



October 6-7, 2022
7:00am—5:00pm

Course Directors

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For more information, follow us at #UIM2022Virtual and visit our website at <https://dom.pitt.edu/uim/>

About the Program • • •

Each year, the Department of Medicine hosts this 2-day educational event. Throughout the years, the event has averaged 350 attendees, including general internists, family practitioners, advanced practice providers, physician assistants, nurses/nurse practitioners, pharmacists, and other healthcare professionals. The course provides a comprehensive update on major advances in internal medicine as well as a review of various medical-and surgical-related topics impacting daily practice from a panel of nationally recognized faculty. Participants also receive updates on disease practice activities. Emphasis is placed on evidence-based approaches to practical and innovative healthcare delivery, including care pathways that emphasize key elements in the diagnosis and management of various diseases. The course fosters the cooperation, coordination, and collaboration of professionals of different medical specialties in delivering cost-effective, patient-centered care.

Objectives • • •

Upon completion of this course, participants should be able to:

- Define care management pathways for common diseases encountered in primary care.
- Synthesize current scientific evidence for managing various diseases and disorders.
- Analyze the impact and outcomes of newer medications, preventative measures, techniques and medical management.

Who Should Attend • • •

This post-graduate course provides continuing education credits on current internal medicine advances for general internists, family practitioners, advanced practice providers, physician assistants, nurses/nurse practitioners, pharmacists, and other healthcare professionals

Disclaimer Statement • • •

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Thursday, October 6, 2022

7:00-7:55am (55 min)	Technical Support and Virtual Exhibits Open	
7:55-8:00am (5 min)	Course Welcome	Mark Geraci, MD
8:00-8:40am (40 min)	Cardiovascular Disease in Pregnancy	Malamo Countouris, MD
8:40-9:20am (40 min)	Update in the Management of Pancreatitis	Dhiraj Yadav, MD, MPH
9:20-9:25am (5 min)	Break	
9:25-10:25am (60 min) <i>Live Webinar Session</i>	Cardiac Risk Prevention Strategies Updated P/PT	Panelists: Eric Dueweke, MD; Anum Saeed, MD; and Maja Stefanovic-Racic, MD, PhD Moderator: Mark Schmidhofer, MD
10:25-10:35am (10 min)	Break	
	Visit the Exhibit Hall!	Virtual Exhibit Hall
	UPMC Physician Journal: A Video News Magazine	Pre-Recorded Video
10:35-11:15am (40 min)	Breakout Sessions	
	A. LDLT: Shifting the Paradigm	Swaytha Ramaraj Ganesh, MD
	B. Bridging Patients with Kidney Disease to Hospice	Jane Schell, MD
	C. MGUS vs. Multiple Myeloma	Anastasios Raptis, MD
	D. Multidisciplinary Teams for Chronic Disease Management	Esra Karslioglu-French, MD, MBA, ECNU
11:15-11:55am (40 min)	Advancing Diabetes Care with Technology P/PT	Janet Leung, MD
11:55-12:50pm (55 min)	Lunch	
	Visit the Exhibit Hall!	Virtual Exhibit Hall
12:50-1:30pm (40 min)	Fibromyalgia Management in Primary Care P/PT	Jillian Kyle, MD and Rachel Vanderberg, MD
1:30-2:10pm (40 min)	What's New in Headache: October 2022 P/PT	Laurie Knepper, MD
2:10-2:15pm (5 min)	Break	
2:15-2:25pm (10 min)	Medicine Made Ridiculously Simple Presentation: Acute Promyelocytic Leukemia Made Ridiculously Simple	Rosaleen Petroccione, DO
2:25-3:05pm (40 min)	Treating Chronic Hepatitis C in Primary Care P/PT	Carly Gabriel, PharmD and Tanya Nikiforova, MD, MS
3:05-3:25pm (20 min)	Break	
	Visit the Exhibit Hall!	Virtual Exhibit Hall
	UPMC Physician Journal: A Video News Magazine	Pre-Recorded Video
3:25-3:35pm (10 min)	Medicine Made Ridiculously Simple Presentation: Hemoptysis Made Moderately-Severely Ridiculously Simple	Hiam Naiditch, MD, MHS
3:35-4:15pm (40 min)	Hypertension Management in the Telemedicine Era P/PT	Matthew Muldoon, MD, MPH
4:15-4:55pm (40 min)	Update on COVID-19 Prevention and Therapy in September 2022 P/PT	Ghady Haider, MD
4:55pm	Course Day 1 Adjourn	
5:30-7:00pm <i>In-Person Reception</i>	UIM (In-Person) Course Reception – Ballroom A <i>The reception is included in the registration fee, <u>but advanced notice of attendance is required.</u> You will have the option to RSVP when you register for the course.</i>	The University Club 123 University Place Pittsburgh, PA 15213

