

# EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC  
HOSPITAL

## *Children's Telephonic Psychiatric Consultation Service (TiPS)* *2023 Behavioral Health and Pediatric Primary Care Conference* (EC10)



*Friday, March 3, 2023 EST*  
*8:00 AM to 4:30 PM*

### *In-person:*

*Wyndham Pittsburgh University Center*  
*100 Lytton Ave, Pittsburgh, PA 15213*  
*Registration – 7:30 AM to 8:00 AM*

### *Virtual:*

*Zoom Live Stream Event*

*Zoom sign-in beginning at 7:45 AM*

*(Zoom link and supporting material will be sent to registrants by  
3:00 pm on Thursday, March 2, 2023)*

*Course Director*

*Abigail Boden Schlesinger, MD*

## Behavioral Health and Pediatric Primary Care

### Introduction

UPMC Children's Hospital of Pittsburgh's primary care network, Children's Community Pediatrics (CCP), has been selected by Pennsylvania state officials to take part in a new program to improve behavioral health treatment for children in the state.

TiPS is a program designed to increase the availability of peer-to-peer child psychiatry consultation teams to primary care clinicians (PCCs) who are prescribers of psychotropic medications for children insured by Pennsylvania's Medical Assistance programs, Children's Health Insurance Program (CHIP), and UPMC commercial insurance. The program aims to provide real time resources to clinicians who desire consultative advice for children with behavioral health concerns.

This conference is to help PCCs understand the TiPS program and how to use it. Learning goals are directly related to behavioral health intervention, the use of psychotropic medication, and other pediatric psychiatry related topics.

### Who Should Attend

Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP), and Behavioral Health Providers working in a primary care office who practice in the northwestern, and southwestern PA counties. If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

There is no charge to attend this conference, however registration is required.

### Learning Objectives

**At the completion of the program, participants will be able to:**

1. Discuss how to utilize Children's TiPS for psychiatric consultation
2. Explain the benefit of universal suicide screening in pediatric primary care
3. Describe the components of a safety assessment
4. Recall the essential elements of a safety plan
5. Review SSRI protocol for primary care
6. Discuss the incidence/prevalence of anxiety disorders in early childhood
7. Discuss how to identify and treat young children with anxiety in a primary care setting
8. Review interventions for OCD, ADHD and Somatic Symptom Disorder in a primary care setting

## Course Director

### **Abigail Boden Schlesinger, MD**

Medical Director, Children's TiPS

Chief, Child & Adolescent Psychiatry and Integrated Care

UPMC Western Psychiatric Hospital and Children's Hospital of Pittsburgh

Associate Professor, Psychiatry & Pediatrics University of Pittsburgh School of Medicine

Pittsburgh, PA

## Faculty

### **Maria E. Anderson, LCSW**

Clinical Supervisor

STAR (Services for Teens at Risk)

COSTAR (College Option, Services for Transition Age Youth at Risk)

UPMC Western Psychiatric Hospital

Pittsburgh, PA

### **Craig S. Coleman, MD**

Assistant Professor of Psychiatry, University of Pittsburgh Medical Center

Western Psychiatric Hospital

Attending Child and Adolescent Psychiatrist

Western Wellness

Children's TiPS (Telephonic Psychiatric Consultation Service)

Behavioral Health of the Alleghenies Telemedicine Service

Pittsburgh, PA

### **Dawn-Marie Gotkiewicz, MD**

CCP Behavioral Health Pediatrician Liaison

Children's Community Pediatrics - Waterdam

McMurray, PA

### **Shayna Honzo, LPC**

Clinical Supervisor, Behavioral Health Services

Pediatric OCD Program

UPMC Western Behavioral Health

Pittsburgh, PA

### **Anna B. Jolliffe, DO**

Children & Adolescent Behavioral Health Consult Liaison Service

Children's Hospital of Pittsburgh of UPMC

Pittsburgh, PA

### **Heidi L. Kipp, MEd, LPC**

Clinical Coordinator

Youth and Family Research Program

UPMC Western Psychiatric Hospital

Pittsburgh, PA

**Shannon Meyers, RN, PMH-BC, CFRS\***

Outpatient Nurse Coordinator

SMART Choices

UPMC Children's Community Pediatrics

Pittsburgh, PA

**Taylor Naus, LCSW**

Behavioral Therapist III

Children's Hospital of Pittsburgh Division of Neurology

Pittsburgh, PA

**Amy G. Nevin, MD (Committee Member)**

Pediatrician- Behavioral Health focus, Children's Community Care- Pittsburgh Pediatrics

