

UPMC | MAGEE-WOMENS

UPMC Magee-Womens Endometriosis Center presents:

Endometriosis 2023: Every Age, Every Stage

For Health Care Providers | Friday, March 24, 2023 | 8 a.m. to 3 p.m.

Endometriosis Conference Overview

Designed to educate participants on current medical and surgical approaches to treat endometriosis. A continuing education service of UPMC.

Location

Penn Harris Hotel
1150 Camp Hill Bypass
Camp Hill, PA 17011

A virtual option is also available.

Audience

- Obstetricians/Gynecologists
- Family Medicine Practitioners
- Advanced Practice Providers
- Registered Nurses and Licensed Practical Nurses

Purpose

- This conference is designed to educate participants on current medical and surgical approaches to treat endometriosis.

Objectives

- Discuss the pathophysiology and diagnosis of endometriosis
- Relate current medical and surgical treatments of endometriosis
- Describe current approaches and advances in the treatment of endometriosis, and future treatment options

Accreditation and Credit Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 5.75 contact hours.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Academic Coordinator

Timothy A. Deimling, MD, MSc, FACOG
UPMC Magee-Womens Minimally Invasive
Gynecologic Surgery

Faculty Disclosure

All individuals in a position to control the content of this education activity have disclosed all financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All of the relevant financial relationships for the individuals listed below have been mitigated.

Erin Carey, MD, MSCR

Other: PCT International Application

Joseph E. Patruno, MD

Consultant: Myovant Sciences

CE Speakers' Bureau: Abbvie Pharmaceutical, Orilissa, and Oriahhn

David Silver, MD, MBA, FACOG

CE Speakers' Bureau: Sage Therapeutics

No other members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

The information presented at this program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Acknowledgement of Commercial Support

Thank you to our conference exhibitors.

Abbvie	UPMC Pinnacle Foundation
Medtronic	UPMC Magee-Womens Service Line
Myovant Sciences	
Myriad Genetics	

Endometriosis Conference Provider CE Schedule

- 7:15 a.m. **On-site Registration, Exhibits, and Breakfast**
- 8 a.m. **Welcome and Introduction**
Timothy Deimling, MD, MSc, FACOG
- 8:15 a.m. **Pain Management for Endometriosis**
Erin Carey, MD, MSCR
Objectives:
 1. Describe the confluence of pain symptoms that women with endometriosis pelvic pain may present with
 2. Integrate evidence-based processes and best practices for the management of endometriosis pelvic pain
 3. Outline the benefits and limitation of multi-motile treatments for the management of endometriosis pelvic pain to create a tool kit for clinical practice
- 8:50 a.m. **Endometriosis & psychiatry: important relationships and treatment implications**
David Silver, MD, MBA, FACOG
Objectives:
 1. Describe the relationship between endometriosis and depression and/or anxiety
 2. Discuss the psychiatric interventions that may serve as adjuncts to standard surgical and hormonal treatments for some women with endometriosis
 3. Discuss how endometriosis should be fully assessed for optimal treatment
- 9:25 a.m. **Coffee Break/Exhibitors**
- 9:35 a.m. **Adenomyosis: Is It Related?**
Andrea Benton, MD, FACOG
Objectives:
 1. Describe adenomyosis including histopathology and pathogenesis
 2. Review epidemiology and risk factors associated with adenomyosis
 3. Describe the clinical presentation and diagnosis
- 10:10 a.m. **Perspectives: Endometriosis and the Patient Experience**
Princess Young and Jill Verdier
Objectives:
 1. Appreciate differences between patient and provider goals in care
 2. Understand barriers to treatment implementation
 3. Identify alternative sources of information about endometriosis management utilized by patients
- 10:45 a.m. **Panel Discussion**
Erin Carey, MD, MSCR, David Silver, MD, MBA, FACOG, Andrea Benton, MD, FACOG, Princess Young, and Jill Verdier
- 11:30 a.m. **Lunch**
- 12:30 p.m. **Pelvic Pain when the Endometriosis is Gone: The Role of the Central Nervous System**
Joseph E. Patrino, MD
Objectives:
 1. Review the pathophysiology and mechanisms of endometriosis related pain
 2. Explain various aspect of both peripheral and central nervous system upregulation in the persistence of endometriosis pain
 3. Evaluate various treatment options to treat persistent “neurogenic” pain and related symptoms in patients with endometriosis
- 1:05 p.m. **Endometriosis and the Adolescent: Early Identification and Management**
Carie D’Agata-Burke, MD, FACOG
Objectives:
 1. Describe the common presentation of endometriosis in adolescents
 2. Understand barriers to diagnosis of endometriosis treatment in adolescents
 3. Appreciate the importance of a multi-disciplinary approach in the care of adolescents
- 1:40 p.m. **Surgical management of Deep Infiltrating Endometriosis; Planning, Preparing and Adapting**
Gerald Harkins, MD, MPT, FACOG
Objectives:
 1. Discuss strategies for successful surgical management of complicated endometriosis cases
 2. Discuss surgical planning and intraoperative variations encountered during surgery for deep infiltrating endometriosis
 3. Discuss surgical management of endometriosis involving ureters, bladder, and colon
- 2:15 p.m. **Panel Discussion**
Joseph E. Patrino, MD, Carie D’Agata-Burke, MD, and Gerald Harkins, MD, MPT, FACOG
- 2:45 p.m. **Closing Remarks**
Timothy Deimling, MD, MSc, FACOG
- 3 p.m. **Adjournment**
Timothy Deimling, MD, MSc, FACOG

This conference was made possible in part through the UPMC Pinnacle Foundation.

The UPMC Pinnacle Foundation is a 501(c)(3) nonprofit organization that coordinates charitable giving to support community benefit and education programs, the needs of seven hospitals, and resources that improve access to and quality of care throughout UPMC in Central Pa.

With nearly 100 different funds that benefit the hospitals as well as the community, the UPMC Pinnacle Foundation invests locally in the resources and people that continually make the life-changing medicine of UPMC in Central Pa. a reality.

All money raised by the UPMC Pinnacle Foundation remains in central Pennsylvania to support programs and services at UPMC in Central Pa.

The Endometriosis Fund

The Endometriosis Fund was established in 2021. The donations received for this fund will be used to meet the needs of UPMC Magee-Womens in central Pa. related to diagnosing, treating, and studying endometriosis. Funding may be used, but not limited to: educational purposes for staff/current patients/local community members, UPMC Magee-Womens in central Pa. events and registration fees for current/former/prospective patients, assistance with patient medical bills, and research studies conducted by UPMC Magee-Womens in central Pa. providers related to endometriosis.

A continuing education service of UPMC.

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