Friday, October 7, 2022

7:00-8:00am (60 min)	Technical Support and Virtual Exhibits Open	
8:00-8:40am (40 min)	Less is More: Updates in Length of Antimicrobial Therapy P/PT	Sunish Shah, PharmD, BCIDP
8:40-9:20am (40 min)	Pain Management in Patients Taking Opioid Medication P/PT	Julie Wilson Childers, MD, MS
9:20-9:25am (5 min)	Break	
9:25-10:25am (60 min) <i>Live Webinar Session</i>	Prostate Cancer Screening: Do USPTF Recommendations Risk Advanced Disease	Panelists: Leonard Appleman, MD, PhD; Peter Bulova, MD; and Bruce Jacobs, MD, MPH Moderator: Francis Solano, Jr., MD
10:25-10:35am (10 min)	Break	
	Visit the Exhibit Hall!	Virtual Exhibit Hall
	UPMC Physician Journal: A Video News Magazine	Pre-Recorded Video
10:35-11:15am (40 min)	Breakout Sessions	
A.	Health Disparities in Cardiovascular Care	Amber Johnson, MD, MBA
B.	Contraception in Chronic Diseases P/PT	Andrea Carter, MD, MS
C.	Pre-Exposure Prophylaxis for Persons at Risk for HIV P/PT	Ken Ho, MD, MPH
11:15-11:55am (40 min)	Approach to Suspected Interstitial Lung Disease	Elizabeth Lendermon, MD
11:55-12:50pm (55 min)	Lunch	
	Visit the Exhibit Hall!	Virtual Exhibit Hall
12:50-1:30pm (40 min)	Vaccination 2022 P/PT	Donald Middleton, MD
1:30-2:10pm (40 min)	Pharmacological Treatment of Behavioral and Psychological Symptoms of Dementia P/PT	Crystal White, MD
2:10-2:25pm (15 min)	Break	
2:25-3:05pm (40 min)	Thinking about Thinking: Improving Clinical Decision Making in Everyday Practice	Eliana Bonifacino, MD, MS and Katherine Gavinski, MD, MPH
3:05-3:25pm (20 min)	Break	
	Visit the Exhibit Hall!	Virtual Exhibit Hall
	UPMC Physician Journal: A Video News Magazine	Pre-Recorded Video
3:25-3:35pm (10 min)	Medicine Made Ridiculously Simple Presentation: Severe Mitral Regurgitation & When to Intervene...Made Ridiculously Simple	Jenna Skowronski, MD
3:35-4:15pm (40 min)	Immune Checkpoint Inhibitors for the Internist	Monica Khunger Malhotra, MD
4:15-4:55pm (40 min)	Dr. Google: Social Media and Medicine	Casey McQuade, MD
4:55-5:00pm (5 min)	Course Closing Remarks and Thank You	Michael Donahoe, MD

Course Presenters • • •

Amber Johnson, MD, MBA
Anastasios Raptis, MD
Andrea Carter, MD, MS
Anum Saeed, MD
Bruce Jacobs, MD, MPH
Carly Gabriel, PharmD
Casey McQuade, MD
Crystal White, MD
Dhiraj Yadav, MD, MPH
Donald Middleton, MD
Eliana Bonifacino, MD, MS
Elizabeth Lendermon, MD
Eric Dueweke, MD
Esra Karslioglu-French, MD, MBA, ECNU
Francis Solano, Jr., MD
Ghady Haider, MD
Hiam Naiditch, MD, MHS
Jane Schell, MD
Janet Leung, MD
Jenna Skowronski, MD
Jillian Kyle, MD
Julie Wilson Childers, MD, MS
Katherine Gavinski, MD, MPH
Ken Ho, MD, MPH
Laurie Knepper, MD
Leonard Appleman, MD, PhD
Maja Stefanovic-Racic, MD, PhD
Malamo Countouris, MD
Mark Geraci, MD
Mark Schmidhofer, MD
Matthew Muldoon, MD, MPH
Michael Donahoe, MD
Monica Khunger Malhotra, MD
Peter Bulova, MD
Rachel Vanderberg, MD
Rosaleen Petroccione, DO
Sunish Shah, PharmD, BCIDP
Swaytha Ramaraj Ganesh, MD
Tanya Nikiforova, MD, MS