Program Director / Coach, Diabetes Wraparound Program of UPMC Children's Hospital of Pittsburgh

National Director, Pediatrics, Wellness and Equity Alliance

Pittsburgh, PA

**Dara Sakolsky, MD, PhD**

Associate Professor of Psychiatry

University of Pittsburgh School of Medicine

Associate Medical Director, Services for Teens at Risk (STAR)

Psychiatrist, Child and Adolescent Bipolar Spectrum Services (CABS)

UPMC Western Psychiatric Hospital

Pittsburgh, PA

**Meghan Stoehr, LCSW**

Behavioral Health Therapist III

Western Wellness & Children's TiPS

Pittsburgh, PA

**Rachel Margaret (Maggie) Whelan, MD, PhD**

Assistant Professor of Psychiatry

Clinical Professor of Pediatrics

University of Pittsburgh SOM

Center for Children and Families, Whole Child Wellness Clinic & Children's TiPS

Pittsburgh, PA

**Rachel Williams, MS, NCC, LPC**

Behavioral Health Therapist II

Pediatric OCD Program

UPMC Western Psychiatric Hospital

Pittsburgh, PA

## Conference Committee

### Chair

**Colleen D. Gianneski, LCSW**

Program Director, Children's TiPS

Behavioral Health Therapist, Children's Community Pediatrics – Butler

Children's Community Pediatrics Behavioral Health Services

Wexler, PA

### Committee Members

**Molly H. Carter, PsyD**

Pediatric Psychologist, Developmental Medicine

UPMC Children's Hospital of Pittsburgh

Pittsburgh, PA

**Kelly Foreman, LCSW**

Program Manager

Children's TiPS

Wexford, PA

**Dawn-Marie Gotkiewicz, MD\*** (speaker)

**Angelina M. Gradian, MS, LPC**

Program Director of Behavioral Health

UPMC Children's Community Pediatrics

Wexford, PA

**Jennifer S. Iagnemma, DNP, RN, NEA-BC**

Senior Director, Clinical Operations

UPMC Children's Community Pediatrics

**Shannon Meyers, RN, PMH-BC, CFRS\*** (speaker)

**Amanda Moore, MPAS, PA-C**

Physician Assistant

UPMC Children's Community Pediatrics - Norwin

North Huntingdon, PA

**Dana Mueller, MPAS, PA-C, IBCLC**

Physician Assistant

UPMC Children's Community Pediatrics – Bass Wolfson

Squirrel Hill, PA

**Devin Petit, MPAS, PA-C**

Certified Physician Assistant (psychiatric)

UPMC Children's Pine Center

Wexford, PA

**Victoria S. Winkeller, MD**

Medical Director

Children's Community Pediatrics Behavioral Health  
Services

Assistant Professor, Department of Psychiatry and  
Pediatrics

UPMC Western Psychiatric Hospital

UPMC Children's Hospital of Pittsburgh

Pittsburgh, PA

**David Wolfson, MD**

Medical Director

UPMC Children's Community Pediatrics (CCP) – Bass  
Wolfson

Clinical professor of Pediatrics

University of Pittsburgh School of Medicine  
Pittsburgh, PA

For additional information regarding the presenters and/or presentations, please contact Doreen Barkowitz at [barkowitzdh@upmc.edu](mailto:barkowitzdh@upmc.edu).

