

**Outline for Broaching and Cultural Formulations Didactic (4 hours total session)**  
**10/21/22 10am-12pm and 10/28/22 10am-12pm**

Overview and/or learning objectives: Over the course of our 2-day training, participants will be introduced to foundational skills in broaching and cultural formulations and the role they play in psychotherapy, and will be given opportunities to acquire and practice skills. Upon completion of this activity, the learner will be able to use the Cultural Formulation Interview to conduct semi-structured interviews that assess a patient's unique cultural identity. The learner will also be more comfortable broaching aspects of their own identities, patient's identities, and possible interactions between the two, within the therapy context.

Target audience: Western Psychiatric Hospital Clinical Psychology Interns and Intern Supervisors

Faculty listing: (including course directors, moderators, and speakers)  
Rebecca Price, PhD  
Licensed Psychologist  
Associate Professor of Psychiatry and Psychology  
University of Pittsburgh, Pittsburgh, PA

Sarah Pedersen, PhD  
Licensed Psychologist  
Associate Professor of Psychiatry and Psychology  
University of Pittsburgh, Pittsburgh, PA

Agenda 10/21/22:

**10am: Brief intro to the day and group meet-and-greet (5min)**

**10:05: Presentation on the principles of broaching, research related to clinical outcomes**

**10:45: Group discussion, Q&A**

**11:00: Small group role play of broaching techniques**

**11:45: Group discussion, Q&A**

**12:00pm Adjournment**

Agenda 10/28/22:

**10am: Brief intro to the day and group meet-and-greet (5min)**

**10:05 Overview slides and video clips on CFI development and research**

**10:25 Watch patient interview examples and follow along with pdf of interview (~35min)**

**11:00 Break out in pairs and practice asking CFI questions in role-plays**

**11:30 Small group break-out discussion**

**11:50 Return for final wrap-up**

**12:00pm Adjournment**

#### Accreditation and credit designation

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### Psychologist

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 4 continuing education credits.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

#### Faculty Disclosure

No members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

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