support of this conference.

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**September 22 – 24, 2022**

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This is not your official certificate.

#### How to receive your continuing education credit?

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To receive credit, you will be required to login, complete the course evaluation, and claim credit. If you are a new user, click “Register” to create a new account. The activity will be added to your Pending Activities and accessible on the first day of the activity. You will have 30 days to complete the evaluation before the activity is closed. Upon completion, certificates will be available to download and stored for future reference in your Completed Activities.

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To receive credit, login to the UPMC Center for Continuing Education in the Health Sciences (CCEHS) continuing education learning portal, <http://cce.upmc.com>. If you are a new user, choose “Register” to create an account. **Note, records are matched to users by email address.**

- Go to **My Account, My Courses**
- Choose **Pending Activities**
- Click on the **course title** to complete the course evaluation and claim credit