



National Curriculum in Reproductive Psychiatry presents

NCRP Advanced: An Intensive Practicum

Date: October 7th-9th, 2022

Location: Wyndham Pittsburgh University Center, PA

Overview

Lack of education in women's mental health can contribute to poor access to care and/or inappropriate prescribing. Using the NCRP, attendees from a variety of training backgrounds and specialties (e.g. physicians, nurse practitioners, and physician assistants) will gain expertise in the diagnosis and treatment of women's mental health symptoms and disorders across the lifespan. Filling the gap in this knowledge base will help facilitate a common language across specialties and practitioner levels to improve evidence-based practices in women's mental health.

Learning Objectives

Participants will:

- Review the biology underlying the relationship between reproductive cycle stages and related psychopathology.
- Review the epidemiology, pathophysiology, and phenomenology of psychiatric disorders during pregnancy and the postpartum period.
- Review the diagnosis and treatment of perinatal disorders, including but not limited to psychopharmacology.
- Review the diagnosis and treatment of premenstrual mood disorders, including but not limited to psychopharmacology.
- Review the diagnosis and treatment of perimenopausal mood disorders and related symptoms, including but not limited to psychopharmacology.

Course Instructors

Eydie Moses-Kolko, MD, Associate Professor, Senior Advisor, Outpatient Perinatal Mental Health, University of Pittsburgh Medical Center, Western Psychiatric Hospital, Pittsburgh, PA

Jody Glance, MD, Associate Professor, Clinical Chief, Addiction Medicine Services, University of Pittsburgh Medical Center/Western Behavioral Health, Pittsburgh, PA

Stephanie R Davis, PA-C, Magee-Womens Hospital, Pittsburgh, PA

Gina Grinstead, CRNP, Johns Hopkins Center for Women's Reproductive Mental Health, Baltimore, MD

Nicole Leistikow, MD, Assistant Professor, Reproductive Psychiatrist at University of Maryland, Baltimore, MD

Jovana Martinovic, MD, FRCPC, Lecturer, Department of Psychiatry, University of Toronto; Psychiatrist, Reproductive Life Stages Program, and Faculty Development and Fellowship Lead, Department of Psychiatry, Women's College Hospital, Toronto, Ontario

Sarah Nagle-Yang, MD, Associate Professor, Deputy Executive Director, Colorado Center for Women's Behavioral Health, Denver, CO

Lauren M. Osborne, MD, Associate Professor, Vice Chair for Clinical Research, Department of Obstetrics and Gynecology, Weill Cornell Medicine, New York, NY

Julia Riddle, MD, Assistant Professor, University of North Carolina Center for Women's Mood Disorders, Raleigh, NC

Lindsay R. Standeven, MD, Assistant Professor, Director of the Johns Hopkins Center for Women's Reproductive Mental Health, Baltimore, MD

Robin Valpey, MD, Assistant Professor, Medical Director, Center for Counseling and Cancer Support, University of Pittsburgh Medical Center, Pittsburgh, PA

Continuing Education & Credit Designation Information

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and Marce of North America (MONA). The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME) The University of Pittsburgh designates this live activity for a maximum of 20.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE) The maximum number of hours awarded for this Continuing Nursing Education activity is 20.5 contact hours.

Physician Assistant (AAPA) The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Faculty Disclosure

All individuals in a position to control the content of this education activity have disclosed all financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All of the relevant financial relationships for the individuals listed below have been mitigated.

Eydie Moses-Kolko – President, Postpartum Pittsburgh; Received educational grant from Sage Therapeutics, Inc limited to support a Postpartum Pittsburgh on 4/1/2022. The relationship with Sage Therapeutics, Inc has ended.

No other members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Activity agenda

Friday October 7th Schenley Ballroom (Lobby Level)

7:30	Intro and Orientation to NCRP	Lauren M. Osborne, MD
8:30	Overview: Reproduction Cycle	Nicole Leistikow, MD
9:30	Birth Control & Drug Interactions	Lindsay R. Standeven, MD
10:30	Perinatal Depression	Lindsay R. Standeven, MD
11:30	Lunch, Q&A with the experts	All course instructors
12:00	PPD: Risk-risk and SSRI	Eydie Moses-Kolko, MD
1:00	Bipolar Disorder, Part 1	Sarah Nagle-Yang, MD
2:00	Bipolar Disorder Part 2	Sarah Nagle-Yang, MD
3:00	Keynote: Prescribing Sleep	Nicole Leistikow, MD
4:00	Adjourn	

Saturday October 8th Schenley Ballroom (Lobby Level)

7:30	Perinatal Anxiety Disorders	Jovana Martinovic, MD, FRCPC
8:30	Perinatal OCD	Lauren M. Osborne, MD
9:30	ADHD In peripartum Period	Eydie Moses-Kolko, MD
10:30	Postpartum Psychosis	Sarah Nagle-Yang, MD
11:30	Lunch: Q&A with the experts	All course instructors
12:00	Substance Use Disorders part 1	Jody Glance, MD
1:00	Substance Use Disorders Part 2	Jody Glance, MD
2:00	Eating Disorders	Robin Valpey, MD
3:00	Infertility & Loss	Julia Riddle, MD
4:00	Adjourn	

Sunday October 9th Oakland Room (Mezzanine Level)

7:30	Posttraumatic Stress Disorder and Trauma	Jovana Martinovic, MD, FRCPC
8:30	PMDD: Intro	Julia Riddle, MD
9:30	PMDD: Treatments	Julia Riddle, MD
10:30	Perimenopause	Nicole Leistikow, MD
11:30	Q&A with the experts	All course instructors
12:00	Farewell and adjourn	

Disclaimer Statement

The information presented at this program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

The National Curriculum in Reproductive Psychiatry (NCRPtraining.org), affiliated with the Marce Society of North America (MONA), focuses on training front line mental health clinicians in treating women throughout the reproductive lifespan.

