**COE Learning Network:** Attitudes & Perceptions of Substance Use Disorder (SUD)

**Presenters:** Alexis Waksmunski

**Date and Time:** 01/11/2023-12:00-1:15 pm

**Location:** Virtual Training (on Zoom)

**Host:** University of Pittsburgh, School of Pharmacy, Program and Evaluation Unit (PERU)

**Target Audience:** Centers of Excellence Leadership and Staff

**Training Objectives:**

* Describe the impact of compassion fatigue and burnout on staff.
* List common substance use motivations.
* Describe the impact of trauma on substance use, including adverse childhood experiences.
* Define stigma and identify its negative effects**.**

**Agenda:**

1. Introduction and Overview
2. Learning Objectives
3. Recognizing Occupational Burnout
   1. Compassion fatigue
   2. The difference between compassion fatigue and burnout
   3. Discussion question
   4. Ways to manage compassion fatigue and burnout
4. Substance Use: Origins and Trauma
   1. Discussion question
   2. Substance use motivations
   3. Origins of Harmful Substance Use
5. Adverse Childhood Experiences
   1. ACE Scores
   2. ACE effects
6. Trauma
   1. Prevalence of trauma
   2. Impact of trauma
7. Stigma
   1. Definition
   2. Components of stigma
   3. Internal and external stigma
   4. Discussion question
8. Key Concept Review
9. Questions

**Post-Test Questions:**

1. **True** or False: Those who have experienced trauma are more likely to develop substance use disorder (SUD) than those who have not?
2. According to the presentation, the following may be motivations for an individual to use substances:
   1. **To feel good**
   2. To lose weight
   3. **Peer pressure**
   4. Increase energy
   5. **Curiosity**
   6. **To feel better**
3. **True** or False: Having had an adverse childhood experience is associated with being diagnosed with heart disease as an adult?
4. Which of the following is a correct statement regarding the relationship between substance use and trauma risk?
   1. Trauma is a risk factor for substance misuse
   2. Substance misuse is a risk factor for trauma
   3. Both statements are true
   4. Neither statement is true
5. **True** or False: Compassion fatigue can lead to exhaustion and occur suddenly

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