Faculty Disclosures • • •

All individuals in a position to control the content of this education activity have disclosed all financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All of the relevant financial relationships for the individuals listed below have been mitigated:

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Amar D. Bansal, MD, FASN is a reviewer for UpToDate

Ghady Haider, MD receives grant/research support from NIH, Karius, Allovir, AstraZeneca, is a consultant for Karius, AstraZeneca, and is part of the speakers' bureau for MDOutlook, International AIDS Society

Annie Im, MD is a consultant for Abbvie, CTI BioPharma

Amber Johnson, MD, MBA receives grant/research support from Women As One, National Institutes of Health, and is a consultant for Clue Medical

Monica Khunger Malhotra, MD is a part of the speakers' bureau for AstraZeneca, Daiichi Sankyo

Janet Leung, MD is a publicly held stockholder for Quest Diagnostics, Doximity

Donald Middleton, MD is a consultant for Moderna, Sanofi Pasteur, Dynavax, Pfizer, Seqirus, Novavax, GlaxoSmithKline, and is part of the speakers' bureau for Pfizer, Merck, Seqirus, Sanofi Pasteur

Patrick Strollo, MD, FACP, FCCP, FAASM receives grant/research support from Zoll Itamar, Jazz Pharmaceuticals, ResMed, is a consultant for Inspire Medical Systems, Philips Respironics, Biologix, XII Medical, Apnimed, Praesidium Inc, WisperSom, is a publicly held stockholder for Belluscura PLC, and is a BOD Member of Belluscura PLC

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Continuing Education Credit • • •

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians (CME)

The University of Pittsburgh designates this live activity for a maximum of **14.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity enables the participant to earn MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn ABIM MOC points equivalent to the amount of CME credits claimed for the activity.

The AOA automatically recognizes AMA PRA Category 1 Credit™ as AOA Category 2 credit. Reporting of CME earned from an AMA PRA Category 1 Credit™ activity to the AOA is the responsibility of the physician.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nurses (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is **14.5** contact hours.

Pharmacists (CPE)

This knowledge-based activity provides **8.25** contact hours of continuing pharmacy education credit.

Physician Assistants (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **14.5** AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Continuing Education Credit Continued • • •

How Do I Claim My Credits?

Following the conclusion of the activity, you will login to the CCEHS Portal and complete the course evaluation and/or claim credit, <http://cce.upmc.com>. If you are a new user, choose “Register” to create an account. Note, records are matched to users by email address.

- Go to **My Account > My Courses**
- Choose **Pending Activities**
- Choose the activity you attended. Click **Register/Complete Course** to complete the course evaluation (if applicable) and claim credit before you can access the certificate.
- Click **Download Certificate** to save or print the certificate.

Physician AAFP members can log credits at <https://secure.aafp.org/login/>. Please allow three weeks for the course to be posted.

Physician ABIM members will be given the opportunity to claim ABIM credit. Please note, ABIM members must provide date of birth and ABIM number as part of their profile, <http://cce.upmc.com>. In addition, you must complete a post-test with a score of at least 70%. The post-test will be provided at the time credit is claimed (as described above) and participant’s ABIM information will be automatically submitted to the ABIM.

Nurse Practitioners pharmacotherapeutic contact hours have been designated in the course agenda. Nurse practitioners will be given the opportunity to designate these credits at the time credit is claimed (as described above). It is the responsibility of the learner to maintain a copy of the agenda as evidence of specific topics.

Pharmacists must provide date of birth and NABP number as part of their profile, <http://cce.upmc.com>. You will not receive a Certificate. Your credit will be submitted to the National Association of Boards of Pharmacy (this may take up to 30 days). It is important to understand that credit will only be awarded if you were given the option to claim ACPE credit (Step 5 above). **If you are a pharmacist but were not provided the option to claim ACPE credit or were not awarded ACPE credit on your transcript**, please check your profile to confirm your degree has been designated.

Please Note:

- The type of credit awarded is determined in advance by the course planning committee and designated in the course materials. The professional degree in your account profile will determine the credit that you are eligible to claim. Generic attendance certificates will be provided to anyone who does not meet the degree requirements determined by the available credit types. For example, if a nurse attends a course that is only accredited for *AMA PRA Category 1 Credit*, a generic certificate of attendance will be awarded.
- If you receive a notification that you are Denied Access it is likely that the course evaluation is set to be released at a specific date/time, this information will be provided at the bottom of the page.

Thank You For Your Support • • •

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Save the Date: Update in Internal Medicine 2023
October 19-20, 2023