## Agenda

7:30 – 8:00 am	<b>Arrival / Sign in</b> (Breakfast will be provided)
8:00 – 8:30 am	<b>Welcome and Overview of TiPS</b> - <i>Abigail Schlesinger, MD</i>
8:30 – 9:30 am	<b>Suicide Screening, Assessment and Safety Planning in Primary Care</b> <i>Dara Sakolsky, MD, PhD; Marie Anderson, LCSW</i>
9:30 – 9:45 am	<b>BREAK</b>
9:45 – 10:45 am	<b>Hands-on Practice Using the ASQ and C-SSRS</b> <i>Facilitated by Abigail Schlesinger, MD</i>
10:45 – 11:00 am	<b>BREAK</b>
11:00 am – 12:00 pm	<b>Care Coordination Panel Discussion with Focus on Means Restriction for Suicide Prevention</b> <i>Facilitated by Meghan Stoehr, LCSW; Shannon Mikita, RN, PMH-BC, CFRS</i>
12:00 – 1:00 pm	<b>LUNCH</b> (provided with in-person attendance)
1:00 – 2:00 pm	<b>Session I:</b>  <b>A - SSRI Management in Primary Care</b> <i>Craig Coleman, MD; Dawn-Marie Gotkiewicz, MD</i>  <b>B - OCD Assessment and Treatment Interventions</b> <i>Shayna Honzo, LPC; Rachel Williams, MS, NCC, LPC</i>
2:00-2:15 pm	<b>BREAK</b>
2:15 – 3:15 pm	<b>Session II:</b>  <b>A - Somatic Symptom Disorders</b> <i>Anna B. Jolliffe, DO; Taylor Naus, LCSW</i>  <b>B - STAND for ADHD – Heidi Kipp, MEd, LPC</b>
3:15 – 3:30 pm	<b>BREAK</b>
3:30 – 4:30 pm	<b>Assessment and Management of Early Childhood Anxiety in the Primary Care Setting</b> <i>Maggie Whelan, MD, PhD; Amy Nevin, MD</i>
4:30 pm	<b>Closing Remarks / Adjournment</b> – <i>Abigail Schlesinger, MD</i>
4:30 – 5:00 pm	<b>Get to know your TiPS team mixer (appetizers will be served – no credits)</b> <i>Optional</i>

- All presentations are introductory to intermediate instructional level.
- Please be prepared to turn your camera and microphone on for breakout sessions.
- For additional information regarding speakers and presentations, please contact Doreen Barkowitz at [barkowitzdh@upmc.edu](mailto:barkowitzdh@upmc.edu)

## Continuing Education Credits

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.



### Psychologists

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 6.0 continuing education credits.



### Counselors

Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.0 continuing education hours.

### Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 6.0 continuing education credits.

### Other Professionals

Other professionals are awarded .60 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.

- NBCC and General CEU – Participants will be awarded continuing education contact hour(s) certificate four to six weeks post-conference via e-mail. Please keep these certificates in a safe place. Replacements will cost \$30.
- CME, AAPA, ANCC, CRNP, PA, APA and LSW/LCSW/LPC/LMFT certificates will be issued from the CCEHS registration site.
- Completing the evaluation is not required, however it is encouraged. We do request that everyone complete the questions in the evaluation regarding your continuing education (CE) credit needs so we can identify the correct certificate for you.
- We request that evaluations are completed and/or certificates are requested via <https://cce.upmc.com> within a month of the conference. Please be aware that the program evaluation will be closed, and we will no longer process certificates if they are requested six-months or more after the conference.



## Registration

Registration by 12:00 PM on March 2, 2023 is required at [2023 Behavioral Health and Pediatric Primary Care Conference-Children's Telephonic Psychiatric Consultation Service \(TiPS\) | UPMC - Center for Continuing Education in the Health Sciences](#). You will be prompted to either sign-in or create an account before you can register.

**No payment is required for this conference.**

The evaluation will be available on March 3, 2023, at 4:30 PM.

Continuing education certificates for NCC and General CEU will be sent to you from the Education and Consultative Services office four to six weeks after completing the evaluation. Replacements for these certificates cost \$30. All other certificates can be located under your account on [UPMC - Center for Continuing Education in the Health Sciences](#).



We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090.