**COE Learning Network: Tobacco Recovery**

**(**Tobacco Use in Behavioral Health: Continuing the Discussion)

**Presenters:** Tony Klein

**Date and Time:** 03/08/2023-12:00-1:15 pm

**Location:** Virtual Training (on Zoom)

**Host:** University of Pittsburgh, School of Pharmacy, Program and Evaluation Unit (PERU)

**Target Audience:** Centers of Excellence Leadership and Staff

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**Training Objectives:**

* Discuss how the tobacco industry has targeted prospective consumers.
* Describe the correlation between tobacco use and SUD.
* Discuss the myths surrounding tobacco use and locate resources to dispel those myths.
* Describe best practice intervention for tobacco recovery with COE clients

**Agenda:**

1. Statewide Tobacco-Free Recovery Initiative Overview
   1. Mission, vision, guiding principles, and message
   2. Learning and funding opportunities
   3. Current initiatives
2. Tobacco Recovery Messaging
3. Tobacco Industry
   1. Narrative
   2. Targeting strategy
   3. Deceptive advertising
4. Current misguided beliefs
   1. Challenging tobacco-related myths
5. SUD and tobacco use
   1. Tobacco and opioids
   2. Tobacco use is substance use
   3. Treatment outcomes
6. Evidence-Based Treatment
   1. Integrated
   2. Personalized
   3. Self-determination
7. Treatment engagement
   1. Motivational interviewing
      1. Reflective listening
      2. Reframe language
      3. Expose the paradox.
   2. Discussion
   3. Questions

**Post-Test Questions:**

1. **True** or False: Smoking and tobacco craving are strongly associated with the use of and craving for cocaine and heroin. Data suggests that tobacco and cocaine may each increase craving for, and likelihood of continued use of themselves and each other.
2. **True** or False: Nicotine addiction and opioid addiction appear to be mutually reinforcing due to overlapping pathways in the brain.
3. True or **False**: Tobacco treatment and recovery can often have an adverse effect on psychiatric symptoms.
4. What language is considered preferred terminology in Tobacco Recovery? (Choose all that apply)
   1. **Tobacco use disorder**
   2. Quit date
   3. **Person with tobacco use disorder**
   4. **Tobacco treatment**
5. Which of the following is a component of reflective listening?
   1. **Content reflection**
   2. Active reflection
   3. Passive reflection
   4. Mirror reflection

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